

# HARRY REID

U.S. SENATOR FOR NEVADA

## RETIREE BENEFITS AND ASSISTANCE RESOURCE GUIDE



PLEASE VISIT OUR WEBSITE: [HTTP://REID.SENATE.GOV](http://REID.SENATE.GOV)

## **U.S Senator Harry Reid Offices**

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Carson City, NV 89701

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333 Las Vegas Boulevard South, Suite 8016  
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400 South Virginia Street, Suite 902  
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Tel: (775) 686-5750

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### **Washington, D.C.**

528 Hart Senate Office Building  
Washington, D.C. 20510

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Dear Nevada Retiree:

I believe it is helpful for all retired Nevadans to know about the government programs and benefits to which they are entitled. This “Retiree Benefits and Assistance Resource Guide” will provide you key information about important federal, state, and community-based programs. While this Guide may not answer all your questions, it should serve as a directory to further assistance.

I continue to work to develop programs that will allow older Americans to live independently and enjoy an active, secure retirement. Should you need any additional information, or have any problems with your government benefits, my staff in Las Vegas, Reno and Carson City stands ready to assist you. Please feel free to contact my office if you need assistance.

Sincerely,

A handwritten signature in blue ink that reads "Harry Reid".

Harry Reid  
United States Senator



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# Social Security

**S**ocial Security's retirement program has been a basic part of American life for over 70 years. In addition to benefits for retired workers, Social Security also provides financial support to younger workers and their families who face a loss of income due to disability or the death of a family wage earner.

## **Social Security Benefits**

The number of quarters you need to get Social Security retirement benefits depends on your date of birth. If you were born in 1929 or later, you need 40 quarters, or 10 years of work. People born before 1929 need fewer than 40 quarters (39 if born in 1928, 38 quarters if born in 1927, etc.). If you stop working before you have enough quarters to qualify for benefits, your quarters will remain on your Social Security record. If you later return to work, you can add more quarters so that you qualify. No retirement benefits can be paid until you have the required number of quarters. Your benefit amount is based on your earnings averaged over most of your working career. Higher lifetime earnings result in higher benefits. Your benefit amount is also affected by your age at the time you start receiving benefits. The earliest age at which Social Security benefits can be received without being reduced is now 65. The age at which full benefits are received will be increased in gradual steps until it reaches age 67. This change started in the year 2000, and it affects people born in 1938 and later. You can start collecting your Social Security benefits as early as age 62, but if you take early retirement, your benefits will be reduced based on the number of months you will receive checks before you reach full retirement age. If your full retirement age is 65, the reduction for starting your Social Security at age 62 ranges from 20 to 30 percent.

## Early Retirement

As a general rule, early retirement will give you about the same total Social Security benefits over your lifetime - but in smaller amounts to take into account the longer period over which you will receive them. To begin receiving Social Security, you must file an application. If you plan to stop work and apply for Social Security benefits, you should apply three months before your retirement date. If you plan to continue working and file for Social Security benefits, you should contact the Social Security Administration no later than January of the year that you plan to retire. Depending on your circumstances, you will need some or all of the following documents:

- Your Social Security number;
- Your birth certificate;
- Your W-2 forms or self-employment tax return for last year;
- Your spouse's birth certificate and Social Security number if he or she is applying for benefits;
- Children's birth certificates and Social Security numbers, if applying for children's benefits;
- Your checking or savings account information, to facilitate direct deposit.

You can apply for benefits in person, by mail, or over the telephone.

Call Social Security's toll free number, 1-800-772-1213, for more information. Or go to their website, <http://www.ssa.gov>.



# Important Social Security Facts

## **Working While Receiving Benefits**

Congress removed a significant barrier for older workers when it voted to eliminate the outdated Social Security earnings test for workers over the age of 65. The law allows recipients age 65 and older to work without losing benefits. For additional information on the earnings limit for those who are under 65 years of age and working, call the Social Security office at 1-800-772-1213.

## **Pensions from Work**

### **Not Covered by Social Security**

Many retirees are faced with offsets or reductions in their Social Security benefits that they did not anticipate. If you receive another pension from work where you paid Social Security taxes, it will not affect your Social Security benefits. However, if you receive a pension from work which was not covered by Social Security – such as the federal civil service or some state or local government employment – your Social Security benefit may be reduced or offset. This can affect the benefits of both you and your spouse.

## **Spousal and Child Benefits**

The full benefit for a spouse is one-half of the retired worker's full benefit. If your spouse takes benefits before age 65, the amount to which you would be entitled is reduced. However, a spouse who is taking care of a child who is under 16 or disabled gets full (50 percent) benefits, regardless of age. If you are eligible for both your own retirement benefits and for benefits as a spouse, you will receive the higher benefit amount. If you have children eligible for Social Security (children up to age 18, children age 18-19 who have not completed secondary school, and disabled children over 18), each will receive up to one-half of your full benefit. A surviving spouse is also eligible for monthly benefits based on your insured status. A widow or widower who is 60 years old or older or who meets certain disability requirements is eligible under your earnings record.

## **Disability Benefits**

If you become severely disabled before age 65, you can start drawing monthly Social Security benefits just as if you had reached retirement age. Your dependents can also draw benefits on the same basis as if you were a retired employee. The time element in applying for disability insurance benefits is very important. A delay could result in losing your benefits. To be eligible, you must offer proof by a doctor, hospital, or clinic where you have been treated that you are unable to do substantial work for pay due to physical or mental disability. This condition must have lasted, or be expected to last, at least 12 months, or be diagnosed as terminal. The amount of your monthly disability benefit is the same as the amount of the retirement benefit you would receive if you were already 65.

## **Benefit Payments**

Once an application is filed, processed, and adjudicated, the applicant will receive a notice advising whether the claim has been approved. If the claim is approved, the applicant will receive another notice that will explain the amount of benefits and when they will begin. If the claim is not approved, the applicant's appeal rights and procedures will be explained.

## **Electronic Funds Transfer (EFT)**

People receiving Social Security or SSI benefits must have their benefits sent directly to a bank or other financial institution for deposit in a checking or savings account. EFT avoids the inconvenience and problems of getting checks cashed and beneficiaries are less likely to have their checks lost, stolen, destroyed, or forged. By law, Social Security and SSI beneficiaries who began receiving benefits after July 1996 must be paid by EFT unless the beneficiary certifies in writing that he or she does not have an account in a financial institution or receives a waiver from the Secretary of the Treasury.

# Important Social Security Facts

## **Taxes on Benefits**

Up to 85 percent of Social Security benefits are included in taxable income for taxpayers with incomes above certain base amounts. The proceeds from the taxation of Social Security benefits are credited to the Social Security Trust Funds.

In the event that your Social Security benefits are taxable, contact the Social Security office and ask for Form W-4V which allows the Social Security Agency to automatically withhold taxes from your benefits. If you received benefits last year, you should receive a “Social Security Benefit Statement.” It will show any deductions made by Social Security from your total benefits, such as Medicare premiums. If you do not receive your statement by early February or you believe it to be incorrect, call the SSA toll-free number, 1-800-772-1213. For more information on whether any of your benefits are taxable, contact the IRS at 1-800-829-1040.



# Nevada Social Security Offices

## **North Las Vegas**

2225 Civic Center Drive  
North Las Vegas, NV 89030

Tel: (800) 772-1213  
Tel: (702) 649-1982  
TTY: (702) 399-0581

## **Las Vegas**

1250 S. Buffalo Drive, Ste. 150  
Las Vegas, NV 891117

Tel: (800) 772-1213  
Tel: (702) 248-8717  
TTY: (702) 248-8732

## **Las Vegas Card Center**

1250 S. Buffalo Drive, Ste 100  
Las Vegas, NV 89117

**This office only handles the issuance of new  
and replacement Social Security cards.**

## **Henderson/East Valley**

10416 S. Eastern Ave  
Henderson, NV 89052

Tel: (800) 772-1213  
Tel: (702) 293-1914

## **Reno**

1170 Harvard Way  
Reno, NV 89502

Tel: (800) 772-1213  
Tel: (800) 352-1605  
TTY: (800) 325-0778

## **Elko Resident Station**

350 W. Silver Street, Ste. 100  
Elko, NV 89801

For those people in rural areas who do not have access to one of the district offices, Social Security has Contact Stations in many locations around the state. A field representative visits these sites on a regular basis to answer questions, resolve problems and take claims. The schedule of visits is posted in the newspaper for these cities the week before or you can call either 1-800-772-1213 or your local senior center for more information. Locations of Contact Stations include:

- Alamo:** 1:30 p.m. – 2:00 p.m. on the 4<sup>th</sup> Tuesday of every quarter (Jan./April/July/Oct.)
- Beatty:** 11 a.m.-11:30 a.m.-second Tuesday of the 1<sup>st</sup> month of every quarter
- Boulder City:** 1 p.m.-3 p.m.-second Thursday of every month  
Boulder City Senior Center: call 293-3320 for an appointment
- Caliente:** 9:00 a.m. – 9:30 a.m. – the last Tuesday of every quarter (Jan./April/July/Oct.)
- Carson City:** The 4<sup>th</sup> Tuesday of every month
- Mesquite:** 9:00 a.m. – 10:00 a.m. - the 3<sup>rd</sup> or 4<sup>th</sup> Wednesday of each month
- Moapa:** 3:30 p.m. – 4:00 p.m. - the last Wednesday of the month every quarter (Jan./April/July/Oct.)
- Overton:** 1:00 p.m. – 1:30 p.m. - the 3<sup>rd</sup> or 4<sup>th</sup> Wednesday of each month
- Pahrump:** The last Tuesday of every month (9 a.m.-10:30)  
Bob Ruud Community Center
- Pioche:** 1:00 p.m.– 1:30 p.m.- the 4<sup>th</sup> Monday of each quarter (Jan./April/July/Oct.)
- Tonopah:** 1 p.m.-1:30 p.m. – the second Monday of first month of every quarter (Jan, Apr, July, Oct)
- Yerington:** The 4<sup>th</sup> Wednesday of second month of every calendar quarter

# Supplemental Security Income

**S**upplemental Security Income (SSI) is an income assistance program run by the Social Security Administration. It provides monthly payments to blind or disabled people who have little or no income. Individuals and couples are determined to be eligible if their countable income and resources do not exceed certain limits. SSI sets a minimum monthly income level and pays the difference between that figure and other income such as Social Security. SSI recipients can often qualify for food stamps, low-income housing and other benefits.

Since SSI payments can be reduced by other income, SSI applicants must apply for any other benefits for which they are due. Social Security works with claimants to help them receive any other benefits for which they are eligible. People who receive SSI checks also can receive Social Security benefits if they are eligible for both.

## **Food Stamps**

SSI recipients may be eligible for food stamps. If a recipient or applicant lives in a household where everyone is receiving or applying for SSI, Social Security will help the person complete the food stamp application. If a recipient or applicant does not live in a household where everyone is receiving or applying for SSI, an application for food stamps must be made at the food stamp office. In either case, the food stamp office determines eligibility and distributes the food stamps.

## **Income**

Under SSI, the term “income” means anything received that can be used to meet the needs for food, clothing, or shelter. It includes cash, checks, items received “in kind” such as food and shelter, and many items that would not be considered income for federal or other tax purposes.

## **Supplemental Security Income**

Under the SSI program, income is divided into two categories, earned and unearned. Earned income includes wages, net earnings from self-employment, and income received from sheltered places of employment. Unearned income includes Social Security benefits, workers or veteran's compensation, pensions, annuities, rent, and interest.

### **Applying for SSI**

Anyone can apply for SSI by visiting a local Social Security office or calling Social Security for an appointment with a representative. It is helpful if claimants have the following information before applying:

- Social Security card or record of number;
- Birth certificate or other proof of age;
- Information about residence, such as mortgage or lease;
- Payroll slips, bank books, insurance policies, car registration, burial fund records, and other information about income and resources;
- Names, addresses, and telephone numbers of doctors, hospitals, and clinics where treated if applying for SSI due to disability or blindness.

For more information, call the Social Security Administration at (800) 772-1213 or visit their website at <http://www.ssa.gov/ssi/index.htm>



# Medicare

**M**edicare is a nationwide health insurance program that provides coverage to 45 million older and disabled Americans. Covered services include hospital care, physician services, and prescription drugs. Medicare is for people age 65 or older, certain younger people with disabilities, and patients with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a transplant).

