

Monthly Newsletter November 2004



♦ Healthier NASA Update:

The Healthier NASA Campaign is well underway. The calendars have reached most NASA Centers. The Healthier NASA by Choice recipe cards will be sent to the

Health Promotion and Wellness Team (HPW) members in December. The recipes are scheduled for distribution during the second quarter of the campaign, January through March '05. Most of the campaign material is available on line. The Stress Self-Assessment Questionnaire can be easily accessed from the Healthier NASA website. Encourage your employees to take part in this quick and easy interactive tool. Level of stress as well as one's ability to manage it effectively are assessed. Based on the responses, the participant is directed to additional information and resources.

◆ 2005 NASA Occupational Health (OH)

Conference Announcement: The planning for the 2005 NASA OH Conference in Lake Tahoe on June 27- July 1, at Harvey's is well under way. The theme for this year's meeting is Towards a Healthier NASA: Successes and Innovations. To reinforce the theme of the meeting we are asking Centers to prepare and present posters at the Conference. The posters should focus on a success or innovation at a NASA Center and within the Occupational Health disciplines. Specific details on content and format for the posters will be forthcoming. We are hopeful this will facilitate sharing of best practices between Centers while also helping to support attendance at the meeting. Registration should be posted on our website in January 2005.





- ◆ 2004 NASA OH Conference Summary: The 2004 NASA OH Conference Summary has been mailed out to all conference attendees and speakers. This document has some significant enhancements including graphic design. Each document includes a CD of the summary and a CD with all the conference photos. If you would like an additional copy of the conference summary please contact Stephanie Odom.
- ◆ Guidance to Clinicians on Mold: Are you faced with a growing number of patients troubled by indoor contaminants such as mold and moisture? With a grant from the Environmental Protection Agency, the Center for Indoor

Environments and Health at University of Connecticut has published a comprehensive document titled "Guidance for Clinicians on the Recognition and Management of Health Effects related to Mold Exposure and Moisture Indoors". The intended readers are physicians, nurses and other health care providers.

◆ Electronic Health Records System (EHRS)

Update: Thanks to all who participated in the EHRS ViTS last month. As a result of the communications and comments we received, we have completed the workflow process and system requirements for occupational health functionality. This month, we are requesting that clinic managers and medical directors have their staff update the biomedical instrumentation inventory. This request is to identify instruments that are not capable of interfacing to the EHRS due to age or inability to output electronic data. In preparation for a system designed to automate health record input and standardize the information collected, we are developing a gap analysis of current instrumentation to identify appropriate resource allocation for a successful system. If you are not aware of the inventory update, contact your clinic manager or medical director to make sure the inventory is as accurate as possible. We anticipate bringing you more information on the status of this project in next month's newsletter.

2005 Safety Directors/OH Managers Meeting:



This meeting will be held February 28 through March 4, 2005, at the DoubleTree Oceanfront Hotel in Cocoa Beach, FL. Hotel information and registration for the meeting is on the OH website. Each individual

guest must make their own hotel reservations by calling the hotel's number 321-783-9222, and ask for the NSD Group Rate, no later than Monday, February 7, 2005.

◆ Agency Health Physics Conference: A special meeting for all environmental health professionals with ionizing or nonionizing radiation safety job responsibilities is being planned for the late spring/early summer time-frame in Cocoa Beach, near the Kennedy Space Center. The agenda will include ionizing and non-ionizing radiation safety training, technical tours, and discussions concerning individual Center and Agencywide issues. This will be a great opportunity for the NASA Health Physics community to come together and receive quality training and share information and experiences. We anticipate that this will be a valuable meeting that is both professionally

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enriching and personally rewarding for everyone attending. Look for more information in upcoming OH Newsletters.

- **♦ NASA OH Center Review Calendar:**
- January 11 14 Jet Propulsion Laboratory
- **◆** Upcoming Occupational Health ViTS:
- Health Physics ViTS December 1, 12:30-1:30 PM EST
- EH Monthly ViTS December 10, 2:00-3:00 PM EST
- Health Promotion ViTS December 13, 1:00-2:30 PM EST
- Worker's Comp ViTS December 13, 3:00-4:00 PM EST

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