# Radiation Epidemiology Course Nuclear accidents (dose assessment)

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

National Institutes of Health

#### **Outline**

- List of accidents
- Pathways of exposure
- Importance of <sup>131</sup>I
- Dosimetry methods and dose estimates:
  - Chornobyl (thyroid)
  - Kazakhstan
  - Marshall Islands
  - Goiania
  - Chornobyl workers (leukemia)

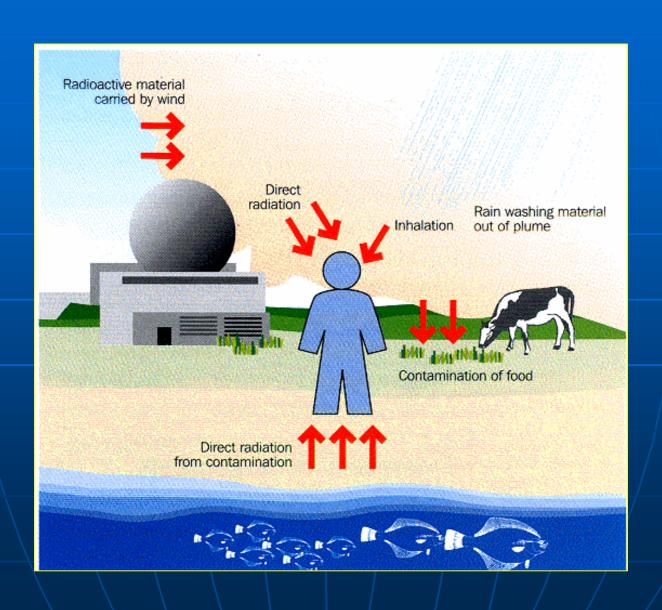
#### Nuclear "accidents"

- Reactor accidents:
  - Windscale
  - Three-Mile Island
  - Chernobyl (or Chornobyl)
- Nuclear weapons tests:
  - Nevada
  - Semipalatinsk
  - Marshall Islands
  - Japan
- Large environmental releases:
  - Hanford
  - Mayak (air and water)

#### Other nuclear "accidents"

- Orphan sources:
  - Goiania (<sup>137</sup>Cs)
  - Taiwan (60Co)
  - London (<sup>210</sup>Po)
- Transportation:
  - Palomares (Pu)
  - Thule (Pu)
- Potential:
  - Dirty bombs (137Cs?)

#### **Exposure Pathways**



#### Pathways of exposure

- **■** External irradiation:
  - passage of the cloud;
  - ground deposition.
- Internal irradiation:
  - inhalation;
  - ingestion.

# Major environmental releases of <sup>131</sup>I, PBq

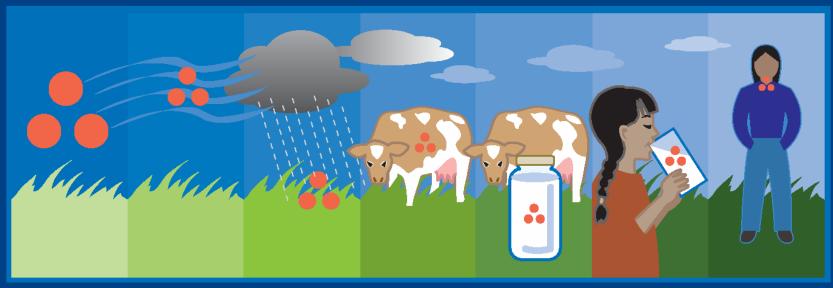
Hanford (1940s) 15 Mayak (1950s) 15

Global tests (1960s) 650 000 NTS tests (1950s) 5 500

Windscale (1957)
TMI (1979)
Chernobyl (1986)
Reactors worldwide

1 0.001 1 800 0.04

#### How were Americans exposed to I-131?



I-131 released in bomb test fallout Traveled away on wind

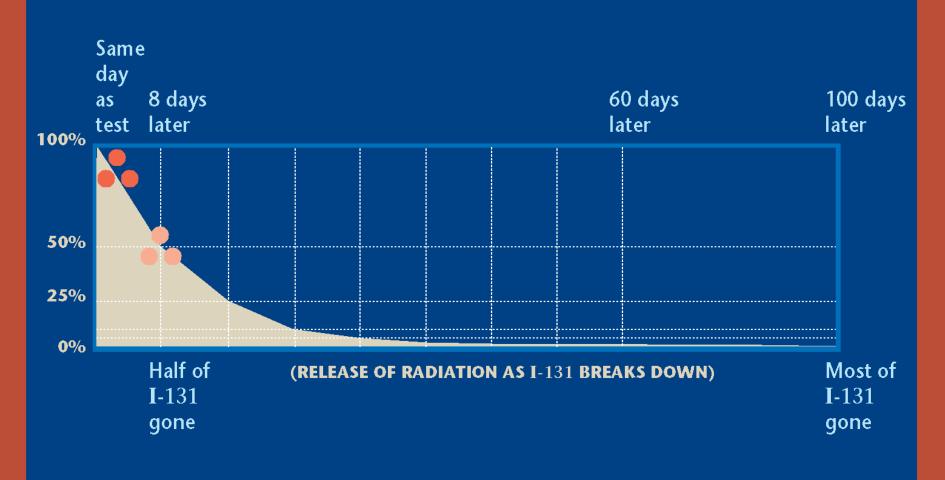
Fell
with rain,
landing
on
grasses
and
pastures

Grazing animals (cows or goats) ate the grass

I-131 collected in the animals' milk Humans
(often
children)
drank
the milk

Some
I-131
in milk
collected in
thyroid
gland

## I-131 exposure decreased steadily after tests.



#### Modes of intake of 131

Consumption of fresh cow's milk.

