

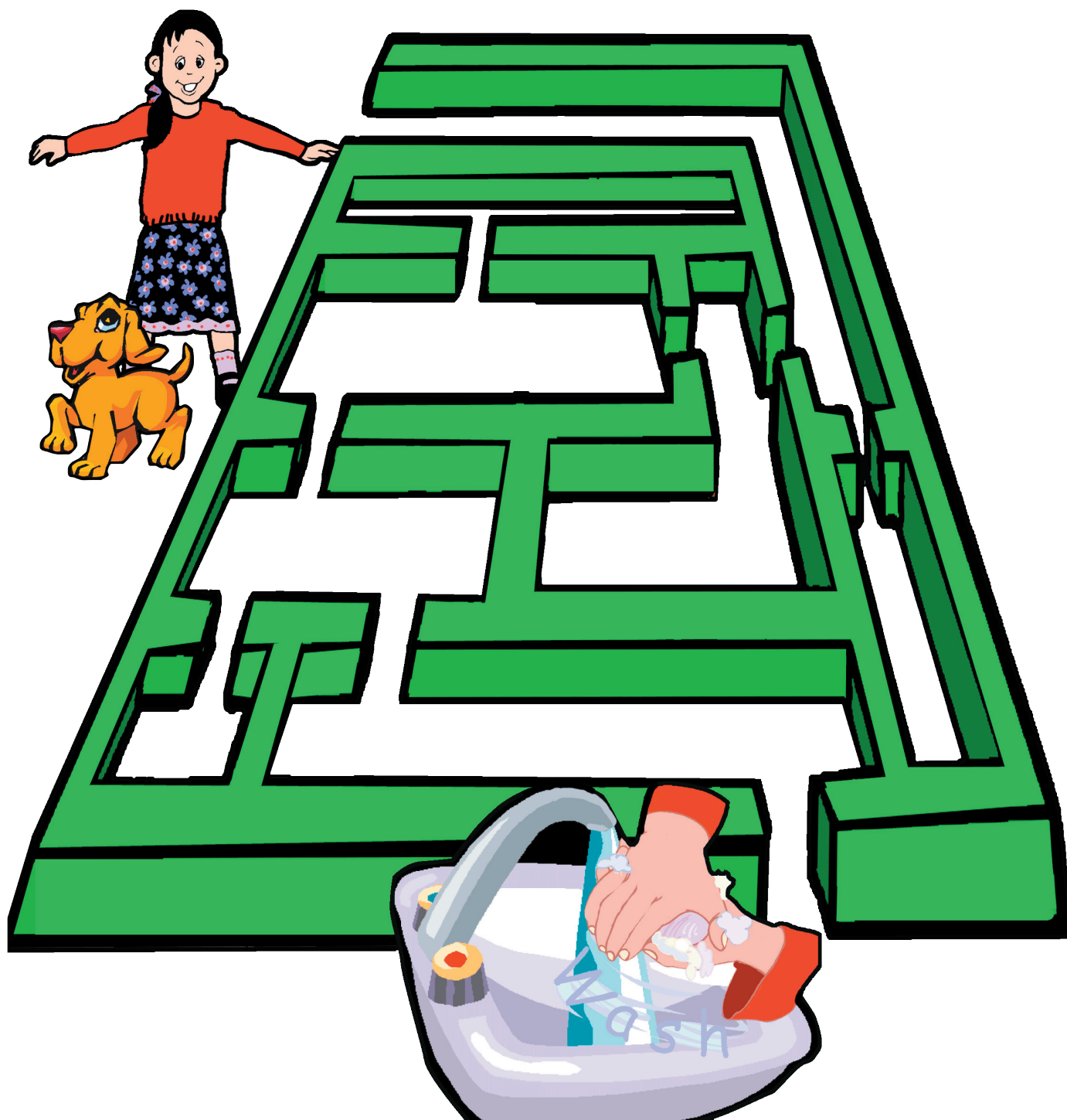
*Express Your Health!*<sup>TM</sup>



## *Wash Hands to Keep Germs Away*

Be sure to wash your hands before, during, and after you prepare food; before you eat and after you use the bathroom; after handling animals or animal waste; when your hands are dirty; and more frequently when someone in your home is sick.

**Help the girl find her way to the sink so she can wash her hands after playing with her dog.**



# Express Your Health!™

## Be Safe & Protect Yourself

Protect yourself while doing your favorite activities. Find and circle the following words related to staying safe.



CROSSWALK

BUCKLE UP

KNEEPADS

LIFE VEST

SEATBELT

HELMET

S	L	I	F	E	P	V	E	S	S	R	T
T	C	R	O	S	S	W	A	L	K	S	H
S	W	B	L	U	L	L	S	E	U	V	U
E	D	L	W	W	A	E	C	S	E	F	S
A	B	U	C	K	L	E	U	P	T	H	K
T	L	I	F	E	V	E	S	T	L	E	K
B	E	B	T	C	F	E	T	B	A	L	T
E	S	S	D	U	E	L	L	B	S	M	L
L	K	N	E	E	P	A	D	S	S	E	E
T	L	V	E	T	O	C	E	E	R	T	A

