

# Use of Electronic Diaries in METHADONE TREATMENT

Cocaine Ecstasy **HEROIN** Marijuana  
Nicotine Teens Comparison

## **What is the purpose of the research study?**

- To use electronic diaries to keep track of drug craving, drug use, and stress and see where and when they happen.
- To see if electronic diaries can help people remember to do things their counselors suggest.

## **Who can participate in the study?**

This study is accepting men and women who:

- Are 18 to 65 years of age
- Are physically dependent on heroin or methadone
- Are able to attend the clinic 7 days a week

## **What will participants be asked to do?**

The study consists of 5 months of methadone maintenance and 2 months of methadone detox.

Participants will:

- Come in every day for methadone
- Receive counseling once a week
- Provide samples of saliva every 4 weeks
- Provide urine samples 3 times a week
- Complete questionnaires
- Use electronic diaries that are provided as part of the study
- Participants may also be asked to carry GPS (global positioning system) units.

## **Where is the study taking place?**

The NIDA Intramural Research Program is located on the Johns Hopkins Bayview campus in East Baltimore.

## **Will there be any cost to participate?**

There is no cost for participation.

## **Will I receive payment of some kind?**

You might be able to earn vouchers. The vouchers would be redeemable for store-bought items.

## **How can I find out if I'm eligible to participate?**

Call **1-866-START NOW** (1-866-782-7866) for a confidential screening.