Job Aid: Using & Accessing myPay
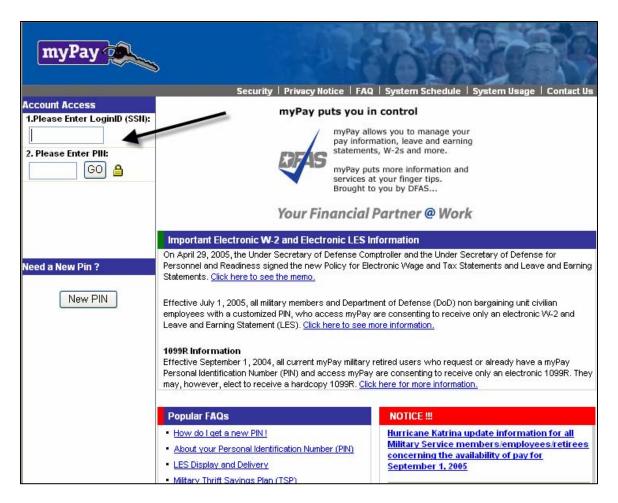
Strategic Programs Division (SPD), Office of Human Resources (OHR), National Institutes of Health (NIH)
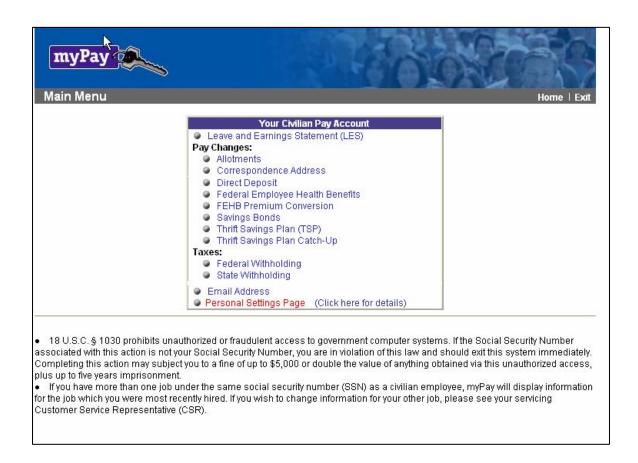**Created:3/17/2005**
Revised: 9/2/2005

NIH employees should have received their myPay PIN numbers in the mail directly from the Defense Finance and Accounting Service (DFAS). Once you receive this PIN, you may log in to myPay at - https://mypay.dfas.mil/mypay.aspx

myPay Login screen (at https://mypay.dfas.mil/mypay.aspx)

myPay Main Menu

- Login to myPay – https://mypay.dfas.mil/mypay.aspx
- NIH DFAS-myPay information site - http://hr.od.nih.gov/DFAS-myPay/default.htm
- DHHS DFAS-myPay information site - http://intranet.hhs.gov/epay/index.html