



# OCCUPATIONAL HEALTH

Monthly Newsletter July 2005



◆ **2005 NASA Occupational Health Conference ...A Big Success!** Over 100 attendees representing all 14 NASA facilities attended the week long conference in beautiful South Lake Tahoe. There was a full week of diverse events offering attendees new information on a variety of Occupational Health topics and facilitating the networking and relationships between personnel at all NASA sites. The week began with Professional Development Courses for all Occupational Health disciplines. The courses included Trends in Emergency Medicine, Control Banding, Quality Assurance for the Employee Assistance Program, and Reproductive Hazards. The Plenary Session topics ranged from presentations on managing through turbulent times, health promotion, OSHA's improving health outcomes, a panel discussion with the IOM on their report *Integrating Employee Health, A Model program for NASA*, and an update on the Agency Electronic Health Records (EHRS) effort. All OH disciplines held productive Breakout Meetings throughout the week. Noteworthy events included the evening Fun Run/Walk, the Forest Service Speaker at the Welcome Reception, and the Lake Tahoe Boat Tour. These events helped reinforce the importance of an active lifestyle, finding a positive balance in life, and its positive role in our health. All [presentations](#) that are available from the week can be found online on the OH website.



◆ **2006 Occupational Health Conference:** Cathy Angotti, Director of Occupational Health, announced the 2006 NASA Occupational Health Conference would be held in New Orleans. The 2006 conference is scheduled for July 24th-28th, 2006 at the [Loews Hotel](#). Hope to see you there!



## ◆ Electronic Health Records (EHRs) Project

**Update:** An [update on the EHRs Project](#) was given at the 2005 NASA Occupational Health Conference by Dr. W. Hoffler, Consultant Physician. The Conference attendees saw a demonstration of the Indian Health Services (IHS) Electronic Health Record System. The demonstration by Dr. Martin of Computer Informatics Associates, Incorporated was accompanied by an overview of the changes needed to meet the occupational health functional requirements.

◆ **New Weight Management Guide:** Eight popular weight management and diet plans have been compared to the new USDA 2005 Dietary requirements - the new Food Guide Pyramid. This product is available as a [tri-fold pamphlet](#) or a [flyer](#) on our website. These are great resources when for health fairs and or counseling employees. Look for an online tutorial *Tiny Bites Total Big Calories* coming soon on the nutrition page.



## ◆ 2005 AIHCE Electronic Proceedings Available:

Most of the [presentations](#) from the AIHCE are now available online; they are categorized by session number. Authors continue to submit their presentations so check the site frequently. The ability to review these presentations online while at your computer can be very beneficial.

◆ **ARC Health Unit JCAHO Accredited:** The ARC Health Unit has successfully completed the [JCAHO](#) reaccreditation process. The environment of care policies and practices were cited as best practices.

Congratulations to the ARC Health Unit staff!



◆ **Congratulations to Tim Hallmark at SSC:** Tim Hallmark, CSP, successfully completed the Certified Ergonomics Associate (CEA) certification from the Board of Certification in Professional Ergonomics ([BCPE](#)). Tim is an Industrial Hygienist at the Stennis Space Center.

◆ **JSC OH Contractor Recognized:** Kelsey-Seybold at NASA/JSC was presented the National VPP Star of Excellence award at the Voluntary Protection Program Participant's Association [Region VI](#) conference in May 2005. This honor is awarded to VPP Star Sites who have maintained an injury rate 90% or more below the industry average for like operations. Congratulations to Kelsey Seybold!



## ◆ NASA OH Center Review Calendar:

- August 8 – 12 – Marshall Space Flight Center

## ◆ Upcoming Occupational Health ViTS:

- Fitness ViTS – August 10, 11:30-12:30 PM EDT
- EH Monthly ViTS – August 17, 11:00-12:00 PM EDT
- Health Promotion ViTS – September 1, 1:30-3:00 PM EDT

NASA OH Newsletter is published by the NASA OH Support Office

Send information, comments or questions to:

◆ E-mail – [Bart.Geyer-1@ksc.nasa.gov](mailto:Bart.Geyer-1@ksc.nasa.gov) ◆ Telephone – 321-867-3473

Find OH Monthly on the Internet at <http://ohp.nasa.gov/>