

Form Approved  
OMB No: 9520-0445  
Expiration Date: 10/31/2002

# **Physical Education School Questionnaire**

# Physical Education School Questionnaire

## Questions

### School PE

Standards, Guidelines, and Objectives.....	1 - 6
Required Physical Education.....	7 - 15
Instructional Content.....	16 - 38
Student Assessment.....	39 - 41
Elective Physical Education.....	42
Use of Protective Gear.....	43
Physical Activity and Discipline.....	44 - 47
Students with Permanent Physical or Cognitive Disabilities.....	48 - 52
Facilities.....	53 - 56
Staffing and Staff Development.....	57 - 60
Program Collaboration, Promotion, and Evaluation.....	61 - 64
Intramural Activities and Physical Activity Clubs.....	65 - 82
Respondent Background.....	83 - 95

Interscholastic Sports.....	97 - 110
-----------------------------	----------

Public reporting burden for this collection of information is estimated to average 45 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road NE, Mailstop D-24, Atlanta, GA 30333; Attention PRA (0920-0445).

## **Special Instructions**

---

This questionnaire will be administered using Computer Assisted Personal Interviewing. The interviewer will read the questions aloud and type responses to the questions into the laptop computer. The interview program will 1) display the correct tense of verbs, 2) provide alternate answers to questions (e.g., not applicable, "I don't know"), 3) navigate complex skip patterns, 4) access information that was provided in previous contact with a school, and 5) perform other useful functions. The programming specifications for the interview are not included in this printed version of the questionnaire.

If you would like more information about this study or would like clarification of any questions in this questionnaire, please call Tim Smith at 1-800-647-9664, extension 6095.

## School PE

---

What is your job title at the school? (In which role do you spend more time?)

- |   |  |
|---|--|
| 1) Principal                                  | 11) Guidance Counselor                           |
| 2) Asst. Principal/Other School Administrator | 12) Social Worker                                |
| 3) School Secretary                           | 13) Psychologist                                 |
| 4) Physical Ed Teacher                        | 14) Other Mental Health/Social Services Provider |
| 5) Athletic Director                          | 15) Nurse  |
| 6) Health Ed Teacher                          | 16) Health Aide                                  |
| 7) Other Teacher                              | 17) Physician                                    |
| 8) Food Service Manager                       | 18) Other Health Services Provider               |
| 9) Commercial Food Service Provider           | 19) SBHC Health Services Staff                   |
| 10) Other School Food Service Staff           | 20) SBHC Mental Health/Social Services Staff     |
|   | 50) Other Staff                                  |

During this interview, I will ask about physical education at this school. By “physical education,” or “PE,” I mean class time that is spent teaching a physical education curriculum. Please do not include instruction on physical activity topics that are part of health education or any other subject. Also, do not consider regularly scheduled recess. You have been identified as the person who knows the most about how physical education is provided throughout all grades at the school. As you think about the questions that I ask, please consider all physical education provided to students at this school. Also, please think about the physical education requirements for students in general, even though there may be some exceptions.

1. Does this school follow any national, state, or district physical education standards or guidelines?

Yes.....1

No.....2 → Skip to Q3

2. Are these physical education standards or guidelines based on the National Standards for Physical Education?

Yes..... 1  
 No..... 2

3. Are those who teach PE at this school provided with...

	Yes	No
1. Goals, objectives, and expected outcomes for PE? .....	1	2
2. A PE curriculum? .....	1	2
3. A chart describing the scope and sequence of instruction for PE? .....	1	2
4. Lesson plans or learning activities for PE?.....	1	2
5. Plans for how to assess or evaluate students in PE?.....	1	2

If those who teach PE are provided with a PE curriculum (Q3b is Yes), answer Q4. Otherwise, skip to Q5.

4. Are all PE teachers at this school required to use this curriculum?

Yes..... 1  
 No ..... 2 → Skip to Q8

5. Do PE teachers at this school have their own copy of the curriculum?

Yes..... 1  
 No ..... 2

If those who teach PE are provided with goals, objectives, and expected outcomes for PE (Q3a is Yes), answer Q6. Otherwise, skip to Q7.

6. Do this school's goals and objectives for PE address student outcomes such as...

	Yes	No
1. Knowledge of the benefits of physical activity?.....	1	2
2. Knowledge of the principles of exercise, that is frequency, intensity, and duration? .....	1	2
3. Positive attitudes toward physical activity?.....	1	2
4. Regular participation in physical activity?.....	1	2
5. Maintenance of a healthy fitness level? .....	1	2
6. Development of fundamental motor skills such as running, skipping, throwing, or striking? .....	1	2
7. Development of specialized motor skills such as catching with a glove, a swim stroke, or a tennis serve? .....	1	2
Answer h and i if this is a middle, junior, or senior high school.		
8. The ability to perform a wide variety of movement forms at a basic skill level?.....	1	2
9. The ability to perform two or more movement forms at an advanced level? .....	1	2
10. Demonstration of responsible personal and social behavior in physical activity settings? .....	1	2
7. Must students take any PE while they attend this school?		
Yes.....	1	→ Skip to Q8
No.....	2	→ If this is an elementary school, skip to Q53. If this is a middle, junior, or senior high school, skip to Q42.