Medicare is a federal program that is primarily administered by the Centers for Medicare and Medicaid Services (CMS). CMS and the Social Security Administration (SSA) both handle some of the eligibility and application procedures, so you may sometimes receive Medicare-related mailings from the SSA.

When you apply for Social Security retirement benefits, you will be automatically enrolled in Medicare. If you don't apply for Social Security, you should still sign up for Medicare close to your 65th birthday to avoid paying a late enrollment penalty later on. If you don't qualify for Social Security because your work record isn't long enough, you might still be eligible for Medicare coverage for a monthly charge. Younger people on Social Security disability are entitled to Medicare, but they have to wait at least two years before Medicare coverage can start. There is an exception to the 24 month waiting period for Medicare for those with Amyotrophic Lateral Sclerosis ("Lou Gehrig's Disease").

Some more information about Medicare is provided in this guide. For detailed, official information about Medicare, please check the "Medicare & You" handbook from the Centers for Medicare and Medicaid Services, which you can order by calling 1-800-633-4227, or visit the Medicare website at [www.medicare.gov](http://www.medicare.gov). To receive free, personal counseling about Medicare benefits, please call the Nevada State Health Insurance Assistance Program at (800) 307-4444 or (702) 486-3478.

## **Medicare Benefits**

Medicare benefits are categorized into four parts: Medicare Part A typically pays for your inpatient hospital expenses; Medicare Part B typically covers your doctor fees and other outpatient health care expenses; and Medicare Part D generally covers your prescription drugs costs. Medicare Part C, also known as Medicare Advantage, is an alternative to Original Fee-For-Service Medicare that uses private insurers to cover a combination of benefits from the other Parts of Medicare. Your Medicare card will show the type of coverage you have, as well as the date your coverage began.

### **Medicare Part A**

Medicare Part A benefits include inpatient hospital care, limited skilled nursing facility services and home health care after a hospital stay, and hospice care. Most people aged 65 or older are automatically eligible for Medicare Part A if they or their spouse paid payroll taxes while working in covered employment; these beneficiaries generally do not have to pay any monthly Part A premiums. Seniors who do not qualify automatically might still be able to enroll for Part A, if they meet age and other requirements and pay some or all of the monthly Part A premium (\$410 in 2007). There are cost-sharing requirements for Part A that you have to pay, including the annual deductible.

### **Medicare Part B**

Medicare Part B covers physicians' services, as well as outpatient hospital services, durable medical equipment like wheelchairs, and other medical services like physical therapy. Although Part B covers many kinds of health care, it doesn't cover certain services and items like dental care, hearing aids, and health care outside the United States.

Seniors who become entitled to Medicare Part A also are automatically enrolled in Part B, unless they state that they do not want it. There is a permanent late enrollment penalty if you do not sign up for Medicare Part B when you are first eligible and join later. People who voluntarily

# Medicare

enroll in Part A (because they are not automatically entitled to it) and beneficiaries with End Stage Renal Disease are required to enroll in Part B. To stay enrolled in Medicare Part B, you need to pay the monthly Part B premium, which varies depending upon yearly income. This premium is typically deducted from your Social Security retirement check. There are also cost-sharing requirements for Part B that you have to pay, including the annual deductible and a 20% coinsurance for most services. Medicare pays for the remaining 80% in most cases, although there are some cases in which you have to pay a greater share.

It should be noted that there are rules governing how doctors and other health care providers participate in Medicare Part B. These rules can affect who you can see and how much you will have to pay. When a physician accepts Medicare “assignment,” they are supposed to accept the Medicare-approved amount as payment in full. This means that they are paid directly by Medicare, except for the deductible and coinsurance amounts that the patient must pay. When a physician accepts Medicare but not on “assignment,” the patient has to pay the copayment and also the amount above the Medicare-approved amount. There is a federal law limiting this “balance billing” practice to protect Medicare beneficiaries from being overcharged, although medical equipment suppliers are exempt from these balance-billing restrictions. A few doctors are private contractors who bill patients directly and outside the Medicare system.

## **Medicare Part D**

Medicare Part D is the new, voluntary prescription drug benefit created by the Medicare Modernization Act of 2003. Private insurance plans deliver the coverage, with the monthly premiums and cost-sharing requirements (deductibles, copayments, and/or coinsurance amounts) varying from plan to plan. Each plan may also impose other rules, like restrictions on what medicines are covered and in what circumstances.

Beneficiaries meeting certain financial guidelines may be eligible for extra help. The extra help can help pay for part of the monthly

premiums, annual deductibles and prescription copayments under the new prescription drug program

**You may be automatically eligible if**

- You are enrolled in both Medicare and Medicaid, or
- You are enrolled in a Medicare Savings Program (QMB, SLMB, QI) that helps you pay for your Medicare costs, or
- You receive Supplemental Security Income (SSI).

**Even if you don't automatically qualify, you might still be eligible if**

- Your yearly income is less than \$15,315 for an individual or \$20,535 for a married couple living together.

**Even if your annual income is higher, you still may qualify if you meet one of the following conditions:**

- You or your spouse supports other family members who live with you.
- You or your spouse has earnings from work.
- Your resources are less than \$11,710 for an individual or \$23,410 for a married couple living together. Resources include your savings and stocks but not your home or car.

The amounts listed here are for 2007 and may change in 2008. Even if you're not sure if you are eligible, you should still apply. For more information, please contact Social Security at 1-800-772-1213, Medicare at 1-800-633-4227, or the Nevada State Health Insurance Advisory Program at (800) 307-4444.

# Medicare

## **Medicare Part C (Medicare Advantage)**

In addition to Original Fee-For-Service Medicare, which allows you to see any doctor that accepts Medicare, you can choose to receive Medicare coverage through private insurance plans like health maintenance organizations (HMOs). These private insurance options are part of Medicare Part C, which was formerly known as Medicare+Choice and is now called Medicare Advantage. Some Medicare Advantage plans offer a combination of hospital, physician, and prescription drug benefits. Monthly premiums and cost-sharing requirements typically vary from plan to plan.

## **Medigap Coverage**

Although Medicare pays a significant amount of health care costs, it does not cover all expenses. To cover these expenses, Medicare beneficiaries can buy supplemental insurance from private companies. These policies, often called Medigap plans, are designed specifically to fill in some of the gaps in Medicare coverage. Medigap policies pay most, if not all, co-insurance amounts and may provide coverage for Medicare's deductibles. For consumer guides to Medigap policies in Nevada, you can contact the Nevada Division of Insurance by calling (775) 687-4270 in Carson City or (702) 486-4009 in Las Vegas. Counselors at the Nevada State Health Insurance Advisory Program are also available at (800) 307-4444.

## **Medicare Savings Programs**

Medicare beneficiaries meeting certain financial guidelines might be eligible for extra help from Nevada Medicaid with their Medicare costs, even if they are not eligible for Medicaid otherwise. Called the Medicare Savings Programs, they include the Qualified Medicare Beneficiary (QMB), Specified Low-Income Medicare Beneficiary (SLMB), and Qualified Individual (QI) programs. These programs will pay all or some of Medicare's cost sharing amounts, such as premiums, deductibles, and copayments.

**If you meet the guidelines listed below, or even if you're not sure if you're eligible, you should apply.**

- Your bank accounts, stocks, bonds, or other resources are not more than \$4,000 for an individual or \$6,000 for a couple, and
- Your yearly income is less than \$20,420 for an individual or \$27,380 for a couple. These amounts are for 2007 and will change in 2008.

For more information, please contact the Nevada Division of Welfare and Supportive Services at (775) 684-7200 or (800) 992-0900 or the Nevada State Health Insurance Advisory Program at (800) 307-4444.

## **Medicare State Health Insurance Advisory Program (SHIP)**

Nevada's Medicare SHIP provides free, confidential, and one-on-one assistance and counseling for seniors who have questions or problems with their Medicare and supplemental health insurance benefits. The following services are provided:

### **Pre-Medicare Counseling**

- Information and eligibility on Medicare entitlements, benefits, limitations, Medicaid (Qualified Medicare Beneficiaries and Specified Low-Income Medicare Beneficiaries) and Managed Care Plans through Health Maintenance Organizations (HMOs)
- Assistance with claims, requests for reconsideration and appeals processes under Medicare and supplemental insurance
- Unbiased information to assist the consumer in determining supplemental insurance and long-term care insurance needs
- Outreach information and materials for seniors and families through meetings, seminars, classes, health fairs, senior fairs, and the media, and

- Referrals for coordination with federal and other state and community services.

The services offered by the program are FREE OF CHARGE AND CONFIDENTIAL and senior citizens are assured there will be no selling or soliciting for insurance. For additional information on SHIP or for individual counseling, please call: (800) 307-4444

## **Governor's Office for Consumer Health Assistance**

Another great resource for Nevada seniors is the Governor's Office for Consumer Health Assistance. It is for anyone who is having a problem with their health care provider, health insurance or has other questions. The Office was established to provide a single point of contact for consumers and injured workers to assist them in understanding their rights and responsibilities under Nevada law and health care plans, including industrial insurance policies. The Office is dedicated to providing assistance through information, counseling, education, and advocacy.

### **Las Vegas**

555 E. Washington Ave., Ste. 4800  
Las Vegas, NV 89101

Tel: (702) 486-3587  
Fax: (702) 486-3586

Statewide toll free number  
(888) 333-1597

## **Prescription Drugs**

Medicare beneficiaries with limited incomes and resources might be eligible for extra help with their Medicare Part D expenses. For more information, please contact the Nevada State Health Insurance Assistance Program at 800-307-4444.

In Nevada only, the “Senior Rx” program helps low-income seniors with Medicare Part D afford their medicines. Seniors who aren’t eligible for Medicare Part D can still receive financial assistance with their prescription drug costs. You may be eligible if

- You are 62 years of age at the time of your application, and
- You have lived continuously in Nevada for at least one year (12 consecutive months) prior to the date of application, and
- Your yearly income is less than \$24,561 for an individual or \$32,742 for a married couple. These amounts are effective July 1, 2007 and may change in the future.

Please note that you cannot receive full Medicaid benefits (prescription benefits) and Senior Rx at the same time. Even if you’re not sure if you qualify, you may still want to apply because you may be eligible for up to \$5,100 in Senior Rx benefits per year. For an application or additional Senior Rx information, please call 687-7555 if you are calling from Reno, Carson City, or Gardnerville. Nevadans in other areas of the state can call the toll-free hotline at 1-866-303-6323.



## **Medicare Fraud and Abuse**

The Nevada Senior Medicare Patrol (SMP) educates Nevadans on how to identify and protect against healthcare fraud in the Medicare/Medicaid system. Please contact Nevada SMP if you suspect fraud, errors, waste or abuse to Medicare, if you are a retired professional senior who would be interested in volunteering, or if you are a member of senior group, law enforcement agency or other interested community group that would like a presentation term care facilities.

### **Nevada Senior Medicare Patrol**

### **Empowering Seniors to Prevent Health Care Fraud**

### **Office of the Nevada Attorney General**

555 East Washington  
Las Vegas, Nevada 89101

Tel: (888) 838-7305

Email: [smpinfo@ag.state.nv.us](mailto:smpinfo@ag.state.nv.us)



# Medicaid for Seniors

Nevada's Medicaid program provides health care and long-term care coverage to eligible individuals and families with low incomes and limited resources. Nevada Medicaid is often confused with Medicare because both provide health care coverage, but the basic difference is that eligibility for Nevada Medicaid is based on financial need. In contrast, Medicare is available to almost all seniors and certain people with disabilities. When seniors have both Medicare and Medicaid, Medicaid can help pay for some Medicare costs. Medicaid can also help low-income Medicare beneficiaries with their Medicare expenses in certain cases, even if they don't qualify for Medicaid otherwise.

Benefits covered by Nevada Medicaid include doctor visits, hospital stays and outpatient hospital care, hospice care for terminally ill patients, some medical supplies and equipment, mental health, long-term nursing home care, and personal care services like help with dressing and bathing. Seniors who have both Medicare and Medicaid have to receive their prescription drug benefits from Medicare. Depending on where you live, you may receive Medicaid-covered services through traditional fee-for-service provider networks and managed care. Nevada Medicaid does not reimburse an individual but instead sends payments directly to the health care providers.

