

# PARADISE

Three members of the crew of UPN's *Enterprise* test the latest high-tech devices. L-r: Dominic Keating (Lt. Malcolm Reed), Scott Bakula (Capt. Jonathan Archer) and Jolene Blalock (the Vulcan T'Pol). Catch James Brady's interview with Bakula inside.

What To Do With Your Old PC

BUILD A HOME THEATER ON A BUDGET

The Best Smart Toys For Your Child

Find The Right Digital Camera For You

AND GADGETS GALORE!

## Explore The New Frontier

YOUR PRACTICAL GUIDE TO HIGH-TECH LIVING

THE FAST WAY TO GREAT ABS!

# FastAbs™



system

THE FAST & EASY SYSTEM

- Electronic Massage Fitness Belt
  - 10 Levels of Intensity
  - 6 Exercise Programs
- Healthy Eating Guide
  - Eating Right for Weight Loss
- The 5 Secret Steps to Fast Action Fat Loss
- Targeted Toning Chart

**YOUR FASTEST WAY TO GREAT ABS!**

**10 = 600**

MINUTES SIT UPS

Get the Easy NEW System for Flat Abs Fast!

Amazing results guaranteed. The secret behind FastAbs is E.M.S Electronic Muscle Stimulation. This is a light, electronic stimulation that makes muscles contract.

The electronic massage fitness belt lets you choose from 10 levels of intensity and 6 different exercise programs. Choose an intense workout or a gentle program. Just 10 minutes can equal 600 sit-ups!

Use the whole system for the ultimate in body sculpting and body building. Abs, back, triceps, biceps. Customize your program for weight loss and muscle definition.

The comprehensive system includes everything you need: Electronic Muscle Stimulator with adjustable belts, nutrition and fat-burning guides and targeted toning guide.

Just minutes a day CAN make a difference. Skip the gym, skip the expensive equipment. Do your workout at home or in the office without interrupting your schedule.

Fast. Easy. Affordable. Complete.

**GUARANTEE: Lose 2 Inches Off Your Midsection in Less Than a Month, or Your Money Back!**

That's right! Use your FastAbs System to shape and tone your abs for 30 days. You can even start seeing results in just days. You must be totally thrilled and amazed with your toned abs without the work, or simply return the System for a full refund of your purchase price, less S&H, and you may still keep the Healthy Eating Guide and Firming Gel as our gift to you!

© 2001 FAST ABS Allow 4-6 weeks for delivery.



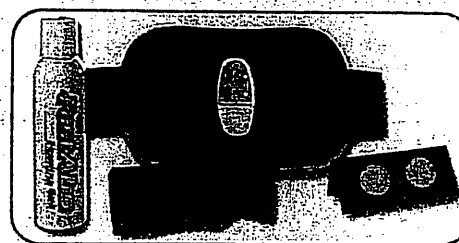
Adjustable Positioning Lets You Target Your:

- Upper Abs
- Lower Abs

Plus All These Trouble Spots:

- Love Handles & Waist
- Inner & Outer, Thighs & Buns
- Arms
- Chest

Results will vary. Do not use during pregnancy or with a pacemaker, cardiac condition, epilepsy or multiple sclerosis. Consult your physician before beginning any diet or exercise program.



The Complete FastAbs System Includes:

- FastAbs Unit • Short Belt • Long Belt
- Healthy Eating Guide • Targeted Toning Chart
- The 5 Secret Steps to Fast Action Fat Loss



NOT \$699.00  
All This For Just **\$39.95**

ORDER NOW! 1-800-515-2299

**YES!** I Would Love to Have Great Abs, Without the Work! Please Send Me My FastAbs System with a Risk-Free Guarantee

- One FastAbs System only \$39.95 each plus \$9.95 S&H. Total \$49.90.
- SAVE \$10.00: Buy 2 FastAbs for \$69.90 plus \$9.95 S&H. Total \$79.85
- Super FastAbs Deluxe System: Get twice the results in half the time for only \$59.90 plus \$9.95 S&H. Total \$69.85. (Includes: 2 fitness belt thigh belt, the FREE BONUS plus one additional power control to double the frequency strength or use both belts at the same time.

