

Correspondence from the Public

PART 2 OF 3

To: A

From: [REDACTED]

Subject: Mercury tooth fillings

Sent: Fri 4/14/2006 4:19 PM

About 15 years ago I was advised to remove the mercury from my teeth by a Naturopath.

I was having chronic fatigue symptoms and a high level of irritability. After removing

eleven of my fillings and replacing them with the newer stuff (non mercury) I began to

feel much better and in about six weeks I was whole and healthy again at the time I

was [REDACTED] years old. I am [REDACTED] now, and healthy and whole! I am convinced that it was the

mercury which was debilitating me. I am a nurse practitioner and I believe I know what

I am talking about. Sincerely yours, [REDACTED]

To:Adjodha, Michael E

From: [REDACTED]

Subject: My mercury experiences

Sent:Sat 4/15/2006 8:46 PM

I had mercury fillings put in when I was about 10 years old in 1968. Like everyone who had cavities we were told mercury amalgam was best and safe. After that I had some replaced and some new ones added in 1981 and 1987.

At the age of 11 I started getting migraines. they continued increasing in strength and frequency. Like many I attributed my migraines to hormones or other factors- a previous childhood bout with meningitis possibly.

At 46 my blood pressure started to spike to dangerously high levels - I was getting a migraine a month which included headaches, nausea, vomiting. On a visit to a dentist to get my teeth cleaned my blood pressure was so high they refused to clean the teeth they asked me to see my physician first.

On a visit to my regular physician he tested me and thought that the sudden hypertension might be related to heavy metal toxicity so he suggested a 12 hr challenge test to see if any metals were present.

Well I was off the chart!! mercury levels that were too high in a factory would be 9 my numbers were 50 way above a toxic state.

I went back to my dentist who does proper mercury removal. We spent the next few months removing my 11 mercury fillings.

I have not had a single migraine headache since they were removed!

My blood pressure is back to almost normal without any other interventions.

Now you tell me how damn safe those fillings are. I was on my way to death. With all my tax money going to the FDA I wish they would spend less time slapping the hands of cherry growers and a little more time looking at the real dangers of big business partnerships with the ADA.

But be that as it may I am happy they are out I am thankful every month of the the past two years.

[REDACTED]

To: Adjodha, Michael E

From: [REDACTED]

Subject: My experience

Sent: Fri 4/14/2006 5:02 PM

Good Afternoon,

It is exciting news that the safety of amalgam fillings is being revisited.

After years of headaches, numbness of limbs, depression, TMJ and hormonal problems, I had my amalgam removed. What an incredible difference it has made. Rather than going on to be diagnosed with MS, as the doctors had mentioned I am now very healthy with none of the above problems.

So many minor problems also vanished - no sensitivity to hot or cold food, no metallic taste in my mouth, and gum problems a thing of the past.

As am Registered Nurse, I remember the fear when a thermometer broke. Yet this same material is put in our mouth.

My material has lasted in my mouth since 1989. With safer choices, I sincerely hope you will save countless of lives the agony I have lived through.

Thank you,

[REDACTED]

[REDACTED]

To: Adjodha, Michael E

[REDACTED]

Subject: my mercury filling poisoning story

Sent: Fri 4/14/2006 10:59 PM

MY PERSONAL STORY

"SAINT MORALES"

Dearest Dr. Morales,

A simple thank you does not express my gratitude for the dental work you performed.

I became permanently and totally disabled in 1994. prior, I had managed three AS degrees in Criminal Justice and was thirty credits short of a BS in Corrections, studying to be a parole and probation officer. I had finally succumbed to family and friends' view of me and decided I really was lazy and had no direction, etc.... So, I went to college again. I routinely studied twenty hours a day, sometimes only getting ten hours sleep a week. This was necessary for me, as it took me much longer to study and do homework than everyone else, eventhough I was an "A" student. I knew there was something wrong with me, even told my professor; But, he didn't believe me and gave me a "B" because I turned my paper in a day late. When I had two MS-like exacerbations within three months, I took my school insurance and requested an MRI. (I had known since age nineteen that I had brain damage because of the first twenty minute attack I experienced, which caused me to lose vision, made my arm numb, took away my speech and comprehension, etc.... But, I didn't have insurance then and MRI technology had not been developed). I was diagnosed with MS and was told by my neurologist not to work or go to school and no stress.

I went on to acquire a myriad of other (diagnosed) diseases: Depression, Fibromyalgia, Arthritis, Chronic Fatigue Syndrome (with the Epstein Barr virus), Lhermitt's Syndrome, Degenerative Disc Disease (cervical), Cervical Spinal Stenosis, Mitral Valve Prolapse, and Hypo-Thyroidism. As these diseases developed, it was still not apparent to friends, family, and people that there was anything wrong with me at all. Eventhough I've suffered a lot with numbness and tingling, exacerbations, insomnia, exhaustion, etc..., I have always looked alright on the outside. this made life very difficult, all the while, not knowing that I was really dying from mercury (amalgam),nickel, and root canal poisoning. as a child, my mother and i did know something was wrong, as after my first fillings, I could not sleep at night and had to urinate constantly, sometimes all night. We did not make the association, though. I have also lived with systemic problems, such as: low blood pressure and low body temperature. I knew I was really messed up immunologically, but I couldn't figure out why, since none of my problems run in our family.

I had heard about the mercury a couple years ago, but didn't think it was the total cause of all my illness. I discussed it, though, at that time, with our apartment maintenance man. He and his wife had went to you a couple years prior and were extrememly impressed with your prices and work. I wish I had acted at this time, but I put my mercury info away, planning to read it later, big mistake! Still, it is amazing to me that I, someone who has been studying health and nutrition as a hobby since 1985 (with the release of Durk Pearson and Sandy Shaw's book: Life Extension), had never heard of mercury amalgam poisoning.

A few months ago, I became so ill that I thought I had better start studying mercury poisoning as a last resort. I couldn't believe what I was reading! There was so much scientific evidence concerning amalgam poisoning, that I began compiling a file on my pc.

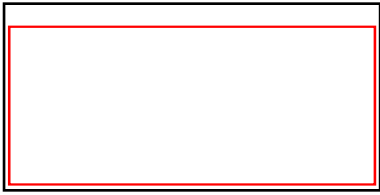
This was extremely difficult, as every disease and condition I had was described as being due to either amalgam, nickel, or root canal poisoning. I worked on the file for a week, many hrs a day, taking time out to cry extensively. I found a vast amount of scientific proof on the dangers of amalgams, but rarely did I find anything saying it was safe, seems the latter was all from the ADA and their associates and based on one very old, flawed study.

But, after discovering all this, I knew I didn't have the money to get it removed. I called my mother and told her I was going to commit suicide (as you and I both know, this is a common symptom of mercury poisoning), rather than treat one more disease (Hypo-Thyroidism) and wait for another to develop. A week and a half prior, i had finally found a doctor knowledgeable about mercury and nickel poisoning. He was trained in Poland (where nutrition must be studied before medicine). He told me that my next disease would be Diabetes and after that, Heart Disease. From the literature I've read, I knew that cancer and Alzheimer's follow. He also told me that if I got it all removed immediately, and orally chelated, I would most likely not have to take medication for Hypo-Thyroidism, and that I would see a vast improvement in my health. I knew that it was, in fact, an immediate situation. I was going to do one last thing, something my mother had been asking me to do for 2 yrs: get an estimate from you. I called her the next morning (after the suicide messege) and she told me she had some money and that I may be able to borrow the rest from my Grandpa and Grandma. I called you and you weren't going to get me in, as you were too busy. But, when I pleaded with you, telling you that I had to have an estimate so I could ask my Grandpa for a specific amount, you let me come in for the evaluation the next day. This really caught my attention. I thought "This guy is either about money or very compassionate."

Well, Doc, turns out your are a saint, saving lives every day, some of whom, do not even realize it. You could be like all the other biologic dentists in TJ and charge nearly double what you do, but you would rather help people instead. I am well aware of all the extra work You have done for me, work you could have charged me for. There are very few humanitarians in the world and you are one. The city should erect a statue and place you in one of those circles; but, since you are so tall, I doubt they would want to use twice as much material. It goes way beyond your pricing and helpfulness; You exude a beautifully positive attitude and incredible outlook on life. And, I have seen you work and interact with people; You deserve a medal for patience, tolerance and kindness. I have heard things from your staff about the kind of person you are, always helping people out and such. By the way, your staff compliments your office extremely well. Martin and Melissa are a joy to be around, lovely people. I can never forget you and feel compelled to tell the world that you saved my life. My parents are grateful as well; I am their only child. Oh, and you are a Barry Manilow fan, which is just icing on the cake! (strange analogy to describe a dentist)!

The following are the changes that have taken place since the removal (within one day to one month): no longer coughing up mucous all day, hair stopped falling out, no dizziness, no longer bloated, no more vomiting and extreme nausea, skin is clearing up, much more energy. The change I like best though, is that I am metabolizing fat correctly for the first time in my life. I don't even have to try and the fat is just dropping off me! I noticed this after three weeks. I eat a high fat diet, the Evolutionary (Caveman,paleolithic) diet, and it is still melting away. I have been fighting fat my whole life. I am starting to see muscle tone, always wondered why I never had any. I did bodybuilding for three years and still never looked muscular. A while back, I lost a dramatic amount of weight through depression and working out; Still, no muscle tone. Now, for the first time, I feel like I'm going to look as fit as I've been striving for all these years.

Thank You Dr. Morales. I owe you my life. You know "I Can't Smile Without You."



CLICK ON MY FAVORITE LINKS:

<http://bikerchick.freehomepage.com>

(Yours, Truly)

<http://www.toxicteeth.net/>

(Your fillings are killing you)

<http://mercola.com>

(Best Free Health Site)

<http://www.inversiontherapy.com/index.html>

(Hang Ups)

<http://www.softpedia.com/get/Internet/Popup-Ad-Spyware-Blockers/SpvBotSearch-Destroy.shtml>

(Best Free Spyware Program, Spy Bot 1.4)

To: A

From: [REDACTED]

Subje

Sent: Fri 4/14/2006 6:38 PM

Mr. Michael Adjodha, I am a chemist and I believe that mercury has an effect on some people who have mercury amalgam fillings. I had my mercury fillings removed about 25 years ago and continue to support that dentist. However, he has had a lonely existence being one of few in the Denver area. It is not an easy path to have new ideas in the medical field. I totally [REDACTED] ck into this. Please do so. Thank you.. [REDACTED]

To: Adjodha, Michael E

From: [REDACTED]

C: [REDACTED]

Subject: meeting re amalgam & mercury

Sent: Fri 4/14/2006 5:36 PM

September meeting re amalgams

<http://www.fda.gov/oc/advisory/acalendar/2006/cdrh12518dd09060706.html>

I heard about the meeting set for September by the FDA. Unfortunately I will not be able to attend. I would like to speak out, however, and say that this is an important issue and one that does not get enough attention. I have spent the last two and a half years recovering from mercury poisoning and am still not recovered. I believe this poisoning was caused by a) a lot of amalgams in my mouth, b) a gold crown on top of an amalgam filling which is particularly toxic and c) by breaking a mercury thermometer (the straw that broke the camel's back, as they say), as well as other environmental mercury exposure.

I have attached a copy of the letter I sent to my insurance company (which was denied through several appeals). Because doctors are not taught about this in medical school, few recognize it or treat it. It's hard to test for and get insurance coverage, so the costs involved to recover are generally out-of-pocket. I have spent \$30,000 out-of-pocket to-date on medical bills and am still not well. I have decreased energy, sleeping problems and decreased immune system. I am lucky in that my job allows me to work from home a couple of days a week (programming) which is the only way I would have survived these past few years. I am a single parent, 45 years old, and have no one else to pay my mortgage or bills.

Mercury poisoning is very destructive. It caused so much cognitive dysfunction, in the beginning, that I was afraid I would lose my job because I could not do it mentally. It makes you suicidal and anti-social. It has changed my personality and put an end to my social life. Few friends can go through an illness of this duration with a person. My family has been a big support, but it has been very tough and I have had suicidal thoughts at various times because I am so tired of not being well and being my old positive, energetic, creative self. I miss her—my old well, happy self.

In addition to outlawing mercury amalgams and getting insurance coverage for safe removal of them, I hope we can meet our energy needs without coal and the resulting mercury pollution. I am suffering from mercury poisoning and I would ask that you forward this message and attachment for your time.



