

School Health Program Report Card

Health Education

1.1 ¹	Has a state health education (HED)		_2	
	coordinator		•	
	Requires each district to have an HED		0	
	coordinator		0	
	Requires each school to have an HED		0	
	coordinator		O	
1.2	Requires or encourages districts or schools to			
	follow national or state HED standards or		\bigcirc^3	
	guidelines			
1.3.1,	Has HED standards or guidelines based on		NA	
1.3.2,	the National Health Education Standards		11/1	
and	Addresses the following topics in goals and object			
1.3.3		Elementary	Middle	High
		Schools	Schools	Schools
	Accessing valid health information and	NA	NA	NA
	health-promoting products and services	IVA	IVA	INA
	Advocating for personal, family, and	NA	NA	NA
	community health	147 (1471	14/ (
	Analyzing influence of culture, media,	NA	NA	NA
	and technology on health	14/ (101	14/1
	Comprehending concepts related to	NA	NA	NA
	health promotion and disease prevention	147.		14/1
	Practicing health-enhancing behaviors	NA	NA	NA
	and reducing health risks			
	Using goal-setting and decision-making	NA	NA	NA
	skills			
	Using interpersonal communication skills	NA	NA	NA
1.4,	Requires schools to teach:			
1.5,		Elementary	Middle	High
and		Schools	Schools	Schools
1.6	Alcohol- or other drug-use prevention	0	0	0
	Asthma awareness	0	0	0
	Emotional and mental health	0	0	0
	Foodborne illness prevention	0	0	0
	Human immunodeficiency virus (HIV)	•	•	•
	prevention	_		
	Human sexuality	0	0	0
	Injury prevention and safety	0	0	0
	Nutrition and dietary behavior	0	0	0
	Other sexually transmitted disease (STD)	•	•	•
	prevention			
	Physical activity and fitness	0	0	0
	Pregnancy prevention	•	•	•
	Suicide prevention	0	0	0
	Tobacco-use prevention	0	0	0
	Violence prevention	0	0	0





		Elementary Schools	Middle Schools	High Schools
1.7	Requires that students will be tested on health topics	0	0	0
1.8	Requires or recommends that districts or schools use one particular curriculum for HED	\bigcirc^3	\bigcirc^3	\bigcirc^3
1.9	Provided the following information or materials	for HED during	the past two ve	ears:
		Elementary	Middle	High
		Schools	Schools	Schools
	Chart describing scope and sequence of instruction	0	0	0
	Curriculum	0	0	0
	Lesson plans or learning activities	0	0	0
	List of recommended curricula	0	0	0
	List of recommended textbooks	0	0	0
	Plans for how to assess or evaluate students	0	0	0
1.10	Has specified time requirements for HED	0	0	0
1.11	Requires newly hired HED teachers to have undergraduate or graduate training in HED	•	•	•
1.12	Requires newly hired HED teachers to be certified, licensed, or endorsed by the state	•	•	•
1.13	Offers the following types of certification, license	ire or endorsei	ment for HFD t	eachers:
0	Combined HED and physical education (PE) for grades K-12		0	odonoro:
	Combined HED and PE for elementary school		0	
	Combined HED and PE for middle school		0	
	Combined HED and PE for high school		0	
	HED for grades K-12		0	
	HED for elementary school		0	
	HED for middle school		•	
	HED for high school		•	
1.14	Provided funding for staff development or offered during the past two years on the following topics: Alcohol- or other drug-use prevention		ment to HED to	eachers
	Asthma awareness		•	
	Emotional and mental health		•	
	Foodborne illness prevention		•	
	HIV prevention		•	
	Human sexuality		•	
	Injury prevention and safety		•	
	Nutrition and dietary behavior		•	
	Other STD prevention		•	
	Physical activity and fitness		•	
	Pregnancy prevention			
	Suicide prevention			
	Tobacco-use prevention		•	
	Violence prevention		•	
	A MOIGING PLEAGUROLL	<u> </u>		



1.15	Provided funding for staff development or offered during the past two years on the following teach	
	Assessing or evaluating students	•
	Encouraging family or community involvement	•
	Teaching skills for behavior change	•
	Teaching students of various cultural backgrounds	•
	Teaching students with limited English proficiency	0
	Teaching students with disabilities	•
	Using classroom management techniques	•
	Using interactive teaching methods	•