The next several questions are about PE that students must take. During the rest of the interview, I will refer to this PE as required PE.

8. I am going to read a list of reasons why students could be exempted for one grading period or longer from taking required PE. Can students at this school be exempted for...

	Yes	No
1. Religious reasons? .....	1	2
2. Permanent physical disability? .....	1	2
3. Cognitive disability?.....	1	2
4. High physical competency test score?.....	1	2
Answer e and f if this is a middle, junior, or senior high school.		
5. Enrollment in other courses, such as math or science? .....	1	2
6. Participation in school sports?.....	1	2
7. Participation in other school activities such as ROTC, band, chorus, or cheerleading? .....	1	2
Answer h if this is a middle, junior, or senior high school.		
8. Participation in vocational training?.....	1	2
9. Participation in community sports activities? .....	1	2
10. Participation in community service activities?.....	1	2

9. In required PE, are students at this school taught...

	Yes	No
Answer a if this is an elementary school.		
1. Movement concepts and skills? .....	1	2
2. Individual or paired activities?.....	1	2
3. Group or team activities? .....	1	2
4. Aquatic activities?.....	1	2
5. Dance activities?.....	1	2

Answer Q10 if students are taught movement concepts and skills in required PE at this school. Otherwise, skip to Q11.

10. In required PE, are students at this school taught...

	Yes	No
1. Space awareness, such as general space, directions, or levels?.....	1	2
2. Locomotor skills, such as walking, running, hopping, or sliding?.....	1	2
3. Manipulative skills, such as throwing, catching, kicking, or striking? .....	1	2
4. Non-manipulative skills, such as twisting, rolling, or transferring weight?.....	1	2



Answer Q11 if students are taught individual or paired activities in required PE at this school. Otherwise, skip to Q12.

**SHOW CARD 1**

11. Looking at this card, which is in alphabetical order, please tell me which individual or paired activities are taught in required PE at this school. Please include the activity itself, lead-up skills, skills specific to the activity, or modified versions of the activity that are taught.

Aerobics (e.g., step or low-impact) .....	1
Badminton .....	2
Bowling .....	3
Climbing ropes or wall ladders .....	4
Climbing walls .....	5
Exercise machines (e.g., rowers, ski machines, stair climbers, stationary bikes, treadmills) .....	6
Frisbee or frisbee golf .....	7
Golf .....	8
Gymnastics .....	9
Hiking, backpacking, or orienteering .....	10
Jumping rope .....	11
Martial arts .....	12
Non-stationary bicycling .....	13
Racquet sports (e.g., racquetball, handball, squash, or paddleball) .....	14
Skating (e.g., roller, in-line, or ice) .....	15
Skiing (e.g., cross country, downhill, or water) .....	16
Student-designed games .....	17
Tennis .....	18
Track and field .....	19
Walking, jogging, or running .....	20
Weight training .....	21
Wrestling .....	22
None of the above .....	23

Answer Q12 if students are taught group or team activities in required PE at this school. Otherwise, skip to Q14.

**SHOW CARD 2**

12. Looking at this card, please tell me which group or team activities are taught in required PE at this school. (Please include the activity itself, lead-up skills, skills specific to the activity, or modified versions of the activity that are taught.)

Baseball, softball, or whiffleball .....	1
Basketball.....	2
Dodgeball or bombardment.....	3
Football (e.g., touch or flag) .....	4
Hockey (e.g., field, floor, roller, or ice).....	5
Kickball.....	6
Lacrosse.....	7
Soccer.....	8
Student-designed games .....	9
Ultimate frisbee .....	10
Volleyball .....	11
None of the above .....	12

Answer Q13 if this school is an elementary school that teaches group or team activities in required PE. Otherwise, skip to Q14.

**SHOW CARD 3**

13. Looking at this card, please tell me which group or team activities are taught in required PE at this school.

Duck-duck-goose .....	1
King of the hill or Steal the flag .....	2
Red Rover .....	3
Tag.....	4
None of the above .....	5

Answer Q14 if students are taught aquatic activities in required PE at this school. Otherwise, skip to Q15.

**SHOW CARD 4**

14. Looking at this card, please tell me which aquatic activities are taught in required PE at this school. (Please include the activity itself, lead-up skills, skills specific to the activity, or modified versions of the activity that are taught.)

- Diving ..... 1
- Stroke instruction or swimming skill practice ..... 2
- Team water sports (e.g., basketball, volleyball, or water polo)..... 3
- Water aerobics..... 4
- Water safety or lifesaving..... 5
- None of the above ..... 6

Answer Q15 if students are taught dance activities in required PE at this school. Otherwise, skip to Q16.

**SHOW CARD 5**

15. Looking at this card, please tell me which dance activities are taught in required PE at this school. (Please include the activity itself, lead-up skills, skills specific to the activity, or modified versions of the activity that are taught.)

- Ballet, jazz, tap, or modern dance ..... 1
- Ballroom dances ..... 2
- Folk dances ..... 3
- Line dances (e.g., The Electric Slide)..... 4
- Square dances..... 5
- None of the above ..... 6

16. At this school, in which grades do students receive required instruction in PE?

MARK ALL THAT APPLY.

