



OCCUPATIONAL HEALTH

Monthly Newsletter March 2008

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◆ **Mayo Clinic EmbodyHealth:** The new Campaign is going strong with 1,258 registrations and 1,087 completed HRAs. Our goal this year is 4,500 completed HRAs. Visit the [NASA HRA Toolkit](#), dedicated to ways and means of executing and promoting the [Mayo Clinic EmbodyHealth](#) in the NASA environment. The Agency has met its incentive numbers. Offering a small Center-specific incentive can be an excellent tool to engage your population.



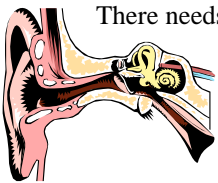
WHY NOT TAKE 15 MINUTES TO HELP IMPROVE YOUR HEALTH?

◆ **HealthierYou 2008 Update:** The Caregiver Film, a production of the [UCSF Osher Center for Integrative Medicine](#), will be mailed to the Health Promotion and Wellness (HPW) Committee members. This film and the recent March ViTS presentation were in support of the agency-directed health education topic: [Coping with the Stress of being a Caregiver](#).

◆ **EHR Project Update:** In preparation for the Electronic Health Record, the project team is working on clinical workflows, standardized forms and terminology. The workflows, forms, and terminology will be reviewed and discussed with the Agency EHR Task Force for their input.



◆ **Where Are We With Hearing Conservation 25 Years Later?:** More than 300 members of the [National Hearing Conservation Association \(NHCA\)](#) met in Portland, Oregon, February 21-23 for their annual conference. Dr. Alice H. Suter, Ph.D., author of much of the existing OSHA noise regulations issued in 1983, presented an overview of the good, the bad and the ugly in hearing conservation efforts in the past 25 years. She provided many thoughts on the subject including the areas that need the most improvement and the areas not receiving adequate attention. In summary she stated "Revise the 1983 Hearing Conservation Amendment to bring it at least into the second half of the 20th century, if not the 21st century."



There needs to be a major assessment to determine the effectiveness of current hearing conservation programs and to identify weaknesses." To read the entire summary of Dr. Suter's informative presentation at the NHCA go to this [article](#).

◆ **NASA OH Program Audit Team Visits Stennis:** During the week of March 3-7, the agency team visited Stennis. We would like to thank our hosts for their hospitality during the visit and express appreciation for scheduling a shuttle engine test firing during our visit to Stennis.



◆ **Register Now for the NASA Health Physics Conference:** [Registration](#) is open for the [HP Conference](#) May 12-16, 2008. At the time of this newsletter approximately 30 personnel are registered to attend this triennial Conference sponsored by NASA OCHMO. All the information related to this current meeting and past HP meetings can be found on the [Conference Website](#) (www.ohp.nasa.gov/HP08). The technical program is designed to meet the broad range of training needs for the entire health physics discipline practiced at all of the centers and facilities. Approximately 24-hrs will be dedicated to continuing education and skills building/refreshing in formal health physics for a combination of experience and college-level lectures in a style to maximize CHP and NRRPT preparation. These twenty-four hours will benefit each and every attendee, but it is Center participation that is crucial to the success of this meeting. Each Center is being asked to contribute to that success by sending a representative or two to share experiences from their Center; to make a presentation on a specific aspect of their program that demonstrates a good practice or highlights a particular strength.



◆ **NASA OH Conference 2008 Update:** [Registration](#) is now open for the [2008 NASA Occupational Health Conference](#) which will be held in the Inner Harbor area of Baltimore, MD, at the [Radisson Plaza Lord Baltimore](#) hotel during the week of July 7-11. Baltimore's Inner Harbor is one of America's oldest seaports. Since the 1600's, the Baltimore Harbor has been welcoming people, ships and goods from all over the world. This summer it will welcome the NASA OH Conference. The annual conference is a unique opportunity for you to gain the knowledge and insight needed to solve daily challenges at your NASA Center. The OH Conference offers a variety of topics in a variety of formats and brings all OH professionals together in an environment that helps us all better understand how the disciplines work together to provide a comprehensive Occupational Health program. The full [preliminary agenda](#) has been posted to the Conference Website.

◆ **NASA OH Center Review Calendar:**

- April 21 - 25 – Michoud Assembly Facility
- ◆ **Upcoming Occupational Health ViTS:**
- EAP – April 2, 11:00-12:30 PM EDT
- Environmental Health – April 9, 11:00-12:00 PM EDT
- Health Physics – May 7, 11:00-12:00 PM EDT
- EAP – May 27, 2:30-3:30 PM EDT

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