The eligibility and benefit rules for Nevada Medicaid can be very confusing and complicated. For more information about Nevada Medicaid, please contact one of the following offices.

## **Where To Go To Apply for Medicaid**

### **Nevada Department of Human Resources Welfare Division**

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1470 East College Pkwy.  
Carson City, NV 89706

Tel: (775) 684-0500  
Fax: (775) 684-0611  
[www.welfare.state.nv.us](http://www.welfare.state.nv.us)

### **Nevada State Welfare District Offices**

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#### **Carson City - Central Office**

1470 East College Pkwy.  
Carson City, NV 89706

Tel: (775) 684-0500

#### **Carson City -District Office**

755 North Roop Street, Ste. 201  
Carson City, NV 89701

Tel: (775) 684-0800  
Fax: (775) 684-0844

#### **Elko**

850 Elm St.  
Elko, NV 89801

Tel: (775) 753-1233  
Fax: (775) 777-1601

#### **Ely**

725 Ave. K  
Ely, NV 89301

Tel: (775) 289-1650  
Fax: (775) 289-1645

#### **Fallon**

111 Industrial Way  
Fallon, NV 89406

Tel: (775) 423-3161  
Fax: (775) 423-1450

#### **Hawthorne**

1000 C St.  
Post Office Box 1508  
Hawthorne, NV 89415

Tel: (775) 945-3602  
Fax: (775) 945-5714

#### **Las Vegas District Office - Belrose**

700 Belrose St.  
Las Vegas, NV 89107

Tel: (702) 486-1675  
Fax: (702) 486-1628

#### **Las Vegas - Cambridge Center**

3900 Cambridge St., Ste. 202  
Las Vegas, NV 89119

Tel: (702) 486-8770  
Fax: (702) 486-8790

#### **Las Vegas District Office - Flamingo**

3330 East Flamingo Ste. 55  
Las Vegas, NV 89121

Tel: (702) 486-9500 (senior services)  
Tel: (702) 486-9400 (main line)

#### **Henderson District Office**

520 Boulder Highway  
Henderson, NV 89015

Tel: (702) 486-5000  
Fax: (702) 486-1270

**Las Vegas District Office - Nellis**

611 North Nellis Boulevard  
Las Vegas, NV 89110

Tel: (702) 486-4828

**Las Vegas District Office - Owens**

1040/1024 West Owens Ave.  
Las Vegas, NV 89158

Tel: (702) 486-1800

Fax: (702) 486-1802

**Pahrump Office**

1840 Pahrump Valley Boulevard.  
Pahrump, NV 89048

Tel: (775) 751-7400

Fax: (775) 751-7404

**Reno District Office**

3697 Kings Row  
Reno, NV 89503

Tel: (775) 648-7200

Fax: (775) 448-5094

**Winnemucca**

475 West Haskell #6  
Winnemucca, NV 89445

Tel: (775) 623-6557

Fax: (775) 623-6566

**Yerington**

215 West Bridge St., #6  
Yerington, NV 89447  
(in the LaPinata Mall)

Tel: (775) 463-3028

Fax: (775) 463-7735

## **Medicaid Fraud and Long Term Care Abuse**

Nevadans concerned about the quality of care provided in nursing homes and other long term care facilities have several resources. In our state, the State Bureau of Licensure and Certification is responsible for licensing and certifying Nevada's nursing homes. To report problems or complaints about care in a nursing home, you can call the Bureau at (775) 687-4475 in Carson City or (702) 486-6515 in Las Vegas.

**Bureau of Licensure & Certification**

1550 East College Parkway, Suite 158  
Carson City, Nevada 89706

Tel: (775) 687-4475

Tel: (702) 486-6515

To report Medicaid fraud, as well as patient abuse in long term care facilities, you can also contact the Nevada Attorney General's Medicaid

Fraud Control Unit by calling its hotline at 1-800-266-8688.

Finally, Nevada's Long Term Care (LTC) Ombudsman Program is designed to address issues and problems faced by residents in long-term care facilities, which includes residential facilities for groups. This program investigates reports of abuse, neglect, and exploitation of seniors, in addition to resident complaints. For more information, please contact one of the following regional offices of the Nevada Division for Aging.

**Carson City**

3416 Goni Road, Building D,  
Carson City, NV 89706

Tel: (775) 687-4210

Fax: (775) 687-4264

E-mail: [dascc@aging.nv.gov](mailto:dascc@aging.nv.gov)

**Reno**

445 Apple Street, Suite 104,  
Reno, NV 89502

Tel: (775)688-2964

Fax: (775)688-2969

E-mail: [dasreno@aging.nv.gov](mailto:dasreno@aging.nv.gov)

**Elko**

1010 Ruby Vista Drive, Suite 104,  
Elko, NV 89803

Tel: (775) 738-1966

Fax: (775) 753-8543

E-mail: [daselko@aging.nv.gov](mailto:daselko@aging.nv.gov)

**Las Vegas**

3100 West Sahara Avenue, Suite  
115,  
Las Vegas, NV 89102

Tel: (702) 486-3545

Fax: (702) 486-3572

E-mail: [dasvegas@aging.nv.gov](mailto:dasvegas@aging.nv.gov)

# Veterans Benefits

## Leading the Fight for Full Concurrent Receipt

**Y**ear after year, members of Congress revisit the issue of injustice in compensation for our nation's veterans - the ban on concurrent receipt. As too many are well-aware, disabled veterans face the obstacle of forfeiting retirement pay dollar-to-dollar if they receive disability compensation. This policy is unacceptable, and I am committed to securing fair policy to provide our veterans with the entirety of their earned compensation.

I have been fighting for seven years to allow for full concurrent receipt, and despite current disparities with the Administration, we have made many great strides towards fair compensation for our veterans. In 2003, Congress passed my legislation allowing disabled retired veterans with at least fifty percent disability rating to become eligible for full concurrent receipt over a ten-year period. This measure passed despite veto threats from the Administration.

In the 110<sup>th</sup> Congress I introduced a new bill, the Retired Pay Restoration Act of 2007 which would provide concurrent receipt to military retirees, with 20 or more year of service, who are rated less than 50%. This legislation will affect more than a half million disabled military retirees by allowing all Veterans regardless of their disability rating to draw from both retirement pay and disability compensation. In addition, it repeals the 10 years phase-in period currently imposed upon Veterans that are eligible for full concurrent receipt.

For more information please call my office.

## Veterans Medical Benefits

Eligibility for VA hospitalization and nursing home care is divided into two groups referred to as mandatory and discretionary. The VA must provide hospital care and, if space and resources are available, may provide nursing home care to veterans in the mandatory category. (Veterans in the discretionary category may be provided VA hospitalization and nursing home care, if space and resources are available.)

## **Veterans in the mandatory category include:**

1) Those with a service-connected disability; 2) Former prisoners of war; 3) World War II veterans eligible for Medicaid; 4) Veterans receiving a VA pension; 5) Veterans with a disability not related to military service; 6) Low-income veterans; 7) Those whose income is no more than a certain level; and 8) Veterans needing treatment for conditions that might be related to exposure to herbicides in Vietnam (e.g., Agent Orange), ionizing radiation in nuclear weapon tests, or the occupation of Japan.

After caring for veterans in the mandatory category, the VA may care for veterans in the discretionary category, which consists of veterans with a non-service connected disability.

Veterans whose disabilities are not related to military service are not considered mandatory. Discretionary category veterans pay an amount equal to the Medicare deductible for the first 90 days of hospital care and half the Medicare deductible for each additional 90 days of hospital care. For each 90 days of nursing care, an amount equal to the Medicare deductible is charged.

The VA also provides outpatient care with eligibility determined by such factors as whether the condition for which the veteran seeks treatment: Is it service-connected? What is the veteran's income? Could outpatient care prevent the need for hospitalization?

## **Veterans Pension**

Veterans with limited income who served during a period of war and are disabled not because of service may be eligible for a VA pension. The amount paid by the VA's Improved Pension Program varies depending on whether a veteran has dependents, has other sources of incomes such as Social Security or requires aid and attendance of another individual in order to carry out the needs of everyday life.



# Veterans Benefits

## Survivor Benefits

The VA pays dependency and indemnity compensation (DIC) to surviving spouses, unmarried children under 18 (age 23 if attending a VA-approved school and older if the child is disabled), and certain parents of veterans whose death was service-connected. DIC payments are also made to the survivors of a veteran whose death was not due to service.

A surviving spouse and the children of a non-service-connected veteran may also qualify for modest VA pensions with rates that vary according to the same factors as veteran pensions.

Educational benefits are also provided to the spouse and children of a veteran who is missing in action, who is permanently and totally disabled as a result of his/her service, or who died while rated permanently and totally disabled as a result of his/her service. Benefits may be provided for pursuit of a college degree or certificate from a business, technical, or vocational school, as well as for approved apprenticeship, on-the-job training, and farm cooperative programs.

## Concurrent Receipt

On October 17, 2003 the United States Senate and House of Representative reached an agreement to offer a limited version of legislation I introduced to extend retirement benefits to disabled veterans, known as Concurrent Receipt.

This agreement marks the greatest progress yet. This compensation package, which will be phased in over the next ten years, will now extend to:

- All veterans who are 50 percent to 100 percent disabled;
- Any veteran who sustained combat-related injuries and Purple Heart recipients regardless of their degree of disability; and
- National Guardsmen and Reservists, who were previously left out of the earlier compensation programs.

## Other Benefits

Veterans may be eligible for other benefits from the VA and other federal agencies, including:

- Home loan guarantees;
- Business loans or loan guarantees;
- Vocational rehabilitation to overcome a disability resulting from service that impairs a veteran's employment opportunities;
- Burial benefits such as grave markers for veterans discharged under other than dishonorable conditions and modest payments to offset partially the cost of funeral and burial arrangements for veterans receiving VA pensions or compensation;
- Grants to adapt homes to accommodate the special needs of veterans with certain service-connected disabilities; and
- Job training assistance for disabled, Vietnam-era, and recently separated veterans.

Additional information on federal benefits for veterans can be obtained by calling a veterans' benefits counselor at (800) 827-1000 or visit your nearest VA office:

### **VA Regional Office**

5460 Reno Corporate Dr.  
Reno, NV 89511

Tel: (800) 827-1000

Fax: (775) 688-1656

[www.state.nv.us/veterans](http://www.state.nv.us/veterans)

### **VA Regional Office**

3225 North Central Ave.  
Phoenix, AZ 85012

Tel: (602) 640-4747

Fax: (602) 530-3574

### **Nevada Office of Veterans Services**

485 W. B Street, Suite 103  
Fallon, NV 89406

Tel: (775) 428-1177

Fax (775) 423-9371

### **Nevada Office of Veterans Services - Satellite**

4800 Alpine Place, Ste 12  
Las Vegas, NV 89107-4086

Tel: (702) 258-0148

**Nevada Office****of Veterans Services**

950 West Owens Drive, Room 111  
Las Vegas, NV 89106

Tel: (702) 636-3070

Fax (702) 486-5268

**Nevada Office****of Veterans Services**

5460 Reno Corporate Drive  
Reno, NV 89511

Tel: (775) 688-1653

Fax (775) 688-1656

## **VA Southern Nevada Health Care System**

**Ely VA Medical Clinic**

6 Steptoe Circle  
Ely, NV 89301

Tel: 775-289-3612 ext. 147

**Arville House****Psychiatric Day Program**

1501 South Arville  
Las Vegas, NV 89102

Tel: (702) 259-4646

[www.las-vegas.med.va.gov](http://www.las-vegas.med.va.gov)