K.....0  
1<sup>st</sup> .....1  
2<sup>nd</sup> .....2  
3<sup>rd</sup> .....3  
4<sup>th</sup> .....4  
5<sup>th</sup> .....5  
6<sup>th</sup> .....6  
7<sup>th</sup> .....7  
8<sup>th</sup> .....8  
9<sup>th</sup> .....9  
10<sup>th</sup> .....10  
11<sup>th</sup> .....11  
12<sup>th</sup> .....12  
PE not required in any specific grades.....13

→ If this is an elementary school, skip to Q37.  
If this is a middle, junior, or senior high school, skip to Q20.

Answer Q17 - Q19 for each grade above.

17. How many weeks during the school year are \_\_\_\_\_ graders scheduled to take PE?

\_\_\_\_\_ Weeks

18. On average, how many days per week are the \_\_\_\_\_ graders scheduled to take PE?

1 Day .....1

2 Days.....	2
3 Days.....	3
4 Days.....	4
5 Days.....	5
0 Days one week, 1 day the next week.....	6
1 Day one week, 2 days the next week.....	7
2 Days one week, 3 days the next week.....	8
3 Days one week, 4 days the next week.....	9
4 Days one week, 5 days the next week.....	10
Other.....	11

19. On average, how many minutes is each session of PE scheduled to last?

\_\_\_\_\_ Minutes

If this is an elementary school, skip to Q37. Otherwise, continue with Q20.

20. Now, I'm asking about courses that include instruction in PE that students are required to take while at this school. I am asking about required courses that students do not have to take during any particular grade. Any courses that are chosen by students or are optional for students we will list in the next set of questions. Are students at this school required to take specific courses that include instruction in PE?

Yes.....	1	
No .....	2	→ Skip to Q28

21. Please tell me the names of these specific courses that include instruction in PE that are required for students at this school.

\_\_\_\_\_ Course 1 \_\_\_\_\_ Course 9

---

	Course 2	Course 10
	Course 3	Course 11
	Course 4	Course 12
	Course 5	Course 13
	Course 6	Course 14
	Course 7	Course 15
	Course 8	Course 16
22.	Course 17	Course 25
	Course 18	Course 26
	Course 19	Course 27
	Course 20	Course 28
	Course 21	Course 29
	Course 22	Course 30
	Course 23	Course 31
	Course 24	Course 32

Answer Q23-27 for each course listed in Q21 and Q22.

23. In what grade do students usually take \_\_\_\_\_?

6 <sup>th</sup> .....	6
7 <sup>th</sup> .....	7
8 <sup>th</sup> .....	8
9 <sup>th</sup> .....	9
10 <sup>th</sup> .....	10
11 <sup>th</sup> .....	11
12 <sup>th</sup> .....	12
No usual grade .....	13

24. Is this course a combined health education and physical education course? By health education, I mean topics not directly related to physical activity, such as alcohol or other drug use prevention.

Yes.....	1
No .....	2

25. How many weeks is the course scheduled to last?

\_\_\_\_\_ Weeks

26. On average, how many days per week is the course scheduled to meet?

1 Day .....	1
2 Days.....	2
3 Days.....	3
4 Days.....	4
5 Days.....	5
0 Days one week, 1 day the next week.....	6
1 Day one week, 2 days the next week.....	7
2 Days one week, 3 days the next week .....	8
3 Days one week, 4 days the next week .....	9
4 Days one week, 5 days the next week .....	10
Other.....	11

27. On average, how many minutes is each class period scheduled to last?

\_\_\_\_\_ Minutes

28. Some schools have a general PE requirement for which students must select a certain number of courses from a larger set of courses to fulfill the requirement. These courses are sometimes called “required electives”. Next, I am going to ask you about courses that meet this type of general PE requirement. However, please do not include any of the required physical education courses that I have already asked you about, including any PE courses required in a certain grade or any other required courses. Are there any courses at this school that students must choose from to meet this type of general PE requirement?

Yes.....1  
 No .....2 → Skip to Q38.

29. Please tell me the names of these courses that meet a general PE requirement at this school.

	Course 1	Course 9
	Course 2	Course 10
	Course 3	Course 11
	Course 4	Course 12
	Course 5	Course 13
	Course 6	Course 14
	Course 7	Course 15
	Course 8	Course 16
30.	Course 17	Course 25
	Course 18	Course 26
	Course 19	Course 27
	Course 20	Course 28
	Course 21	Course 29
	Course 22	Course 30
	Course 23	Course 31
	Course 24	Course 32

31. Of the courses you just listed, how many must students take to fulfill the general PE requirement?

\_\_\_\_\_ Number of courses for general PE requirement  
 Answer Q32-Q36 for each course listed in Q29 and Q30.



32. In what grade do students usually take \_\_\_\_\_?

6 <sup>th</sup> .....	6
7 <sup>th</sup> .....	7
8 <sup>th</sup> .....	8
9 <sup>th</sup> .....	9
10 <sup>th</sup> .....	10
11 <sup>th</sup> .....	11
12 <sup>th</sup> .....	12
No usual grade .....	13

33. Is \_\_\_\_\_ a combined health education and physical education course? By health education, I mean topics not directly related to physical activity, such as alcohol or other drug use prevention.

