



◆ **2007 NASA Safety Directors / Occupational Health Managers Meeting is Almost Here:** Just a reminder to make your hotel reservations at the [Cocoa Beach Doubletree](#) to attend the annual Safety Directors/Occupational Health Managers Meeting. Each attendee must make their hotel reservations (1-800-552-3224) absolutely no later than Friday, January 26, 2007. Be sure to identify yourself as an *NSD attendee* to receive the discounted group rate of \$119.00. There are a limited number of rooms still available, so be sure to book your room as soon as possible. Also, don't forget to check out the meeting [registration](#) page on the NASA Occupational Health website to sign up as an attendee.

◆ **A New Resource from the Mayo Clinic - EmbodyHealth:** [EmbodyHealth](#) will be launched on January 30, 2007. The private web portal offers a wealth of information including a Health Risk Assessment tool, Ask an Expert, Diseases and Conditions, and Healthful Recipes. To access the site, participants will require a valid email address and a password. Mayo Clinic EmbodyHealth is for CS and families only. Detailed instructions including a unique ID will be sent to all CS on January 30. Basic [instructions](#) are available on the [OH website](#).



◆ **EHR Update:** It is only January and the [EHR Project](#) is already wearing green. Federal executive agencies are judged by the President's Management Agenda (PMA) stoplight scorecards and health information technology (HIT) was added to the PMA scorecard in December 2006. HIT for NASA received green ratings for both current status and progress in our first assessment. The EHR Project accomplishments are positioning the Agency's EHR as a model for other federal agencies to use in their efforts to comply with the PMA. Once operational, the EHR will promote patient safety, reduce errors, maximize utilization of limited health care resources, and provide data for effectively measuring the efficacy of services. It cannot be emphasized enough how important the PMA scorecard is to the agency. Recently a communication bannered "EHR Training Plan" was broadcast to the EHR Task Force, Medical COTRs, and other EHR stakeholders. Please know your comments are welcome in an effort to make the EHR a reality with considerable value for the Agency

◆ **HealthierFeds 2007 Challenge:** The kickoff for the 2007 challenge is on January 22, at the Department of Health and Human Services. NASA's speaker/representative will be Astronaut [Carl Walz](#). NASA civil servants and contractors will have the opportunity to register for the [HealthierFeds Challenge](#) from Saturday 1/20/07 through 2/5/07. The duration of the challenge is 1/22 - 3/18/07. All Centers will have incentive prizes and a random drawing sometime in March or April to be awarded to an individual who has successfully completed the Challenge.

The Challenge.
It starts with you

◆ **OH Web Focus:** [Health promotion](#) information and tools are currently available on the NASA OH website. In addition to current news, events and miscellaneous tools, you can find the NASA Health Promotion and Wellness Team's current and archived meeting agendas, minutes and presentations, as well as, any applicable articles. In addition [EH ViTS presentations](#) for the past 1.5 years have also been added to the OH website.

◆ **HealthierYou 2007 Calendar Online Evaluation:** We need your assistance to obtain feedback on this year's health calendar. This feedback is vital as we begin efforts to plan the 2008 calendar. *Please go to the OH website and complete the [evaluation](#) and encourage others to do the same.* Over 15,000 calendars were distributed in 2007.



◆ **2006 OH Conference Proceedings Available Online:** The conference summary is now available electronically. In support of the government Paper Reduction Act and to control costs we will no longer be printing the summary. The [2006 NASA OH Conference Summary](#) can be accessed through the NASA OH Website. The summary is password protected since our website is available to the public. The password was sent to all conference attendees. If you do not have access to the password please contact [Gail Bantugan](#), 321-867-3164.



◆ **OH Medical Review Officers (MROs) are Added to the OH Directory:** A list of the current MROs at each NASA Center and their alternates has been added to the NASA OH Website Directory [Points-Of-Contact Quick Reference](#) list.

◆ **Sharpening the Saw:** For many of us attending a national meeting in our discipline is an important part of our individual efforts to continue our professional development and growth, and to stay abreast of emerging issues in our profession. These meetings are excellent opportunities to attend educational courses, workshops, visit vendors, participate in committee activities, etc. On the OH website we attempt to list national Occupational Health related conferences on our [Conference page](#). Some of the conferences this year highlighted on the website are; the [Applied Ergonomics Conference](#), the [International Laser Safety Conference](#), [American Association of Occupational Health Nurse \(AAOHN\) Symposium and Expo](#), the [American Occupational Health Conference \(AOHC\)](#), the [American Industrial Hygiene Conference Exposition \(AIHCE\)](#) the [Health Physics Annual Meeting](#), [Annual Federal Workers' Compensation Conference and Exposition](#), and the [American Psychological Association \(APA\) Convention](#).

◆ **NASA OH Center Review Calendar:**

- February 5 - 9 – Johnson Space Center
- ◆ **Upcoming Occupational Health ViTS:**
- Fitness Coordinators – February 1, 12:00-1:30 PM EDT
- Environmental Health – February 14, 11:30 -12:30 PM EDT

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Find OH Monthly on the Internet at www.ohp.nasa.gov/newsletter/current.pdf