



# OCCUPATIONAL HEALTH

Monthly Newsletter October 2008

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◆ **The EHRS Project Update:** The EHRS Project continues to move forward according to the Project Plan. Database tables are being developed and demographic data feeds are being facilitated. System Security and Privacy Plans are being developed and implemented. Weekly meetings are held with the Medgate IH and Medical Team to review progress and answer questions specific to the modules being worked on. Weekly meetings are also conducted with the Integrated Product Team to address project issues. The EHRS Task Force has met and will continue to meet monthly to review the project's progress. We will continue to solicit input from the Agency EHRS Task Force team for their specific Center's needs. Thanks for your timely responses to our requests for input related to system configuration.

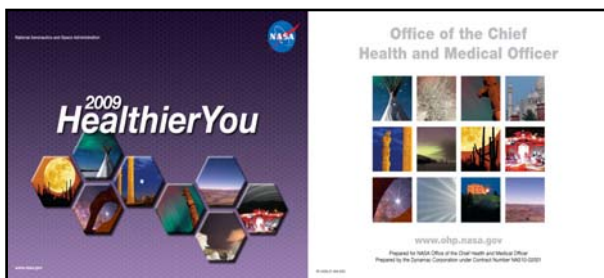
◆ **Mayo Clinic EmbodyHealth:**

1,915 total Health Assessments completed year to date:  
 860 Civil Service Employees  
 999 Contract Employees  
 56 Other, Spouse, Children

To avoid confusion with the term Health Reimbursement Accounts and the acronym HRA, Mayo Clinic is referring to their Health Risk Assessment (HRA) as simply the Health Assessment, no acronyms.

◆ **Access to the Mayo Clinic Report Suite:** Two members of the HPW Team at each Center and their respective COTR, have received access to the Report Suite to continuously assess employee participation and the Health Assessment profile of their center. These individuals have already received an email containing NASA username and password. An up coming training webex for Report Suite access and data analysis is scheduled for Wednesday 10/1/08 at 1:00 PM Eastern.

◆ **2009 HealthierYou Calendar:** The 2009 *HealthierYou* Calendar will be shipped to the Clinics, directly from the printer, on October 31, 2008. We will update you if there is any change in their schedule.



◆ **How is Your OH Website?:** During our visit to Langley last month the [Langley's Fitness Center's website](#) was highlighted. The website provided basic information about the Langley Fitness Program and also additional information about Agency Occupational Health initiatives. In this electronic age having a presence on the web is often an important component to an organization's success as many people first look for

information on the web. If you would like to share your Center website with us and have it posted on the [Center Resources](#) page, please send us your link.

◆ **Walk to Wellness:** The Walk to Wellness module will be made available on the Mayo Clinic EmbodyHealth web portal on October 7th. Walk to Wellness is a ready-to-use interactive tool to assist in promoting a center wide walking campaign. Some Centers have an already established walking program, some are thinking about initiating one. In either case, this module is a great asset.



- Enrollment period - October 7 - October 20, 2008
- Campaign begins - October 21, 2008.
- Campaign ends - November 17, 2008.

NASA will receive aggregate data on participation and goal completion.

◆ **Bette Davis is Retiring:** [Bette Davis](#), an IH and HP at Dryden is retiring. Bette was brought to the middle of the Mojave Desert & NASA by her love of aircraft, as well as another love, to assist NASA with a seamless transition for aircraft consolidation in September 1996. Bette, who is a CIH, CSP, REHS, and certified in California in lead and asbestos has had a 19-year career as an IH. She served NASA initially as a contractor in the Safety Office at Ames for a year and later joined Dryden in 1996. In 2001 Bette became a NASA civil service employee. Since 1996, Bette has maintained the IH programs, radiation safety and food safety. Bette, not only was involved in aircraft consolidation, but she was also here to say goodbye to the DC-8 as it moved on to Grand Forks, S. Dakota, and to welcome her back along with SOFIA to Site 9. She has supported all of the experimental aircraft missions at Dryden. Bette's plans for retirement have not yet been fully developed. We wish Bette the best!



◆ **Annual OH Training Needs Survey:** Every year in October the Agency OH office conducts a training needs assessment. This survey helps the Agency office better understand the training needs of Occupational Health Professionals across NASA. This information is used to plan training course, conferences, ViTS, etc. Your input is vital to the success of this survey effort. Look for an email in the next few weeks asking you to participate in the annual online survey.

◆ **NASA OH Center Review Calendar:**

- October 21-24 – White Sands Test Facility

◆ **Upcoming Occupational Health ViTS:**

- Environmental Health – October 8, 11:00-12:00 PM EDT
- Occupational Medicine – November 4, 2:30-3:30 PM EDT
- Health Physics – November 5, 11:00-12:00 PM EDT
- Workers' Comp – November 11, 11:00-12:00 PM EDT

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