Yes.....	1
No .....	2

34. How many weeks is the course scheduled to last?

\_\_\_\_\_ Weeks

35. On average, how many days per week is the course scheduled to meet?

1 Day .....	1
2 Days.....	2
3 Days.....	3
4 Days.....	4
5 Days.....	5
0 Days one week, 1 day the next week.....	6
1 Day one week, 2 days the next week.....	7
2 Days one week, 3 days the next week .....	8
3 Days one week, 4 days the next week .....	9
4 Days one week, 5 days the next week .....	10
Other.....	11

36. On average, how many minutes is each class period scheduled to last?

\_\_\_\_\_ Minutes

Answer Q37 if this is an elementary school. Otherwise, skip to Q38.

**SHOW CARD 6**

37. My next question is about who teaches physical education. Looking at this card, please tell me who teaches physical education to students at this school.  
MARK ALL THAT APPLY.

Physical education specialist(s) or teacher(s).....1  
Regular classroom teacher(s).....2  
Other(s).....3

Answer Q38 if this is a middle, junior, or senior high school. Otherwise, skip to Q39.

**SHOW CARD 7**

38. My next question is about who teaches physical education. Looking at this card, please tell me who teaches physical education to students at this school.  
MARK ALL THAT APPLY.

Physical education teacher(s).....1  
Health education teacher(s) .....2  
Other teacher(s).....3  
Other(s).....4

If this school does not have any required PE, skip to Q42. Otherwise, continue with Q39.

These next questions ask about grading students in required PE.

39. Do students receive letter or numerical grades, pass/fail, or some other type of grades specifically for required PE at this school?  
MARK ALL THAT APPLY.

Letter or numerical grade..... 1  
Pass/Fail .....2  
Other.....3  
No grades given for PE.....4 → Skip to Q42

40. Are grades from required PE used the same as grades from other subject areas when determining grade point averages, honor roll status, or other indicators of academic standing?

Yes..... 1  
No .....2

41. If students fail required PE, are they required to repeat it?

Yes..... 1  
No .....2

Answer Q42 if this is a middle, junior, or senior high school. Otherwise, skip to Q43.

42. Are there any elective courses at this school that include instruction in PE?

Yes..... 1  
No .....2 → If this school does not have any required PE, skip to Q53.

43. Must students wear appropriate protective gear when engaged in physical activities during

PE?

Yes.....1  
No .....2

My next questions are about the use of physical activity as punishment for bad behavior and excluding students from PE as punishment for bad behavior.

44. Are staff at this school allowed to use physical activity, such as laps or push-ups, to punish students for bad behavior in PE?

Yes.....1  
No.....2 → Skip to Q46

45. Are staff at this school discouraged, for example through memoranda or guidelines, from using physical activity to punish students for bad behavior in PE?

Yes.....1  
No .....2

46. Are staff at this school allowed to exclude students from all or part of PE as punishment for bad behavior in another class?

Yes.....1  
No.....2 → Skip to Q48

47. Are staff at this school discouraged, for example through memoranda or guidelines, from excluding students from all or part of PE to punish students for bad behavior in another class?

Yes.....1  
No .....2

During the rest of the interview, I will continue to ask about physical education, meaning class time that is spent teaching a physical education curriculum. Again, please do not include instruction on physical activity topics that are part of health education or any other subject.

My next questions ask about physical education for students with permanent physical or cognitive disabilities. Examples of such disabilities include blindness, Down's Syndrome, learning disabilities, and conditions that require permanent use of a wheelchair.

48. Currently, are there any students with permanent physical or cognitive disabilities enrolled at this school?

Yes.....1  
 No.....2 → Skip to Q53

49. Is PE included in Individualized Education Plans (IEP's) for students with permanent physical or cognitive disabilities?

Yes.....1  
 No .....2

50. Are there any students with permanent physical or cognitive disabilities who participate in required PE at this school?

Yes.....1  
 No.....2 → Skip to Q53

51. Do any of these students participate...

	Yes	No
1. In adapted PE only, that is separate from regular PE? .....	1	2
2. In regular PE only? .....	1	2
3. In both adapted and regular PE ? .....	1	2

**SHOW CARD 8**

52. Who teaches PE to students with permanent physical or cognitive disabilities?  
 MARK ALL THAT APPLY.

- Special education teacher(s).....1
- Special education teacher’s aide(s).....2
- Adapted physical education specialist(s).....3
- Physical or occupational therapist(s).....4
- Physical education teacher(s) or specialist(s).....5
- Regular classroom teacher(s).....6
- Other(s).....7

In these next questions, I’ll ask about the facilities that this school might have for PE.

53. Does this school have locker rooms with showers for students?

- Yes.....1
- No .....2

**SHOW CARD 9**

54. This card lists facilities that this school might have for indoor PE. As I read the list, please tell me which facilities this school has. Does this school have...