**Data Center**

4420 W. Diablo Dr.  
Las Vegas, NV 89118

Tel: (702) 636-3000 Ext. 4475

**Community-Based Outreach  
Center for Homeless Veterans**

405 W. Wilson Ave.  
Las Vegas, NV 89106

Tel: (702) 386-3125

**East Clinic**

3131 La Canada St.  
Las Vegas, NV 89109

Tel: (702) 636-6360

**Henderson Primary Care Clinic**

2920 N. Green Valley Pkwy.  
Building 2, Ste. 215  
Henderson, NV 89014

Tel: (702) 456-3825

**Mike O' Callaghan****Federal Hospital**

4700 N. Las Vegas Blvd.  
Nellis AFB, NV 89191-6601

Tel: (702) 653-2227

**North Clinic at Nucleus Plaza**

916 W. Owens Ave.  
Las Vegas, NV 89106

Tel: (702) 636-6380

**Northwest Clinic**

2410 Fire Mesa St.  
Las Vegas, NV 89129

Tel: (702) 636-6320 or  
(702) 727-7535

**Readjustment****Counseling (Vet Center)**

1040 East Sahara Ave., Ste. 102  
Las Vegas, NV 89104

Tel: (702) 388-6368

**Southeast Clinic**

4187 S. Pecos Rd.  
Las Vegas, NV 89121

Tel: (702) 636-6350

**Southwest Clinic**

3880 S. Jones Blvd.  
Las Vegas, NV 89103

Tel: (702) 636-6390

**Warehouse Transport Center**

1841 E. Craig Rd.  
N. Las Vegas, NV 89030

Tel: (702) 636-3090

**West Clinic**

630 S. Rancho Rd.  
Las Vegas, NV 89106

Tel: (702) 636-6355

**Carson Valley VA Medical Clinic**

925 Ironwood Street Ste. 2101  
Minden, NV 89423

Tel: (775) 328-1453 or  
(888) 838-6256 x4000

**Pahrump Primary Care Clinic**

2100 E. Calvada Blvd.  
Pahrump, NV 89048

**Reno VA Medical Center**

1000 Locust St.  
Reno, NV 89502

Tel: (775) 786-7200 or  
(888) 838-6256

**Veterans Guest House**

860 Locust Street  
Reno, NV 89502

Tel: (775) 324-6958

[www.veteransguesthouse.org](http://www.veteransguesthouse.org)  
*Provides temporary housing for veterans and their family members when the veteran is receiving medical treatment at the VA Medical Center in Reno or any other medical facility in the Reno/Sparks area.*

**Readjustment Counseling  
Reno Vet Center**

1155 W 4<sup>th</sup> Street, Ste. 101  
Reno, NV 89503

Tel: (775) 323-1294

**Nevada State Veterans Home**

100 Veterans Memorial Dr.  
Boulder City, NV 89005

Tel: (702) 332-6864

Fax: 702-332-6762

**Southern Nevada Veterans  
Memorial Cemetery**

1900 Buchanan  
Boulder City, NV 89005

Tel: (702) 486-5920

Fax: 702-486-5923

**Northern Nevada Veterans  
Memorial Cemetery**

P.O. Box 1919  
Fernley, NV 89408

Tel: (775) 575-4441

Fax: 775-575-5713

# Caregivers and Support Groups

## **Southern Nevada Support Groups**

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**Alzheimer's Association,  
Southern Nevada Chapter**  
5190 South Valley View Blvd.,  
Ste. 101  
Las Vegas, NV 89118

Tel: (702) 248-2770  
Fax: (702) 248-2771  
www.alzdswn.org

**Alzheimer's Disease Diagnostic  
and Treatment Center**  
1707 West Charleston Blvd.  
Las Vegas, NV 89102

Tel: (702) 671-5070

**Children of Older Persons  
Support Group**  
6161 West Charleston  
Las Vegas, NV 89146

Tel: (702) 486-5750

**Bereavement Support Group  
Nathan Adelson Hospice**  
4141 South Swenson St.  
Las Vegas, NV 89119

Tel: (702) 796-3184  
www.nah.org

**American Parkinson's  
Disease Association**  
PO Box 81884  
Las Vegas, NV 89180-1884

Tel: (702) 464-3132

**Divorced & Widowed  
Adjustment Inc.**  
P.O. Box 26504  
Las Vegas, NV 89126

Tel: (702) 735-5544  
www.info4nv.org

**Mesquite Cancer Help Society  
(MCHS)**  
150 North Yucca, #36  
Mesquite, NV 89027

(702) 346-0622

**ALS of Nevada**  
2101 S. Jones Blvd., Suite 120  
Las Vegas, NV 89146

Tel: (702) 248-4507  
Fax: (702) 248-8070

**Aid for AIDS of Nevada (AFAN)**  
Tel: (702) 382-2326  
Hotline: (702) 474-2437

## **Northern Nevada Support Groups**

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**Caregivers Support Group  
St. Mary's Silver Connection**  
601 W. 1st Street, Bldg. 1,  
Ste. 100  
Reno, NV 89503

Tel: (775) 770-3118  
Fax: (775) 770-3504  
www.saintmarysreno.com

**Early Alzheimer's Support Group  
Washoe County Senior Center**  
1155 East 9th St.  
Reno, NV 89512

Tel: (775) 328-2575

**Alzheimer's Douglas County  
Support Group Young at Heart  
Senior Center**

2300 Meadow Lane  
Gardnerville, NV 89410

Tel: (775) 782-8267

**Grandparents Raising  
Grandchildren Support Group  
Washoe Senior Health Center**

850 Mill St., Ste. 100  
Reno, NV 89502

Tel: (775) 328-5400

**Grandparents Raising  
Grandchildren Support Group**

1155 East Ninth Street  
Reno, NV 89512

Tel: (775) 328-2575

**Alzheimer's Association  
Northern Nevada Chapter**

705 South Wells, Ste. 225  
Reno, NV 89502

Mail: P.O. Box 6362  
Reno, NV 89513

Tel: (775) 786-8061 or  
(800) 272-3900

**Widowed Persons' Services of  
Northern Nevada**

6100 Plumas St.  
Reno, NV 89509

Mail: P.O. Box 3228  
Sparks, NV 89432

Tel: (775) 359-1862

**Macular Degeneration  
Support Group**

1940 4th St., Apt. #26  
Sparks, NV 89431

**American Cancer Society**

6490 S. McCarren Blvd., Suite 40  
Reno, NV 89509

Tel: (775) 329-0609

Fax: (775) 329-8592

**American Red Cross**

1190 Corporate Blvd.  
Reno, NV 89502

Tel: (775) 856-1000

Fax: (775) 856-3030

**The Continuum Caregiver  
Support Group**

3700 Grant Drive, #A  
Reno, NV 89509

Tel: (775) 424-2339

**Adult Day Care**

**Southern Nevada**

*(Supervised activities and meals in  
groups)*

**Adult Day Care Center of Las  
Vegas (Lied/Sinai Senior Care  
Campus)**

901 North Jones  
Las Vegas, NV 89108

Tel: (702) 648-3425

**Henderson Adult Day Care Center**

830 East Lake Mead  
Henderson, NV 89015

Tel: (702) 565-8836

[www.tsa-adultdaycare.org](http://www.tsa-adultdaycare.org)

# Caregivers and Support Groups

## **New Life Adult Day Health Care**

953 E. Sahara, A-78  
Las Vegas, NV 89104

Tel: (702) 733-8111

## **Nevada Adult Day Healthcare Centers**

2008 S. Jones Blvd.  
Las Vegas, NV 89146

Tel: (702) 319-4600

## **Northern Nevada Care Givers Support Group**

### **St. Mary's Silver Connection**

745 West Moana  
Reno, NV 89509

Tel: (775) 770-6100

Fax: (775) 770-3504

[www.saintmarysreno.com](http://www.saintmarysreno.com)

### **Angel Associates Adult Care**

1577 Vassar Street  
Reno, NV 89512

Tel: (775) 348-8064

### **Day Break**

1155 E. Ninth Street  
Reno, NV 89512

Tel: (775) 328-2591

### **Bright Path Adult Enrichment Center**

2552 Idaho Street  
Elko, NV 89503

Tel: (775) 934-5704

## **Hospice Care**

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*(Southern Nevada)*

### **Creekside Hospice**

3675 Pecos Mcleod, Ste. 900  
Las Vegas, NV 89121

Tel: (702) 650-7669

### **Family Home Hospice**

1701 W. Charleston Blvd., Ste. 201  
Las Vegas, NV 89102

Tel: (702) 383-0887

### **Nathan Adelson Hospice**

4141 Swenson  
Las Vegas, NV 89109

Tel: (702) 733-0320

### **New Hope Hospice**

#8 Sunset Way, Ste. 103  
Henderson, NV 89014

Tel: (702) 737-8180

### **Odyssey**

4011-A McLeod  
Las Vegas, NV 89121

Tel: (702) 693-4904

### **Solari Hospice Care**

2810 W. Charleston Blvd.,  
Ste. F-58

Las Vegas, NV 89102

Tel: (702) 870-0000

### **Always Better Home Health and Hospice**

Tel: (702) 364-8006

*(Northern Nevada)*

**Barton Memorial Hospital Home Health Hospice of the Valley**

1107 Hwy. 395  
Gardnerville, NV 89410

Tel: (775) 782-1510

**Horizon Hospice**

1085 Idaho St.  
P.O. Box 5361  
Elko, NV 89802

Tel: (775) 778-0612

**Saint Mary's Hospice of Northern Nevada**

115 West 4th, Ste. 122  
Reno, NV 89503

Tel: (775) 789-1510

**Saint Mary's Hospice of Northern Nevada**

809 North Plaza  
Carson City, NV 89701-4016

Tel: (775) 884-8900

**VistaCare**

6225 Neil Rd., Ste. 201  
Reno, NV 89511

Tel: (775) 825-5008

Fax: 775-825-5140

**Circle of Life Hospice**

1575 Delucchi Lane, Ste. 214  
Reno, NV 89502

Tel: (775) 827-2298

**Respite Care**

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*(Southern Nevada)*

**Lend-A-Hand Program, Inc.**

400 Utah St.  
Boulder City, NV 89005

Tel: (702) 294-2363

Fax: (702) 294-3090 (Boulder City Residents Only)

**Catholic Charities of Southern Nevada**

531 North 30th St.  
Las Vegas, NV 89101

Tel: (702) 382-0721

Fax: (702) 385-3206

[www.catholiccharities.com](http://www.catholiccharities.com)

**HELP of Southern Nevada**

1540 E. Flamingo Rd.  
Las Vegas, NV 89119

Tel: (702) 369-4357

**Helping Hands of the Vegas Valley**

2100 S. Maryland Parkway, #3  
Las Vegas, NV 89104

Tel: (702) 633-7264

*(Northern Nevada)*

**Northern Nevada Respite Program**

50 W. Liberty Street  
Reno, NV 89501

Tel: (775) 786-8365



# Caregivers and Support Groups

## **Long-Term Care Information and Ombudsman Programs**

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*(Southern Nevada)*

### **Division for Aging Services**

3100 W. Sahara, Ste. 103  
Las Vegas, NV 89102

Tel: (702) 486-3545

### **Clark County Social Service**

Long-Term Care Unit

Tel: (702) 455-3565

*(Northern Nevada)*

### **Division for Aging Services**

3416 Goni Road, Bldg. D #132  
Carson City, NV 89706

Tel: (775) 687-4210 or  
(800) 992-0900 ext. 4210

### **Division for Aging Services**

445 Apple Street, Ste. 104  
Reno, NV 89502

Tel: (775) 688-2964 or  
(800) 992-0900 ext. 2964

### **Division for Aging Services**

850 Elm Street  
Elko, NV 89801

Tel: (775) 738-1966

### **Reno Veterans Administration Medical Center, Geriatric and Extended-Care Program**

1000 Locust Street  
Reno, NV 89520

Tel: (775) 786-7200



# Legal Help and Advocacy

## **Programs to Compensate Victims of Violent Crime**

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**Victims of Crime Program**  
2200 S. Rancho Dr., Ste. 130  
Las Vegas, NV 89102

Tel: (702) 486-2740  
Fax: (702) 486-2825

**Clark County  
District Attorney's Victim Witness  
Assistance Center**  
200 South Lewis, 3rd Floor  
Las Vegas, NV 89195

Tel: (702) 671-2525

*(Northern Nevada)*

**Victims of Crime Program  
Board of Examiners  
c/o Department of Administration**  
209 East Musser St., Rm. 204  
Carson City, NV 89710

Tel: (775) 687-4065

## **Where to Turn With Legal Problems**

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*(Southern Nevada)*

**Clark County District Attorney  
Victim/Witness Assistance Center**  
200 South Lewis, 3rd Floor  
Las Vegas, NV 89195

Tel: (702) 671-2525  
[www.co.clark.nv.us/District\\_Attorney/homepage.htm](http://www.co.clark.nv.us/District_Attorney/homepage.htm)