I am writing to request reimbursement of my expenses related to mercury poisoning. I suffered from mercury poisoning after breaking a mercury thermometer in my home in December 2003. It took three months to get a diagnosis of mercury poisoning from my

primary care physician. He referred me to Dr. B. as this was the only doctor he knew that treated mercury poisoning. Dr. B. was outside of my network. After calling all the allergy/immunology doctors in my network and after contacting Blue Cross by phone, it seemed he was the only choice for treatment. Earlier in 2004, my primary care physician had requested coverage for my visits to Dr. B. for treatment. The appeal was refused on the grounds that my primary care doctor's urine testing of my mercury levels were not consistent with this diagnosis. As you will see if you visit Dr. Boyd Haley's web page (on attached References page), urine testing is not valid to ascertain mercury levels. In fact, if you research this issue of mercury testing at any length, you will find that mercury, after the initial exposure, quickly settles into organs and tissue and leaves the blood stream. Consequently, it is difficult to test. There are several tests – most combined with a chemical provocation to force the body to release some mercury – but all these tests have their proponents and opponents and issues. If you're using a urine level test with provocation by DMSA (Chemet) or DPMS, how can do you time the urine collection when the mercury is being released by the body? Dr. B. had me collect urine on the third day of taking the DMSA and my recent research all states that it should be collected on the first day. Nevertheless, I have attached a copy of the test results from the second round of DMSA (first round was in March 2004; second round was in May 2004) which shows an elevated mercury level.

By the time I reached a doctor with mercury treating experience, I was so sick that the focus was on treatment and symptom reduction so that I could keep my job. Testing would come later, and, as I have found out by reading and my experience, medical providers use different tests to help them with treatment plans, but no mercury level tests are definitive. The patient's symptoms are evaluated, you're treated for mercury poisoning based on your symptoms and if the treatment is effective then that is the definitive proof of the diagnosis.

Mercury poisoning is controversial because there is so much liability and legal exposure at a corporate level. The American Dental Association routinely denies that amalgams and mercury are dangerous as they have an exposure to lawsuits. Prior to the formation of the ADA, there were two dental associations who fell out over the issue of mercury being poisonous and this was in the early 1900's. The ADA sprang out of a group who liked the cheap cost of the amalgam fillings and saw a growth industry with dental work being affordable to more people. The EPA rates mercury as one of the most toxic substances on our planet yet we put it in our mouths. Toys have been recalled due to mercury content, electric utility plants have been sued over mercury pollution and dentists have to treat amalgams as toxic waste when disposing of it, yet the medical community largely ignores treatment of mercury-poisoned individuals. Most doctors I have discussed this with openly ask me what my symptoms were as they had no training in medical school on this very important issue of mercury poisoning. Many European countries have banned or are in the process of banning mercury amalgams. Connecticut is trying to ban it as are several other states, like California.

I wish that the media would bring more attention to this very real medical issue. I wish that medical schools would train doctors on how to treat mercury poisoning—both from broken thermometers and other sources. I wish that standard tests and treatment protocols would be developed and practiced by doctors that contract with insurance networks. Until

such time, patients waste much time and energy trying to find someone knowledgeable to help them get well. These providers typically are not covered by insurance and often recommend treatments (supplements and IVs) that are not a drugstore prescription and so are not covered by insurance. The media discusses mercury poisoning from fish but does not cover other mercury toxic issues such as amalgams, mercury thermometers, light bulbs and other sources. Mercury thermometers are no longer sold but there has been no media attention given to this dangerous household object that should be disposed of as toxic waste and should not be in anyone's home. I am seeing more and more articles related to mercury poisoning from eating fish and environmental pollution yet there is no discussion of symptoms from mercury poisoning or how to get effective treatment. The public badly needs to be educated on this topic.

I have attached a spreadsheet and a copy of all bills for my year-to-date expenses related to the mercury poisoning. I currently spend \$140.00 a week on the vitamin IVs, not to mention all the doctor, dentist, endodontist, oral surgeon and supplement costs. I have attached a spreadsheet that outlines the costs incurred this year. I believe that mercury poisoning is a complicated and expensive medical problem that needs more attention by the medical community and treatment needs to be covered by insurance.

I have attached a summary of my expenses that has broken out the expenses in columns for each treatment type. Under the dental column, I have noted the amount of dental insurance reimbursement to net my true out-of-pocket expenses. I have also attached a copy of each bill listed as well as a list of reference material on mercury poisoning and a history of some of the medical events that occurred during this past year. With out-

of-pocket expenses totaling \$13,087.31 for this calendar year for expenses related to mercury poisoning (not including in-network co-pays), I now understand why people have to file bankruptcy for medical bills. Prior to this, I did not think I would ever experience large medical outlays because I have health and dental insurance. I now understand that there are medical issues that the medical community has not deemed legitimate that are very expensive to treat. I cannot imagine what happens to someone living at poverty level that has mercury poisoning. I have seen on the mercury chat rooms, on the Internet, where someone has posted "I have spent \$50,000 on out-of-pocket costs to get well" from mercury exposure. These are people, like me, with good jobs that have good benefits including health insurance. We should not have to risk personal bankruptcy due to mercury poisoning.

Class action lawsuits have been brought in Canada and there has been a conference in the U.S. by the class action legal community regarding such action in the U.S. court system. It is sad to me that the only way mercury poisoning issues will become mainstream is if a large class action lawsuit is successful.

The EPA and CDC have held conferences regarding mercury poisoning and the environment and related issues. Many people have mercury poisoning and don't know it because doctors so rarely recognize and diagnose it. Mercury is the most non-radioactive toxic substance and yet the medical community does not teach its doctors how to recognize or treat mercury toxicity. The alternative medicine community, along with some allergy/immunology doctors, have learned how to treat this effectively and I believe it is one of many reasons why people are increasingly visiting alternative medicine

doctors outside of their insurance network.

Since the mercury poisoning was caused by the thermometer and it is a legitimate medical issue, I am requesting reimbursement of my treatment costs. I would appreciate your research and consideration of reimbursement for these expenses.



Thank you.



In December 2003 I broke a mercury thermometer in my home. I did not know how toxic mercury vapor can be. I had never heard of mercury poisoning. In December I had swollen lymph glands and pain near my elbows, knees and ankles and in my neck. In addition, I had "brain fog"—a condition where I felt like I had lost a significant amount of my cognitive ability and worried about losing my job. I had icy feelings in my neck and extremities. I was extremely fatigued and did not feel well. I could not think well and my judgment was extremely impaired. I had a rapid heartbeat, feelings of breathlessness and started taking Xanax for those symptoms. In addition, I could not sleep without Ambien. Without it, I would just lie awake no matter how fatigued I was.

The first problem with mercury poisoning is getting it diagnosed. Unfortunately, few, if any primary care physicians are trained to recognize the symptoms. I spent three months being extremely ill, before getting a diagnosis and that's generally considered a short time and I am considered lucky. Also, my primary care physician is the one who suggested this might be the problem after he and several specialists had been stumped by my symptoms. It was on about the tenth visit I made to him, repeating my symptoms once again, that he suddenly said "You may have mercury poisoning! It is one of the most undiagnosed illnesses in the country." I had never heard of it. The only reason he thought of it was because a symptom I mentioned (an icy sensation in my neck and extremities) triggered a memory of a conversation he overheard by a co-worker who had been mercury poisoned. I was extremely lucky—many people go for years without a diagnosis of this problem and lose their jobs and family (due to the huge personality changes after being mercury poisoned and the cognitive impairment).

After seeing my primary care doctor many times and being evaluated by various specialists, my primary care doctor suggested looking into mercury poisoning as he'd had a co-worker that exhibited symptoms similar to mine that had been successfully treated and cured. The only doctor he knew to refer me to was Dr. B.. In my case, Dr. B., the first doctor I was referred to for mercury treatment, did not test correctly or administer DMSA correctly, in my opinion. He prescribed Chemet and had me do urine collection on the third day. I have subsequently read, in many resources, that you should collect it on the first day. So we'll never know what my initial mercury levels were.

After feeling that my case was not being handled well and that the Chemet was being overdo to look for another doctor. It took several months of research for me to find  who has had to not only treat the mercury poisoning but also repair the damage  immune system by the overdoses of Chemet I experienced under the

direction of Dr. B..

It was only after doing research about mercury poisoning and its causes that I remembered breaking a mercury thermometer shortly after Thanksgiving, 2003. My symptoms were consistent with that diagnosis. In between the time of my initial diagnosis and the later referral to Dr. B. (it took a couple of weeks to get his name), it was suggested that I have amalgam dental fillings removed. Until this time, I had no plans for dental work this year beyond my annual cleaning. I thought my mouth was the least of my problems. However, I soon found out by medical opinion and research that you need to remove mercury from your mouth for several reasons. For one thing, those amalgam fillings are leaking mercury into your system at all times. Furthermore, the mercury they are leaking can be moved into your brain and organs even further by chelation treatments. Anyone who treats you for mercury poisoning will rightly insist on removing this toxic element from your mouth. However, I had dental work done prior to seeing anyone experienced in mercury poisoning treatment and the dental work was not done in a safe manner. So I was exposed to yet more mercury poisoning and grew more ill. I feared losing my job because I was so sick and so mentally confused. I used up all my sick pay and accrued vacation by February, 2004. By the time I saw Dr. B., I was severely mercury poisoned and he immediately prescribed a round of Chemet. Based on his experience, he made the diagnosis by symptom evaluation and prescribed this drug to get me some relief quickly. I was told that I would have many rounds of Chemet and that it would take two years to get well.

After two rounds of Chemet I had some reduction of symptoms but felt that the Chemet had been over-prescribed - dangerously so – and that my case was not being handled well. I had been prescribed 4500 mgs of Chemet over a period of three days, once in March 2004 and the other time in May 2004, which I now believe is a huge overdose.

After some research, I found Medicine. She is an M.D. that has additional certification in alternative medicine. She referred me to a dentist who could more safely remove the amalgam fillings. Also, she has been treating me for all the associated biochemistry disruption that occurs with mercury poisoning. It disrupts your neurotransmitter and hormone functioning among other problems. I have to take Ambien to sleep (otherwise I lie awake all night) and Xanax to reduce the rapid heart beat and breathless feelings. In addition, she's suggested supplements to support amino acids and neurotransmitters to correct the damage done by the mercury poisoning landing on cells and interrupting normal functioning and to enhance my body's natural (but slower) chelation processes.

I took a reduced amount of Chemet a third time in June, 2004, around the time of some additional dental work. I now believe the first two rounds – dangerously high levels of Chemet – combined with this third round and all the exposure from the various dental procedures had severely damaged my immune system. My energy level, which had been low, was so compromised that I did not have enough stamina to work 8 hours a day. Between June and September, 2004, I had five rounds of antibiotics and much dental work in an attempt to overcome infection. I contacted ho said to stop the amalgam removal, for now, as my immune system was mised. She prescribed vitamin infusions twice weekly (vitamin C, magnesium and B complex) in an effort to restore my immune system. As I write this, I have one crown and a bridge yet to be

installed. The bridge is to replace a tooth that was a recurring site of infection. This tooth that was removed had a gold crown on top of an amalgam filling—a combination that research has shown to be very dangerous. The two in combination disperse the mercury throughout your tissues even more so than an amalgam filling alone.

I had my last amalgams removed the first part of December 2004. My immune system is so compromised that I can no longer use DMSA or one of the aggressive chelators. At this point I am taking supplements to support my body's chelation processes.

In addition, I had my gall bladder removed December 22, 2004. It was fine prior to the mercury poisoning. We believe that due to the extremely high load of mercury toxicity I had and the dangerous levels of Chemet that I was prescribed, that the gall bladder was damaged.

I work in-office two days a week and from home three days a week because I do not have the stamina for a regular week that involves commuting and grooming for work. I frequently lie down for my lunch hour. My mother has moved here temporarily (she lives in Texas) in order to cook, clean and run errands so that I can spend my energy on doing my job and doctor visits. I consider myself fortunate that I program software for a living and can work from home—at least part time. Obviously it would be advantageous to work in-office as I miss out on much communication and on-the-job training that I would receive were I working at my place of employment. I consider myself fortunate that I have family to support me during this horrific year.

Mercury poisoning is very difficult to deal with. Mercury has a half life of 25 years and although the human body can excrete it, it does so very slowly. Only with assistance can you speed up the removal of this poison. Meanwhile you have mental confusion and feel extremely antisocial. You have chronic fatigue and have no energy for spending time with friends and family or doing your normal hobbies and activities. I have dedicated all my energy this year to doctor and dental visits and work. I have not seen friends or been able to visit my grandchildren who are out of town. I have not been able to enjoy gardening or other hobbies. This has been a great loss for me. In addition, I have gone without pay for 8 days due to my medical problems that exceeded my vacation and sick days. So in addition to having about 1/3 of my take-home pay spent on out-of-pocket expenses, I lost salary due to illness.

recommendations and treatment have helped immensely. The Chemet reduced the brain fog, so that I could function and work. The other supplements and IV nutrients that she has prescribed have eliminated some of my symptoms and reduced the rest. I hope that with continuing treatment, that in 2005 I will be able to work at my office full time and resume hobbies and my normal life.