Consumption of leafy vegetables.

Inhalation.

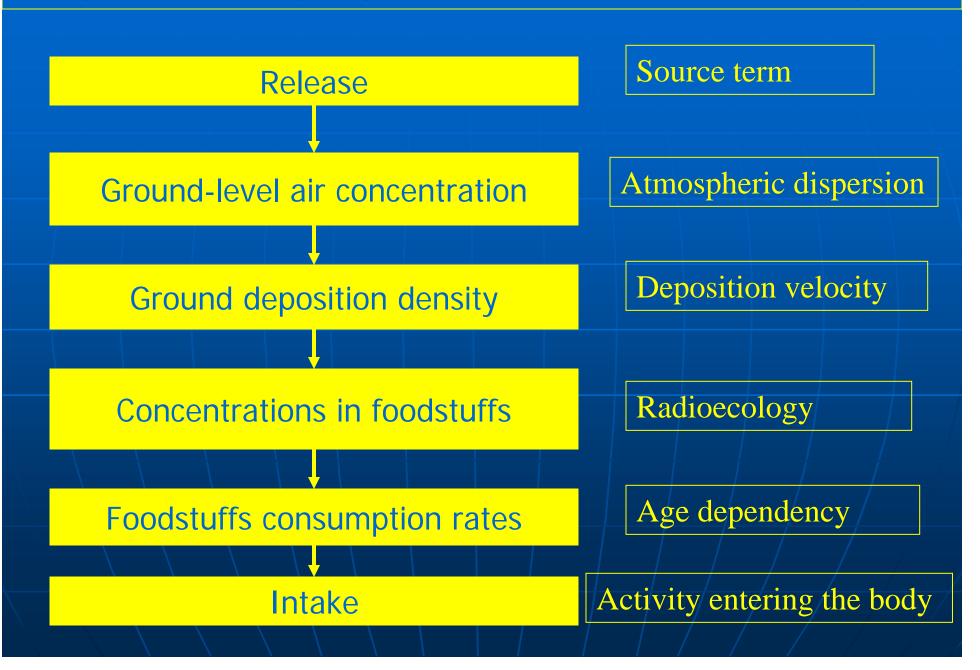
## Variation of the thyroid dose from 131 last a function of age

- As a first approximation, the thyroid dose from <sup>131</sup>I is proportional to the consumption of milk and inversely proportional to the thyroid mass.
- Because the thyroid mass increases with age, from 1-2 g in infants to about 20 g in adults, the average thyroid dose decreases with increasing age.

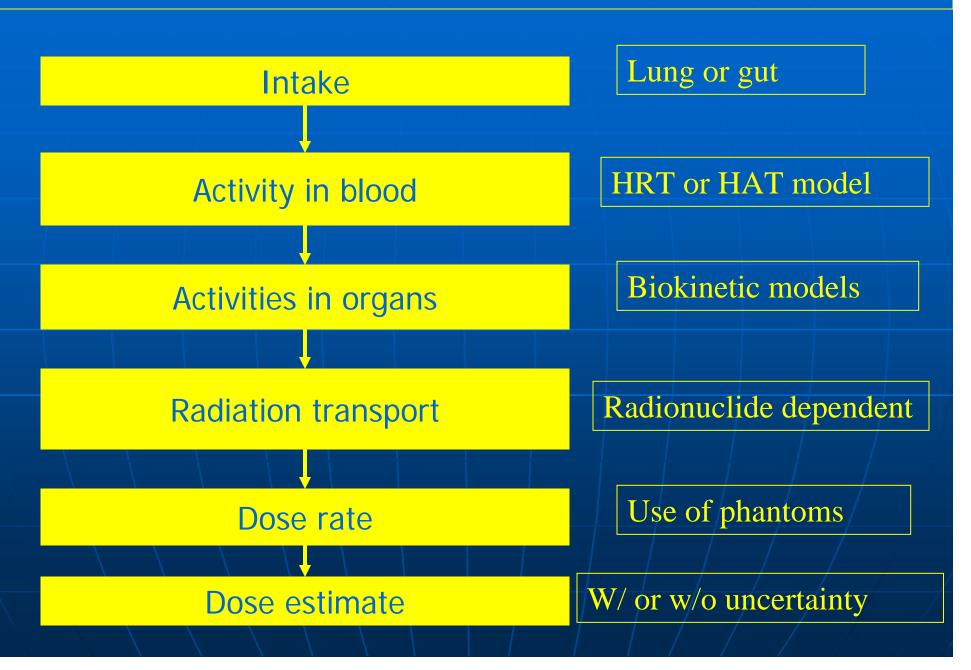
## Fallout study: estimates of internal and external doses in St. George, UT from event Harry (19 May 1953)