- |  | Yes | No |
|--|-----|----|
| 1. A gymnasium? .....  | 1   | 2  |
| 2. An indoor pool?.....  | 1   | 2  |
| 3. A weight room?.....   | 1   | 2  |
| 4. A cardiovascular fitness center? .....                      | 1   | 2  |
| 5. A wrestling room? .....                                     | 1   | 2  |
| 6. A dance studio? .....                                       | 1   | 2  |
| 7. A racquetball court?.....                                   | 1   | 2  |
| 8. Regular classrooms? .....                                   | 1   | 2  |
| 9. A cafeteria, auditorium, or other multi-purpose room? ..... | 1   | 2  |
| 10. Any trailers or mobile buildings? .....                    | 1   | 2  |
- Answer Q55 if this school has any required PE. Otherwise, skip to Q56.

55. Is this facility used for required PE?

Yes..... 1  
 No ..... 2

**SHOW CARD 10**

56. As I read this list, please tell me which facilities this school has for outdoor PE. Does this school have...

	Yes	No
1. A track for walking, jogging, running, or biking? .....	1	2
2. An outdoor pool? .....	1	2
3. An outdoor volleyball court?.....	1	2
4. An outdoor basketball court? .....	1	2
5. An outdoor tennis court? .....	1	2
6. A baseball or softball field? .....	1	2
7. A soccer or football field?.....	1	2
8. A general use field?.....	1	2
9. Outdoor athletic or playground equipment? .....	1	2
10. Parking lot or black top areas?.....	1	2

Answer Q57-Q64 if this school has any required PE. Otherwise, skip to Q65.

My next questions ask about staffing for PE at this school.

57. Is there a maximum student-to-teacher ratio allowed for required PE at this school?

Yes..... 1  
 No..... 2     → Skip to Q59

58. What is the maximum student-to-teacher ratio allowed for PE?

\_\_\_\_\_ Students per teacher

59. Is a newly-hired PE teacher or specialist required to have undergraduate or graduate training in physical education or a related field?

Yes..... 1  
 No ..... 2

60. Is a newly-hired PE teacher or specialist required to be certified, licensed, or endorsed by the state in physical education?

Yes..... 1  
 No ..... 2

61. During the past 12 months, have the PE staff worked on physical education activities with...

	Yes	No
1. Health education staff from this school? .....	1	2
2. Health services staff from this school? .....	1	2
3. Mental health or social services staff from this school? .....	1	2
4. Food service staff from this school? .....	1	2



62. During the past 12 months, have the school PE staff worked on physical education activities with staff or members from...

	Yes	No
1. A local health department?.....	1	2
2. A local hospital? .....	1	2
3. A local mental health or social services agency? .....	1	2
4. A health organization, such as the American Heart Association or the American Cancer Society? .....	1	2
5. A local college or university? .....	1	2
6. A local business?.....	1	2
7. A local parks or recreation department? .....	1	2
8. A local youth organization, such as the Y, Boys or Girls Clubs, or the Boy Scouts or Girl Scouts? .....	1	2
9. A local health or fitness club?.....	1	2

63. During the past 12 months, has this school...

	Yes	No
1. Provided families with information on the school physical education program? .....	1	2
2. Met with a parents' organization, such as the PTA, to discuss the PE program? .....	1	2
3. Invited family members to attend PE classes? .....	1	2
4. Invited family members to tour the PE facilities? .....	1	2
5. Offered any physical education or physical activity programs to families? .....	1	2

64. During the past 12 months, has this school...

	Yes	No
1. Collected suggestions from students about the PE program?.....	1	2
2. Collected suggestions from family members of students about the PE program?.....	1	2

My next questions ask about opportunities that students at this school might have to participate in intramural activities and physical activity clubs.

65. Does this school offer opportunities for students to participate in intramural activities or physical activity clubs?

Yes..... 1  
 No.....2 → Skip to Q75

66. Are students provided with information about intramural activities or physical activity clubs...

	Yes	No
1. During school announcements?..... 1 .....	1	2
2. In a school newsletter, newspaper, or other school publication? .....	1	2
3. On posters or other materials on display in the school?..... 1 .....	1	2

67. Is this school...

Co-ed..... 1  
 All girls ..... 2  
 All boys..... 3 → Skip to Q69

## SHOW CARD 11

68. This card lists different intramural or physical activity clubs that might be offered to students at this school. Which of these are offered to girls at this school?  
MARK ALL THAT APPLY.

Aerobics (e.g., step or low-impact) .....	1
Badminton.....	2
Baseball, softball, or whiffleball .....	3
Basketball.....	4
Bowling.....	5
Cardiovascular fitness .....	6
Dance (e.g., ballroom, folk, or square dance).....	7
Football (e.g., touch or flag) .....	8
Frisbee, frisbee golf, or ultimate frisbee.....	9
Golf.....	10
Gymnastics .....	11
Hiking, backpacking, or orienteering.....	12
Hockey (e.g., field, floor, roller, or ice).....	13
Jump rope .....	14
Lacrosse .....	15
Martial arts .....	16
Non-stationary bicycling .....	17
Racquet sports (e.g., racquetball, handball, squash, or paddleball) .....	18
Running or jogging.....	19
Skating (e.g., roller, in-line, or ice) .....	20
Skiing (e.g., cross country, downhill, or water).....	21
Soccer .....	22
Swimming, diving, or water polo .....	23
Tennis .....	24
Volleyball .....	25
Walking.....	26
Wrestling.....	27
Weight training.....	28
None .....	29

If this school is all girls (Q67 = 2), skip to Q70. Otherwise, continue with Q69.