References:

http://64.41.99.118/vran/vaccines/mercury/mer_haley.htm

Dr. Boyd Haley-leading researcher in the U.S. on mercury toxicity and is a professor at the University of Kentucky. This article states that urine testing is of no value for mercury levels and explains why.

A Mouth Full of Poison, Dr. Myron Wentz

Amalgam Illness: diagnosis and treatment, Andrew Hall Cutler PhD PE

Beating Alzheimer's, Tom Warren

Dental Mercury Detox, Sam Ziff & Michael F. Ziff, D.D.S., Mats Hanson, Ph.D.

Dentistry Without Mercury, Sam Ziff & Michael F. Ziff, D.D.S.

Detoxify or Die, Sherry A. Rogers, M.D.

Elements of Danger, Morton Walker, D.P.M.

It's All In Your Head, Hal Huggins

Mercury Free, Dr. James E. Hardy

<http://autism.about.com/library/weekly/aa071801a.htm>

class action lawsuit regarding mercury in vaccines

http://www.toxicteeth.net/pressRoom_releases_022102.cfm

lawsuit brought regarding mercury in teeth

www.mercuryexposure.org

www.mercurypoisoned.com

To: Adjodha, Michael E

From:

Subjec

Sent: Fri 4/14/2006 6:00 PM

Would like to add my two cents. Every time I have gone to the dentist to have work done on my teeth I have asked that no mercury be used and the dentist insists that they are safe. What can I do. I can't afford to have the mercury filling removed as we are on a very tight SS budget. But my health is deteriorating fast and I don't like it. Of all the things that I have heard about this issue I'm sure this is the cause of my problem. I would like very much to add my name on the list to stop dentists from using mercury in their fillings.

Thank you for this opportunity to express my opinion. I have no truth that what is happening to my health is caused by the mercury but I had good health until this substance was used.

To: Adjodha, Michael E

Sent: Sat 4/15/2006 2:07 PM

From:

[Redacted]

Subject: Mercury fillings replaced

Dear Mr. Adjodha:

I had a brother who lived for 20 years with Alzheimer's. Prior to this he had all of his amalgam fillings replaced. He was a physicist who had numerous positions working on government satellites as tools of surveillance. He seemed to have a photographic memory, and got Alzheimer's in his early sixties, which would have been [Redacted] e never mentioned this to me, but on his picture in the [Redacted] his smile revealed an unusual number of fillings, which [Redacted] ld. I could find no other factor than amalgam fillings and their removal by the dentist, who may not have given him medication to get residual amounts of mercury out of his system during the process.

I did not know of this, nor of the danger until his death. I am living in a nursing home myself, and would not be able to present this in person to the FDA.

Sincerely,

[Redacted]

To: Adjodha, Michael E

From:

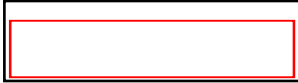
Cc: D

Subject:mercury fillings

Sent: Fri 4/14/2006 11:54 PM

Hi,

I have information regarding mercury fillings that I would like to share with the FDA. Hopefully this email will provide me with the format that you need in reporting mercury problems



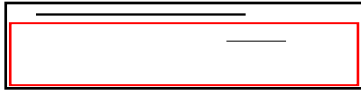
To: Ad

From:

Subject: Mercury fillings!!

Sent: Fri 4/14/2006 9:30 PM

I have for many years been concerned about the mercury fillings in my mouth. I have recently had my bottom teeth removed and a denture made. I have had a good bit of pain in the healing process. I am now concerned about the fillings in the top part of my mouth. If I decide to have these fillings removed, would I not be in danger of the mercury in my mouth or even possibly swallowed from the drilling??? This has me very concerned. Your comments would be very much appreciated. I would like to keep my top teeth if possible.



As for me and my house, we will serve our Lord.

When My Parents Began To Poison Me and the Dentist Who Saved My Life!

My personal story of mercury amalgam poisoning and how I came to be the "Bikerchick"

I grew up in At age 4, my parents began to get me mercury amalgam fillings. They called them silver fillings. Of course, my parents thought they were getting me the best dental care possible. Shortly after, I began having problems. I could not sleep at bedtime, would lay awake for many hours into the night, finally falling asleep in the wee hours and could not awake until noon. My attempts at sleeping were interrupted by many trips to the bathroom to urinate. I did not have the energy to play with other children and would often sit outside by myself. When company would arrive, I would hide under tables and my Aunt and Grandmother who were caring for me while my parents were commercial fishing, did not know what was wrong with me. My hair went from curly to straight and thin, in no time. I seemed to always be in trouble, and my dad had told me that I just didn't use my brain and think. This was the beginning of a life filled with proceeding ailments and eventual diseases that I would come to attribute to mercury poisoning from my amalgam fillings.

As time went on, I entered school and was very shy and never felt a connection with other children. My parents continued taking me to the dentist where I would receive many amalgam fillings. Over the years, fillings would fall out and were replaced, exposing me to more and more mercury. In school, I experienced great difficulty in concentrating and what would take others a short time to do, would take me much longer. I loved sports, but was always puny, unable to build muscle and always at the end of the pack when any exertion was required. My lack of energy and urination frequency problems continued. In fact, I would only drink a carton of milk for the entire day just so I would only have to go to the bathroom about 3 times instead of 10 or more. In my teens, I began having anger problems and my parents took me a psychologist, but that only led to more anger. In retrospect, my mother said she simply didn't know what was wrong with me and didn't know what to do. My inability to sleep caused me to attend school in an exhausted state. Many times, I would be up all night. My mother continually tried to wake me in the morning and most of the time I would drag myself to school at the last minute, then come home afterward and fall asleep until she woke me for dinner. Often times, I was up the whole night again.

Throughout my childhood, my parents would take me to doctors for various things. As a baby, up until about 7, my mother recalls horrible

bouts of colic that would wake me up in tears with symptoms which would not subside. As a youth, I complained of what I referred to as "toothpick pains" in my esophagus. When I ate, especially meat, it would hurt and feel like something was poking me; It was very painful. Many years later, I would read how mercury depletes the body's enzymes, leaving one unable to digest food properly and sometimes causing sharp pains in the chest and/or stomach. The doctors diagnosed it as only espastic esophagus and said I would grow out of it. I was taken in for horrible ear infections time and time again and my mother would often be up all night with me. About age 10, I became ridden with mucous in my throat that I continuously had to spit out every few minutes, the kind you get when you have a bad chest cold. The doctors said it was allergies caused from living in Oregon and that I might grow out of it. I recall a lot of periodic episodes of aching joints; Those would eventually become an every day battle of what the doctors would diagnose as fibromyalgia. In my teens, I began having chest pains, where my heart would beat rapidly for a minute or more. I would actually beat my chest to try and get it to beat normal. My parents took me to the doctor who put me on a 24 hour heart monitor and eventually dismissed it as a heart mumur, saying I would grow out of it. I did not.

At age 19, I experienced my most frightful symptom, one that would be diagnosed in 1994 (after two such episodes at college within 3 months of each other) as Multiple Sclerosis. I was at work when the first one hit. I had numbness in my finger which began traveling up my whole arm. I could not speak well, saying only a word here and there. It felt like people were at a distance rather than right in front of me and I could only see half of their bodies. I could not understand their sentences either, only a word or two. A euphoric feeling came over me which I can only describe as being under nitric oxide in a dental chair. My parents were called to come get me, but I seemed to be fine 20 minutes later. I went on to have over 20 of these episodes in the coming years. I began noticing after each one, that I would have difficulty talking and thinking of words to say, often slurring my speech for several days.

In my twenties and early thirties, I had a lot of muscle pain, tingling and numbness in my arms and legs, lack of energy, depression, nausea and vomiting, just an overall illness that affected every aspect of my being; Going to doctors and specialists became a way of life. I was diagnosed with many more conditions: Depression, Fibromyalgia, Arthritis, Chronic Fatigue Syndrome (Epstein Barr Virus), Lhermitt's Syndrome, Degenerative Disc Disease, Cervical Spinal Stenosis, Mitral Valve Prolapse, and Hypothyroidism.

In my mid-thirties, my appetite decreased, but my weight went up; No matter what little bit I ate, I just keep gaining. My hair began falling out

rapidly and my muscles began aching more than ever. I still battled my sleep disorder, often having to stay awake 30 hours or more. (I now make the comparison between mercury poisoning sleeplessness and being on caffeine 24/7). When I awoke, I would have a piercing pain on one side of my neck, what I associated with sleeping wrong; Later, I would read it is something called "Broken Neck Syndrome" caused by mercury poisoning. When I was awake, I could not lay in bed, as my muscles and bones ached too bad. Sitting for long periods would cause more numbness and tingling in my arms and legs, so it was an endless battle of moving around trying to alleviate symptoms. Walking just half a block drained what little energy I had. Eventually, even though I struggled through five years of college and had several jobs, I was simply too sick to work; So, after my M.S. diagnosis, I ended up on disability. I moved out on my own, but life was a day to day struggle.

In 2000, at the library computer, I happened to find an article on the internet that said, are your fillings poisoning you, did you know that your silver fillings are 50 % mercury? I had nine in my mouth, some more under crowns, and many had fallen out and been replaced over the years. I printed off about 30 pages of information, but filed it away. I did not want to believe the government would allow poison in my mouth, and I knew that if it was true, it would cost a fortune to replace. Still, I felt I was dying and I actually went out and bought a Harley-Davidson motorcycle so that I could ride out my last days. But, I soon became too ill to ride. As the next couple years passed, I was so sick that I pulled out the mercury files and started reading. I was so shocked that every symptom I had was a symptom of mercury poisoning. I studied for 7 days straight, taking time out to cuss the government and cry my eyes out like I had never cried before. I began calling dentists, but many would not remove them and the ones who would were telling me \$20,000 or more.

One day, I was telling the maintenance man at my apartment I was dying, that I had mercury poisoning from my fillings and felt I would not live much longer; I just wanted to die. He said I should go to Dr. Morales in Tijuana, that it was inexpensive and he and his wife had went there 5 years prior. I ended up sending an x-ray to his office. Shortly after, my mother told me to go to her new doctor, [redacted] He ran tests and said I had mercury and nickel po [redacted] crowns and it is a cancer causing agent). I told [redacted] and he said I needed to get to him as soon [redacted] eventually develop Cancer, Alzheimer's, and Diabetes from the mercury.

I had bought a car on the internet about 8 months prior, because mine had a blown engine. It was in Texas and I had been saving up the money and drive it home to [redacted] My mother suggested I stop at [redacted]

office and get an estimate. So, I made an appointment; But, before my trip, I cancelled it, figuring I could not afford it, and resolved to just die. I also had 5 root canals (which are toxic) and needed bridge work, figured things were just hopeless. I flew to get the car and stopped at a truck stop, in the middle of the night, somewhere in Arizona. By this time, I had been throwing up nearly everything I ate for a couple of weeks. I ordered a chefs salad, sat there 30 minutes trying to keep each bite down. I couldn't eat much and spent 20 minutes in the bathroom trying not to vomit. I decided that was it, that I could not live that way; I definitely wanted to die. I called my parents at about 4 AM from a phone in the booth, sobbing; I told their answering machine I was driving home to buy a gun and kill myself. It was the hardest call I ever had to make.

It was daylight and over 100 degrees in [redacted] All morning I had been thinking of my mother. I could kill myself, but it was going to devastate her life and that was the hardest thing about it. I knew she didn't [redacted] at 9 AM, I pulled into a rest stop and began calling Dr. [redacted] I finally got the doctor himself about 45 minutes later. I [redacted] the next day. At first he said there was no openings, that I had cancelled my appointment prior. But, I pleaded with him, that I needed an estimate because I didn't think I could make it through the weekend. He said to come in.

I drove all day and ended up at International Motor Inn in [redacted] from the border. I rode their medical van and got my estimate. [redacted] jokingly said (referring to my x-ray), "Have you seen this!" [redacted] it, I lived it!" He said, "Well, we're going to fix you." I went back to the motel and called my mother. She still didn't know how to get the money, eventhough the cost was a fraction of what U.S. dentists wanted. It was very stressful, because I still felt death was going to be my only option. But, she called my grandpa and he loaned us some of the money.

I had my dental work done the following week and immediately after I noticed miraculous changes. I could eat whatever I wanted in any amount I wanted. I took full advantage. My Aunt, whom I was staying with, lived near a mall filled with fast food restaurants. I was eating double quarter pounder cheeseburgers, hitting the candy shop every day, just going on a food fest. For the first time in my life, it seemed, I could sleep when I was tired and sleep the whole night. I had so much energy that within a week I was walking five to ten miles a day, three to four times a week. I ate continuously, but dropped twenty pounds in one month. One day, I looked at my arm and saw a muscle I had never seen before. Apparently, the heavy metals caused such bloating that no matter how much I tried to build muscle, I was never able to see it. It was shocking and I flexed it often, in amazement. After a month, one morning I suddenly noticed the sun shining

through the curtains and I began singing a song on the radio. At that moment, I realized my depression had lifted. I started to feel like what I imagined normal people without mercury felt like. Other symptoms left me as well. I no longer hurt all over, could sit, lay down, run, nothing bothered me, no more pains. I continued to improve. I did follow an oral chelation program for four months, which I feel is vital to recovery. The Multiple Sclerosis exacerbations stopped. The Mitral Valve Prolapse episodes stopped. I had energy that I never experienced in my entire life. All my health issues I had been enduring since age 4 seemed to vanish virtually overnight.