Physical Education and Activity

2.1 ¹	Has a state PE coordinator		a ²	
2.1	Requires each district to have a PE			
	coordinator		0	
	Requires each school to have a PE			
	coordinator		0	
2.2	Requires or encourages districts or schools			
	to follow national or state PE standards or		\bigcirc^3	
	guidelines			
2.3.1,	Has PE standards or guidelines based on the		NΙΔ	
2.3.2,	National Standards for Physical Education		NA	
and	Addresses the following topics in goals and obj	ectives:		
2.3.3		Elementary	Middle	High Schools
		Schools	Schools	High Schools
	Achievement and maintenance of			
	health-enhancing level of physical	NA	NA	NA
	fitness			
	Competence in motor skills and			
	movement patterns to perform variety of	NA	NA	NA
	physical activities			
	Regular participation in physical activity	NA	NA	NA
	Responsible personal and social	NIA	NIA	NIA
	behavior that respects self and others in	NA	NA	NA
	physical activity settings Understanding of movement concepts,			
	principles, strategies, and tactics	NA	NA	NA
	Value for physical activity for health,			
	enjoyment, challenge, self-expression,	NA	NA	NA
	and/or social interaction			
2.4	Requires that schools will teach PE	•	•	•
2.5	Requires or recommends that schools give the	following types	of tests:	
	·	Elementary	Middle	High
		Schools	Schools	Schools
	Written tests of knowledge	\bigcirc^3	\bigcirc^3	\bigcirc^3
	Skill performance tests	\circ	\bigcirc	\bigcirc
	Fitness level tests	\bigcirc	\bigcirc^3	\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc
2.0				
2.6	Requires or recommends that districts or schools use one particular curriculum for PE	\bigcirc^3	\bigcirc^3	\bigcirc^3
2.7	Provided the following information or materials	for DE during th	o past two year	are:
2.1	Provided the following information of materials	Elementary	Middle	High
		Schools	Schools	Schools
	Chart describing scope and sequence of			
	instruction	0	0	0
	Curriculum	0	0	0
	Lesson plans or learning activities	0	0	0
	List of recommended curricula	0	0	0
	Plans for how to assess or evaluate	<u> </u>	_	_
	students	0	0	0
2.8	Specifies a maximum student-to-teacher	0	0	0
	ratio for PE classes)		



		Elementary Schools	Middle Schools	High Schools
2.9	Has specified time requirements for PE	0	0	0
2.10	Requires newly hired PE teachers to have			
	undergraduate or graduate training in PE or	•	•	•
	a related field			
2.11	Requires newly hired PE teachers to be		•	
	certified, licensed, or endorsed by the state	•		•
2.12	Offers the following types of certification, licen	sure, or endorse	ment for PE tea	ichers:
	Combined PE and HED for grades K-12		0	
	Combined PE and HED for elementary		0	
	school			
	Combined PE and HED for middle school		0	
	Combined PE and HED for high school		0	
	PE for grades K-12		•	
	PE for elementary school		0	
	PE for middle school		•	
	PE for high school		•	
2.13	Provided funding for staff development or offe	red staff develop	ment to PE tead	chers during
	the past two years on the following topics:			
	Administering or using fitness tests		•	
	Assessing or evaluating student		•	
	performance			
	Developing and using student portfolios		•	
	Developing individualized physical		•	
	activity plans			
	Encouraging family involvement in		•	
	physical activity			
	Injury prevention and first aid		•	
	Methods for inclusion and participation of		•	
	overweight children			
	Methods to increase amount of class		•	
	time students are active			
	Methods to promote gender equity		•	
	Recognizing and responding to chronic		•	
	health conditions		<u> </u>	
	Teaching individual or paired activities or		•	
	sports			
	Teaching movement skills and concepts		•	
	Teaching students with long-term		•	
	disabilities			
	Teaching team or group activities or		•	
	sports			
	Using physical activity monitoring		•	
	devices			
0.44	Using technology for PE		•	
2.14	Requires or recommends that elementary		\bigcirc^3	
	schools provide regularly scheduled recess			



2.15	Drobibite or actively discourages ashaels from	the following:
2.15	Prohibits or actively discourages schools from	the following.
	Using physical activity as punishment	\triangle^4
	for bad behavior in PE	Y
	Using physical activity as punishment	
	for poor performance or bad behavior	$ullet^4$
	in sports	
	Excluding students from PE as	
	punishment for bad behavior in another	$\mathbf{\hat{a}}^4$
	class	-
	Excluding students from recess as	$oldsymbol{igo}^4$
	punishment for bad behavior	~ .
2.16	Requires student use of protective gear during	the following activities:
	Physical education	0
	Intramural activities or physical activity	\circ
	clubs	O
	Interscholastic sports	0
2.17	Provided funding for staff development or offe	red staff development to interscholastic
	sports coaches during the past two years through	
	State education agency	0
	Any other state-level organization or	
	agency	•



