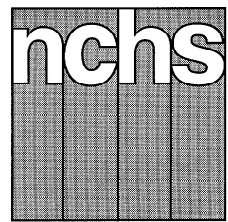


# National Health and Nutrition Examination Survey



From the Centers for Disease Control and Prevention/National Center for Health Statistics

## Examination Assent Brochure

## 7-11 years of age

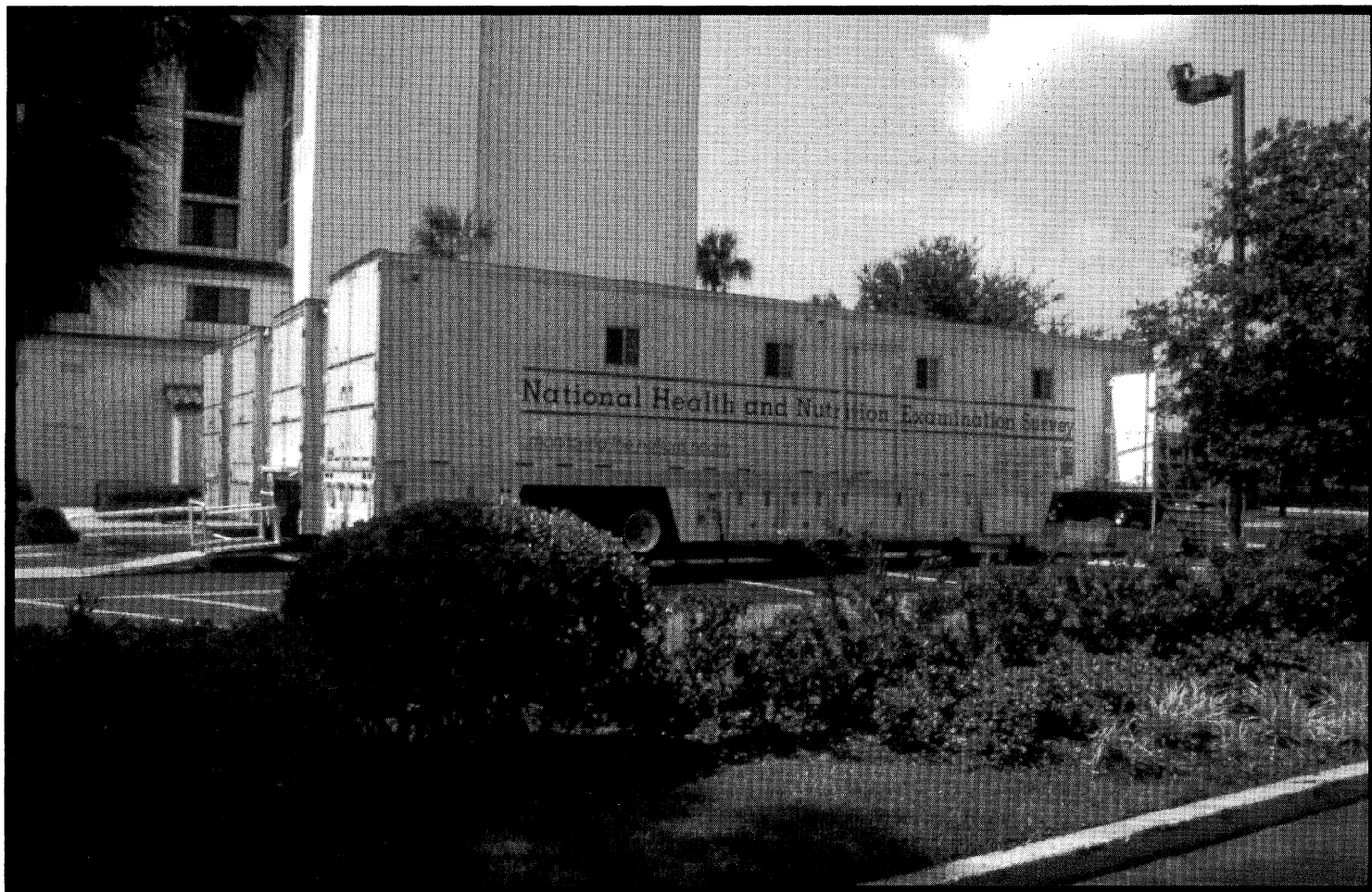


U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Centers for Disease Control and Prevention  
National Center for Health Statistics



This booklet contains facts for you about the  
National Health and Nutrition Examination Survey

The National Health and Nutrition Examination Survey (NHANES) studies the health and diet of people in this country.



We go all over the United States in these vans.

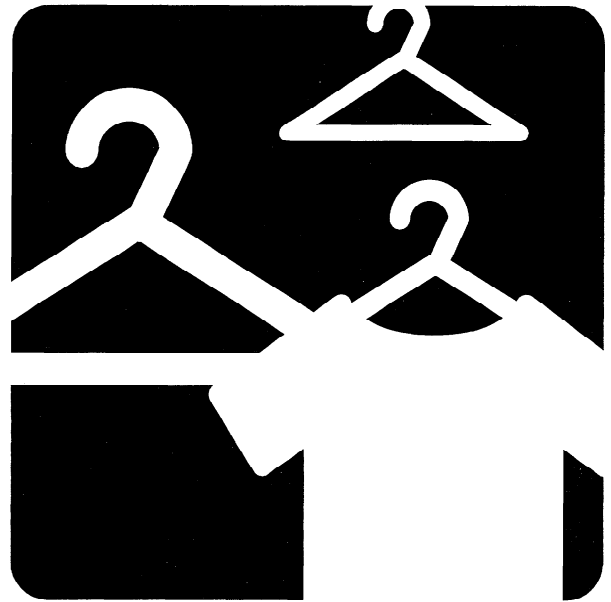
The survey will look at how young people grow and develop. We will look at special health problems that may affect kids.