**Clark County Pro Bono Project**  
200 South 8th Street.  
Las Vegas, NV 89101

Tel: (702) 386-1070  
Fax: (702) 386-0569  
[clarkcountylegal.comprobono.htm](http://clarkcountylegal.comprobono.htm)

**Nevada Disability  
Advocacy and Law Center**  
6039 Eldora Ave., Ste. C  
Las Vegas, NV 89146

Tel: (702) 257-8150 or  
(888) 349-3843  
TDD (702) 257-8160  
[www.ndalc.org](http://www.ndalc.org)

or

1311 North McCarran, Ste. 106  
Sparks, NV 89431

Tel: (775) 333-7878  
Fax: (775) 788-7825  
[www.ndalc.org](http://www.ndalc.org)

**Nevada Equal Rights  
Commission**

1515 East Tropicana, Ste. 590  
Las Vegas, NV 89119

Tel: (702) 486-7161  
[detr.state.nv.us/nerc/nerc\\_forms.htm](http://detr.state.nv.us/nerc/nerc_forms.htm)

**Nevada Legal Services**  
530 South 6th St.  
Las Vegas, NV 89101

Tel: (702) 386-0404  
(800) 522-1070  
[www.judicare.org/nails.html](http://www.judicare.org/nails.html)

**Senior Citizens Law Project of  
the City of Las Vegas**

310 South 9th Street,  
Las Vegas, NV 89101

Tel: (702) 229-6596  
www.ci.las-vegas.  
nv.us/1353\_1376.htm

**Victim of Crime Program**

2200 South Rancho Dr., Ste. 130  
Las Vegas, NV 89102

Tel: (702) 486-2740  
Fax: (702) 486-2825

**Victims of Crime Program**

4600 Kietzke Lane, I-205  
Reno, NV 89502

Tel: (775) 688-2900  
Fax: (775) 688-2912

**Witness Notification Unit  
Washoe County District Attorney**

P.O. Box 20083  
Reno, NV 89520

Tel: (775) 328-3210,  
Fax: (775) 328-3283

**Volunteer Attorneys  
for Rural Nevadans**

904 N. Nevada Street, Suite B  
Carson City, NV 89702

Tel: (775) 883-8278 or  
(800) 448-8276

**Carson and Rural Elder Law  
Program** (through the RSVP program)

444 E. William Street, #1  
Carson City, NV 89701

Tel: (775) 687-4860 or  
(800) 992-0900 ext. 4680  
Fax: (775) 687-4494

**Public Administrators**

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**Clark County**

515 Shadow Lane  
Las Vegas, NV 89106

Tel: (702) 455-4332  
Fax: (702) 455-4797  
dmk@co.clark.nv.us

**Carson City**

885 East Musser St., Ste. 1028  
Carson City, NV 89701

Tel: (775) 887-2260  
Fax: (775) 887-2146  
algotver@ci.carson-city.nv.us

**Churchill County**

P.O. Box 789  
Fallon, NV 89407

Tel: (775) 423-5035  
Fax: (775) 428-2567

**Douglas County**

P.O. Box 1284  
Gardnerville, NV 89410

Tel: (775) 782-4250  
Fax: (775) 782-4250

**Eureka County**

P.O. Box 677  
Eureka, NV 89316

Tel: (775) 237-5262  
Fax: (775) 237-6015  
fgale\_ecct@eurekanv.org

**Humboldt County**

50 West 5th St.  
Winnemucca, NV 89445

Tel: (775) 623-6370  
Fax: (775) 623-6370

# Legal Help and Advocacy

**Lander County**

P.O. Box 178  
Battle Mountain, NV 89820

Tel: (775) 635-5195  
Fax: (775) 635-8209  
landerda@sbcglobal.net

**Lincoln County**

P.O. Box 60  
Pioche, NV 89043

Tel: (775) 962-5171  
Fax: (775) 962-5582  
lcda@lcturbonet.com

**Lyon County**

P.O. Box 1844  
Dayton, NV 89403

Tel: (775) 246-7309  
Fax: (775) 246-5577  
rglover@iglide.net

**Nye County**

P.O. Box 5521  
Pahump, NV 89041

Tel: (775) 751-2240  
Fax: (775) 751-2241  
professor@viawestdu.net

**Washoe County**

P.O. Box 7360  
Reno, NV 89510

Tel: (775) 861-4000  
Fax: (775) 861-4041  
dcavallo@.washoecounty.us

**White Pine County**

801 Clark St., Ste. 3  
Ely, NV 89301

Tel: (775) 289-8828  
Fax: (775) 289-1559  
rwspears@mac.com

If you have any concerns or comments about any of the programs listed that are under the direction of Clark County, call the Public Response Office at (702) 455-4191, 500 South Grand Central Pkwy., Las Vegas, NV 89106



# Telemarketing and Internet Fraud

Americans are being bilked out of close to \$60 billion annually through “electronic muggings” over the phone. Nevada seniors are losing their life savings to phony telemarketers. Even worse, after they have been cheated, they are targeted again by phony “reclamation” groups who promise to help them get their money back only to turn around and take them for thousands more.

I held a hearing before the Senate Aging Committee to examine how fraudulent telemarketing operators target the elderly. Nevada has the highest rate of telemarketing scams in the nation.

Here are some tips on how to avoid being scammed over the phone.

It’s illegal for a telemarketer to call you if you have asked not to be called. Calling times are restricted to the hours between 8:00 a.m. and 9:00 p.m.

Telemarketers must tell you it’s a sales call, the name of the seller, and what they are selling BEFORE they make a pitch. If it’s a prize promotion, they must tell you that no purchase or payment is necessary to enter or win.

It’s illegal for telemarketers to lie or misrepresent any information about their goods and services, i.e.: 21-foot boats which are really blown-up rubber rafts.

Before you pay, telemarketers must tell you the total cost of goods and any restrictions for getting them or using them; or that a sale is final or non-refundable. In a prize promotion, they must tell you the odds of winning, that no purchase is necessary to win, and any restrictions or conditions of receiving the prize.

It’s illegal for a telemarketer to withdraw money from your checking account without your express, verifiable authorization.

Telemarketers cannot lie to get you to pay, no matter what method of payment you use. You do not have to pay for credit repair, recovery

room, or advance fee loan/credit services until these services have been delivered. Your state law enforcement professionals now have the power to prosecute fraudulent telemarketers across state lines.

**If it sounds too good to be true,  
then it probably is.**

## **Help Is Available**

### **Suspect a scam?**

Call the State Attorney General at (800) 266-8688 and (702) 486-3420 or (775) 684-1100. You can also call the National Fraud Information Center at (800) 876-7060.

### **National Do-Not-Call Registry**

On February 13, 2003, I supported the Do-Not-Call Implementation Act, which will help Nevadans put an end to dreaded dinner-time telemarketing calls. If you register with the National Do-Not-Call Registry, you will substantially limit the number of telemarketing calls you receive. On October 1, 2003, the National Do-Not-Call Registry went into effect. Most telemarketers are required to remove numbers on the registry from their call lists or they may be subject to a fine of up to \$11,000. Call (888) 382-1222 or go to [www.donotcall.gov](http://www.donotcall.gov) to register for this service.

### **Internet Fraud**

The Internet is fast becoming an invaluable resource for seniors. More and more, seniors are using the Internet for online shopping, medical advice, companionship, and intellectual growth. Not having a computer should not discourage seniors from logging on and surfing the web since more than 27 senior centers throughout



# Telemarketing and Internet Fraud

Nevada are now wired and have free Internet access.

However, just like you should be aware of the possible telemarketing frauds out there, you should be careful when it comes to your privacy online.

## *Here are some tips:*

- Don't give out your online service account password to anyone, even someone claiming to be from your online service. Your account can be hijacked, and you can find unexpected charges on your bill.
- People aren't always who they seem to be in cyberspace. Be careful about giving out your credit card number. The same applies to your Social Security number, phone number and home address.
- Be aware that when you enter a chat room, others can know you are there and can even e-mail you once you start chatting. To remain anonymous, you may want to use a nickname for your screen name.
- E-mail is relatively private - but not completely. Don't put anything into an electronic message that you wouldn't want to see posted on a neighborhood bulletin board.
- Check your online service for ways to reduce unsolicited commercial e-mail. Learn to recognize junk e-mail and delete it. Don't even read it first. Never download an e-mail attachment from an unknown source. Opening a file could expose your system to a virus.
- You can be defrauded online. If an offer is too good to believe, don't believe it.
- Credit rights and other consumer protection laws apply to Internet transactions. If you have a problem, tell a law enforcement agency.



# Senior Protective Services

**S**enior Protective Services provides crisis and emergency social work services to seniors who are reported to be victims of abuse, neglect, or exploitation as well as temporary housing at group homes through the TADS Program.

## **James Seastrand Helping Hands of North Las Vegas**

### **McDaniel Medical Plaza**

3432 N. Bruce Street, Ste. 7

North Las Vegas, NV 89030

Tel: (702) 649-7853

## **Clark County Social Services**

### **Senior Citizens Protective Services**

#### **Cambridge Center**

3900 Cambridge Street

Las Vegas, NV 89110

Tel: (702) 455-8672

## **Elder Protective Services**

850 Elm Street

Elko, NV 89801

Tel: (775) 738-1966

## **Elder Protective Services**

560 Mill St., Ste. 300

Reno, NV 89502

Tel: (775) 688-2811

## **Elder Protective Services**

### **(at the Division for Aging Services)**

445 Apple Street, Ste. 104

Reno, NV 89502

Tel: (775) 688-2964

## **Emergency Shelters and Assistance**

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### **Weekend Emergency Assistance Program**

Saturday 9:00 a.m. - 1:00 p.m.

Sunday 1:00pm - 4:00 p.m.

2727 Civic Center Drive.

North Las Vegas, NV 89030

Tel: (702) 383-4054

### **Catholic Community Services**

1501 North Las Vegas Blvd.

Las Vegas, NV 89101

Tel: (702) 383-0700

### **Jewish Family Services**

4794 South Eastern Ave., Ste. C.

Las Vegas, NV 89119

Tel: (702) 732-0304

### **Shadetree Shelter**

Tel: (702) 385-0072

### **Salvation Army**

Tel: (702) 657-0123

### **24-Hour Crisis Hotline**

Tel: (800) 992-5757

### **Suicide Hotline**

Tel: (800) 784-2433

### **HELP of Southern Nevada**

Tel: (702) 369-4357

**Statewide number to call: 211**

# Caring for Parents, Your Spouse and Yourself

Americans are living longer today, and many seniors face the possibility of providing care for their own parents or spouses or need help themselves in order to remain in their homes. There are a variety of agencies and organizations in Nevada that provide programs to assist with independent living, home repair, transportation and home health care. Others offer guidance on nursing home placement and geriatric case management, respite care and referral. The groups listed below provide services and/or referral to programs that may be appropriate for the retiree's needs.