Health Services

3.1 ¹	Has a state health services (HSV) coordinator	$ullet^2$
	Requires each district to have an HSV	0
	coordinator	O .
	Requires each school to have an HSV	0
	coordinator	_
3.2.1,	Requires districts or schools to provide the follow	wing health services when needed:
3.2.2,	Administration of fluoride rinses	0
and	Administration of medications	•
3.2.3	Administration of sports physicals	0
	Alcohol- or other drug-use treatment	0
	Application of dental sealants	0
	Assistance with accessing benefits for	0
	students with disabilities	9
	Assistance with enrolling in Medicaid or SCHIP ⁵	0
	Assistance with enrolling in WIC ⁶ or	0
	accessing food stamps or food banks	O .
	Cardiopulmonary resuscitation (CPR)	0
	Case management for students with	0
	chronic health conditions	O .
	Case management for students with	•
	disabilities	
	Counseling for emotional or behavioral	0
	disorders	
	Crisis intervention for personal problems	0
	Eating disorders treatment	0
	First aid	0
	HIV counseling, testing, and referral	0
	Identification of emotional or behavioral	0
	disorders	Ü
	Identification of or referral for physical,	•
	sexual, or emotional abuse	
	Identification of or referrals for oral health	0
	problems	
	Identification or school-based	0
	management of acute illnesses	
	Identification or school-based	•
	management of chronic health conditions	
	Identification or treatment of STDs	0
	Immunizations	0
	Instruction on self-management of	0
	chronic health conditions	



3.2.1,	Prenatal care referrals	0	
3.2.1,	Referrals for after-school programs	0	
and	Referrals for child care for teen mothers	0	
3.2.3	Services for gay, lesbian, or bisexual)	
(cont'd.)	students	0	
(cont a.)		0	
	Stress management Tobacco-use cessation	0	
		0	
	Tracking of students with chronic health conditions	0	
	Weight management	0	
3.3			
3.3	Requires districts or schools to provide the follow	wing prevention services.	
	Alcohol- or other drug-use prevention		
	HIV prevention	•	
	Injury prevention and safety counseling	0	
	Nutrition and dietary behavior counseling	0	
	Physical activity and fitness counseling	0	
	Pregnancy prevention	0	
	STD prevention	•	
	Suicide prevention	0	
	Tobacco-use prevention	•	
	Violence prevention	•	
3.4	Requires the following immunizations or vaccina grade:	ations for entry into kinde	rgarten or first
	Chicken pox (varicella)	•	
	Diphtheria	•	
	Haemophilus influenzae type B	•	
	Hepatitis B	•	
	Influenza	0	
	Measles-containing	•	
	Polio	•	
	Tetanus	•	
	Requires the following immunizations or vaccina school:	ations for entry into middle	e school and high
		Middle School	High School
	Chicken pox (varicella)	•	0
	Hepatitis A	0	0
	Hepatitis B	•	0
	Second measles-containing	•	•
	Tetanus booster	•	
3.5	Requires the following documentation before so	hool staff may administer	medication:
0.0	Written information on possible side- effects	O	modication.
	Written instructions from the physician	0	
	Written request from the parent or		
	guardian	•	
	guarulan		



3.6	Has adopted a policy related to who may	0
	administer medications to a student at school	
	Allows students to carry and self-administer the	following medications:
	Epinephrine auto-injector	•
	Insulin or other injected medications	0
	Other prescribed medications	0
	Over-the-counter medications	•
	Prescription quick-relief inhaler	•
3.7	Requires supplies for applying standard or university	ersal precautions be available in the following
	locations:	
	In all classrooms	•
	In the gymnasium, on playgrounds, or on	•
	playing fields	•
	On school buses or in other vehicles	•
	used to transport students	•
3.8	Requires schools to allow students with HIV infe	ection or acquired immunodeficiency
	syndrome (AIDS) to engage in the following act	ivities as long as they are able:
	Attend classes	0
	Participate in school sports	0
	Participate in any other school activities	0
	Requires schools to allow teachers and staff	
	with HIV infection or AIDS to work as long as	0
	they are able	
3.9	Requires schools to:	
	Complete injury reports	0
	Complete illness reports	0
	Report notifiable diseases to the state or	
	local health department	•
3.10	Requires districts or schools to screen students	for the following health problems:
	Hearing problems	0
	Height and weight or body mass	0
	problems	
	Oral health problems	0
	Scoliosis	0
	Vision problems	0
3.11	Specifies a maximum student-to-school nurse	0
	ratio	
	Requires at least one full-time school nurse	0
	per school	
3.12	Requires school nurse participation in	
	Individualized Education Programs (IEPs)	•
	when indicated	
	Requires school nurse participation in	0
	Individualized Health Plans (IHPs)	
	Requires school nurse participation in 504	0
	plans when indicated	