Our survey wants you to come to this exam center. Your exam will help us find out more about the health of children your age.

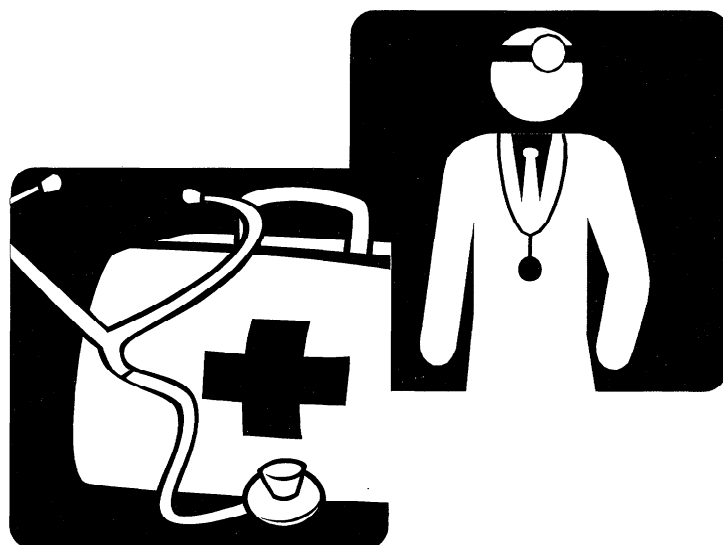


We will ask questions about what you eat and drink.

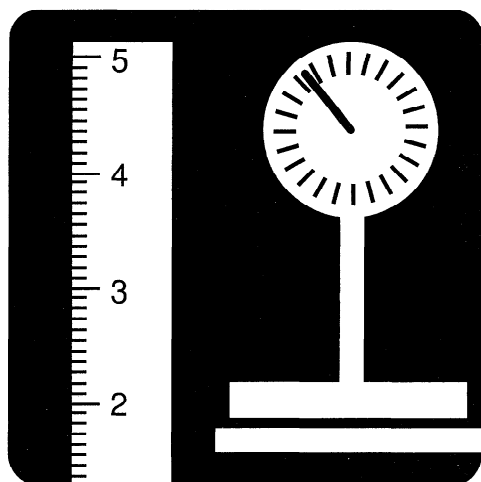
You will change into special exam clothes at the exam center.



Our doctor will take your blood pressure.



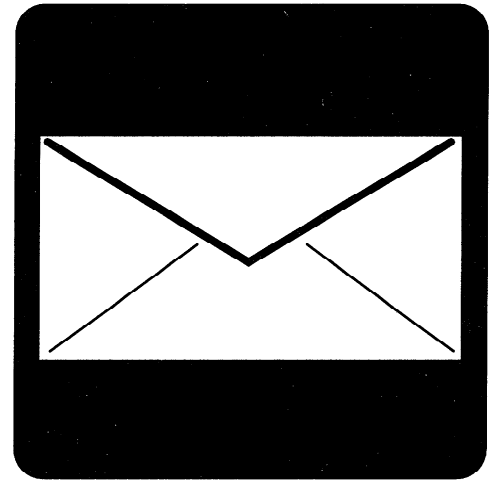
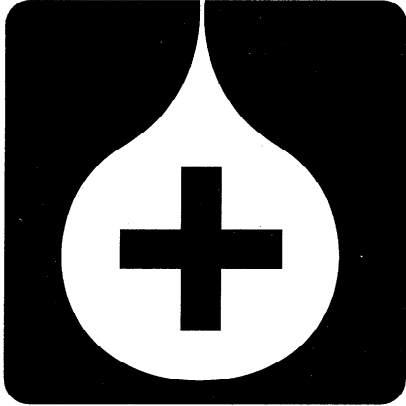
We will see how much you weigh and how tall you are.



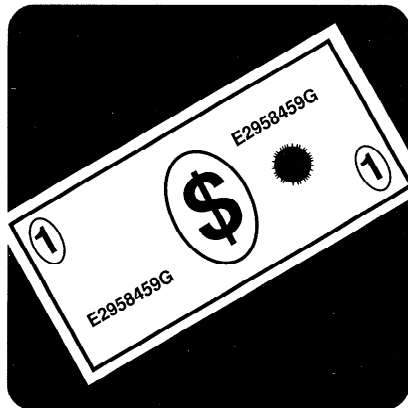
Our dentist will look at your teeth.



We will check your blood and urine in our lab.



We will send you and your parents a report on your exam.



We will give you money to thank you for helping us with our survey.



Our staff will answer any questions you have.

We would like you to go to our mobile exam center vans for an exam. You will help us learn more about all children in the United States.

If you are 8 years or older, we will ask you about your feelings and about how you have been doing at home and school. Your mother (or other grown-up) will be called to answer these same questions about you.

## National Health and Nutrition Examination Survey (NHANES)

Your parents say that you can take part in this special survey. You have just read about the survey in this book. The survey tells us about the health of people. We will ask you to have an exam at our vans that are here in your town. This exam is a little like going to the doctor. Other kids and their families will be at the center. You do not have to do this if you do not want to. If you take part, you will learn some things about yourself. You will help us learn a lot about other kids in the United States.

If you want to take part in the survey, write your name below.

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Signature of participant 7-11 years old

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Print name of participant

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Signature of staff member

Date

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SP ID

Public reporting burden of this collection of information is estimated to average 6.6 hours per response for total participation, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1800 Clifton Road, MS D-24, Atlanta, GA 30333, ATTN: PRA (0920-0237).

For more information about the National Center for Health Statistics and the National Health and Nutrition Examination Survey contact:

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