In the year 2000, I was at International Motor Inn for a month, caring for my Great Aunt as she sought cancer treatment in Tijuana, so I was familiar with the area. I had not studied mercury yet and was resolved to getting back to my recently purchased Harley and start trekking across the country before I succumbed to my illnesses. While there, I met a man in his late 40s who was very ill. We started talking more with [redacted] and had recently moved to [redacted] "Small [redacted]". He looked ok, but invited [redacted] where he proceeded to tell me of the very serious heart condition he was battling. He had been through many treatments in the states and in Tijuana, and the way it sounded, he wasn't confident he would live much longer. You could see depression oozing out of his skin, even though he appeared to be hiding it as best as he could. He even had me speak to his wife on the cell phone who was back home waiting for a report on his health. She was very bubbly and sweet. I felt bad for her. I began to tell him my health saga. He did tell me to sell the Harley, that it wasn't safe; I hear that often. But, one thing stuck out in my mind, he said, "So, you're gonna be a bikerchick, huh?" Myself, I was always offended by that term and I was completely opposite of what I felt it represented. However, the man's illness and that he was from Oregon stayed on my mind so much that when I got home, I began changing all my email addresses to "bikerchick". I put up my first personal website and entitled it, what else, "Bikerchick". I have since tried to contact that man via his business card, to no avail; I don't even know if he is still alive.

After most of my dental work in 2002, I decided I liked San Diego, the weather, the people. I had grandparents and aunts and uncles there. So, with my new-found health, I thought, why not be close to my dentist in case I need him. After all, he did save my life. My parents rented a U-Haul, we shed tears, and I ventured off to the land where the sun always shines.

I decided to add my story about mercury poisoning and [redacted] to my website. I had no idea, but in a short while, many people [redacted] nation began contacting me and wanting to see him. Over time, I began adding

more and more information and have since become his Consultant. Most of our patients fly in from all over the U.S. Some people wonder why I call my website "Bikerchick" and why I do not change it to a dental business-type name. There are two reasons. For one, it seems to stick in people's minds, and with all the websites out there now days, finding that niche is important. Secondly, and probabaly most importantly, I will never forget the health-burdened sad-looking man from Oregon who was kind enough to invite me to dinner and share his part of his life with me for a couple hours. He touched my heart and my life, forever.

So, now I reside in San Diego and dedicate my life to helping people get well from mercury poisoning and other dental illnesses. My Harley is here, and what better place to ride than southern California! Dr. Morales is a "Biologic" dentist. It simply means he will "put nothing in your mouth that harms the body". He has been removing mercury for over 15 years, using the techniques taught to him by Hal Huggins, the famous dentist who exposed mercury poisoning from fillings many years ago. They even went on to have a clinic together in the 1990s. Often, people contact me who are as sick as I was, and it is not uncommon to hear them say they want to die or commit suicide. That is a symptom of mercury poisoning. Symptoms can vary based on the individual's immune system, but there are similar ones shared by many people. Some include, headaches, lack of concentration (brain fog), stomach problems, mitral valve prolapse, insomnia, lack of energy, autoimmune disorders, hypo/hyper thyroidism, low body temperature, low blood sugar, cold hands and feet, and aches and pains. More symptoms and information are listed on my website: www.bikerchick.freehomepage.com. If you or someone you know has mercury fillings or root canals or just need low-cost quality biologic dental care, we are here for you. One da [redacted] ise, I even saw Dr. Radzik [redacted] ce waiting to see [redacted] You can also contact me at [redacted]

CLICK ON MY FAVORITE LINKS:

<http://bikerchick.freehomepage.com>
(Yours, Truly)

From: [redacted]
To: Adjodha, Michael E
Sent: Saturday, February 23, 2002 10:54 PM
Subject: CIDP/IVIG

Dear Sharon

Well, here I am...this may take awhile...but I will try to give you my husband, [redacted] CIDP story hoping it can be of help to others.

[redacted]

To start at the real beginning, I should tell you that we feel heavy metal poisoning has been a large part of [redacted] auto immune process. He was raised in an apple orchard where arsenic of lead and DD [redacted] prayed. In 1990, he had a silver amalgm filling in a tooth replaced with another silver amalgm filling(which can be 50% mercury). Two days later his face swelled up and got bright red [redacted] chemical burn. The dentist said it had nothing to do with the filling. In the next 2 years, [redacted] had transient weakness... legs or shoulders would feel very weak but be fine the next day. [redacted] n last 6 months of 1992 he was very tired. But because of stesses in family and work did not associate it with a physical problem.

On the 6 Dec, [redacted] his legs were very 'tired' again. Could hardly pull himself up stairs. On Dec 8th, he had a r [redacted] headache. I believe he saw a naturopath that day and the blood [redacted] re was very high. On Dec 10th, he drove to Vancouver, Canada, to see his Chiropractor [redacted] is a Chiropractor and feels very strongly that his specific type of chiropractic has been ver [redacted] cial in his recovery). By the time he drove 2 hours back home, his low back was in extreme pain. He was sick in the bathroom then laid on the floor for quite awhile. I was afraid he was having a heart attack maybe. He felt a little better in an hour or so but by morning could not go to work. Sat. Dec 12, [redacted] he again could not go to the offi [redacted] I went and cancelled the patients. I called our n [redacted] or, who is a nurse, to come take [redacted] blood pressure. It was 300+ /160. We headed to ER. Our hospital is just over a mile fro [redacted] house. ER Dr. thought blood pressure was problem and worked all afternoon to try and get it down with very little success. Milt was admitted and the next day was having trouble with his legs. Dr. suggested GBS but did not know of blood pressure connection.

[redacted] was moved by ambulance from the island we live on to [redacted] Two doctors were [redacted] gned...neurologist and interist still thinking two things w [redacted] g. Many tests over next 3 days were inconclusive. He seemed stabilized but in the night on Wed Dec 16, became totally paralyzed. He could turn his head back and forth on the pillow but that was it. No pushing the call button for help. Thank goodness he could call out to a passing nurse and she paid close attention all the rest of the night. They got him a call button that laid on the pillow and he could roll his head on to for help. I spent every day with him but went to friends to r [redacted] Decision that is was GBS came as a last resort and decision to move him to [redacted] Med Ctr where plasmapheresis could be done. By the time he reached [redacted] on Fri and they got a port installed and tests done, it was Sat eve the 19th, Dec before first pheresis. But the neurologist there had told us on arrival that GBS was what he had, what we could expect, how long it would take to recover(6-8 months)and the blood pressure was connected. The center that controlled BP had been demylenated...causing uncontrolled BP. What a relief those words were. By the next day he could again swallow(had not eaten since Fri because of choking). Vision started to clear and he missed having to be intubated to breath. He had 5 pheresis. in a 10 day time period.

On Dec 28, [redacted] (Our 25th wedding anniversary) I was able to take him home although he could not transfer [redacted] wheel chair to bed alone. But neighbors had borrowed hospital bed, wheel chair, walker, cane, commode, toilet riser...everything the [redacted] could think of that we might need. A ramp had also been built to our front door. The doctor felt [redacted] understood his body and knew enough about health to allow him to be in charge of his own care.

During the next months he continued to have chiropractic care. He also had told the neurologist that he planned to search for answers in any and every avenue open to him. This included massage, accupuncture, nutrition and much more. On Jan 6, [redacted] his blood pressure was moving up again [redacted] the 9th his arms were weaker again followed by the legs on the 10th. Back we went [redacted] in relapse #1..a different neurologist was on duty and he wanted to try IVIG..so [redacted] 14 days and home [redacted] came again. He was able to walk with assistance and even drove some by the end of January [redacted]

On Jan 31st the blood pressure was up again (was on meds to keep it down but never seemed to help when a relapse came). On Feb 1, back for relapse #2 for overnight IVIG--3700ml. On the 5th Feb went to see dermatologist as his hands had blistered. On Feb 13th managed to go to a restaurant that required [redacted] Next day blood pressure was up and 15th arms were weaker again. 16th he was at [redacted] overnight for 1800 ml IVIG. Arms were still weak rest of that week. On Feb 21, he was back [redacted] for IVIG daily for 4 days. 100 ml a day I believe.

On March 5, he had an outpatient IVIG and on March 11 he was admitted as they wanted to install a Hickman catheter and do plasmapheresis again. Had 5--one every other day...back home on March 20th. I believe at this time a decision was made that it was not acute. They could not stop doing what got him back up...so he started outpatient plasmapheresis on a once a week basis. On about April 10th he started meds for chronic relapsing GB. 60 mg prednisone and 50mg imuran. Also ended back as inpatient for 3 pheresis in 5 days. on April 13th imuran upped to 100mg.

At this point I found out I had a mass the size of a grapefruit behind my uterus and needed surgery [redacted] brother came to stay with him and all was benign after the hysterectomy. On April 26 [redacted] walker again and back to inpatient. Prednisone upped to 100 mg which made a big change. Still [redacted] blood pressure [redacted] Many family and friends were helping during the next while taking [redacted] the 2 hours to [redacted] for outpatient pheresis while I recovered from surgery. He was having plasmapheresis every [redacted] days moving slowly out until May 27th getting weaker again. Our son had to pick him up out of wheelchair and put him in the van for return to hospital. After 5 pheresis he was able to come back home...walking with assistance.

I should note here that every month we seemed to hit whatever holiday was occurring and head to the hospital. Started with Christmas, Valentines, St Patricks, Easter, and Memorial Day wkend. I believe Memorial wkend was relapse #9 and was decided to keep pheresis close together until he got lots better.

During June and July, he started slowly cutting the prednisone back. The insurance would not pay for outpatient, so he had to go down night before and be admitted then could come home after pheresis next day. Mid July he started to see a few patients a day at work. Thankfully we had found a young chiropractor who had been working the office for us since first of year. At the end of July the insurance ok'd doing outpatient again.

SLOWLY [redacted] was getting stronger. He was working part days and was able to go fishing the end of August [redacted] sometimes he felt real good after a pheresis and sometimes it took a day or so to bounce back. Mid Sept he had a down few days...catheter was clogged and not working real good...maybe prednisone was too low so upped it a little bit. On Oct 15 he flew to Chicago to attend a conference. He took a cane and used a wheelchair in the airport. Did very well

considering. By the time he got back home was time for pheresis...took long time....hosp called next day to say catheter was infected. Back to [] for antibiotic in catheter... DId a pheresis but still staff infection so had to do IV's at home all week. The catheter was infected again by Dec 4 and was removed. He now was doing the pheresis with needles in arms. Laying still for 2-3 hours-- as outpatient. My calendar for [] says he had 57 plasmapheresis in that year. We could of done without the whole year I think :):)

In [], [] continued to have plasmaphereis as needed....depending on tingling in the arms and gen [] akness. He had 21 that year. He also realized that the filling from 1990 may have had some bearing on all this. We found a dentist that was trained in how to remove the old fillings and replace with a composite that was compatible with Milts body. He had all of his fillings changed in a 6 wk period I believe and it did make a difference--spacing the trips to [] ut to every 3 wks.

In Feb of [] the veins in the arms started to be very scarred. It was decided to go back to IVIG as it was [] on the blood and the veins used could be any small one instead of the large ones. He had 2 pheresis that year and 23 IVIG's.

In [] the calendar shows he had 35 IVIG's. They seem to have been done in pairs...2 in one we [] couple of days apart-- then he would go 3 wks until next two. It appears he was still on BP meds and imuran this year.

In [] we found he could do the IVIG's in our local hospital...no 2 hour trip to UWMC. After 4 IV [] e found the price was double. We could not afford to use the insurance up in that manner. When there is a lifetime cap of 1million you ha e to be [] e of cost since we have no idea how many years he will need this. So back to the [] which [] does not mind. He ad been driving himself down for quite some time. He was still doing 2 every 3 wks. In Sept of [] he had a kinked bowel causing a blockage. He had 34 IVIG's that year.

In [] he had troubles in Feb. An abcessed tooth and bowel problems. Naturopath said he had salmonelli poisoning end of March. By the end of April, he was having surgery for Crohn's. He had had part of bowel removed in 1970. Wondering what that has to do with the whole autoimmune problems. In March, he also started doing only one IVIG every 3 wks. He is taking imuran every other day as he cuts it back. His main symptoms are a 'jangling' in the hands and arms as the IVIG wears off toward the end of the third week. Sometimes takes a day or so to get back to 'normal'. He had 19 IVIG's that year.