3.13	Has schools that serve as Medicaid providers	
	by providing health services to students	•
	Has school-based health centers (SBHCs)	
	that serve as Medicaid providers by providing	•
	health services to students	
3.14	Requires minimum education level for newly	2.7
	hired school nurses	••
3.15	Requires newly hired school nurses to have the	following licenses and certifications:
	LPN license	0
	RN license	0
	National certification from the National	0
	Board for Certification of School Nurses	<u> </u>
	State school nurse certification	•
3.16.1,	Provided funding for staff development or offere	
3.16.2,	the past two years on the following health service	ces topics:
and	Accessing benefits for students with	•
3.16.3	disabilities	•
	Administration of fluoride rinses	0
	Administration of medications	•
	After-school programs	0
	Alcohol- or other drug-use treatment	•
	Application of dental sealants	0
	Case management for students with	•
	chronic health conditions	-
	Case management for students with	•
	disabilities	
	Child care options for teen mothers	0
	Counseling for emotional or behavioral	0
	disorders	
	CPR	•
	Crisis intervention for personal problems	0
	Eating disorders treatment	0
	Emergency preparedness	•
	Enrollment in WIC or accessing food	•
	stamps or food banks Enrollment in Medicaid or SCHIP	
	Federal laws that protect the privacy of	•
	student health information	•
	First aid	•
	Foodborne illness outbreak detection and	
	response	•
	HIV counseling, testing, and referral	0
	Identification of emotional or behavioral	<u> </u>
	disorders	•
	Identification of or referral for physical,	
	sexual, or emotional abuse	•
	Identification or school-based	_
	management of acute illnesses	•
	Identification or school-based	
	management of chronic illnesses	•
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3.16.2, and lefectious disease prevention •	3.16.1,	Identification or treatment of STDs	0
3.16.3 (cont'd.) Prenatal care referrals Services for gay, lesbian, or bisexual students Sports physicals Stress management Teaching self-management of chronic health conditions Tobacco-use cessation Tracking of students with chronic health conditions Weight management Provided funding for staff development or offered staff development to school nurses during the past two years on the following prevention services topics: Alcohol- or other drug-use prevention HIV prevention Injury prevention and safety counseling Physical activity and fitness counseling Pregnancy prevention STD prevention STD prevention Suicide prevention Tobacco-use prevention Violence prevention Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Frovides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions			•
3.16.3 (cont'd.) Prenatal care referrals Services for gay, lesbian, or bisexual students Sports physicals Stress management Teaching self-management of chronic health conditions Tobacco-use cessation Tracking of students with chronic health conditions Weight management Provided funding for staff development or offered staff development to school nurses during the past two years on the following prevention services topics: Alcohol- or other drug-use prevention HIV prevention Injury prevention and safety counseling Nutrition and dietary behavior counseling Pregnancy prevention STD prevention STD prevention STD prevention Sincide prevention Violence prevention Violence prevention 7 obacco-use prevention Violence prevention HIV prevention Severe food or other allergies Chronic health conditions Flowides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions	and	Infectious disease prevention	•
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Students Sports physicals Stress management Teaching self-management of chronic health conditions Tobacco-use cessation Tracking of students with chronic health conditions Weight management 7 Provided funding for staff development or offered staff development to school nurses during the past two years on the following prevention services topics: Alcohol- or other drug-use prevention HIV prevention Injury prevention and safety counseling Nutrition and dietary behavior counseling Physical activity and fitness counseling Pregnancy prevention Suicide prevention Suicide prevention Tobacco-use prevention Tobacco-use prevention Violence prevention Trobacco-use prevention Frovided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention	(cont'd.)		0
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Nutrition and dietary behavior counseling Physical activity and fitness counseling Pregnancy prevention STD prevention Suicide prevention Suicide prevention Tobacco-use prevention Violence prevention Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Frovides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions			•
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Pregnancy prevention STD prevention Suicide prevention Tobacco-use prevention Violence prevention Tobacco-use prevention Violence prevention Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention 3.19 Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Chronic health conditions			0
STD prevention Suicide prevention Tobacco-use prevention Violence prevention Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Severe food or other allergies Chronic health conditions			•
Tobacco-use prevention Violence prevention Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions			•
Violence prevention 3.18 Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions		Suicide prevention	•
3.18 Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions		Tobacco-use prevention	•
school staff during the past two years on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention 3.19 Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions		Violence prevention	•
HIV infection or AIDS Severe food or other allergies Chronic health conditions Infectious disease prevention 3.19 Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions	3.18		
Chronic health conditions Infectious disease prevention 3.19 Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions			•
Chronic health conditions Infectious disease prevention 3.19 Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions		Severe food or other allergies	•
3.19 Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions			•
3.19 Provides model policies to districts or schools on the following health topics: HIV infection or AIDS Severe food or other allergies Chronic health conditions		Infectious disease prevention	•
HIV infection or AIDS Severe food or other allergies Chronic health conditions	3.19		n the following health topics:
Chronic health conditions			•
Chronic health conditions			0
Infectious disease prevention			•
		Infectious disease prevention	•



