

Live  
Trim  
Bleed



**Steroids? Not in my game plan.  
Keep Your Body Healthy.  
Don't Use Anabolic Steroids.**

If you use anabolic (muscle-building) steroids, you risk heart damage, stunted growth, liver damage, severe acne, balding if you're a guy, and facial hair if you're a girl. You're also at risk for HIV and other blood-borne infections if you inject steroids or other drugs.

For more facts, in English and Spanish, go to [www.steroidabuse.org](http://www.steroidabuse.org).

*Comments or inquiries?  
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