I can not seem to find my calendars for [] (what a relief haha) but things continued about the same. In 2001, he had 15 IVI [] en off the imuran for a couple of years, but he and the neurologist decided to start again to see if it would space the trips out. Sometimes he has gone 4-5 weeks before feeling he needs a treatment but then quite often he needs one again in 2 wks. Seems he gets to far down to bounce back. Probably because of Milton's education, the neurologist has allowed him to make the decision on when he needs to go for outpatient treatment. We simply call the neurology coordinator and tell her he needs to come tomorrow and what time. She gets the orders signed and sends them to the correct dept and lets us know it is all set.

I apologize if this has gotten too long. When you live with a chronic disease, it gets long! I hope I have answered some of the questions you ask me to talk about. No one has ever said anything about having to disco [] the IVIG's. We are aware it is a blood product and that carries some risk. There are things [] can not do and probably never will again. Like run down the street or jump or be quick on his feet. But he works full time and is on the go a lot. He seems to have more energy than me. We have been very blessed when I read about some who are in a lot of

pain. [redacted] was a motor problem and not sensory one except for a 'jab' in the foot occasionally as a ner [redacted] s out of control. He feels very strongly that he would be in a motorized wheelchair if not for chiropractic (and also the help of accupuncture, massage, nutrition, etc.).

Best of luck in translating this. and thanks for your interest.

Sincerely,

[redacted]

To: Adjodha, Michael E

From:

Subject: mercury amalgam issue

Sent: Thu 4/20/2006 4:22 PM

I am writing to you from Boston Mass. I am a 46 year old woman whose life and health were ruined by the 20 mercury dental amalgams I had in my mouth that began being placed since I was a child. I was a very healthy active woman who did it all and then collapsed in 1994 and could barely function. I went through mainstream medicine and they could find nothing wrong with me. They kept telling me that all my tests were normal and that I should take Paxil. I knew that depression was not my problem so I kept searching. I had all the symptoms of what mainstream medicine labels "chronic fatigue syndrome". My body and brain basically shut down and stopped working and I could no longer hold a job. My son was only 12 at the time and if he had been a small child when I got sick, I would not have been able to take care of him anymore. I was only then and I could barely take care of my personal hygiene. Finally I kept searching and went a doctor of environmental medicine who told me I was poisoned with mercury from my dental fillings. I had them removed which cost me \$9,000 dollars by the time all the dental revision was done. Then I did 3 years of mercury chelation plus I needed to take adrenal hormone and thyroid hormone despite normal "mainstream" lab tests. My endocrine system had failed me, but no Medical doctor was able to diagnose these problems. By doing all of this, I regained my health and am back to living a functional life. I know many many other people with the same types of issues. Mercury leeches out of the fillings and poisons us chronically over a long period of time. Mercury is being banned in Europe and some countries in Europe like Sweden, Austria and Germany are way ahead of us and banned these fillings long ago. The mercury from these fillings causes everything from mental illness to autoimmune illnesses. Please please ban these dental materials so that children can stop having them placed in their mouths, otherwise, this country is doomed with more and more mentally and physically ill people.

From: [REDACTED]

To: A

Subject: mercury poisoning my story

Sent: Thu 6/15/2006 3:38 PM

Hi,

First, I would like to see amalgam fillings eliminated from people's mouths as well as mercury removed from all products such as vaccines etc. used by people. It causes numerous health problems and also environmental problems.

Second, Thank you for letting me share my mercury story. I learned the truth about amalgam fillings during my search for answers to my health problems. I was diagnosed in 1975 with Multiple Sclerosis, 6 months after the birth of my first son and dragging my right leg for those 6 months which I did recover. In 1977, 8 months after the birth of my second son and last child, I had a massive attack that put me flat on my back and in a wheelchair. I found information on nutrition that made sense so I changed my diet and took vitamins, also with physical therapy and regular exercise. It took 2 years but I made it almost all the way back, I still had weaknesses and other symptoms, but I was walking unaided. A couple of years later, I had another setback brought on when I took penicillin and termed an allergy to penicillin (which I learned that penicillin chelates mercury) that gave me weakness and other symptoms but remained on my feet. And with the help of an acupuncturist after we moved to Florida I was strong again. At his time, I had my 12 amalgam fillings replaced with composites to further improve my health, and went to the dentist that wasn't a mercury-free dentist but he was recommended by the health care professionals I was seeing. He removed them in quadrants and used a rubber dam. Initially I felt great, the stomach disturbances were gone, no more metallic taste, my mind was clearer, was less fatigued, and stronger could walk longer. This was short lived because I started with drop foot again, but now my knee hyper-extended and my toes curled under on the right side, fatigued returned, and my balance was not good, gastric disturbances were back. I started seeing other doctors and doing chelation and many other treatments but none had any positive effects with my symptoms especially the walking. In 1995, I went to a clinic in Nevada and the mercury-free dentist/DO suspected mercury poisoning and lyme disease. I was tested for both, the lyme came back negative with a reactive band and the mercury was 166ppm twice off the scale of toxicity. I did detox many times which brought my level of toxicity down and some symptoms improved as the level came down, but walking and balance improved slightly. I then went to a mercury-free dentist to get the replacement fillings checked for compatibility, and a Clifford studies test showed I was sensitive to mercury and gold. The materials used for the composites were compatible. This mercury-free dentist did find that I still had a gold crown with an amalgam under it, which was unbelievable that made a total of 13 and I knew that had to be placed there when I was a young teenager because I know I didn't have any work done on my teeth of this depth as a young adult and didn't pay or have insurance for any dentist bills. As a teenager I had fatigue, memory problems, period started much later and was irregular, mood swings, and the list went on but, not serious enough to cause medical intervention till

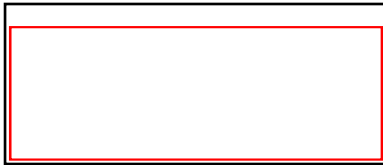
after pregnancies. Many years have passed since getting my amalgams replaced and even though I still have difficulty walking, I haven't had any new exacerbations of the MS since, haven't been on any medications, and have seen some relief of many symptoms such as; fatigue, memory, no more metallic taste, muscle strength, vision and more.

My life has been filled with deep loneliness, frustration, and a huge sense of failure as I have not been able to re-enter the business world even though I have been involved with vocational rehabilitation and had years of schooling that never produced a position in the workplace, or been able to reverse my walking difficulties again after endless searching and huge out of pocket expense.

I also want to state that I will be in Gaithersburg,MD the beginning of September, as my son lives there and expecting their first child on the 7th, and would be interested and able to attend these meetings.

Thanks.

Sincerely,



To: Adjodha, Michael E

From:

Subject:

Sent: Sat 4/15/2006 8:59 AM

Dear Michael,

This mercury poisoning from dental amalgam has really messed me up. Especially the neurotoxic effects of the dental fillings. If you would like to discuss this further, please contact me.

To: Adjodha, Michael E
From: [REDACTED]
Subject: Dental Mercury
Sent: Sat 4/15/2006 1:24 PM

IT IS UNBELIEVABLE THAT MERCURY THAT COMES FROM A BOTTLE
LABELED POISON ON A DENTAL TRAY, BECOMES 'NON-POISONOUS'
WHEN PLACED IN A PATIENT'S MOUTH. WHAT SORT OF MAGIC IS THIS
THAT CAN MAKE THIS TRANSFORMATION???

JUST INTERESTED.

[REDACTED]

To: Adjodha, Michael E

From:

Subject: Dental amalgam

Sent: Sat 4/15/2006 6:16 PM

Dear FDA,

I once asked a dentist to not use mercury amalgam on me and he basically forced amalgam on me because he told me he won't use anything else and that it was completely safe and has been used for years.

I could tell that they already had it pre-prepared before I came in and that it would be a major inconvenience if they were to prepare another filling mixture.

I have a lot of mercury in my mouth and I believe it affects my mental clearness and concentration level. I had a doctor laugh at me one time when I asked if he could remove and replace my fillings.

I no longer want dentists putting something in my mouth that the EPA and the FDA considers harmful to the environment just because it is dental tradition!!

Thank you for listening,

To: Ad

From:

Subje

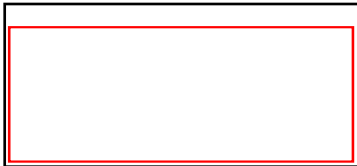
Sent: Mon 4/17/2006 4:36 PM

I had severe vertigo episodes 3x/week beginning in 1997 and finally, upon the advice of a holistic D.O. went to [redacted] in [redacted] - he works with a Dr Huggins [redacted] lot lem as a health issue. After the amalgam removal, I was very sick that week, but afterward my episodes went to only once every 2-3 months. I went to an ontologist and he put me on a diuretic for a while and the vertigo disappeared completely.

Several years after that, I found [redacted] and have not had an episode (without medication) since.

This is worth investigating. How can a poison be dangerous out of the mouth and not in it - makes no sense at all.

I know many people here in [redacted] who have benefitted from amalgam



To: Adjodha, Michael E

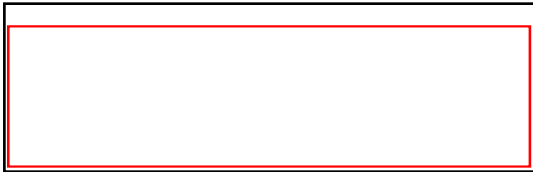
From: [REDACTED]

Subject: Mercury poisoning

Sent: Sat 4/15/2016 10:22 AM

Dear Sir, I am [REDACTED] years old. My teeth were never very good and I had most of my teeth filled with amalgam fillings in my younger years. In my [REDACTED] I started having severe headaches and fatigue. After much research, I had a blood test to determine my mercury level. The results came back with the level at 52 and the report stamped "Consistent with industrial poisoning". Upper level at that lab was 2. I had all my amalgam fillings removed (at great expense) and had 12 chelation treatments to pull the mercury out of my system (again very expensive).

I do not wish anyone else to have to suffer through what I did. Please advise the FDA to stop the use of amalgam fillings.



To:

From:

Sub

Sent: Sat 4/15/2006 12:18 PM

I am writing to you as a r [redacted] -mail on mercury
poison I received from [redacted]

I am a [redacted] year old [redacted] ld
e M.D. [redacted]

[redacted] that th [redacted] over
me in my hands were becoming more severe,
he replied, "Oh, mercury poisoning". I had not told him
anything about this condition previously. With that he
prescribed Mercury Detox by Tyler Labratory.
(www.tyler-inc.com). This non prescription medication
is of course available at his office. Having taken this
periodically over time, I have experienced noticable
improvement.

Through my life I of course have had any number of silver
fillings, to say nothing of consuming a good deal of
certain shell fish, especially clam chowder soups and
shrimp. I have since of course sworn these as being off
limits.

I wish you well on your venture.

[redacted]

To: A
From: [redacted]
Subject: malgams
Sent: Sat 4/15/2006 4:48 PM

Dear Mr. Adjodha

I am glad to hear the FDA is finally reviewing the dangers of silver amalgams. Most recently I had a heavy metal lab test done. I showed up in the 99 percentile for mercury. The most logical way I could have acquired this mercury is through my many amalgams. I seldom eat fish or tuna fish, so that is not the explanation.

I hope that through your findings you will be able to inform the public about this danger.

[redacted signature]

To: Adjodha, Michael E

From:

Subject: Mercury poisoning

Sent: Tue 4/18/2006 4:53 PM

Dear Michael,

I have recently had all mercury (amalgam) fillings removed from my mouth at a personal cost of nearly \$9000.00 to myself. I have done this to avoid future health problems related to mercury poisoning. I think it was worth every cent, even though I am still paying for it.... Please ask the FDA to stop dentists from putting any more mercury in peoples mouths. THank You.

W ati,a441/ L

To: A

From:

[Redacted]

Subje

Se Sat 4/29/2006 8:56 AM

At [Redacted] years old, I went to the dentist. That day completely change my life. Immediately I was showing all the symptoms of mercury poisoning. Very unfortunately took the whole 2 years to [Redacted]gnose my off charts mercury poisoning. It was answer my churches prayers. Now I am [Redacted]rs old. My right-side is still paralyzed from this. Every month for probably 4 years I really get so sick to my stomach. It is getting harder and harder to spring back. This month I just started taking \$200 worth pills. Like vitamins,herbs. My kidney are still not happy. Without my herbs I will be in diapers.

Well, I really like to mail my records. Just say the word. My story should not happen if just known about silver fillings. I had all my filings changed.

Thank You for your time.