Mental Health and Social Services

4.1 ¹	Has a state mental health and social services	•2
	(MHSS) coordinator Requires each district to have an MHSS	
	coordinator	0
	Requires each school to have an MHSS	
	coordinator	0
4.2	Requires MHSS staff participation in IEPs	•
	when indicated	
	Requires MHSS staff participation in IHPs when indicated	0
	Requires MHSS staff participation in 504	
	plans when indicated	•
4.3	Has schools that serve as Medicaid providers	
	by providing mental health or social services	•
	Has SBHCs that serve as Medicaid providers	
	by providing mental health or social services	•
4.4	Requires a minimum education level for	•• ⁸
	newly hired school counselors	
	Requires a minimum education level for newly hired school psychologists	●● ⁸
	Requires a minimum education level for	8
	newly hired school social workers	•• ⁸
4.5	Requires newly hired school counselors to be	
	certified by a state agency or board	•
	Requires newly hired school psychologists to	•
	be certified by a state agency or board	· ·
	Requires newly hired school social workers to	•
101	be certified by a state agency or board	Late (f. Landau en et al. Landau en et a
4.6.1 and	Provided funding for staff development or offere social services staff during the past two years or	
4.6.2	services topics:	it the following mental health and social
7.0.2	After-school programs	•
	Alcohol- or other drug-use treatment	•
	Child care options for teen mothers	0
	Counseling after a natural disaster or	
	other emergency or crisis situation	•
	Counseling for emotional or behavioral	
	disorders	•
	Crisis intervention for personal problems	•
	Eating disorders treatment	0
	Emergency preparedness	•
	Enrollment in Medicaid or SCHIP	•
	Enrollment in WIC or accessing food	•
	stamps or food banks	0
	HIV counseling, testing, and referral Identification of emotional or behavioral	<u> </u>
	disorders	•
	Identification of or referral for physical,	
	sexual, or emotional abuse	•
	Identification of or referral for students	•
	with family problems	_



4.6.1	Job readiness skills programs		•	
and	Services for gay, lesbian, or bisexual			
4.6.2	students			
(cont'd.)	Stress management		•	
, ,	Tobacco-use cessation		0	
	Ways to promote a positive school		_	
	climate		•	
	Weight management		0	
4.7	Provided funding for staff development or offere	ed staff developr	nent to mental I	health or
	social services staff during the past two years o	n the following p	revention servi	ces topics:
	Alcohol- or other drug-use prevention		•	
	HIV prevention		•	
	Injury prevention and safety counseling		0	
	Nutrition and dietary behavior counseling		0	
	Physical activity and fitness counseling		0	
	Pregnancy prevention		•	
	STD prevention		•	
	Suicide prevention		•	
	Tobacco-use prevention		•	
	Violence prevention		•	
4.8	Provided funding for staff development or offere	ed staff developr	nent to mental I	health or
	social services staff during the past two years o	n the following n	nethods of serv	ice delivery:
	Case management for students with			
	chronic health conditions			
	Case management for students with		•	
	emotional or behavioral problems			
	Comprehensive assessment or intake		•	
	evaluation			
	Family counseling		0	
	Group counseling		0	
	Individual counseling		0	
	Peer counseling or mediation		0	
	Self-help or support groups		0	
		Elementary	Middle	High
		Schools	Schools	Schools
		00110013	00110013	00110013
4.9	Requires schools to have at least one full-	0	0	0
	time counselor in each school	Ŭ		
4.10	Requires student assistance programs		•	
	Requires schools to create and maintain		•	
	student support teams			