69. This card lists different intramural or physical activity clubs that might be offered to students at this school. Which of these are offered to boys at this school?  
 MARK ALL THAT APPLY.

Aerobics (e.g., step or low-impact).....	1
Badminton.....	2
Baseball, softball, or whiffleball .....	3
Basketball.....	4
Bowling.....	5
Cardiovascular fitness.....	6
Dance (e.g., ballroom, folk, or square dance).....	7
Football (e.g., touch or flag).....	8
Frisbee, frisbee golf, or ultimate frisbee.....	9
Golf.....	10
Gymnastics.....	11
Hiking, backpacking, or orienteering.....	12
Hockey (e.g., field, floor, roller, or ice).....	13
Jump rope .....	14
Lacrosse.....	15
Martial arts.....	16
Non-stationary bicycling.....	17
Racquet sports (e.g., racquetball, handball, squash, or paddleball).....	18
Running or jogging.....	19
Skating (e.g., roller, in-line, or ice) .....	20
Skiing (e.g., cross country, downhill, or water).....	21
Soccer.....	22
Swimming, diving, or water polo .....	23
Tennis .....	24
Volleyball.....	25
Walking.....	26
Wrestling.....	27
Weight training.....	28
None .....	29

70. Does this school provide transportation home for students who participate in after-school intramural activities or physical activity clubs?

Yes..... 1  
No ..... 2

71. Must students pay an activity fee to participate in intramural activities or physical activity clubs?

Yes..... 1  
No..... 2 → Skip to Q73

72. Is the fee waived if the student cannot afford to pay?

Yes..... 1  
No ..... 2

73. Are staff paid to supervise intramural activities or physical activity clubs?

Yes..... 1  
No ..... 2

74. Must students wear appropriate protective gear when engaged in intramural activities or physical activity clubs?

Yes..... 1  
No ..... 2

Answer Q75-Q82 is this school has any indoor or outdoor facilities that could be used for physical education or activity (any Q54 or Q56 is Yes). Otherwise, skip to Q83.

The following questions are about the use of school facilities for programs sponsored by community organizations such as a YMCA, parks and recreation department, or Boys and Girls Clubs. Do not include school-sponsored interscholastic sports, intramurals, or physical activity clubs.

75. Outside of school hours or when school is not in session, do children or adolescents use any of this school's physical activity or athletic facilities for...

	Yes	No
1. Community-sponsored sports teams? .....	1	2
2. Community-sponsored classes or lessons, such as tennis or gymnastics? .....	1	2
3. Community-sponsored supervised "open-gym" or "free-play"?.....	1	2

If all answers to Q75 are No, skip to Q78. Otherwise, continue with Q76.

76. Do any of these physical activity programs use this school's...

	Yes	No
1. Indoor physical activity or athletic facilities? .....	1	2
2. Outdoor physical activity or athletic facilities?.....	1	2

77. Are any of these physical activity programs for children and adolescents offered...

	Yes	No
1. Before school?.....	1	2
2. After school? .....	1	2
3. In the evenings? .....	1	2
4. On the weekends?.....	1	2
5. During school vacations? .....	1	2

78. Outside of school hours or when school is not in session, do adults who are not school

employees use any of this school's physical activity or athletic facilities for...

	Yes	No
1. Community-sponsored sports teams? .....	1	2
2. Community-sponsored physical activity classes or lessons such as tennis or aerobics? .....	1	2
3. Community-sponsored "open-gym"? .....	1	2

If all answers to Q78 are No, skip to Q81. Otherwise, continue with Q79.

79. Do any of these physical activity programs use this school's...

	Yes	No
1. Indoor physical activity or athletic facilities? .....	1	2
2. Outdoor physical activity or athletic facilities?.....	1	2

80. Are any of these physical activity programs for adults offered...

	Yes	No
1. Before school?.....	1	2
2. After school? .....	1	2
3. In the evenings?.....	1	2
4. On the weekends?.....	1	2
5. During school vacations? .....	1	2

81. Can children or adults in the community use this school's outdoor physical activity and athletic facilities without being in a supervised program?

Yes.....	1	
No.....	2	→ Skip to Q83

82. Can children or adults in the community use this school’s outdoor physical activity and athletic facilities without being in a supervised program...

	Yes	No
1. Before school?.....	1	2
2. After school? .....	1	2
3. In the evenings? .....	1	2
4. On the weekends?.....	1	2
5. During school vacations? .....	1	2

83. Currently, does someone at this school oversee or coordinate PE?

Yes.....	1	
No.....	2	→ Skip to Q96

84. Are you this person?

Yes.....	1	
No.....	2	→ Skip to Q96

My last set of questions asks about your educational background and teaching experience.