## General Information and Community Resources

### GET CONNECTED - GET ANSWERS

By simply dialing **2-1-1** callers can speak with a person who can provide information about services including:

Basic Human Services

Physical and mental resources

Employment support services

Support for seniors and persons with disabilities

Programs for children, youth and families

### *Southern Nevada*

#### **Clark County Senior Advocate Program Referral Services**

##### **Cambridge Center**

3900 Cambridge Street, Suite 105

Las Vegas, NV 89119

Tel: (702) 455-7051

#### **Clark County Social Services**

##### **Senior Services - Cambridge Center**

3900 Cambridge Street

Las Vegas, NV 89119

Tel: (702) 455-8687

Fax: (702) 455-4430

[www.co.clark.nv.us/social\\_service](http://www.co.clark.nv.us/social_service)

**Las Vegas -  
Clark County Urban League**

930 West Owens Avenue  
Las Vegas NV 89106

Tel: (702) 636-9240  
www.lvccul.org

**Jewish Family Services Agency**

4794 South Eastern  
Las Vegas, NV 89119

Tel: (702) 732-0304  
Fax: (702) 794-2033  
www.jewishlasvegas.com

**HELP of Southern Nevada**

1540 E. Flamingo Road  
Las Vegas, NV 89119

Tel: (702) 369-4357  
Fax: (702) 369-0247

**Lend-a-Hand, Inc.**

400 Utah  
Boulder City, NV 89005

Tel: (702) 294-2363  
Fax: (702) 294-3090

**Aid for AIDS of Nevada**

2300 S. Rancho Drive, #211  
Las Vegas, NV 89102

Tel: (702) 382-2326

**Nevada Division  
for Aging Services**

3100 West Sahara Ave., Ste. 103  
Las Vegas, NV 89102

Tel: (702) 486-3545

**Nevada Division for Aging  
Services Community Home-  
Based Initiatives Program  
(CHIP) Nursing Home  
Ombudsman**

3100 West Sahara Ave., Ste. 3  
Las Vegas, NV 89102

Tel: (702) 486-3545

**Catholic Charities of Southern  
Nevada Social Services**

1501 Las Vegas Blvd. North  
Las Vegas, NV 89101

Tel: (702) 382-0721

**Catholic Charities of Southern  
Nevada Senior Companion  
Programs RSVP Program**

531 North 30th St.  
Las Vegas, NV 89101

Tel: (702) 382-0721

Fax: (702) 385-3206

www.catholiccharities.com

**Helping Hands of Vegas Valley**

2100 South Maryland Pkwy., Ste. 3  
Las Vegas, NV 89104

Tel: (702) 633-7264

**Nevada State Welfare Senior  
Services Center**

3330 East Flamingo Rd.  
Las Vegas, NV 89121

Tel: (702) 486-9500

# Caring for Parents, Your Spouse and Yourself

**Artie J. Cannon**  
**Helping Hands of Henderson**  
1125 American Pacific, #G  
Henderson, NV 89074

Tel: (702) 616-6554

**Lutheran Social Services**  
800 North Bruce St.  
Las Vegas, NV 89101

Tel: (702) 639-1730

**HACA-NET Senior Services**  
178 Westminster Way.  
Henderson, NV 89015

Tel: (702) 566-0576  
(702) 486-6770 ext. 243  
(Senior Help Line)

**HELP of Southern Nevada**  
Tel: (702) 369-4357

**Lend-a-Hand, Inc.**  
400 Utah  
Boulder City, NV 89005

Tel: (702) 294-2363

**Southern Nevada Adult Mental  
Health Services**  
Tel: (702) 486-6000

**Blindconnect Educating and  
Assisting Seniors with Vision  
Impairments**

Tel: (702) 631-9009

**Blind Center of Nevada**  
Tel: (702) 642-6000

**Eldercare Helpline**  
Tel: (800)-243-3638

**Las Vegas Senior Lifeline**  
**Alice and Harry Goldberg  
Senior Center**  
2309B Renaissance Drive  
Las Vegas, Nevada 89119

Tel: (702) 933-1191

## **Northern Nevada**

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**Northern Nevada**  
**Division for Aging Services**  
445 Apple St., Ste. 104  
Reno, NV 89502

Tel: (775) 688-2964 or  
(800) 992-0900 ext. 2964

**Nevada Division for Aging  
Services Community Home-Based  
Initiatives Program (CHIP)**  
**Nursing Home Ombudsman**  
3416 Goni Rd., Building D, Ste. 132  
Carson City, NV 89706

Tel: (775) 687-4210  
Tel: (800) 992-0900 ext. 4210  
Fax: (775) 687-4264  
[www.aging.state.nv.us](http://www.aging.state.nv.us)

**Division for Aging Services**  
850 Elm St.  
Elko, NV 89801

Tel: (775) 738-1966

**Elko County**  
**Community Home-Based  
Initiative Program (CHIP)**  
850 Elm St.  
Elko, NV 89801

Tel: (775) 738-1966

**Washoe Tribe of Nevada and  
California Senior Center Program**

801 Wa-She-Shu Way  
Mail: 919 U.S. 395 South  
Gardnerville, NV 89410

Tel: (775) 265-2629

**Nevada Division for Aging  
Services – Washoe County  
Community Home-Based  
Initiative Program (CHIP)**

445 Apple St., Ste. 104  
Reno, NV 89502

Tel: (775) 688-2969 or  
(800) 992-0900 ext. 2964

**St. Mary's Silver Connection**

595 Bell Street  
Reno, NV 89503

Tel: (775) 688-6100

**Washoe Senior Options**

850 Mills St., Ste. 100  
Reno, NV 89502

Tel: (775) 328-5400

**Lend-A-Hand Senior Services**

155 Mount rose Street  
Reno, NV 89509

Tel: (775) 322-8414  
Fax: (775) 322-0789

**Lifeline**

850 Mill Street  
Reno, NV 89502

Tel: (775) 982-5410  
Fax: (775) 982-5415

**Home Health Aides**

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**Clark County Social Service  
Alternative Health Care  
Program**

1600 Pinto Lane  
Las Vegas, NV 89106

Tel: (702) 455-3651  
Fax: (702) 455-4430

**Northern Nevada**

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**Care Chest**

7910 N. Virginia Street  
Reno, NV 89506

Tel: (775) 829-2273

**Rural Home Health  
Services of Nevada  
Offices**

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**Carson City Branch Office**

1050 E. William Street, #405A  
Carson City, NV 89701

Tel: (775) 882-9505  
Fax: (775) 882-2779

*Service Areas: Carson City, Genoa,  
Minden, Virginia City, Gardnerville,  
Dayton, Mound House, Reno*



# Caring for Parents, Your Spouse and Yourself

## **Churchill County**

(refer to the Fernley Branch Office)

### **Elko County Branch Office**

1810 Pinion Road  
Elko, NV 89801

Tel: (775) 738-1250  
Fax: (775) 753-7004

*Service Areas: Elko, Carlin, Elburz,  
Spring Creek, Osino, Halleck,  
Lamoille, Ryndon, Jiggs, Lee, Wells*

### **Fernley Branch Office**

415 Highway 95A, Ste. 502  
Fernley, NV 89408

Tel: (775) 575-6060 or  
(800)511-0728  
Fax: (775) 575-5999

*Service Areas: Fernley, Silver Springs,  
Wadsworth, Stagecoach, Nixon,  
Gerlach*

### **Humboldt Branch Office**

106 East Haskell  
Winnemucca, NV 89445

Tel: (775) 623-4204  
Fax: (775) 623-3641

*Service Areas: Winnemucca,  
Golconda, Paradise Valley*

### **Lander Branch Office**

101-1 Carson Road  
Battle Mountain, NV 89820

Tel: (775) 635-2879  
Fax: (775) 635-8148

*Service Areas: Battle Mountain, Valmy*

### **Lyon County Branch Office**

120 North Main Street, #C  
Yerington, NV 89447

Tel: (775) 463-4097  
Fax: (775) 463-4134

*Service Areas: Yerington, Smith Valley,  
Schurz, Wabuska, Wellington, Weed  
Heights, Mason Valley, Topaz Estates,  
Hawthorne*

### **Nye County Branch Office**

1731 S. Highway 160  
Pahrump, NV 89048

Tel: (775) 727-5060  
Fax: (775) 727-5060

*Service Areas: Pahrump, Beatty,  
Amargosa*

### **Pershing County Branch Office**

325 11th Street, #4  
Lovelock, NV 89419

Tel: (775) 273-0400  
Fax: (775) 273-0305

*Service Areas: Lovelock, Unionville,  
Imlay, Mill City*

### **White Pine County Branch Office**

685 Lyons Avenue  
Ely, NV 89301

Tel: (775) 289-2611  
Fax: (775) 237-5244

### **Clark County Branch Office**

6879 W.Charleston Blvd., Ste. A  
Las Vegas, NV 89117

Tel: (702) 795-2025  
Fax: (702) 795-2027

## **Companion Programs**

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### **Catholic Charities**

#### **Senior Companion Program**

531 North 30th St.  
Las Vegas, NV 89101

Tel: (702) 382-0721

### **Senior Companion Program**

#### **Elvirita Lewis Foundation**

1552 C St.  
Sparks, NV 89431

Tel: (775) 358-2322

# Financial Help

## **Consumer Credit Counseling Services Statewide Contact Number and Website**

Tel: (800) 451-4505 or  
[www.cccsnevada.org](http://www.cccsnevada.org):

## **Consumer Credit Counseling Service**

2650 South Jones Boulevard  
Las Vegas, NV 89146

Tel: (702) 364-0344

## **Consumer Credit Affiliates**

3100 Mill Street, Ste. 111  
Reno, NV 89502

Tel: (775) 337-6363

## **Senior Citizen Tax Assistance/Rental Rebate Program**

### **Clark County Assessor's Office**

500 South Grand Central Pkwy.  
P.O. Box 551401  
Las Vegas, NV 89155

Tel: (702) 455-3882



# Volunteer/Employment Opportunities

## **AARP Senior Employment**

3230 E. Charleston Blvd., Suite 117  
Las Vegas, NV 89104

Tel: (702) 648-3356 or  
(800) 687-2277  
(member services)

## **FISH Emergency Assistance**

1600 East Cartier Street  
Las Vegas, NV 89030

Tel: (702) 735-0300

## **Foster Grandparent Program**

531 North 30th Street.  
Las Vegas, NV 89101

Tel: (702) 647-1515

## **Las Vegas Natural History Museum Volunteer Program**

900 Las Vegas Blvd. North  
Las Vegas, NV 89101

Tel: (702) 384-3466

## **Catholic Charities of Southern Nevada**

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### **Retired Senior Volunteer Program Senior Community Service Employment Program Senior Companion Program**

531 North 30th St.  
Las Vegas, NV 89101

Tel: (702) 382-0271 or  
(800) 992-0900 ext.4680

Fax: (702) 385-3206  
[www.catholiccharities.com](http://www.catholiccharities.com)

### **Christmas in April**

Tel: (702) 259-4900

## **Nevada Senior Medicare Patrol**

555 East Washington Ave., #3900  
Las Vegas, NV 89101

Tel: (702) 486-3403 or  
(888) 838-7305

## **Northern Nevada**

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### **Retired Senior Volunteer Program (RSVP)**

501 East Caroline St.  
Carson City, NV 89701

Tel: (775) 687-4680

Fax: (775) 687-4494

### **Pershing County Senior Volunteer Program**

P.O. Box 533  
Lovelock, NV 89419

Tel: (775) 273-2119

### **Senior Community Service Employment Program (SCSEP) AARP**

3100 Mill St., Ste. 102  
Reno, NV 89502

Tel: (775) 323-2243

### **RSVP Washoe County**

401 West Second St., Ste. 102  
Reno, NV 89503

Tel: (775) 784-1807



# Housing

Another form of assistance available to senior citizens is the low-income public housing program. Housing and Urban Development (HUD) offers federal aid to local public housing authorities to provide shelter for low-income individuals. Rents are based on the resident's ability to pay.

Contact your local housing authority for more information or visit <http://www.hud.gov/groups/seniors>.

## Section 202

Many elderly families and individuals benefit from HUD's Section 202 program, which is designed specifically for them through direct, low-cost long-term loans to non-profit organizations to finance the production of rental housing. Rental assistance (Section 8) can be combined with this program to help pay rent for tenants with low incomes.

In addition to these programs, HUD administers several others tailored specifically to meet the housing needs of the elderly. Among them are:

- HOPE for Elderly Independence — Begun in 1991, this program combines housing assistance with services that will help the frail elderly live independent, dignified lives and avoid premature institutionalization.
- Congregate Housing Services Program — Under the program, federal grants are provided to eligible housing projects for the elderly and disabled to help residents remain independent.

For more information about these programs, contact your local HUD field office.

## **USDA Rural Development**

The United States Department of Agriculture (USDA) Rural Development agency provides services to people who live in rural areas. This agency provides assistance for very low-income housing repair loans and grants, rural rent assistance and home loans. They provide multi-family housing throughout the state for people with low to moderate incomes, some of which are reserved for people aged 62 and older. Other financial programs include: Business-Cooperative Service Programs, Community Programs (Community Facilities and Utilities) and Housing Programs.

