## PEDIATRIC DOSE FOR CT ORAL CONTRAST AGENTS

- Note: All CT oral contrast agent for children is ordered by Radiology. The following doses are recommended guidelines only. For questions, call Radiology at 301-496-7700 and ask for the CT Desk.
- NO ORAL CONTRAST for patients undergoing sedation (if INTUBATION by the Anesthesia Department is a possibility)
- Keep patient NPO for 4 hours prior to the study-this will encourage the patient to drink the contrast when administered
- Oral contrast should be administered 1 hour prior to the exam and should approximate the normal feeding amount for infants. Administer one-half (1/2) to $(2 / 3)$ of the recommended total volume (see below).
- Fifteen minutes prior to the exam, the patient should again be given the remaining one-third $(1 / 3)$ to one-half ( $1 / 2$ ) of the recommended total volume.

GASTROGRAFIN agents (e.g. MD-Gastroview) are diluted for each patient: one bottle $(25 \mathrm{~mL}$ ) of agent in 1000 mL water or a clear non-carbonated liquid (such as apple juice). Recommended volumes of diluted GASTROGRAFIN agents are adapted from Children's National Medical Center, Washington, D.C.

| AGE | Total volume- diluted GASTROGRAFFIN product |
| :--- | :--- |
| Newborns | $90 \mathrm{~mL}(3$ ounces $)$ |
| 1 month -1 year | $90-240 \mathrm{~mL}(3-8$ ounces $)$ |
| $1-5$ years | $240-480 \mathrm{~mL}(8-16$ ounces $)$ |
| $5-10$ years | $480-780 \mathrm{~mL}(16-26$ ounces $)$ |
| $10-16$ years | $780-840 \mathrm{~mL}(26-28$ ounces $)$ |
| 16 years and older | Adult dose: 1000 mL |

Note: For patients who are considerably small for age consider using a smaller volume.

BARIUM based agents (e.g. Mediscan oral suspension, RediCAT) are premixed. Recommended total volumes of BARIUM based agents are from EZ-EM Company.

| AGE | Total volume- premixed BARIUM product |
| :--- | :--- |
| Newborns | $60-90 \mathrm{~mL}(2-3$ ounces $)$ |
| 1 month -1 year | $120-240 \mathrm{~mL}(4-8$ ounces $)$ |
| $1-5$ years | $240-360 \mathrm{~mL}(8-12$ ounces $)$ |
| $5-10$ years | $360-480 \mathrm{~mL}(12-16$ ounces $)$ |
| $10-16$ years | $480-600 \mathrm{~mL}(16-20$ ounces $)$ |
| 16 years and older | Adult dose: 675 or 750 mL |

Note: For patients who are considerably small for age consider using a smaller volume.