VISA  MasterCard  Discover Exp. Date \_\_\_\_\_

Credit Card # \_\_\_\_\_

Check  Money Order (NJ, PA & CT residents add 6% sales tax. CA and NY add applicable rate.) U.S. CURRENCY ONLY.

Please make checks payable to: FAST ABS

Print Name \_\_\_\_\_

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone# \_\_\_\_\_ E-mail \_\_\_\_\_

Mail Your Payment Today To: **FAST ABS**  
26 Barnes Industrial Rd. North, P.O. Box 3007,  
Deerfield, Wallingford, CT 06494-1567



Log on. Print Coupons.  
Save. myClippings.com  
coupons

Better Part  
Better Deals  
SUPERPAGES.COM

verizon

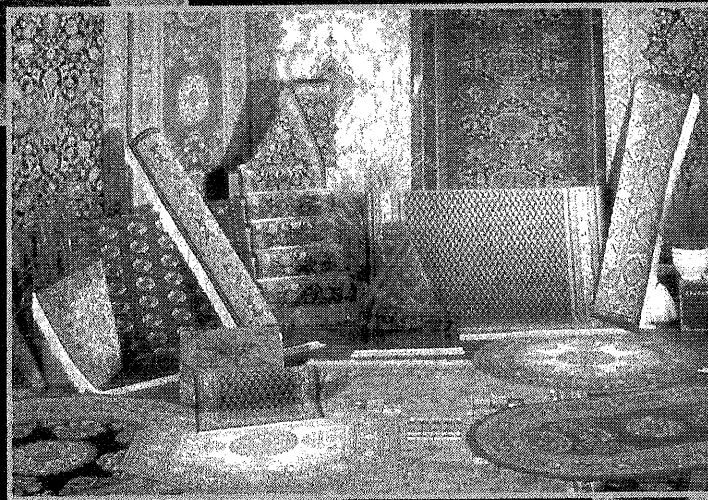
# Clipper Magazine®

Bethesda Edition February/March 2002

## Winter Carpet Sale

- Wall-To-Wall Carpeting
- Breathtaking Assortment Of Oriental Rugs In All Sizes
- Custom Border Rugs
- Contemporary And Modern Rugs
- Stair And Hallway Runners

PERGO & MOHAWK  
Flooring On Sale



Extensive Selection of Sisals, Berbers,  
Wiltons and Patterns

Rugs • Wall-To-Wall Carpeting  
Laminated Wood

Serving the Washington Area For Over 30 Years

# georgetown carpet

7828 Wisconsin Ave., BETHESDA • 301-654-0202  
2208 Wisconsin Ave., WASHINGTON, D.C. • 202-542-2262 • 10708 Lee Highway, FAIRFAX • 703-273-2500

# 15% OFF

Any Rug Or Remnant Price  
with this coupon

**georgetown  
carpet**

7828 Wisconsin Ave., Bethesda • 301-654-0202  
2208 Wisconsin Ave., Wash., D.C. • 301-654-0202  
10708 Lee Hwy., Fairfax • 703-273-2500  
Not valid with other offers. Offer expires 3-15-02.



# Feel Results Fast!

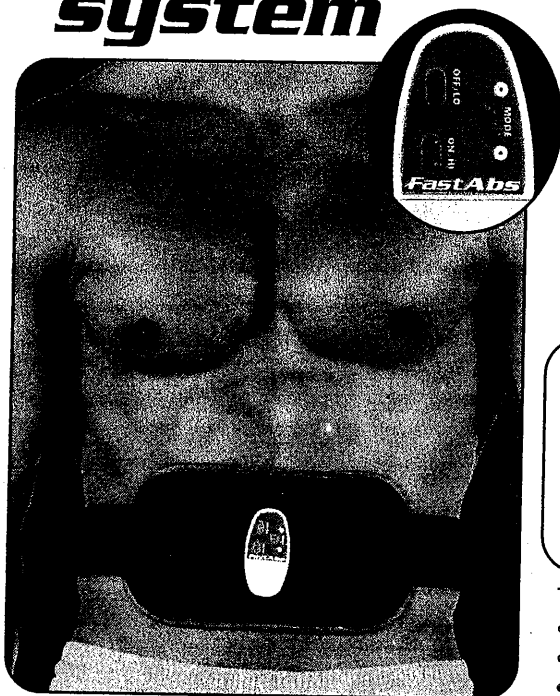
# FastAbs™

AS SEEN ON  
**TV**

## system

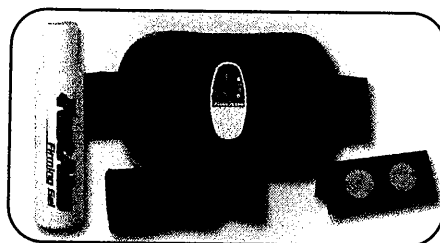
FEEL GOOD  
LOOK GREAT!