Organ/tissue	Infant dose (mGy)		Adult dose	
	Interna	I irradiation		
Lower large intes	stine 2	25	5.0	
Upper large intes	tine	8.8	2.0	
Bone surfaces		7.6	1.3	
Total body		1.1	0.5	
	Externa	I irradiation		
Total body	~	10	~10	

#### Internal irradiation: from release to intake



#### Internal irradiation: from intake to dose

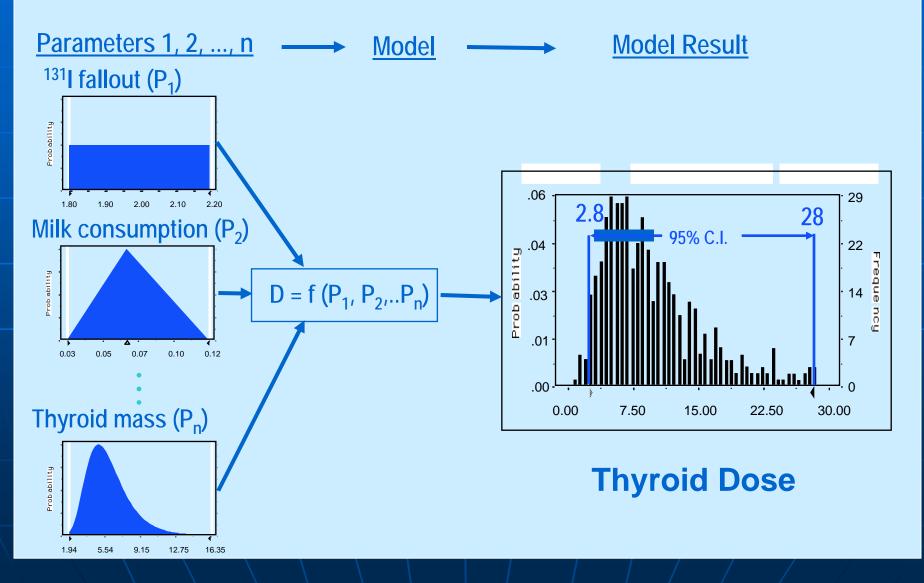


#### Types of dose

For a specified individual (use of personal interview).

 For an unspecified individual, representative of a group (use of generic values).

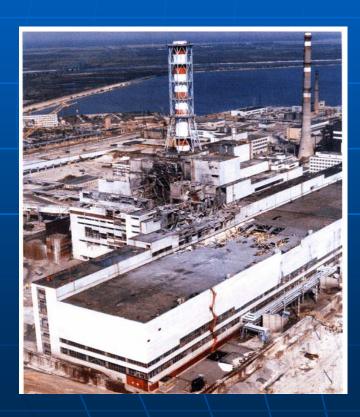
## **Estimating Uncertainty** for an Individual

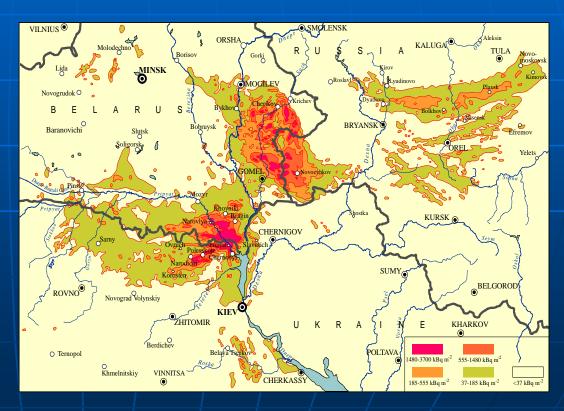


#### Chornobyl Accident – 1986

Reactor site

#### <sup>137</sup>Cs fallout





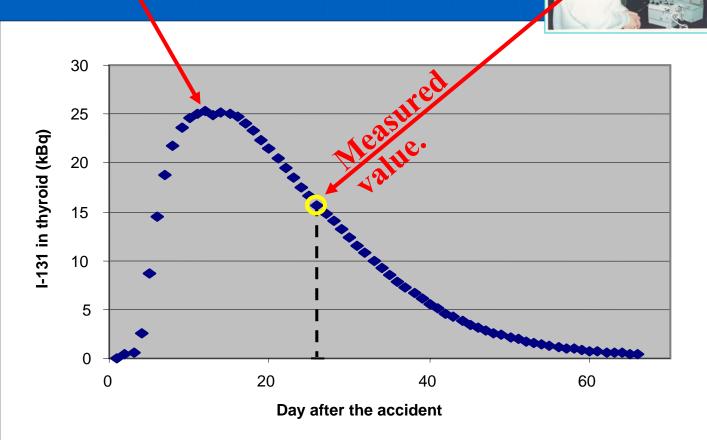
#### Chornobyl thyroid study

- About 25,000 individuals exposed as children: 12,000 in Belarus and 13,000 in Ukraine.
- Lived in contaminated areas and underwent thyroid activity measurements.
- Exposed mainly to internal irradiation: consumption of fresh milk contaminated with <sup>131</sup>I.