For more information on these rural programs, visit the USDA Rural Development website at <http://www.rurdev.usda.gov/nv> or contact one of the offices listed below:

### **USDA Rural Development State Office and Area Office**

1390 S. Curry Street  
Carson City, NV 89703

Tel: (775) 887-1222

### **USDA Rural Development Elko Local Office**

555 W. Silver Street, Suite 101  
Elko, Nevada 89801

Tel: (775) 738-8468

### **USDA Rural Development Fallon Local Office**

111 Sheckler Road  
Fallon, Nevada 89406

Tel: (775) 423-7541

### **USDA Rural Development Winnemucca Local Office**

1200 Winnemucca Boulevard, East  
Winnemucca, Nevada 89445

Tel: (775) 623-4461

### **USDA Rural Development Las Vegas Area Office**

5820 South Pecos Road  
Building A, Suite 400  
Las Vegas, Nevada 89120

Tel: (702) 262-9047



# Housing

To obtain more information about housing programs available to low and moderate-income elderly citizens, contact the Nevada Housing Authority Agency nearest to you:

## **Southern Nevada**

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### **Housing Authority of the City of Las Vegas**

420 North 10th St.  
Las Vegas, NV 89101

Tel: (702) 922-6900  
Fax: (702) 922-6929  
[www.haclv.org](http://www.haclv.org)

### **Clark County Housing Authority**

5390 East Flamingo Rd.  
Las Vegas, NV 89122

Tel: (702) 451-8041  
Fax: (702) 9221626  
[www.haccnv.org](http://www.haccnv.org)

### **Housing Authority of the City of North Las Vegas**

1632 Yale  
North Las Vegas, NV 89030

Tel: (702) 649-2451  
Fax: (702) 649-8093  
[www.nlvha.com](http://www.nlvha.com)

### **Nevada Association of Manufactured Homeowners**

1928 Western Ave., Ste. 4  
Las Vegas, NV 89102

Tel: (702) 384-8428

### **Jewish Family Service Agency**

4794 South Eastern Ave.  
Las Vegas, NV 89119

Tel: (702) 732-0304  
Fax: (702) 794-2033  
[www.jewishlasvegas.com](http://www.jewishlasvegas.com)

### **Catholic Charities**

531 North 30th St.  
Las Vegas, Nevada 89101

Tel: (702) 382-0721  
Fax: (702) 385-3206  
[www.catholiccharities.com](http://www.catholiccharities.com)

## **Northern Nevada**

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### **Nevada Rural Housing Authority**

3695 Desatoya Dr.  
Carson City, NV 89701

Tel: (775) 887-1795  
Fax: (775) 887-1798

### **Reno Housing Authority**

1525 East 9th St.  
Reno, NV 89512

Tel: (775) 329-3630  
Fax: (775) 786-1712  
[www.renoha.org/notices.htm](http://www.renoha.org/notices.htm)

### **Nevada Rural Housing Authority**

2100 California St.  
Carson City, NV 89701

Tel: (775) 887-1795

### **Ely Shoshone Housing Authority**

201 Heritage Dr.  
Ely, NV 89301

Tel: (775) 289-2319

**Nevada Division for Aging  
Services Community Home-  
Based Initiative Program (CHIP)**

3416 Goni Rd., Bldg. D, Ste. 132  
Carson City, NV 89706

Tel: (775) 687-4210

Fax: (775) 687-4264

[www.aging.state.nv.us](http://www.aging.state.nv.us)

**Te-Moak Housing Authority**

504 Sunset  
Elko, NV 89801

Tel: (775) 738-9238

Fax: (775) 738-2436

**Duck Valley IHA**

P.O. box 129  
129 Horseshoe Blvd.  
Owyhee, NV 89832

Tel: (775) 757-3589

Fax: (775) 757-3746

**Fallon Paiute-  
Shoshone Housing Authority**

2055 Agency Road  
Fallon, NV 89406

Tel: (775) 423-3321

Fax: (775) 423-8416

**Lovelock Paiute IHA**

P.O. Box 878  
201 Boween Street  
Lovelock, NV 89419

**Moapa-Paiute IHA**

P.O. Box 204  
Moapa, NV 89025

Tel: (702) 865-2730

Fax: (775) 865-2742

**Pyramid Lake IHA**

P.O. Box 213  
204 Capital Hill  
Nixon, NV 89424

Tel: (775) 574-1026

Fax: (775) 574-1004

**Reno-Sparks IHA**

9050 Eagle Canyon Drive, #3000  
Sparks, NV 89436

Tel: (775) 424-3500

Fax: (775) 424-6004

**Walker River IHA**

P.O. Box 238  
1063 Hospital Road  
Schurz, NV 89427

Tel: (775) 773-2334

Fax: (775) 773-2340

**Washoe IHA**

1588 Watasheamu Drive  
Gardnerville, NV 89410

Tel: (775) 265-2410

Fax: (775) 265-5293

**Yerrington Paiute IHA**

31 West Loop Road  
Yerrington, NV 89447

Tel: (775) 883-8334

Fax: (775) 463-5929

# Meals on Wheels

The state of Nevada and local agencies sponsor “Meals on Wheels” programs that provide meals to senior citizens to help ensure adequate nutrition. Meals are made available to those who live on limited income, are incapacitated due to accident, illness or frailty, or dependent on others to prepare meals due to emotional impairment. Please contact one of the following for more information or contact your local senior center.

## *Southern Nevada*

**Martin Luther King Senior Center**  
2420 North Martin Luther King Blvd., #B  
North Las Vegas, NV 89030

Tel: (702) 636-0064  
Fax: (702) 363-0133

**Catholic Charities Senior Nutrition Program**  
531 North 30th St.  
Las Vegas, NV 89101

Tel: (702) 385-5284  
Fax: (702) 385-3206  
[www.catholiccharities.com/scp.html](http://www.catholiccharities.com/scp.html)

**City of Las Vegas Senior Nutrition Program/Jude 22**  
320 9th St.  
Las Vegas, NV 89101

Tel: (702) 229-1142

**Black Mountain Nutrition Henderson Senior Center**  
27 East Texas Street  
Henderson, NV 89015

Tel: (702) 267-4160

**Washoe Senior Citizens Center**  
1155 East 9th Street  
Reno, NV 89512

Tel: (775) 328-2575

**Comstock Nutrition Program**  
P.O. Box 786  
Virginia City, NV 89440

Tel: (775) 847-0957  
Fax: (775) 847-1008



# Senior Citizen and Community Centers

The senior citizen centers in Nevada offer a full range of social services and programs. The programs at each center are unique and provide such services as: Adult day care, educational services, energy assistance programs, food assistance programs, health screening, home care support, income tax preparation, information and referral, library services, social/recreation programs, support groups, transportation and volunteerism.

## Senior Centers By County

### **Carson City**

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#### **Carson City Senior Center**

911 Beverly Dr.  
Carson City, NV 89706  
Tel: (775) 883-0703

#### **Arturo Cambeiro Senior Center**

330 North 13th St.  
Las Vegas, NV 89101  
Tel: (702) 384-3746

#### **The Senior Center of Boulder City**

813 Arizona  
Boulder City, NV 89005

Tel: (702) 293-3320

### **Churchill County**

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#### **Fallon Paiute Shoshone Senior Center**

8955 Mission Rd.  
Fallon, NV 89406  
Tel: (775) 423-7569

#### **Cambridge Community Center**

3930 Cambridge St.  
Las Vegas, NV 89119

Tel: (702) 455-8691

#### **Churchill County Senior Center**

310 East Court St.  
Fallon, NV 89406  
Tel: (775) 423-7096

#### **Cora Coleman Senior Center**

2100 Bonnie Lane  
Las Vegas, NV 89156  
Tel: (702) 455-7617

### **Clark County**

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#### **Alice and Harry Goldberg Senior Center**

Las Vegas Senior Lifeline  
2309-B Renaissance Dr.  
Las Vegas, NV 89119

#### **Derfelt Senior Center**

3343 West Washington Ave.  
Las Vegas, NV 89107  
Tel: (702) 229-6601

Tel: (702) 933-1191

**Desert Breeze Community Center**

8275 Spring Mountain Rd.  
Las Vegas, NV 89117

Tel: (702) 455-8334

**Doolittle Senior Center**

1950 North J St.  
Las Vegas, NV 89106

Tel: (702) 229-6125

**Dula Gymnasium**

441 East Bonanza Rd.  
Las Vegas, NV 89101

Tel: (702) 229-6307

**East Las Vegas Community Center**

250 North Eastern Ave.  
Las Vegas, NV 89101

Tel: (702) 229-1515

**Henderson Senior Center**

27 East Texas St.  
Henderson, NV 89105

Tel: (702) 267-4150

**Howard Lieburn Senior Center**

6230 Garwood Avenue  
Las Vegas, NV 89107

Tel: (702) 229-1600

**Helen Meyer Community Center**

4525 New Forest Dr.  
Las Vegas, NV 89147

Tel: (702) 455-7723

**Indian Springs Senior Center**

715 Greta Lane  
Indian Springs, NV 89018

Tel: (702) 879-5250

**Jewish Community Center of  
Southern Nevada Older Adult  
Program**

8260 W. Charleston Blvd.  
Las Vegas, NV 89117

Tel: (702) 794-0090

**Jim Boyles Senior Center  
United Seniors, Inc.**

475 South Moapa Valley Blvd.  
Overton, NV 89040

Tel: (702) 397-8002

**Las Vegas Senior Center**

451 East Bonanza Rd.  
Las Vegas, NV 89101

Tel: (702) 229-6454

**Laughlin Senior Center**

P.O. Box 32055  
1975 Arie Street  
Laughlin, NV 89029

Tel: (702) 298-5445

**Martin Luther King Senior Center**

2420 North Martin Luther King  
Blvd., Bldg. B  
North Las Vegas, NV 89032

Tel: (702) 636-0064

**Mesquite Senior Center**

102 West Old Mill Road  
Mesquite, NV 89024

Tel: (702) 346-5290

**Moapa Band of Paiute Indians**

P.O. Box 340  
Moapa, NV 89025

Tel: (702) 865-2787

# Senior Citizen and Community Centers

## **North Las Vegas Senior Center**

1638 North Bruce St.  
North Las Vegas, NV 89030

Tel: (702) 633-1600

## **North West Community and Senior Center**

6841 West Lone Mountain Rd.  
Las Vegas, NV 89108

Tel: (702) 229-4794

## **Paradise Community Center**

4770 South Harrison Dr.  
Las Vegas, NV 89121  
Alternate Address:  
4775 McCloud  
Las Vegas, NV 89121

Tel: (702) 455-7513

## **Parkdale Community Center**

3200 Ferndale St.  
Las Vegas, NV 89121

Tel: (702) 455-8502

## **Searchlight Senior Center**

575 South Highway 95  
Searchlight, NV 89046

Tel: (702) 297-1614

## **Silver Mesa Recreation Center**

4025 Allen Lane  
North Las Vegas, NV 89032

Tel: (702) 633-2550

## **Veterans Memorial Leisure Services Center**

101 Pavilion Center  
Las Vegas, NV 89144

Tel: (702) 229-1100

## **Walnut Community Center**

3075 Walnut  
Las Vegas, NV 89115

Tel: (702)455-8402

## **West Flamingo Senior Center**

6255 West Flamingo Rd.  
Las Vegas, NV 89103

Tel: (702) 455-7742

## **Whitney Senior Center**

5712 East Missouri Ave.  
Las Vegas, NV 89122

Tel: (702) 455-7576

## **Winchester Community Center**

3130 South McLeod Dr.  
Las Vegas, NV 89121

Tel: (702) 455-7340

## **Douglas County**

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### **Douglas County Senior Center**

2300 Meadow Lane  
Gardnerville, NV 89410

Tel: (775) 783-6455 (Valley)

Tel: (775) 588-5140 (Lake)

### **Washoe Tribe Senior Center**

919 Highway 395 South  
Gardnerville, NV 89410

Tel: (775) 883-1446

### **Tahoe Douglas Senior Center**

885 Highway 50  
P.O. Box 1771  
Zephyr Cove, NV 89448

Tel: (775) 588-5140

## **Elko County**

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### **Carlin Open Door Senior Center**