**10 = 600**  
MINUTES AB CONTRACTIONS



### THE COMPLETE SYSTEM

- **Electronic Massage Belt**
  - 10 Levels of Intensity
  - 6 Exercise Programs
- **Healthy Eating Guide**  
Eating Right for Weight Loss
- **The 5 Secret Steps to Fast Action Weight Loss**



*Everything You Need to Slim Down and Firm Up!*

Amazing results guaranteed.

The secret behind FastAbs is **Electronic Muscle Massage**. This is a light stimulation that makes muscles contract.

The electronic massage belt lets you choose from 10 levels of intensity and 6 different massage programs. Choose an intense workout or a gentle program. Just 10 minutes can equal 600 ab contractions!

The comprehensive system includes everything you need: **Electronic Muscle Massager** with adjustable belts, nutrition and fat-burning guides. Target abs, back, triceps, biceps. Customize your program to meet your goals.

Just minutes a day CAN make a difference. So simple and convenient. You can follow the program at home or in the office without interrupting your schedule.

Fast. Easy. Affordable. Complete.

**GUARANTEE: Lose 4 Inches in Less Than a Month, or Your Money Back!**  
That's right! Use your FastAbs System to shape up for 30 days. You must be totally thrilled and amazed or simply return the System for a full refund of your purchase price, less S&H, and you may still keep the Food Plan & Nutritional Guide and Activating Gel as our gift to you!

© 2001 FAST ABS Allow 4-6 weeks for delivery.

*Adjustable Positioning Lets You Target Your:*

- Upper Abs     Lower Abs

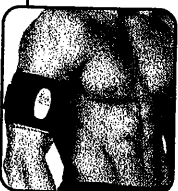
Plus All These Trouble Spots:



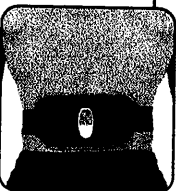
- Love Handles & Waist



- Inner & Outer, Thighs & Buns



- Arms



- Back

Results will vary. Do not use during pregnancy or with a pacemaker, cardiac condition, epilepsy or multiple sclerosis. Consult your physician before beginning any diet or exercise program.

The Complete FastAbs System Includes:

- FastAbs Muscle Massager Unit
- Short Belt
- Long Belt
- Food Plan & Nutritional Guide
- The 5 Secret Steps to Fast Action Weight Loss

**FREE BONUS:**  
• Activating Gel  
• Extra Battery

NOT \$699.00 All This For Just

**\$39.95**

**ORDER NOW! 1-800-683-4477**

**YES!** Please Send My FastAbs Electronic Muscle Massager and Nutrition & Fitness Guides with a Risk-Free Guarantee!

- One FastAbs System only \$39.95 each plus \$9.95 S&H. Total \$49.90.
- SAVE \$10.00: Buy 2 FastAbs for \$69.90 plus \$9.95 S&H. Total \$79.85
- Super FastAbs Deluxe System: Get twice the results in half the time for only \$59.90 plus \$9.95 S&H. Total \$69.85. (Includes: 2 fitness belts, thigh belt, the FREE BONUS plus one additional power control to double the frequency strength or use both belts at the same time.

VISA     MasterCard     Discover    Exp. Date \_\_\_\_\_

Credit Card # \_\_\_\_\_

Check     Money Order (CT residents add 6% sales tax. CA add applicable rate.) U.S. CURRENCY ONLY.

Please make checks payable to: FAST ABS

Print Name \_\_\_\_\_

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone# \_\_\_\_\_ E-mail \_\_\_\_\_

Mail Your Payment Today To: **FAST ABS**  
26 Barnes Industrial Rd. North, P.O. Box 3011,  
Dept. FA113, Wallingford, CT 06494-1567