## Chornobyl: crude estimates of thyroid and whole-body doses (mGy)

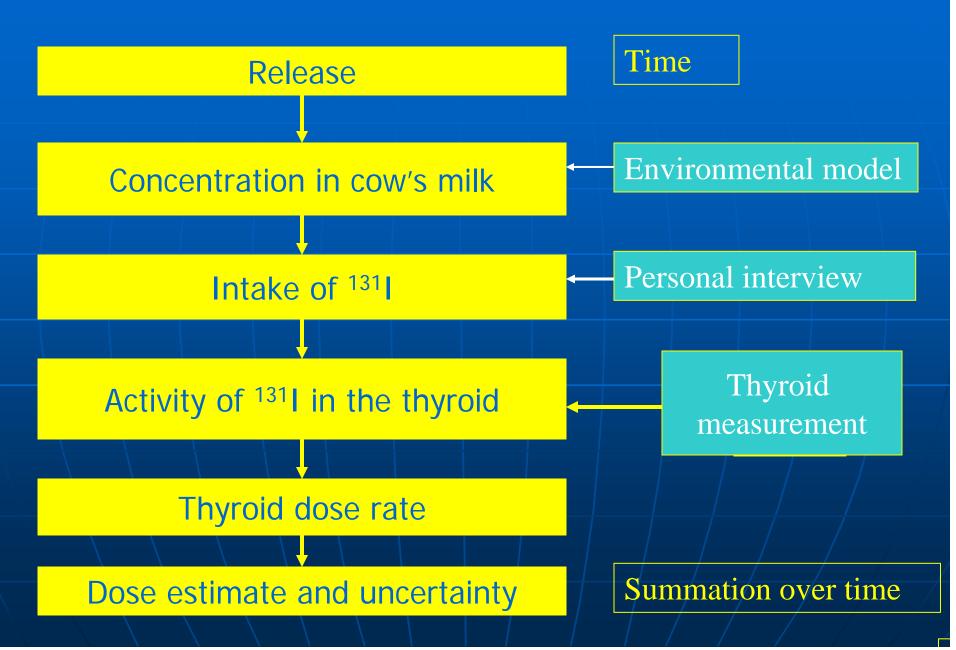
Source	Thyroid	Whole-body	
131	590 (70 – 3000)	1	
<sup>133</sup> I + <sup>132</sup> Te	20	0.1	
Other (internal)	4	4	
External exposure	8	8	
AII	620	13	

# Curve derived from <sup>131</sup>I models plus data from questionnaire.



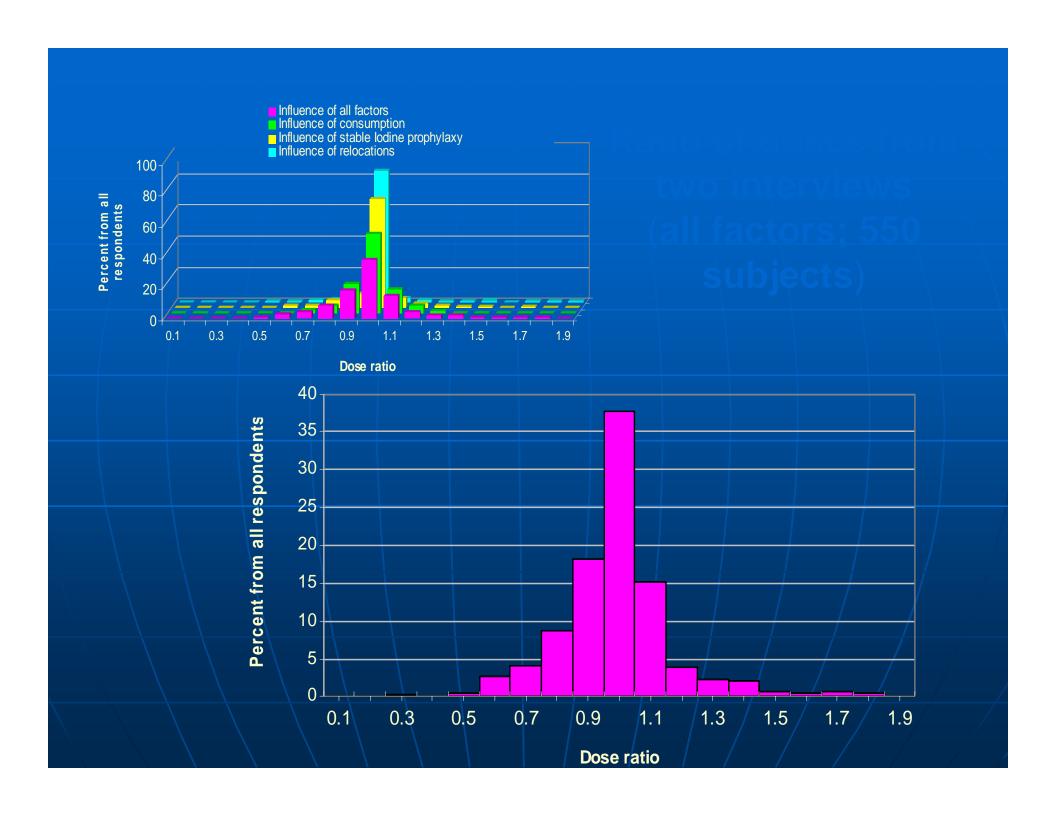
Thyroid dose is proportional to area beneath curve.