85. Counting this year as a full year and including years spent teaching physical education at any other schools, how many years of experience do you have teaching physical education?

\_\_\_\_\_ Years

86. Do you coach an interscholastic sport?

Yes.....	1	
No .....	2	



87. Do you have an undergraduate degree?

- Yes.....1 .....
- No.....2 → Skip to Q93

88. What did you major in?  
MARK ALL THAT APPLY.

- Physical education and health education combined .....1
- Physical education .....2
- Health education.....3
- Other education .....4
- Kinesiology .....5
- Exercise physiology .....6
- Exercise science.....7
- Other.....8

89. Do you have an undergraduate minor?

- Yes.....1
- No.....2 → Skip to Q91

90. What did you minor in?  
MARK ALL THAT APPLY.

- Physical education and health education combined .....1
- Physical education .....2
- Health education.....3
- Other education .....4
- Kinesiology .....5
- Exercise physiology .....6
- Exercise science.....7
- Other.....8

91. Do you have a graduate degree?

- Yes.....1
- No.....2 → Skip to Q93

92. In what area or areas?

MARK ALL THAT APPLY.

- Physical education and health education combined ..... 1
- Physical education ..... 2
- Health education..... 3
- Other education..... 4
- Kinesiology ..... 5
- Exercise physiology ..... 6
- Exercise science..... 7
- Other..... 8

93. Currently, are you certified, endorsed, or licensed by the state to teach physical education in...

	Yes	No
1. Elementary school?..... 1	..... 1	..... 2
2. Middle or junior high school?..... 1	..... 1	..... 2
3. Senior high school?..... 1	..... 1	..... 2

**SHOW CARD 12**

94. As I read the list of topics on this card, please tell me if you received any staff development on each topic during the past 2 years. This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service. During the past 2 years, did you receive any staff development on...

	Yes	No
1. Methods to increase the amount of class time students are physically active? .....	1	2
2. Methods to promote gender equity in physical education and sports?.....	1	2
3. Using technology such as computers, video cameras, or heart rate monitors for physical education? .....	1	2
4. Encouraging family involvement in physical activity?.....	1	2
5. Administering or using fitness tests?.....	1	2
6. Helping students develop individualized physical activity plans? .....	1	2
7. Injury prevention and first aid?.....	1	2
8. Teaching physical education to students with permanent physical or cognitive disabilities?.....	1	2
9. Teaching individual or paired activities or sports? .....	1	2
10. Teaching team or group activities or sports? .....	1	2
11. Teaching movement skills and concepts?.....	1	2
12. Assessing or evaluating student performance in physical education? .....	1	2
13. Developing and using student portfolios for physical education? .....	1	2

**SHOW CARD 12**

95. Which of these topics would you like to receive further staff development on?  
 MARK ALL THAT APPLY.

- Methods to increase the amount of class time students  
 are physically active ..... 1
- Methods to promote gender equity in physical education  
 and sports ..... 2
- Using technology such as computers, video cameras, or  
 heart rate monitors for physical education ..... 3
- Encouraging family involvement in physical activity ..... 4
- Administering or using fitness tests ..... 5
- Helping students develop individualized physical  
 activity plans ..... 6
- Injury prevention and first aid ..... 7
- Teaching physical education to students with permanent  
 physical or cognitive disabilities ..... 8
- Teaching individual or paired activities or sports ..... 9
- Teaching team or group activities or sports ..... 10
- Teaching movement skills and concepts ..... 11
- Assessing or evaluating student performance in physical  
 education ..... 12
- Developing and using student portfolios for physical  
 education ..... 13
- None ..... 14

96. My supervisor may wish to call you to ask about how I conducted this interview. Would you please tell me a telephone number where we might reach you starting with the area code?

(    )        -

- 1) Daytime or
- 2) Evening/Weekend

Thank you very much for taking the time to complete this interview.

## Interscholastic Sports

---

What is your job title at the school? (In which role do you spend more time?)

- |   |  |
|---|--|
| 1) Principal                                  | 11) Guidance Counselor                           |
| 2) Asst. Principal/Other School Administrator | 12) Social Worker                                |
| 3) School Secretary                           | 13) Psychologist                                 |
| 4) Physical Ed Teacher                        | 14) Other Mental Health/Social Services Provider |
| 5) Athletic Director                          | 15) Nurse  |
| 6) Health Ed Teacher                          | 16) Health Aide                                  |
| 7) Other Teacher                              | 17) Physician                                    |
| 8) Food Service Manager                       | 18) Other Health Services Provider               |
| 9) Commercial Food Service Provider           | 19) SBHC Health Services Staff                   |
| 10) Other School Food Service Staff           | 20) SBHC Mental Health/Social Services Staff     |
|   | 50) Other Staff                                  |

97. Is this school...

- |                 |   |
|-----------------|---|
| Co-ed .....     | 1 |
| All girls ..... | 2 |
| All boys.....   | 3 |

**Interscholastic Sports**

I'd like to ask about opportunities that students at this school have to participate in interscholastic sports.

Answer Q98 if this school is co-ed. Otherwise, skip to Q99.

98. I am going to read a list of interscholastic sports that might be offered to students at this school. As I read the list, please tell me if the sport is offered to both boys and girls, only boys, or only girls.