Sincerely,

[Redacted]

To: Ad

From: [REDACTED]

Subject: Mercury poisoning from dental amalgams

Sent: Fri 6/23/2006 10:45 PM

June 23, 2006

Mr. Adjodha,

As a Dental consumer it has come to my attention that the FDA is now investigating the incidence of mercury poisoning from dental amalgams. This of interests me because I lived part of my life in the [REDACTED] region of the United States where I was continually warned mercury level in the water, fish, and it's detrimental affects on the human physiology. Now, I am told that the FDA is uncertain if dental amalgams and the mercury leached from them is detrimental to their host. Amazingly, the FDA fines Dentists for improperly disposing of mercury-generating, amalgam waste. Surely, if the mercury leached in this medical waste is hazardous to the general public, the mercury leached in a patient's mouth is equally detrimental. I know of a number of people whose health was adversely affected by their dental amalgams. Fortunately, these people figured out the cause of their eroding health.

But, it's unfortunate that the government agency that was sworn to protect them failed to do so.

In the future, I hope the FDA will be able to deduce these outcomes before more of the public is temporarily or permanently impaired.

In the interest of the nation's health,

[REDACTED]

To: Adjodha, Michael E

From:

Subject: YES I HAVE A HORROR STORY TO TELL

Sent: Sat 4/11/2006 1:57 PM

ON OR AROUND 1992, I HAD ALL MY SO CALLED SILVER TEETH REPLACED WITH COMPOSITE. A FEW MONTHS AFTERWARDS I HAD LIVER PAINS. WENT TO HAVE THINGS CHECKED OUT ONLY TO FIND OUT THAT I HAD SEVERAL LIVER TUMOURS. THEY WERE BENIGN CAVERNOUS HEMANGIOMA WHOM THE DOCTORS SAID HAD ENCAPSULATED THE MERCURY IN THEM. IT HAS AFFECTED ME IN MANY WAYS AND HAS CAUSED MANY LIVER DYSFUNCTIONS.

SURE YOU CAN CONTACT ME IF NEED BE FOR FURTHER INFO.

To: A

From:

Subject: Mercury Hazards

Sent: Sat 4/15/2006 5:13 PM

When I was a senior in high school I had 32 cavities filled. Immediately afterward, I began having memory problems. I was an honor student and my grades began falling. I was scheduled to begin college, but knew with my deteriorating memory there was no point in trying to attend. I married right after I graduated and got pregnant right away. My son was hyper before birth and certainly was afterward. I can't begin to tell you all my son and I have suffered and I know now that the mercury in my fillings was at least partly responsible. If there is anything you can do to prevent others from this kind of suffering, I urge you to do it. If my story will help, I will be glad to provide more details.

Sincerely,

To: A
From:
Subject: re silver -mercury amalgam fillings
Sent: Sun 4/16/2006 3:43 AM
Dear Sir,

I went to a dentist and had a filling put in, it was silver amalgam, the cheapest kind there is. I had to use the cheapest kind, because I have no medical insurance, and have to watch my pennies. So I had the filling put in. After a few days, I complained that I could 'taste' the filling leaking. "no, no," I was assured, it was all in my head.

Two years later, I switched dentists. And I had the filing replaced --and guess what? The inside of the tooth was rotten black because the filling had leaked. Just like I said it had.

In the meantime, I suffered hair loss and joint pain. I can't blame the mercury, because I don't have health insurance, so I couldn't get tested to find out that my problems were caused by the leaking filling.

But I don't have to tell you what I **think** caused my problems. Do I?

I wouldn't have had these problems if silver amalgam fillings were illegal in the first place.

Stop further abuses, stop poisoning the citizenry, and outlaw silver amalgam fillings!

From: [redacted]

To: Adjodha, Michael E
Subject: RE: Silver Amalgams
Sent: Thu 4/20/2006 1:31 PM

Just to clarify:

- I received social security disability after working five years.
- the tests conducted that changed after amalgam removal were for porphyria levels in the urine.
- this health ordeal cost me over \$60K in medical and dental expenses to remove the amalgams, plus lost earnings and precious life in my 20s. It took me over 10 years of active searching, experimenting and a disciplined regime of vitamins, foods, detoxing, and treatments to regain my health.

Thank you for sharing this information.

"Adjodha, Michael E" <michaeLadjodhagfda.hhs.gov> wrote:

[redacted]

Thank you for your comments. These will be sent to the Panelist for consideration.

Michael Adjodha

From: [redacted]

Sent:

To: Adjodha, Michael E

[redacted]

Subject: Silver Amalgams

I am writing to share a brief overview of my experience with silver amalgam fillings, which were placed in my mouth at ages 6 - 8.

I first began noticing health problems at age 19. My symptoms were general lethargy, swollen glands, vertigo, migraines, and painful pressure points and severe achiness to the light touch in my back, legs, arms. My energy level and myriad of symptoms were diagnosed as "chronic fatigue syndrome" and "fibromyalgia" as well as "epstein barr virus."

After years of doctor visits, serious bed-ridden disability through SSI at a very young age and little help from allopathic doctors, I sought alternative medical treatment at great personal expense to me. While general toxicity was the focus of their treatment, including supporting intestinal health, systemic yeast and detoxification, the removal of my twelve (12) amalgams resulted in dramatic energy improvement within 30 days of removal. I had some urine enzyme tests done before and after removal to gauge how

much a certain enzyme critical in the energy production cycle was impeded due to the mercury. These were some very objective, concrete tests that I likely could find.

I realize from this experience that health problems are typically not caused by only one source, i.e. mercury, however, removing the amalgams definitely improved my health.

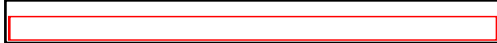
Please let me know if I can be of further assistance.

Sincerely,



To: Adjodha, Michael E

From:



Subject: Email regarding mercury fillings

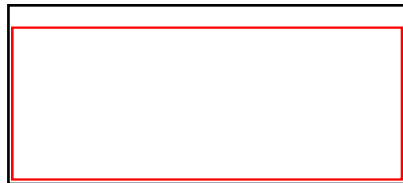
Sent: Sun 4/16/2006 10:47 PM

Dear Mr. Adjodha:

I have had all of the mercury fillings removed from my mouth. This was done over 20 years ago because of health issues.

I think it is time that the FDA listens to science and the public and does what is necessary to get dentists to stop using mercury. My dentist has not used mercury for many years and there are alternatives that can be used. Why would dentists use mercury when it is a deadly metal and they can use other materials.

Please do what you can to get the FDA to research this issue.



To :

To: Ad
From: [REDACTED]
Subject: etals...

Sent: Mon 4/17/2006 2:33 PM

Heavy metals have been the plague of my family. My daughter has suffered from a very young age of lead intoxication and was told by her kindergarten teacher that she was irremediably retarded (she could not learn her ABCs, and single numbers.... I had to hang all the letters and numbers up to 10 all over the house to help her...), but after numerous tests ordered by the MDs to no avail, I had her tested by a score of healers and they were unanimous: she had lead, although it would not show in the blood (I had the same condition, too!) She had a 6-month treatment and very slowly... came out of retardation. Today, she is 28 and she keeps some signs of her early intoxication, as memory lapses, the worst spelling of my family of seven, difficulty to focus, some form of hyperactivity, or ADD symptoms but she made it in Cornell University with honors!

In my case, I was fainting often and had to land in the ER a couple of times, with the stern diagnosis that I had the same reaction as a person on drugs! I never took drugs in my life! In fact, (I found out later,) I was deeply allergic to pesticides (which contain in one form or the other heavy metals), due to the lead levels in my brain. After numerous tests and unsuccessful treatments, the MDs assumed that I was deeply depressed and needed a nerve medication! I left the establishment and contacted my daughter's healer who confirmed the lead intoxication and treated me, this time with success.

This story has the purpose to tell you of how much I have had to trust healers who gave me light when everything was dark, before treatments. I did not tell you the many other ailments that my family went through (including the Nile moskito disease that she found out, months before it was publicized on the news) that gave me an extraordinary confidence in my healer of twenty-five years. But suffice to say that she saved us from disaster many a times. And she found that, as a family, we were exceptionally sensitive to heavy metals and prone to keep them in our bodies, not processing them as we

should as for all the other poisons that enter our physical bodies.
She
found, for example, that the extensive dental work that I had to
sustain
**along the years (with the mercury that was the norm in the making of
fillings over the past 40 years,) gave me a weakness that wrecked my
immune**
system and let me suffer from chronic candidiasis.

I still suffer from this and have not succeeded to get rid of the
mercury,
although I have so few teeth left! I understand that this plague of
the
19th century was the reason for many miserable lives, but it should no
longer be so, as many people get educated, but the question is : do
they
really? And how much do we know about the ways to rid our bodies of
mercury?
I successfully rid myself and my daughter of lead, but mercury is
another
thing. I haven't been able to do so.

I hope that you will take this story into consideration when your
organisation is collecting data on the subject.

o so, at my number in

To: Adjodha, Michael E

From: [REDACTED]

Subject: After our Conversation

Sent: Mon 4/17/2006 7:37 PM

Please read the attached letter from Dr. Hal Huggins.

Thank you,

[REDACTED]

Executive Assistant

[REDACTED]

[REDACTED]

Error! Main Document Only. Michael E. Adjodha

Executive Secretary

michael.adjodha@fda.hhs.gov

Thank you so much, Michael,

for taking the time to explain the September events to me today. As we discussed, I am requesting a potential 15 minute slot in which to present an overview of the scientific study funded by over \$200,000 from the Adolph Coors Foundation of Colorado.

In this study, we monitored the chemical biological effects of amalgam in patients who had amalgam only. No crowns, bridges, removable appliances or root canals.

In this study we performed an extensive series of blood and other tests to determine whether or not each test was influenced by the presence / absence of dental amalgam. The 4 step test involved:

- 1 - Original testing
- 2 - Replacement of amalgam with serum compatibility composites determined by an immune reactive (precipitin) blood test developed in conjunction with research at the

University of Colorado at Colorado Springs.

3 - Duplicate testing

- Placement of amalgam into the composites

5 - Duplicate tests

6 - Final amalgam replacement with compatible composite

7 - Final testing

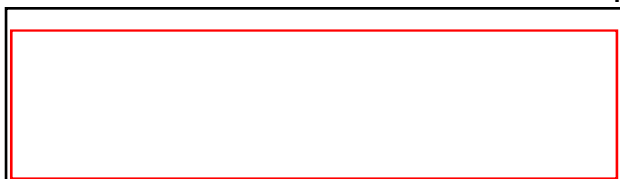
No nutritional alterations were presented for these subjects.

In 15 minutes I could show that in the absence of amalgam, there is no "male" and "female" range for red blood cells. Both migrate toward a "Stability Point" - which is far more narrow than the 2 S.D. "normal" range usually applied. Parallel studies with venous oxyhemoglobin were quite surprising. Porphyrin (the chemicals from which hemoglobin and ATP spawn) - were also affected by each move in the study.

There is an overlap between neurological and autoimmune diseases in the formation of "haptens" which can stimulate development of many neurological diseases. Included in the autoimmune overlap are studies of T-subsets with flow cytometry.

As an aside, cerebro-spinal fluid proteins move from numerous to absent within 10 days of dental revision, and a relatively new test, micro-albumin in the urine lends credence to the ability of amalgam to alter kidney function in a short period of time.

This broad spectrum review of multiple simultaneous tests related to presence I absence of amalgam should stimulate thinking and research directions reflecting total body health
he oral cavity.



To: A
From: [redacted]
Subj: n Mercury Amalgam Toxicity - Sept
Sent: Mon 4/17/2006 11:09 PM
Dear Michael,

Charlie Brown suggested I contact you to reserve a spot, if possible, in order to testify. He feels my account of amalgam illness, my background, and perspective are valuable and very credible. I am in advanced stages of recovery from mercury toxicity from amalgam repair/restoration work. This is the 10th year. I have urine challenge tests w/ DMPS to show the gradual decrease in mercury in my body, as I have worked very hard with oral and IV chelators - to remove the Hg from my body. My symptoms were serious and multiple. I've worked w/ 3 highly respected MDs/DOs and much has been documented. I'd like to tell my story, be of help. This is, in my opinion, a significant Consumer Protection issue.

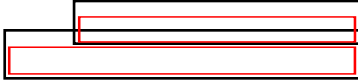
If you'd like, I can send you a summary.