Nutrition Services

5.1 ¹	Has a state food service (FS) director	$ullet^2$
	Requires each district to have an FS director	0
	Requires each school to have an FS manager	0
5.2	Requires schools to offer breakfast to	Q
	students	⊕ ⁹
	Requires schools to offer lunch to students	0
5.3	Requires or recommends a minimum amount	
	of time students will be given to eat breakfast	\bigcirc^3
	once seated	
	Requires or recommends a minimum amount	33
	of time students will be given to eat lunch	\bigcirc^3
	once seated	
5.4	Requires or recommends that schools:	
	Offer three or more different types of milk	\bigcirc^3
	each day for breakfast	
	Offer three or more different types of milk	\bigcirc^3
	each day for lunch	
	Offer two or more different fruits or types of 100% fruit juice each day for lunch	\bigcirc^3
	Offer two or more different entrees or	
	main courses each day for lunch	\bigcirc^3
	Offer two or more different non-fried	2
	vegetables each day for lunch	\bigcirc^3
	Restrict the availability of deep-fried foods	$\mathbf{\Theta}^3$
5.5	Requires or recommends that schools make	<u> </u>
5.5	fruits or vegetables available to students	\bigcirc^3
	whenever other food is offered or sold	O
	Requires or recommends that schools make	
	healthful beverages available to students	\circ^3
	whenever other beverages are offered or sold	O O
5.6	Requires or recommends that schools prohibit ju	unk foods in the following school settings:
0.0	After-school or extended day programs	•3
	A la carte during breakfast or lunch	3
	periods	$ullet^3$
	Concession stands	\bigcirc^3
	Meetings attended by students' family	
	members	\circ^3
	School stores, canteens, or snack bars	\bigcirc^3
	Staff meetings	\circ^3
	Student parties	\circ ³
	Vending machines	\bigcirc^3
<u> </u>	. orianing maorimioo	- ~



5.7	Requires or recommends that schools:			
	Restrict times of day certain beverages		_3	
	can be sold in any venue		•	
	Restrict times of day junk foods ¹⁰ can be		3	
	sold in any venue		•	
	Prohibit selling junk foods ¹⁰ for		\bigcirc^3	
	fundraising		O	
	Prohibit advertising for candy, fast food		_	
	restaurants, or soft drinks on school		\bigcirc^3	
	property			
		Elementary	Middle	High
		Schools	Schools	Schools
5.8	Requires or recommends that schools	3	_3	3
	prohibit some student access to vending	$ullet^3$	• 3	\bullet^3
	machines			
5.9	Prohibits or discourages using food or food		\bigcirc^4	
5.40	coupons as a reward			
5.10	Offers certification, licensure, or endorsement		•	
	for district FS directors			
	Offers certification, licensure, or endorsement for school FS managers		•	
5.11.1	Provided funding for staff development or offere	d staff davalang	ant to food co	rvice staff
and	during the past two years on the following food:		ieni io iood sei	VICE Stall
5.11.2	Competitive food policies to create a	service topics.		
0.11.2	healthy food environment		•	
	Cultural diversity in meal planning		0	
	Customer service		0	
	Emergency preparedness		•	
	Facility design and layout		0	
	Financial management		•	
	Food bio-security		•	
	Food safety		•	
	Food service for students with special			
	dietary needs		•	
	Healthy food preparation methods		•	
	Implementing the Dietary Guidelines for			
	Americans in school meals		•	
	Increasing percentage of students			
	participating in school meals		•	
	Making school meals more appealing		•	
	Menu planning for healthy meals		•	
	Personal safety for food service staff		0	
	Personnel management		0	
	Procedures for food-related emergencies		•	
	Procedures for responding to food recalls		•	
	Selecting and ordering food		•	
	Using Hazard Analysis and Critical			
	Control Points (HACCP)			
	Using the cafeteria for nutrition education		•	



