

Jeffrey B. Schwimmer, M.D.

Jeffrey B. Schwimmer, M.D. is Assistant Professor of Pediatrics in the Division of Gastroenterology, Hepatology, and Nutrition; Department of Pediatrics; University of California, San Diego School of Medicine. He is the Director of the Weight and Wellness Center, a multi-disciplinary program for the evaluation and treatment of child and adolescent obesity at Children's Hospital San Diego. Dr. Schwimmer is also Director of the Fatty Liver Clinic at Children's Hospital, the first clinic in the United States dedicated to the care of pediatric fatty liver disease.

Dr. Schwimmer is the Chairperson of the Pediatric Obesity Interest Group of the North American Association for the Study of Obesity. Dr. Schwimmer is also a member of the Expert Committee Panel on the Assessment, Prevention and Management of Child and Adolescent Overweight and Obesity sponsored by the Centers for Disease Control and Prevention, Health and Human Services Bureau of Maternal and Child Health, and the American Medical Association. Dr. Schwimmer is a member of the Pediatric Committee of the National Institutes of Health Nonalcoholic Steatohepatitis Clinical Research Network.

Dr Schwimmer's research covers a broad range of issues within the umbrella of pediatric obesity including quality of life and health care cost. He reported the first study in North America demonstrating impaired health related quality of life among obese children and adolescents. The metabolic complications of obesity including fatty liver are also a major area of research emphasis. Dr. Schwimmer's studies in pediatric nonalcoholic fatty liver disease address epidemiology, histology, pathophysiology, genetics, and treatment. Dr. Schwimmer's work is supported by several institutes within the NIH including the National Institute of Diabetes, Digestive and Kidney Diseases, National Center for Research Resources, and National Center on Minority Health & Health Disparities.

Dr. Schwimmer received a B.A in biochemistry with a minor in English (creative writing) from the University of California, Berkeley and an M.D from the New York University School of Medicine. Dr. Schwimmer completed an internship and residency in Pediatrics at Harbor-UCLA Medical Center in Torrance, California. Dr. Schwimmer also completed a fellowship in Pediatric Gastroenterology, Hepatology, and Nutrition at Cincinnati Children's Hospital Medical Center.