Sincerely,

[redacted]

Dr. Michael Adjodha

To: Adjodha, Michael E



Subject: Mercury From

Amalgams at Autopsy

Sent: Mon 4/24/2006 6:24

AM

MERCURY, DENTAL

AMALGAM FILLINGS

Title: Levels of Mercury found in Body Tissues of Cadavers
Linked to the Number of Dental Amalgam Fillings

Reference: *"Dental amalgam and mercury levels in autopsy tissues: food for thought," Guzzi G, Grandi M, et al, Am J Forensic Med Pathol, 2006; 27(1): 42-5. (Address: Italian Association for Metals and Biocompatibility Research (AIRMEB), Milan, Italy. E-mail: gianpaolo_guzzi@fastwebnet.it).*

Summary: In a study involving analysis of 19 cadavers, tissue levels of total mercury were found to be associated with the number of dental amalgam fillings in the deceased individuals. Subjects with over 12 occlusal amalgam surfaces were found to have significantly higher levels of total mercury in all tissues tested, which included brain, thyroid, and kidney tissues, as compared to subjects with three or less occlusal amalgam surfaces. In addition, subjects with over 12 occlusal amalgam surfaces had significantly higher levels of mercury in tissues of the brain, as compared to tissues of the thyroid and kidney. No such relationship between levels of mercury in different tissue samples was found among subjects with 3 or less occlusal amalgams. These results suggest that a direct relationship may exist between dental amalgam fillings, which according to the World Health Organization are the most important source of inorganic mercury exposure in the general population, and total mercury levels in tissues of the body, particularly the brain, thyroid, and kidney, as demonstrated in this study.

To: A
From:
Subject: Mercury Dental Fillings
Sent: Wed 4/19/2006 4:51 AM

Dear Mr. Adjodha,

I applaud any effort in stopping the use of mercury amalgam dental fillings. It is long overdue. The logic that dentists can be fined for throwing away scraps of amalgam because it is toxic, but are allowed to install it directly in your mouth, has never ceased to amaze me.

I have had weak enamel and poor teeth all my life and had two dozen mercury amalgam fillings by the age of seven. I continued to accrue one or two each year, until, by the age of 17, I had a mouth full of mercury. At that time, I developed Systemic Lupus Erythematosus, an autoimmune disease. I had serious, but not life threatening flares, always involving my liver, on and off until my early forties. At that time, I started seeing an alternative physician who strongly believed that Lupus was caused by the body not recognizing its own tissue because of a foreign toxin such as mercury present in the cells. I was in remission at that time. I then chose to have all of my mercury fillings removed, at great expense and with greater trepidation. The dentist who performed the removal of the mercury was extremely cautious and used rubber dams, oxygen, a ventilator hood, etc., to minimize any additional mercury exposure to me or to himself. He has had years of experience in amalgam removal. The procedure took several lengthy sessions. I did not, at that time, feel any ill effects.

I then began a course of antioxidants and such to detoxify my liver, as that was the organ which always bore the brunt of every Lupus flare I had had up until that time. A while after starting the detoxification program (I do not recall how many months), I had a serious flare which manifested as Lupus Nephritis, and had to undergo Cytoxin (a chemotherapy drug) infusions for 18 months to suppress my immune system to halt the damage to my kidneys. At the start of the Cytoxin treatments, I had to have a kidney biopsy to determine the extent of damage to my kidneys. I asked the nephrologist to have the pathologist examine the kidney tissue for mercury, but they were dismissive, and would not. My belief, although unsubstantiated, is that I was indeed harboring mercury in my liver, which was then freed by the detoxification process and ended up in my kidneys. Luckily, the Cytoxin worked, and I appear to be in remission, although I do not know how much permanent damage was done to my kidneys. Thankfully, I found a mercury-free dentist for my children before they had their first fillings.

I have no definite proof that mercury causes Lupus or any other autoimmune disease, but I have read articles explaining that researchers used to subject mice to mercury to bring about autoimmune disease for study. Page 2, paragraph 3 of <http://www.ehponline.org/docs/2003/111-5/EHP111pa274PDF.PDF> cites a study regarding mercury-induced autoimmunity in mice.

I would like to stress a point that I feel is extremely important. When and if the FDA finds the courage and wisdom to declare mercury amalgams the danger that I feel they are, it MUST mandate that all dentists who remove such fillings do so according to strictly regulated procedures to minimize the further exposure to themselves and their patients. Mercury is vaporized in the drilling process, and inhaled vaporized mercury is almost completely absorbed by the lungs (75-80%). When people realize the danger they have in their mouths, there may be a flurry of people rushing to have it removed, and ill-informed or indifferent dentists could put them at higher risk than leaving it alone. Ventilation hoods, patient oxygen, rubber dams, etc., are crucial precautions which must be taken. I am also concerned about what steps are currently taken to mitigate mercury release during the cremation of bodies with mercury fillings.

Please be assured that, even if a link between autoimmune diseases and mercury has not been substantiated, mercury has long been proven as a lethal toxin and banning its use in dental fillings is the proper course. Please do the right thing and stop the use of mercury.

Sincerely,

To: Ad

From:

Subject: Mercury Amalgam Nearly Ruined My Life

Sent: Sat 5/13/2006 8:32 PM

Michael,

I will try to make this short but it seems problems with mercury amalgam have been there for the majority of my life. In 1971 I woke with the worst head pain I had ever experienced, but this was not where a normal head ache happens. It took me and my doctor a long time to figure out it was a muscle spasm on the right side at the back of my head that was giving me so much pain. The pain was also in my right ear and my right eye. I also experienced pain and numbness down my right arm and right leg.

In the beginning I thought it might have something to do with my teeth. I went to my dentist and he told me everything looked okay. The pain persisted 24 hours a day and never went away. I went to bed with it and got up with it. If I slept at all, there was no relief from any aspect of my symptoms. My doctor x-rayed everything he could think of and found nothing. I had the last of my wisdom teeth pulled and it made no difference. Muscle relaxers gave some slight temporary relief but I could not take them forever and they really didn't help that much. I went to another dentist and he checked me over and found nothing wrong. My head kept telling me that it was something to do with my teeth but could not get it confirmed.

After six years of no relief and no answers my doctor finally gave up and sent me to a neurologist (my doctor really thought it was just in my head, a psychological thing, and that's why he was so slow getting me help). After weeks of preliminary testing my neurologist told me he was sure this was not psychological and put me in the hospital for further testing. After 10 days of every test in the book he told me he was as sure as he could be that it was multiple sclerosis. There was little to be done. A few possible drugs to try but he explained that there was not really much available that would help. I left troubled at his diagnosis and I don't know that I ever completely accepted it.

My symptoms persisted for 25 years with no relief whatsoever. It took the most powerful of drugs to kill the pain and I refused to be hooked on them. I was mobile but the head pain in particular nearly blew away my sanity. I was a Christian minister who didn't want to be around people, even my own family. It was only pure resolve and my faith that kept me from killing myself.

One day I was driving down 1-69 and a filling fell out of my tooth. With all the other pain I was experiencing I didn't realize that decay had progressed to the point that it would fall out. I had kept in touch with my local dentist periodically and kept my teeth in good order. But in two hours of the loss of that filling I noticed a dramatic change. Half of the head pain I had been experiencing was gone. The eye pain, the ear pain, significantly reduced. This happened in 1996.

Needless to say this brought on a serious investigation and steps were taken to determine what had just happened. Every dentist that I talked to refused to even consider that it was the amalgam that had caused the problem. Yet I ran into people who had similar experiences with their amalgam, but the symptoms were always different. I could find no two alike. It's no doubt why it's been so difficult to pin this on the amalgam, but when mercury travels throughout the body it just seems to land in different places and cause different symptoms.

Within the next two years all amalgam had been removed from my teeth. I then began a very slow and gradual recovery as I took steps to get the mercury out of my body, along with other harmful toxins. The immune system had been so compromised that even today I am not completely recovered, but certainly much better than 10 years ago.

This is a very short version of my experience. One thing is sure. Removal of amalgam from my mouth made a great difference in my health, but I am not sure my health will ever be what it should be again. Mentally and physically I am not the same person.

Other countries have wised up and banned mercury amalgam from being used by dentists. Why does the technologically advanced United States of America drag it's feet and continue to live in the early 1900's when it comes to dental amalgam??? Why? Because it's about money, the almighty dollar reigns. Who really cares about our health? I would like to see the FDA do what it is supposed to do. The coverup by the ADA will continue unless they are forced to make changes.

A recent article by JAMA concerning tests done on children touts that amalgam are judged to be safe. In the first place these tests were at most for seven years. I had amalgam in my teeth for 15 years before any clear symptoms occurred. And I really doubt that kids can tell whether any mental changes occurred to them. I seriously doubt that even the best and most knowledgeable

adults can figure it out. These studies only involved a few hundred children. Amalgam may only affect one in one or two thousand children. So, way too few children were tested and the tests did not last nearly long enough. Sounds like another dollar in the ADA's pocket to me!!!

Sincerely,



To: Adjodha, Michael E
From: [REDACTED]
Subject: Mercury Dental Amalgam Story
Sent: Wed 5/31/2006 7:39 AM

Hi, I am responding to an email that was forwarded to me requesting stories of experience with mercury dental fillings. About ten years ago I began **having extreme fatigue and weakness, just walking up stairs was exhausting.** I was around [REDACTED] old at the time, and always very energetic, so this was extremely abnormal for me. I went to my doctor and he ran several tests. One test revealed that my adrenal glands were exhausted. Through a hair analysis test he found mineral imbalances, and a toxic level of mercury. At this time I had several very old fillings in my mouth (over 10 years old). He recommended that I have them removed, which I did. He also recommended a session of chelation therapy with a magnesium drip to bind up and remove any free-floating heavy metal in my blood stream. Needless to say, after this course of treatment, I felt back to my normal self and have never had those symptoms again. At a later point I was tested again by hair analysis, and the mercury level in my body had decreased significantly. That's my story. Thanks.

[REDACTED]

To: Adjodha, Michael E

From: [REDACTED]

Subject: [REDACTED]

Sent: Wed 4/19/2006 3:00 PM

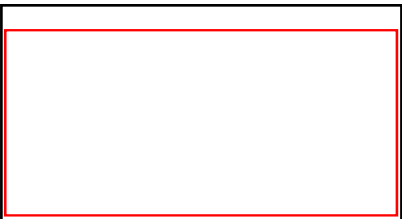
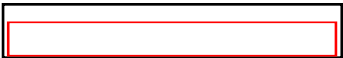
Dear Micheal, my name is john i heard about this meeting that is taking place on a Pittsburg radio station and I thought that I should send you a message. I have been through a medical nightmare of misdiagnosed and medical malpracticing of treating this problem. I have sent a complaint to my state dental board because this dentist that treated me for root canal therapy denied to treat, investigate or concure that my medical nightmare was just in my head. Just in six years I have seen 20 to 25 different doctors than I really cared to see. Mike check out curezone.com and end the pain.org you and your colleagues will see how the paying patients are suffering because we are being told that we are liars and we are all crazy, I think it is the dental profession that is CRAZY AND INSANE for putting me through this medical and dermatologic nightmare. If you would like to give me a call sir I can be reached at [REDACTED]

[REDACTED]

To: A
From: [REDACTED]
Subje y
Sent: Sat 4/22/2006 12:31 PM

I am 58 years old and have quite a few fillings, as do a lot my age. Because of this I have Mercury Poisoning. I got extreme migrane headaches. I can't have anything with mercury in it such as regular flour. My fillings are the cause of it. My daughter has the same thing but not as bad. Please help us and end the use of mercury in fillings. t to my health. Thank you for listening.

[REDACTED]







[Redacted]

□

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-

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From:

Sent: Tuesday, April 25, 2006 8:39:19 PM

To: Brodsky, Jason D

Subject: Inquiry into Mercury Toxicity

Auto forwarded by a Rule

Associate Commissioner Jason Brodsky

Dear Commissioner Brodsky,

I am pleased the FDA will conduct an inquiry into the "potential mercury toxicity" from dental amalgam, "specifically as it relates to neurotoxic effects." I personally suffer from headaches with mental foginess. I had to take early retirement from my teaching career six years ago due to the fog. I believe the mercury amalgam fillings to be the cause of my continuing problems. I have in the last year removed all the fillings and I had the cavitations under the molars cleaned out as well. My body still is toxic with metal poisoning, I believe and so the fog continues yet to this day!

Please keep the focus on mercury toxicity and also remove the dentists from being in charge of regulating mercury fillings so others do not have to suffer as I have for so many years!

Sincerely,

[Redacted Signature]

To: Ad

From: [REDACTED]

Subject: Cancer causing Mercury fillings

Sent: Mon 5/1/2006 12:54 AM

Dear Mr. Adjodha,

When I was about [REDACTED] (in the year 2000) I was diagnosed with Stage 3 Lymphoma. It had apparently begun in my face and traveled throughout my body. Prior to this, in 1998 I became seriously ill and went to bed for

about 2 years, with a host of neurological and systemic symptoms. The pain was so excruciating in my face as well as in my entire body! I was unable to function. Help and meals came in daily to care for my children. When I was diagnosed with Lymphoma I learned about dental filling problems. I had a mouth full of big fillings. In 2000 I went to a

total of 7 dentists and oral surgeons about the pain, the fact that my teeth had turned gray; and my front teeth were abscessing at a rate of 1

per month. These teeth had no cavities, cracks or damage. Each time the

dentist would tell me that the X-ray showed no bone infection or problems. Finally I insisted upon a panorex and asked them to pull out all my teeth. Each Dental Professional I went to refused to remove my teeth. So as the front teeth abscessed and became a risk, the dentist pulled each one (against his will, he wanted to crown, root canal etc.) My face was still in huge pain. After my 4 front teeth had abscessed and

been removed I located a Professional in Mexico who helps people with Mercury problems.