#### Doses from <sup>131</sup>I (Chernobyl; cohort study)



#### Personal data

- Residence history during the first two months following the accident.
- Origin of milk, milk products, and leafy vegetables that were consumed.
- Consumption rates of milk, milk products, and leafy vegetables.
- Iodine prophylaxis (if conducted).



#### Countermeasures

- Evacuation.
- Distribution of stable iodine for thyroid blockade.
- Relocation.
- Ban on milk consumption.
- Distribution of uncontaminated foodstuffs.

# Effect of countermeasures on the I-131 thyroid doses (mGy)

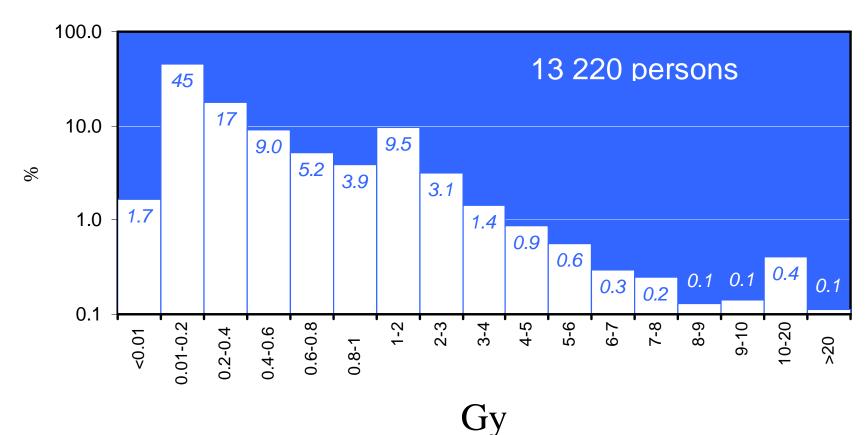
KI pills	Mainly indoors	Often outdoors	
Yes	45 (40)	115 (9)	
No	96 (7)	301 (15)	

#### Thyroid dose estimates (medians; Gy)

Dose	Belarus	Ukraine
(Gy)	Number %	Number %
0 - 0.3	5,039 43	7,589 57
0.3 - 1	3,438 29	3,404 26
>1	3,273 28	2,227 17
Total	11,750 100	13,220 100

Likhtarev et al., Radiat. Prot. Dosim. 105: 593-599 (2003)

## Distribution of cohort subjects in Ukraine according to individual thyroid dose



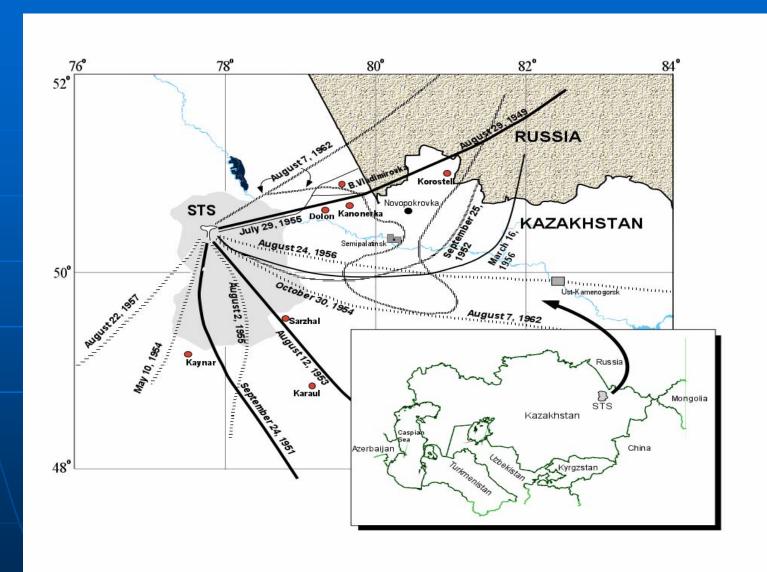


• More than 100 atmospheric nuclear weapons tests conducted between 1949 and 1963.

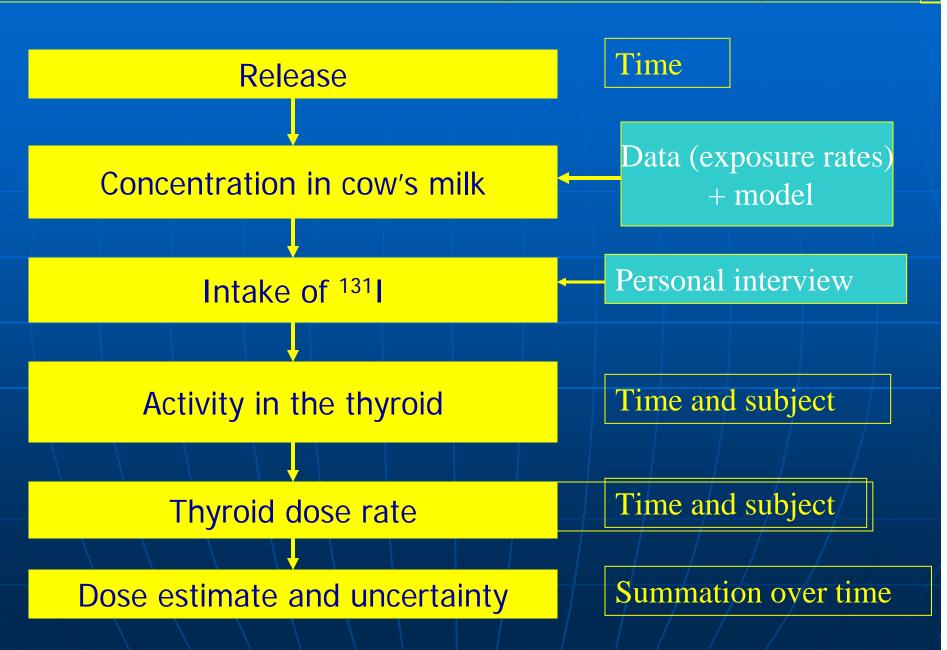
Cohort study of about 3,000 residents.