Healthy and Safe School Environment

- 1	T. 1.1	
6.1 ¹	Has a group formally charged with	_2
	coordinating state-level school health	•
	activities	
	Provided funding for or offered to help	
	establish a group that offers guidance on the	
	development of policies or coordinates	•
	activities on health topics during the past two	
	years	
6.2	Prohibits weapon use by students on school	
	property and at off-campus, school-sponsored	$ullet^{11}$
	events	
	Prohibits physical fighting by students on	
	school property and at off-campus, school-	$ullet^{11}$
	sponsored events	
	Prohibits weapon possession by students on	
	school property and at off-campus, school-	$ullet^{11}$
	sponsored events	
	Prohibits bullying by students on school	
	property and at off-campus, school-sponsored	$ullet^{11}$
	events	
6.3	Requires districts or schools to report to the state	te on the number of times students are
	caught:	
	Fighting	•
	Possessing a handgun or other firearm	•
	Possessing any other weapon	•
	Using a handgun or other firearm	•
	Using any other weapon	•
6.4	Prohibits cigarette smoking by students	•
	Prohibits cigar or pipe smoking by students	•
	Prohibits smokeless tobacco use by students	•
	Prohibits cigarette smoking by faculty and	_
	staff during any school-related activity	•
	Prohibits cigar or pipe smoking by faculty and	
	staff during any school-related activity	•
	Prohibits smokeless tobacco use by faculty	
	and staff during any school-related activity	•
	Prohibits cigarette smoking by school visitors	•
	Prohibits cigar or pipe smoking by school	
	visitors	•
	Prohibits smokeless tobacco use by school	_
	visitors	•
	11011010	



6.5	Prohibits cigarette smoking and smokeless	
	tobacco use by students on campus	•
	Prohibits cigarette smoking and smokeless	0
	tobacco use by students off campus	
	Prohibits cigarette smoking and smokeless	
	tobacco use by faculty and staff on campus	•
	Prohibits cigarette smoking and smokeless	0
	tobacco use by faculty and staff off campus	O
	Prohibits cigarette smoking and smokeless	
	tobacco use by school visitors on campus	•
	Prohibits cigarette smoking and smokeless	0
	tobacco use by school visitors off campus	C
	Prohibits all types of tobacco use in all	0
	locations	
6.6	Prohibits tobacco advertisements in the followin	g locations and ways:
	In the school building	•
	On school grounds	•
	In school vehicles	•
	In school publications	•
	Through sponsorship of school events	•
	On apparel worn or merchandise carried	
	by students	•
6.7	Has adopted a policy on inspection or maintena	nce of the following school facilities and
	equipment:	
	Fire extinguishers	•
	Indoor athletic facilities and equipment	0
	Lighting inside school buildings	0
	Lighting outside school buildings	0
	Other school areas, such as halls, stairs,	0
	and regular classrooms	<u> </u>
	Outdoor athletic facilities and equipment	•
	Playground facilities and equipment	0
	Smoke alarms	•
	Special classroom areas, such as labs,	0
	workshops, and art rooms	Ŭ.
	Sprinkler systems	•
6.8	Requires districts and schools to conduct the following	llowing periodic inspections:
	Building foundation, walls, and roof	0
	Condensation	0
	Drinking water outlets for lead	0
	Heating, ventilation, and air conditioning	
	(HVAC) system	•
	Mold	0
	On-site large-capacity drinking water	NA
	tanks	IVA
	Pests	0
	Plumbing system	0
6.9	Requires Phase I environmental assessments	•
	Requires districts or schools to have an indoor	•
	air quality management program	
6.10	Requires or recommends that districts or	
	schools follow an integrated pest	$\mathbf{\Theta}^3$
	management program	



6.11	Requires that students wear appropriate protect	tive gear when engaged in the following:
	Classes such as wood shop or metal	
	shop	0
	Lab activities for photography or science	
	classes	0
6.12	State education agency is a member of the	•
	state emergency planning committee	•
6.13	Requires districts or schools to have crisis prep	aredness, response, and recovery plans that
	include:	<u></u>
	Establishment of an incident command	•
	system	-
	Evacuation plans	•
	Exterior control of building and grounds	•
	Family reunification procedures	•
	Lock down plans	•
	Mechanisms for communicating the plan	•
	to students' families	•
	Mechanisms for communicating with	•
	school personnel	
	Plans to resume normal activities	0
	Provision of mental health services	•
	Provisions for special needs students and	•
	staff	
	Procedures for responding to media	•
	inquiries	-
	Requirements to conduct regular	0
	emergency drills	-
	Requirements to periodically review and	•
	revise plans	
	Shelter-in-place plans	•
6.14	Provided model policies to districts or schools d	uring the past two years on the following
	topics:	T
	Alcohol-use prevention	•
	Bullying prevention	•
	Crisis preparedness, response, and	•
	recovery	
	Drinking water quality	•
	Green building design	•
	Illegal drug-use prevention	•
	Indoor air quality	•
	Integrated pest management	•
	Positive school climate	0
	Tobacco-use prevention	•
	Violence prevention	•