320 Chestnut Street  
P.O. Box 123  
Carlin, NV 89822

Tel: (775) 754-6465

### **Duck Valley Senior Center**

P.O. Box 145  
Owyhee, NV 89832-0219

Tel: (775) 757-3174

Fax: (775) 757-3174

### **Elko Indian Colony**

P.O. Box 1638  
Elko, NV 89801

Tel: (775) 738-0425

### **Elko Band Council**

1745 Silver Eagle Dr.  
Elko, NV 89801

### **Elko Band Senior Center**

511 Sunset Street  
Elko, NV 89801

Tel: (775) 738-5911

### **Elko Senior Citizens Center, Inc.**

1795 Ruby View Drive  
Elko, NV 89801

Tel: (775) 738-5911

### **South Fork Band Council**

HC 30 Box B13/Spring Creek  
Lee, NV 89815

Tel: (775) 744-4273

### **Silver Sage Senior Center**

213 First St.  
P.O. Box 136  
Wells, NV 89835

Tel: (775) 752-3820

## **Eureka County**

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### **Eureka Senior Center**

20 West Gold Street  
P.O. Box 278  
Eureka, NV 89316

Tel: (775) 237-5597

### **Fannie Komp Senior Center**

728 7th Street  
P.O. Box 211072  
Crescent Valley, NV 89821

Tel: (775) 468-0466

## **Humboldt County**

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### **Ft. McDermitt Paiute Shoshone Senior Center**

111 North Reservation Road  
P.O. Box 457  
McDermitt, NV 89421

Tel: (775) 623-6211

### **Winnemucca Senior Center**

1480 Lay St.  
Winnemucca, NV 89445

Tel: (775) 623-6211

## **Lander County**

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### **Austin Senior Center**

P.O. Box 211  
Austin, NV 89310

Tel: (775) 964-2338



# Senior Citizen and Community Centers

## **Battle Mountain Senior Center**

37 Mountain View Dr. #C  
Battle Mountain, NV 89820

Tel: (775) 635-2004

## **Lander County**

### **Senior Citizens Center**

365 East 4th St.  
Battle Mountain, NV 89820

Tel: (775) 635-5311

### **Yomba Tribal Council**

HC 61, Box 6275  
Austin, NV 89310

Tel: (775) 964-2463

## **Lincoln County**

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### **Alamo Senior Center**

P.O. Box 316  
Alamo, NV 89001

Tel: (775) 725-3340

### **Lincoln County Senior Center**

P.O. Box 508  
Panaca, NV 89042

Tel: (775) 728-4477

### **Olsen Senior Center**

240 Front St.  
P.O. Box 322  
Caliente, NV 89008

Tel: (775) 726-3740

### **Pioche Senior Center**

410 Auto Drive  
P.O. Box 432  
Pioche, NV 89043

Tel: (775) 962-5378

## **Lyon County**

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### **Dayton Senior Center**

320 Old Dayton Valley Road  
P.O. Box 612  
Dayton, NV 89043

Tel: (775) 246-6210

### **Fernley Senior Center**

1170 West Newlands Dr.  
Fernley, NV 89408

Tel: (775) 575-3370

### **Lyon County Senior Services**

1050 Pyramid Street  
P.O. Box 1141  
Silver Springs, NV 89429

Tel: (775) 577-5009

### **Silver Springs Senior Center**

P.O. Box 149  
Silver Springs, NV 89429

Tel: (775) 577-5014

### **Yerrington Paiute**

**Tribe Elder Center**  
171 Campbell Lane  
Yerington, NV 89447

Tel: (775) 883-8334

### **Lyon Food, Fun and Fellowship**

117 Tilson Way  
Yerington, NV 89447

Tel: (775) 463-6550

## **Mineral County**

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### **Walker River Senior Center**

P.O. Box 220  
Schurz, NV 89427

Tel: (775) 773-2224

### **Mineral County Care & Share**

975 K St.  
P.O. Box 1058  
Hawthorne, NV 89415

Tel: (775) 945-5519

### **Mina Senior Center**

821 8th Street  
P.O. Box 195  
Mina, NV 89422

Tel: (775) 573-2344

## **Nye County**

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### **Amargosa Senior Center**

443 E. Desert Seniors Rd.  
HCR 69 Box 428  
Amargosa, NV 89020

Tel: (775) 372-5413

### **Beatty Senior Center**

150 A Avenue South  
P.O. Box 453  
Beatty, NV 89003

Tel: (775) 553-2954

### **Duckwater Elder Center**

P.O. Box 140068  
Duckwater, NV 89314

Tel: (775) 863-0227

### **Pahrump Senior Center**

1370 West Basin Rd.  
Pahrump, NV 89060

Tel: (775) 727-5008

### **Tonopah Senior Center**

#1 Senior Center Dr.  
P.O. Box 1869  
Tonopah, NV 89049

Tel: (775) 482-6450

## **Pershing County**

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### **Pershing County Senior Center**

P.O. Box 838  
Lovelock, NV 89419

Tel: (775) 273-2291

## **Storey County**

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### **Storey County Senior Center**

P.O. Box 786  
Virginia City, NV 89440

Tel: (775) 847-0957

## **Washoe County**

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### **Gerlach Senior Center**

P.O. Box 69  
Gerlach, NV 89412

Tel: (775) 557-2206

### **Numaga Senior Center**

P.O. Box 256  
Nixon, NV 89424

Tel: (775) 574-0180

# Senior Citizen and Community Centers

## **Reno/Sparks Indian Colony**

34 Reservation Rd.  
Reno, NV 89502

Tel: (775) 329-5162

## **Sparks Senior Center**

97 Richards Way  
Sparks, NV 89431

Tel: (775) 353-3110

## **Sun Valley Senior Center**

5295 Sun Valley Blvd.  
Sun Valley, NV 89433

Tel: (775) 673-9417

## **Washoe County Senior Citizen**

Service Center  
1155 East 9th St.  
Reno, NV 89512

Tel: (775) 353-1617

## **White Pine County**

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### **Ely Shoshone Elders Center**

250 Heritage Drive  
Ely, NV 89301

Tel: (775) 289-6907

### **Goshute Elders Center**

P.O. Box 6104  
Ibapah, UT 84034

Tel: (435) 234-1149

### **McGill Senior Center**

(only open during lunchtime)  
#1 Ave. K

P.O. Box 1237  
McGill, NV 89318

Tel: (775) 235-7110

### **White Pine Senior Center**

1000 Campton St.  
Ely, NV 89301

Tel: (775) 289-2742



# Transportation

There are several organizations throughout Nevada that can provide seniors with transportation for medical appointments, shopping or recreation for a nominal fee. Also refer to the Helping Hands organizations listed previously.

## Southern Nevada

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### **CAT - Citizens Area Transit Para-Transit Services**

600 S. Grand Central Parkway  
Las Vegas, NV 89106

Tel: (702) 228-7433 (CAT-RIDE)

### **CAT - Citizens Area Transit**

600 Grand Central Parkway  
Las Vegas, NV 89106

Tel: (702) 228-7433 (CAT-RIDE)

### **HELP of Southern Nevada**

1540 E. Flamingo Road  
Las Vegas, NV 89119

Tel: (702) 369-4357

### **Senior Ride Program Division for Aging Services**

(Discounted Taxicab Coupons)  
3100 West Sahara Ave., #103  
Las Vegas, Nevada 89102

Tel: (702) 486-3545

### **Silver Star Continuous Loop Route** (Call CAT-RIDE for routes and times.)

Tel: (702) 228-7433  
TDD: (702) 676-1843

## Northern Nevada

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### **Agai-Dicutta Senior Center**

P.O. Box 220  
Schurz, NV 89427

Tel: (775) 773-2224

### **Battle Mountain Band Council**

37 Mountain View Dr.  
Battle Mountain, NV 89820

Tel: (775) 635-2004

### **Carson City Community Transportation Center**

2621 North Gate Lane, Ste. 10  
Carson City, NV 89706

Tel: (775) 887-2323

### **CitiLift Bus**

### **Regional Transportation**

Commission  
2050 Villanova Drive  
Reno, NV 89512

Tel: (775) 348-0412 (Reservations)

### **RTC Access/Citilift**

600 Sutro Street  
P.O. Box 30002  
Reno, NV 89512

Tel: (775) 348-0477  
Fax: (775) 348-0450

## **Rural Nevada**

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### **Southern Nevada Transit Coalition**

Tel: (702) 298-4435

[www.sntc.net](http://www.sntc.net)

*Call for cities, routes and times.*

### **Northern Nevada Transit Coalition**

Tel: (775) 738-7662

*Call for cities, routes and times.*

# Home Energy Assistance

There are home energy assistance programs available to help make your dwelling more energy efficient as well as provide emergency assistance for fuel bills:

## **Southern Nevada**

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### **HELP of Southern Nevada**

1540 East Flamingo Road  
Las Vegas, NV 89119

Tel: (702) 369-4357

### **Southern Nevada Senior Weatherization**

450 East Bonanza  
Las Vegas, NV 89121

Tel: (702) 382-4412  
Mon.-Fri., 8:30 a.m.-4:30 p.m.

### **Energy Assistance Program**

3330 E. Flamingo Road, #55.  
Las Vegas, NV 89121

Tel: (702) 486-9590 or 9591

## **Northern Nevada**

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### **Community Services Agency**

1100 East 8th St.  
Reno, NV 89512

Tel: (775) 786-6023

### **Northern Nevada Energy Assistance Program**

1470 E. College Parkway  
Carson City, NV 89706

Tel: (775) 684-0731

### **Churchill County Senior Center**

310 East Court St.  
Fallon, NV 89406

Tel: (775) 423-7096

### **Dayton Senior Center**

P.O. Box 612  
Dayton, NV 89403

Tel: (775) 246-6210

### **Douglas County Senior Services**

2300 Meadow Lane  
Gardnerville

P.O. Box 218

Minden, NV 89423

Tel: (775) 782-8267





# Discovering The Internet

New technology has opened a world of information to explore and discover. Seniors can send electronic mail anywhere in the world or chat with other seniors who are on the Internet at the same time. Here are some “addresses” of places to visit on the Internet and the World Wide Web.

The SeniorNet web site address is: ..... **www.seniornet.org**

For more information on Medicare:..... **www.medicare.gov**

For updated information on Social Security  
or to file a claim on-line: ..... **www.ssa.gov**

For information on senior services  
in the State of Nevada: ..... **www.nvaging.net**

By visiting my web site and clicking on the words, “E-Mail Senator Reid,” you can send me an e-mail: ..... **www.reid.senate.gov**

For people age 55 and older who may need programs to assist them with prescription drugs, health care, utilities and other items or services, log-on to:..... **www.benefitscheckup.com**

For an up-to-date resource guide and information for caregivers as they care for frail/disabled family member or friends:..... **www.nevadacareconnection.org**

The Alzheimer’s Association CareFinder website has a special feature that allows families and individuals to receive a customized summary report with care recommendations and answers to specific questions.



## How to Obtain a Nevada Identification Card

**T**he Nevada Department of Motor Vehicles issues a Nevada Identification Card for those people who do not have a valid Nevada driver license. This card may be obtained by those who have never had a driver license or have been asked to surrender their driver licence and need a new identification card.

To apply for an original Nevada Identification Card, you must:

- Be a resident of Nevada and provide a Nevada street address.
- Provide acceptable proof of your name, date of birth and Social Security number if one has been issued for you
- Apply in person at a DMV Full Service Office.
- Complete a Driver License Application.
- Pay the required fee.
- Surrender an existing U.S. driver's license, permit or ID card, if you have one.
- Have your picture taken. The ID Card will then be issued at the DMV office.

The DMV does not accept other state's drive licenses, instruction permits or ID cards as proof of identity. Below is a list of documents that the DMV will accept as valid.

### **Proof of Identity**

Certified U.S. issued Birth Certificate or Certified Abstract (hospital copies are not accepted)

- U.S. Passport
- U.S. Military Identification or Military Report of Separation
- Certificate of Citizenship or Naturalization
- Certificate of Indian Blood

- Consular Report of Birth Abroad
- Resident Alien Card or I-551 Receipt
- Valid Foreign Passport stamped “Processed for I-551”
- Arrival-Departure Record (I-94) with Visa or Passport
- Permit to Reenter the U.S.
- Refugee Travel Documents

### **Proof of Social Security Number**

- State License or ID that has your Social Security number listed
- Social Security card
- U.S. Military Identification
- Original DD-214 Military Separation Form
- Social Security benefits documentation