Estimation of individual thyroid doses.

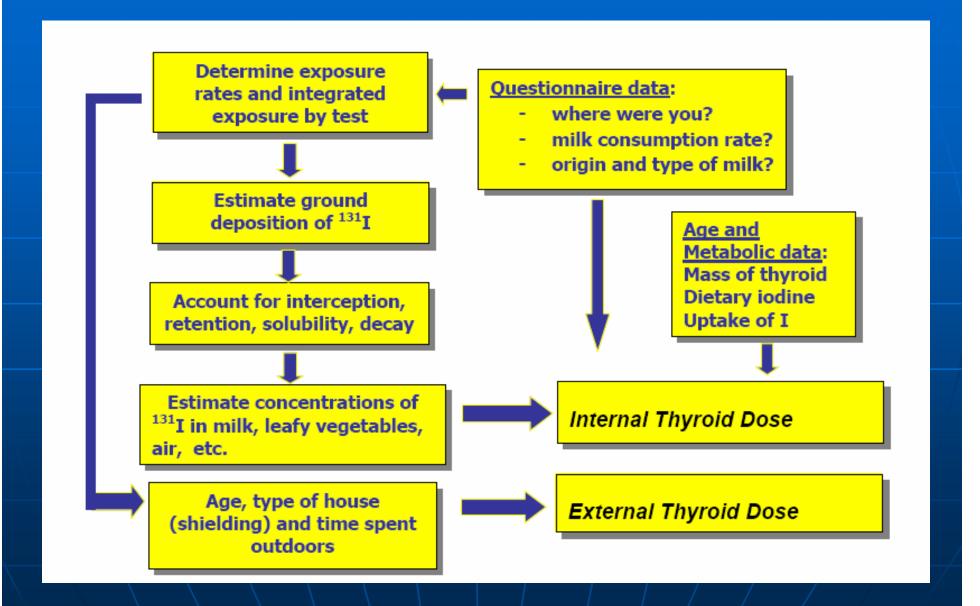
#### Map, fallout tracks, villages



#### Doses from <sup>131</sup>I (Kazakhstan)

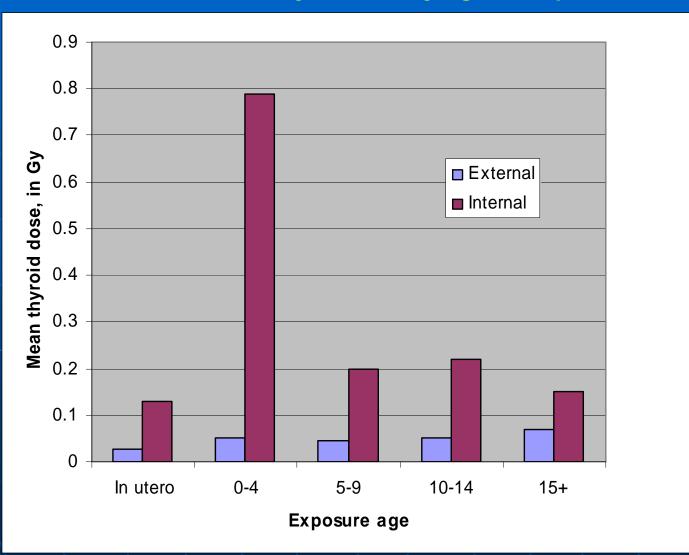


#### Estimation of thyroid doses (Kazakhstan)





#### Mean estimated external and internal thyroid dose (Gy) in Kazakhstan study cohort, by age at exposure



## Fallout from nuclear weapons testing in the Marshall Islands (BRAVO)



#### Marshall Islands: lifestyle and dietary habits

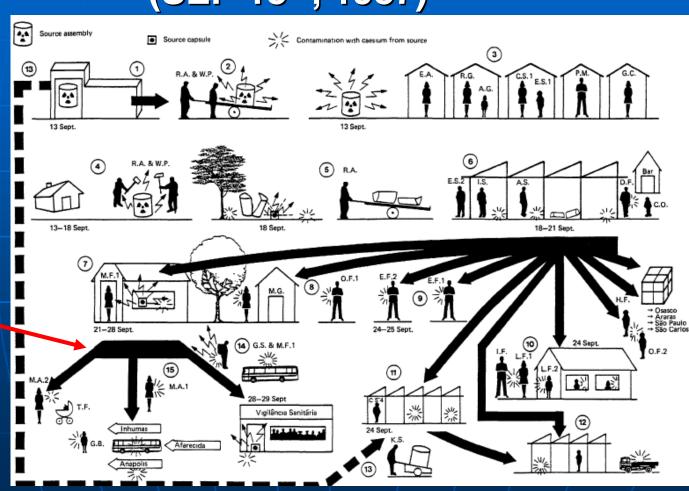


# Marshall Islands: age-weighted doses (Gy)

	North: high	North: medium	North: low	South: low	South: very low
Bone marrow	2.7	0.32	0.13	0.015	0.0043
Thyroid	88	13	2.9	0.27	0.075
Stomach	12	1	0.21	0.019	0.01
Colon	79	8.9	1.2	0.11	0.022