6.15	Provided funding for staff development or offered staff during the past two years on how to implement policies topics:	
	Alcohol-use prevention	•
	Bullying prevention	•
	Crisis preparedness, response, and	_
	recovery	•
	Drinking water quality	•
	Green building design	•
	Illegal drug-use prevention	•
	Indoor air quality	•
	Integrated pest management	•
	Positive school climate	•
	Tobacco-use prevention	•
	Violence prevention	•



Faculty and Staff Health Promotion

7.1 ¹	Has a state-level faculty and staff health promotion coordinator	\bigcirc^2	
7.2	Requires districts or schools to provide funding	for or offer the following health screenings to	
1.2	school faculty and staff:	for or other the following health screenings to	
	Blood pressure	0	
	Breast cancer	0	
	Colorectal cancer	0	
	Diabetes	0	
	Height and weight or body mass	0	
	Oral health	0	
	Serum cholesterol	0	
	Skin cancer	0	
7.3	Requires districts or schools to provide funding	for or offer the following health-related	
	activities to school faculty and staff:		
	Asthma management education	0	
	Conflict resolution education	0	
	Counseling for emotional disorders	0	
	CPR education	0	
	Crisis intervention for personal problems	0	
	Diabetes management education	0	
	Emergency preparedness	0	
	Nutrition education	0	
	Physical activity and fitness counseling	0	
	Pre- or post-natal education	0	
	Stress management education	0	
	Tobacco-use cessation	0	
	Weight management	0	
	Worksite safety education	•	
7.4	Requires districts or schools to provide funding for or offer the following health-related		
	services to school faculty and staff:	T	
	Identification of or referrals for abuse	0	
	Immunizations	0	
	Referrals for child or elder care	0	
	Referrals for oral health problems	0	
7.5	Requires districts or schools to provide funding for or offer the following programs for faculty and staff:		
	Employee Assistance Program (EAP)	0	
	Health risk appraisals	0	
	Physical activity programs	0	
	Requires school physical activity facilities be		
	made available for faculty and staff to use	0	
7.6	Requires faculty and staff to receive the following	ng health screenings prior to employment:	
	Physical health examinations	\bigcirc^{12}	
	TB testing	O ¹²	
	Illegal drug-use screening	\bigcirc^{12}	
	Requires faculty and staff to receive the following health screenings during employment:		
	Physical health examinations		
	-	O ¹²	
	TB testing	012	
	Illegal drug-use screening	U	

7.7	Offers or requires districts to offer the following types of health insurance coverage to faculty and staff:		
	Alcohol- or other drug-use treatment	\bigcirc^{13}	
	Dental care	\bigcirc^{13}	
	Immunizations	\bigcirc^{13}	
	Mental health care	\bigcirc^{13}	
	Preventive health care	\bigcirc^{13}	
	Vision care	\bigcirc^{13}	

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

For additional information on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

Footnotes

- Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm.
- ² Unless otherwise indicated,
 - Yes
 - O No
 - ? Incomplete Data
 - NA Not Applicable
- Requires
 - Recommends or Encourages
 - Neither Requires, Recommends, nor Encourages
 - ? Incomplete Data



10

minerals.

4	• Pro	hibits	
	Discourages		
		ther Prohibits nor Discourages	
		omplete Data	
5	SCHIP	is the State Children's Health Insurance Program.	
6	WIC is	the Special Supplemental Food Program for Women, Infants, and Children.	
7	•	Associate's Degree in Nursing	
	••	Undergraduate Degree in Nursing	
	0	Associate's Degree in Any Field	
	00	Undergraduate Degree in Any Field	
	NA	Not Applicable	
	?	Incomplete Data	
8	•	Undergraduate Degree in Specific Field	
	••	Master's Degree in Specific Field	
	•••	Doctoral Degree in Specific Field	
	0	Undergraduate Degree in Any Field	
	00	Master's Degree in Any Field	
	\odot	Other Degree	
	NA	Not Applicable	
	?	Incomplete Data	
9	• Yes	(For Breakfast, All Schools)	
	→ Yes	(For Breakfast, Some Categories of Schools)	
	O No		
	? Inco	omplete Data	

Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and



- Both on School Property and at Off-Campus, School-Sponsored Events
 - On School Property Only
 - O Neither on School Property nor at Off-Campus, School-Sponsored Events
- Required of All Faculty and Staff

 - O Not Required on Any Faculty or Staff
 - ? Incomplete Data
- State Offers Coverage
 - State Requires Districts to Offer Coverage
 - O State Neither Offers Coverage nor Requires Districts to Offer Coverage
 - ? Incomplete Data