	Both Boys and Girls	Only Boys	Only Girls	Neither
1. Interscholastic badminton? .....	1 .....	2.....	3 .....	4
b. Interscholastic baseball?.....	1 .....	2.....	3 .....	4
3. Interscholastic basketball?.....	1 .....	2.....	3 .....	4
4. Interscholastic bowling?.....	1 .....	2.....	3 .....	4
5. Cheerleading or competitive spirits?.....	1 .....	2.....	3 .....	4
6. Is there interscholastic cross-country?.....	1 .....	2.....	3 .....	4
7. Downhill or cross country skiing?.....	1 .....	2.....	3 .....	4
8. Fast pitch or slow pitch softball?.....	1 .....	2.....	3 .....	4
9. Field hockey? .....	1 .....	2.....	3 .....	4
10. Football?.....	1 .....	2.....	3 .....	4
11. Golf? .....	1 .....	2.....	3 .....	4
12. Gymnastics?.....	1 .....	2.....	3 .....	4
13. Ice hockey?.....	1 .....	2.....	3 .....	4
14. Lacrosse?.....	1 .....	2.....	3 .....	4
15. Riflery?.....	1 .....	2.....	3 .....	4
16. Soccer?.....	1 .....	2.....	3 .....	4
17. Swimming or diving? .....	1 .....	2.....	3 .....	4
18. Tennis?.....	1 .....	2.....	3 .....	4
19. Track and field?.....	1 .....	2.....	3 .....	4
20. Volleyball?.....	1 .....	2.....	3 .....	4
21. Water polo?.....	1 .....	2.....	3 .....	4
22. Weight lifting? .....	1 .....	2.....	3 .....	4
23. Wrestling? .....	1 .....	2.....	3 .....	4

Skip to Q100.

**Interscholastic Sports**

99. I am going to read a list of interscholastic sports that might be offered to students at this school. As I read the list, please tell me if the sport is offered.

	Yes	No
1. Interscholastic badminton?.....	1	2
b. Interscholastic baseball?.....	1	2
3. Interscholastic basketball?.....	1	2
4. Interscholastic bowling?.....	1	2
5. Cheerleading or competitive spirits?.....	1	2
6. Is there interscholastic cross-country? .....	1	2
7. Downhill or cross country skiing? .....	1	2
8. Fast pitch or slow pitch softball? .....	1	2
9. Field hockey? .....	1	2
10. Football?.....	1	2
11. Golf? .....	1	2
12. Gymnastics?.....	1	2
13. Ice hockey?.....	1	2
14. Lacrosse?.....	1	2
15. Riflery?.....	1	2
16. Soccer?.....	1	2
17. Swimming or diving? .....	1	2
18. Tennis? .....	1	2
19. Track and field? .....	1	2
20. Volleyball?.....	1	2
21. Water polo?.....	1	2
22. Weight lifting? .....	1	2
23. Wrestling? .....	1	2

The next questions are about the number of students who participate in interscholastic sports.

100. Does this school keep records on the number of individual students who participate in one or more interscholastic sports?

Yes.....	1	
No .....	2	→ Skip to Q103

Answer Q101 if this school has male students. Otherwise, skip to Q102.

101. During the past 12 months, how many boys have participated in one or more interscholastic sports at this school?

\_\_\_\_\_ Boys

Answer Q102 if this school has female students. Otherwise, skip to Q103.

102. During the past 12 months, how many girls have participated in one or more interscholastic sports at this school?

\_\_\_\_\_ Girls

Skip to Q106.

103. Does this school record other information on the number of students who participate in interscholastic sports?

Yes.....1  
No .....2 → Skip to Q106

Answer Q104 if this school has male students. Otherwise, skip to Q105.

104. During the past 12 months, how many boys have participated in any interscholastic sports at this school?

\_\_\_\_\_ Boys



Answer Q105 if this school has female students. Otherwise, skip to Q106.

105. During the past 12 months, how many girls have participated in any interscholastic sports at this school?

\_\_\_\_\_ Girls

106. Does this school provide transportation home for students who participate in interscholastic sports?

Yes.....1  
No .....2

107. Must students pay an activity fee to participate in interscholastic sports?

Yes.....1  
No.....2 → Skip to Q109

108. Is the fee waived if the student cannot afford to pay?

Yes.....1  
No .....2

109. Must students wear appropriate protective gear when engaged in interscholastic sports?

Yes.....1  
No .....2

110. Is a head coach at this school required to...

	Yes	No
1. Have previous coaching experience in any sport? .....	1	2
2. Have previous coaching experience in the sports they will be coaching? .....	1	2
3. Have a teaching certificate?.....	1	2
4. Complete a coaches' training course?.....	1	2
5. Be certified in first aid? .....	1	2
6. Be certified in CPR? .....	1	2
7. Be employed by this school or school district? .....	1	2

111. My supervisor may wish to call you to ask about how I conducted this interview. Would you please tell me a telephone number where we might reach you starting with the area code?

( ) -

- 1) Daytime or
- 2) Evening/Weekend

Thank you very much for taking the time to complete this interview with me.