#### DESCRIPTION OF THE GOIANIA INCIDENT

(SEP 13<sup>th</sup>, 1987)



SEP 29th

## FIRST SCREENING OF THE POPULATION

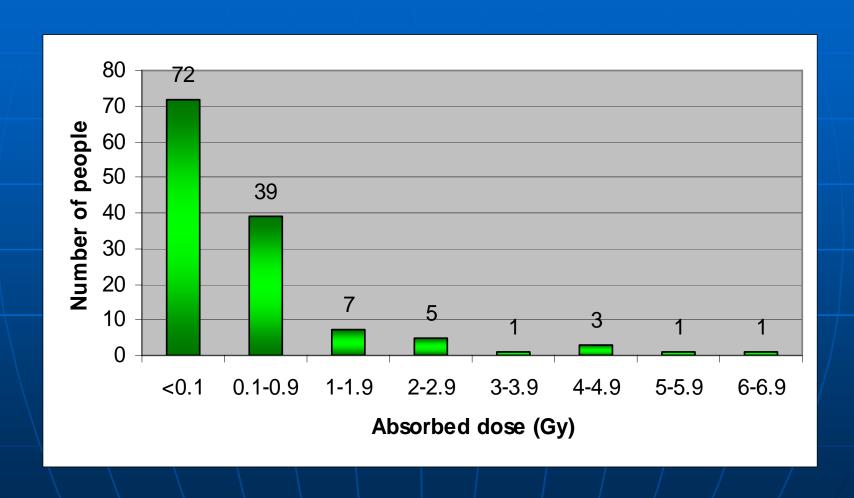
- 112,000 monitored persons:
  - >249 contaminated people:
    - 120 people had their clothes and shoes contaminated;
    - 129 people had external and internal contamination.

## INDIVIDUAL MONITORING

- Cytogenetic Dosimetry:
  - Chromosome aberration analysis.

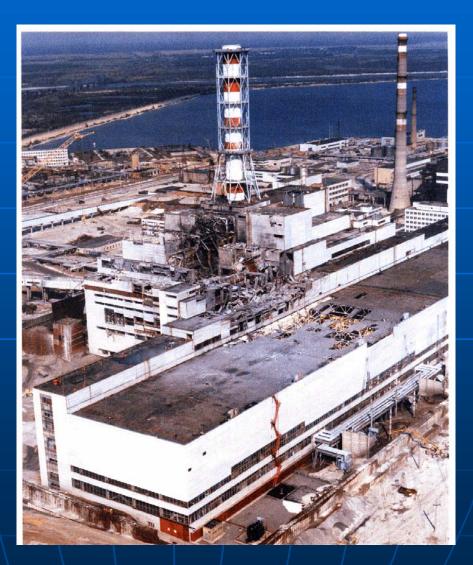
- Internal Dosimetry:
  - Excreta analysis (urine and feces);
  - Whole body measurements (after the first 2 months).

## DOSE DISTRIBUTION PATIENTS AND THEIR FAMILIES: 129 PEOPLE



## Chornobyl Accident – 26 April 1986

The most severe accident that ever occurred in the nuclear power industry.



# Clean-up workers (Ukrainian cohort)

- About 100,000 workers (1986-1990).
- Exposed mainly to external irradiation.
- Assigned to a variety of tasks.
- Were sent by various military and civilian organizations.

### Information on recorded doses in the Registry

Dose (mGy)	1986	1987	1988- 1990
<150	3,488	12,068	12,376
150-550	12,949	2,853	99
>550	115	23	13
# with doses	16,552	14,944	12,488
Total #	61,105	21,640	16,886
% missing	72	31	26

# Strategy of bone-marrow dose reconstruction

Time-and-motion analysis (RADRUE)

- Electron paramagnetic resonance (EPR)
- Fluorescence in-situ hybridization (FISH)

Official dose records (ODR)

# Time-and-motion analysis (RADRUE)

Database of exposure rates (time and location)

