

Contact Information for Contributors

Better Together

Developed by the Marriage Coalition, *Better Together* is an interactive marriage education curriculum with tools to strengthen the relationships of low-income couples. *Better Together* was developed with a grant from the Department of Health and Human Services and is adapted from Family Wellness' *Survival Skills* methodology and training.

For more information about *Better Together*, contact:

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Money Harmony

Speaker, money coach and couples therapist, Olivia Mellan has been a ground breaker in the field of conflict resolution, couples communication, and money psychology. She is the author of four critically acclaimed books:

- × *Money Harmony: Resolving Money Conflicts in Your Life and Relationships*
- × *Overcoming Overspending: A Winning Plan for Spenders and their Partners*
- × *Money Shy to Money Sure: A Woman's Road Map to Financial Well-Being*
- × *Advisors Guide to Money Psychology*

For more information about *Money Harmony*, contact:

Olivia Mellan and Associates, Inc.
2607 Connecticut Avenue NW
Washington, DC 20008
202-483-2660
www.moneyharmony.com
om@moneyharmony.com

PAIRS - Practical Application of Intimate Relationship Skills

PAIRS is a relationship skills-based education program that is designed for couples and individuals who are interested in preserving, strengthening, and enhancing their relationship. Programs include PAIRS for marriages, PAIRS FIRST for pre-marital and newlywed couples, and PEERS for teens. The PAIRS Foundation offers trainings to professionals and classes to the public for its adult (PAIRS) and youth program (PAIRS For PEERS) across the country. Workshops for the public range from 4 hours through weekend programs, and up to their hallmark Semester program spanning several months. PAIRS has created several faith based workshops, as well as one tailored to military families. PAIRS was created by founder Dr. Lori Gordon over 25 years ago and is taught around the world to international acclaim.

For more information about *PAIRS*, contact:

PAIRS Foundation
Phone: 888-724-7748 (888-PAIRS-4-U)
www.pairs.com
epairs@aol.com

Power of Two

Power of Two Workshops teach skills that keep dreams of living happily ever after a reality. The curriculum, written by Susan Heitler, Ph.D. and Abigail Hirsch, M.A., is based on their books *The Power of Two* and *The Power of Two Workbook*.

For more information about *Power of Two*, contact:

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Denver, CO 80220

Phone: 303-388-4211

Toll Free: 800-919-8899 for book/tape orders

Fax: 303-388-4214

Email: info@therapyhelp.com

PREP - Prevention and Relationship Enhancement Program

PREP is a skills and principles-building curriculum designed to aid communication, get to the heart of problems, and increase a couple's connection with each other. The program can be accessed through video and audiotape, books, workshops, or private instruction. Also available is a Christian program based on the research underlying PREP.

For more information about *PREP*, contact:

PREP Inc.

P.O. Box 102530

Denver, Colorado 80250

303-759-9931

www.prepinc.com

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Survival Skills for Healthy Families

Survival Skills for Healthy Families is a twelve-hour program designed for large groups of families and individuals. Developed by George Doub, founder of Family Wellness Associates, *Survival Skills* is a quickly learned and easily adaptable program which has proven effective in a variety of communities, cultures and languages. It is currently being used by Native American, Latino, African American, Vietnamese, Cambodian, Hmong, Laotian, Chinese and Filipino communities. It has been applied with refugee families, in marriage preparation, family preservation programs, for families in gang neighborhoods, as well as for parents wanting to get back in charge of their children and their lives. It is also been used for prevention and intervention in the areas of domestic violence, drug, alcohol, and child abuse.

For more information about *Survival Skills*, contact:

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