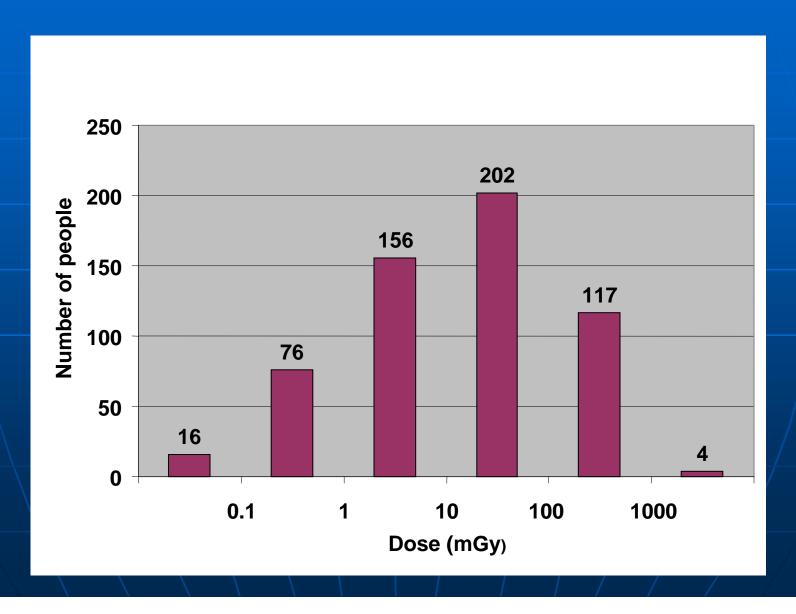
Questionnaire:

- -what did you do?
- when? and where?

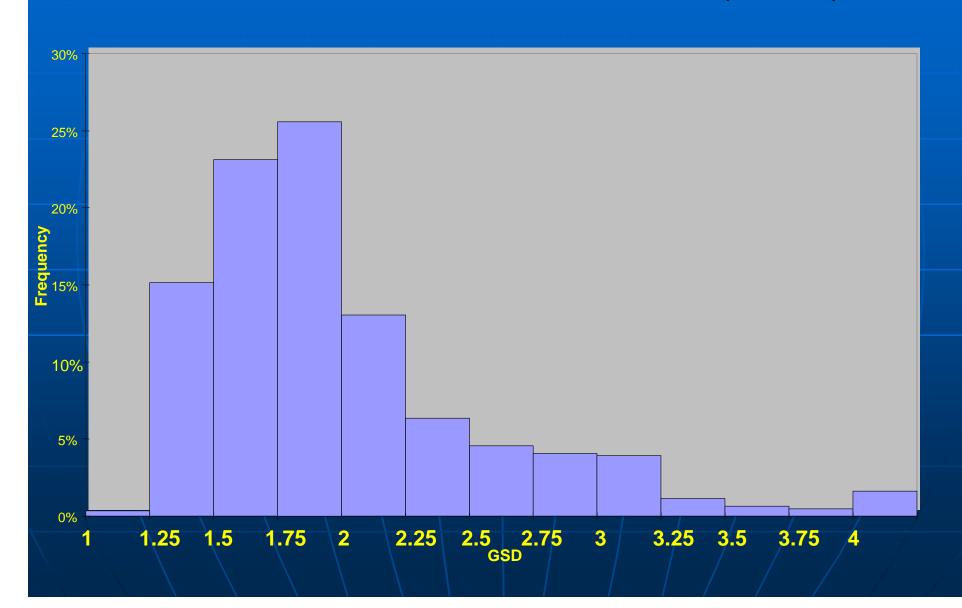
Radiation exposure

Bone-marrow doses and uncertainties

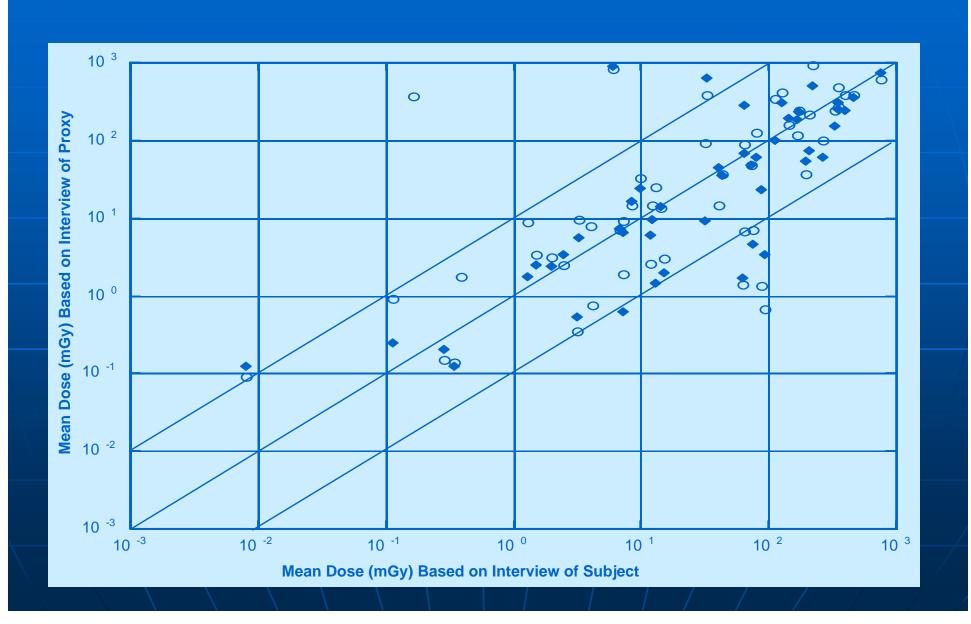
## Distribution of the average bone-marrow doses for the 571 study subjects



## Distribution of uncertainties (GSDs)



## Results of proxy vs. subject comparison



## Radiation Research

Official Journal of the Radiation Research Society

## In this issue:

Application of Dosimetry in Radiation Epidemiology

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- Introduction
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- Summary

# Thank you for your attention