Finally in August 2000 I went to Mexico and had all my teeth pulled. I used a dentist who specializes in cleaning up the Mercury mess. I was awake each time and he said that my entire bone was stained with metal. He said it was tattooed. The bone had also become infected. No wonder my face and entire body hurt so bad! Before sewing up the gums, he had to cut off the metal stained skin. The teeth were pulled, the bone was filed to try to remove the metal and the gums were trimmed and sewn back together. Each time I had it done, the symptoms of mercury poisoning were extreme. I have had chelation therapy in effort to do heavy metal clean up. In case there is any question as to what metals were in my teeth, I still have all of them (my teeth). I have retained them for such a time as this.

[REDACTED]

To: Adj
From: [REDACTED]
Subject: Meeting on Amalgam
Sent: Wed 5/3/2006 11:43 PM
To Michael E. Adjodha

Concerning the August 23rd meeting on dental amalgam,

[REDACTED] and, Dr [REDACTED] g an exam
for

a cavity in my front tooth put an electric meter on a gold crown in my mouth and commented "I am concerned about the current coming from this tooth." I had no idea what he meant, and he told me that he could not save the tooth that I went to him about, so I got a second opinion and never returned.

The same gold crown always felt uncomfortable, and periodically, I could

taste a metallic taste in my mouth. I then began to experience a tingling on the balls of my feet, a burning in my eyes, and developed bladder infections and bowel problems. And acute high blood pressure. In the year 2000, I had moved to [REDACTED] and by then had developed every symptom of MS. My nasal passage was almost completely closed. I broke

out in red blotches in my face. My vision would go blurry, I had pains in the sides of my knees, and a broke out in similar red blotches on the

front of my legs. I also had developed an acute burning in my face. Thinking that I was dying, I returned home to Maryland. By this time, my mental functions deteriorated. Someone could be talking to me, and I could not pay attention at all. My mind would wonder in the middle of the first sentence, even if I was interested in the subject.

An infection in a tooth next to the gold crown had spread, and I went to

another Dentist who told me that both teeth had to be extracted.

Within

the hour after I had the crown extracted, many of my symptoms were released. For two years after this, the site where the gold crown was extracted from felt dry, so dry at times I would almost choke.

While drinking a small amount of alcohol, I noticed a spike in blood pressure for several days afterwards. Looking on the Internet, I saw the

theory that mercury passing through the bowel kills off the good bacteria and causes Candida to spread. Thinking that sugars were feeding

the fungus, I went on an "anticandida diet" and was able to go off of blood pressure medication. My bladder and bowel problems disappeared.

My

nasal problems were gone. At least as long as I stayed on the diet; If I went off the diet, bladder and nasal problem would return, as well as extreme high blood pressure.

Now if I stray from this diet at all, my pressure will spike. Three weeks ago, I ate about ten wheat thin cracker two nights in a row and was hospitalized in [REDACTED] with a blood pressure of 180/116,

down from 180/122 when I left the house.

Something is going on, but it might be missed if only the theories of the "health nut" physicians are explored. They say that the mercury turns into methyl mercury and stays in the nervous system, but this may not be correct.

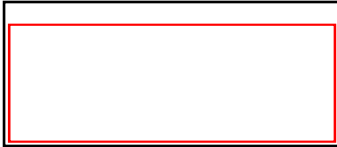
It may be that the mercury stays in the fillings most of the time, except when galvanism is present. It may also be that MS is caused by the bodies own immune system trying to extract an invader that isn't really there--the currents.

I also read that Candida inhibits the bodies ability to make alpha ketaglutaric acid, which removes ammonia. After taking the supplement, my mental functions have greatly improved. It may be that the bodies inability to rid itself of ammonia also causes neurological problems. If I can tell my story under oath, I will be more than happy to. I had a

Dentist that is not far from where this meeting is diagnose the problem,

and the symptoms of MS followed. Something is going on, and someone needs to get to the bottom of it. There are people all across the country with MS that have metals in their body that may be generating these galvanic currents, and no one is telling them that they need to be

removed. Yet I have found studies on PUB MED that admit that tooth currents exits, and can corrode amalgam fillings.



To: Adjodha, Michael E

From: [REDACTED]

Subject:

Sent: Fri 5/26/2006 2:54 PM

hi Mr Adjoha-My name is [REDACTED] I am a victim of dental mercury poisoning due to mercury in amalgam fillings. I wish to attend the FDA hearing in September in Maryland. I know people who have requested to do an oral presentation to explain their bout with mercury poisoning at this hearing. I would like to request to do the same. I was ill for twenty years before doctors correctly diagnosed my health problem. I suffered seizures, debilitated immune system, memory problems and a host of other ailments. I became ill at 23 years of age. I was 43 of age when correctly diagnosed. This illness took my entire livelihood, my career, and almost my life. I would like my chance to tell the FDA what happened to me with this ordeal. Dental fillings containing mercury need to be outlawed. The story of what happened to my health is on the Consumers For Dental Choice website, (I'm sure you are familiar with the organization, this is where I got your name). If you click on the right side of the front page of the site where it says "submit your story" you will see my story come up which a national magazine published one year ago. The FDA needs to hear from me, without a doubt. I appreciate your time. Whatever time I can be given, five or ten

I'd appreciate it.- Sincerely [REDACTED]

[REDACTED]

Lee, Michael

From:
Sent: Sunday, April 23, 2006 6:07 PM
To: Adjodha, Michael E
Subject: Mercury Amalgam Fillings & toxicity
Attachments: Standard of Care. Guidelines for HM toxicity 091204.doc

Dr. Michael Adjodha
Center for Devices and Radiological Health (HFZ-480)
Food and Drug Administration
9200 Corporate Blvd.
Rockville, MD 20850

Dear Dr. Adjodha,

It is my understanding that you have undertaken, on behalf of the FDA, a review of mercury poisoning from dental amalgam, especially regarding neurotoxic effects of dental fillings. I wanted to share my story and that of my patients that is very relevant to your review.

I am an integrative physician in practice for over 20 years. One of the reasons that I became interested in exploring complementary and alternative therapies was my own health problems. I started reading about the toxicity of dental amalgams in 1985. As I became aware that mercury can cause memory problems and depression, I suspected that I may have had a long-term problem with chronic low level toxicity. I had had 11 large amalgam fillings placed when I was in grade school. I remember feeling very unwell and unable to go to school for several days after each dental appointment. I always thought that it was due to the local anesthetic. Subsequently, I had suffered from chronic mild depression for many years. In the early 1980's, I had also started having short-term memory problems. My mind would just go blank mid-sentence or I would substitute the wrong word in a sentence or just couldn't remember the word I meant to say. I attributed these symptoms to stress and long hours, until I started investigating the effects of mercury.

In Spring 1986, I went to a biological dentist who had been trained in proper removal of mercury. After having my amalgams removed, the symptoms I was experiencing improved significantly, although not completely. Once all the amalgam fillings were gone, I no longer felt sick after a dental appointment, even when local anesthetic was used, so I realized it must have been the mercury vapor making me ill. Long standing periodontal problems, bleeding gums, and dry mouth and eyes resolved completely.

After several years, the depression and memory glitches started recurring again. Again, I blamed it on stress. By 1990, I had been diagnosed with Chronic Fatigue Syndrome. By 1992, I was having to cut back time at work to 2 days a week because I could not deal with the work load and was nearly disabled with Chronic Fatigue. I felt like my body was filled with lead. Every breath was an effort. I often had to pull off to the side of the road while driving to the office (a 20 minute drive) because I would have to rest before completing the trip. At night, I was so exhausted that I climbed the stairs on my hands and knees.

In 1993, a fellow physician suggested trying chelation therapy for the fatigue, which I did. It was nearly a miracle. After the first infusion of EDTA, I felt like a new person. The air hunger, depression, and bone-crushing fatigue was gone. While it only last a day or two, it gave me the first hope I had in years. I

started getting regular treatments and the improvements lasted longer and longer each time. I don't know why I didn't think to test for heavy metals right away; I guess I was just too much of a wreck. It must have been after at least 20 treatments that I finally tested for heavy metals, by using a 24 hour urine collection after using a chelating agent. The mercury, lead, and cadmium levels came back very high. I grew up in the Midwest and have never been fond of fish. I never played with mercury as a kid (as many of my patients remember doing). So my only source of mercury was the fillings that were removed in 1986. However, these fillings must have been leaching for more than 20 years that they were in my mouth. That mercury was still in my system. As for the lead & cadmium, I figured out two sources: 1. We had sand-blasted our yellow (cadmium), 50 year old (leaded paint) house in 1987. 2. I had worked for UPS in the 1970's and may have been exposed to leaded gasoline exhaust.

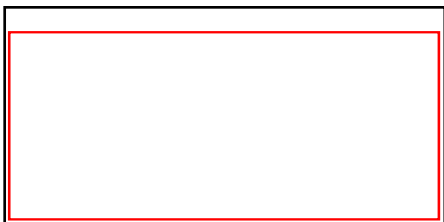
Although EDTA chelation is not the preferred chelating agent for mercury, I had improved so much that I felt cured and felt well for several years. By 1997 though, the depression and memory symptoms started recurring. I was under tremendous stress so, again, it slipped by me for awhile. It finally dawned on me that these symptoms were similar to the times before, so I retested. This time, I had only a high mercury level. I believe that is why the severe, disabling fatigue did not recur. There are studies documenting that a combination of heavy metals multiply the toxicity exerted by each one individually. I then undertook a series of intravenous treatments with DMPS, followed by several months of treatment with oral DMSA (Chemet). My symptoms gradually but steadily improved and, despite continued stress, felt the best I ever remembered feeling.

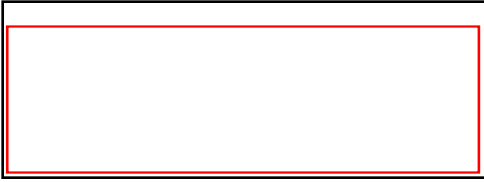
Twice more in the ensuing years I have begun feeling similar symptoms. Each time I repeated the urine test for heavy metals, mercury showed up higher than the population reference range. I think this is indicative that the levels in the tissues were very high and have been gradually dumping out over years. Each time I have taken a chelating agent (either iv EDTA or oral DMSA), I have experienced noticeable benefit. To this day, I feel dramatically better and healthier than I felt when I was much younger, but still suffering the effects of mercury amalgam fillings.

Over the years I have participated in the care of dozens of patients with elevated heavy metal levels, who have responded to chelation treatments and removal of amalgam fillings with partial or complete resolution of their presenting illness (es). These diseases include fatigue, fibromyalgia, impaired cognitive function, chronic, recurrent depression, autism, multiple sclerosis, neuropathy (including one patient who consulted many neurologists who could not arrive at a diagnosis), hypertension, impaired immune function, asthma, sinusitis, and allergies. It has been a blessing to watch these patients recover, when they had given up hope.

I have also attached a Consensus statement, regarding heavy metal toxicity, that was adopted by three integrative medical organizations I belong to (comprised of close to 1000 physicians). While much of it you may already have access to, there may be some additional references that may help you. I apologize for being long-winded, but I hope my story is helpful to you. Please feel free to contact me if I can be of any assistance in your review.

Sincerely,







Acrodha, Michael E

From: [redacted]
Sent: Friday, July 21, 2006 12:29 PM
To: Adjodha, Michael E
Subject: FW: Mercury-free dentistry

-- Original Message --
From: Brodsky, Jason D
Sent: Friday, July 21, 2006 11:56 AM
[redacted]
ee dentistry

>From: [redacted]
>Sent: Friday, July 21, 2006 11:55:31 AM
>To: KevinjBiggers@aol.com; Lutter, Randall; KJohnson@azLeg.gov;
Brodsky, Jason D
>Subject: Mercury-free dentistry
>Auto forwarded by a Rule

TO: Associate Commissioner Randall Lutter
Associate Commissioner Jason Brodsky
Kevin Biggers, Member of the Dental Board of California
Karen Johnson, state Senator of Arizona

Thank you all for being our voice in the fight for mercury-free dentistry. I ask that you please remain focused on mercury toxicity until all dentists are removed from being in charge of regulating mercury fillings.

Please let me know if there is anything I can do in [redacted] to help support this fight.

Respectfully,

[redacted]

Adjodha, Michael E

From: [REDACTED]
Sent: Friday, July 21, 2006 12:32 PM
To: Adjodha, Michael E
Subject: FW: FDA mercury

From: Brodsky, Jason D
S [REDACTED] 2006 2:48 PM
T [REDACTED]
S [REDACTED] ury

From: [REDACTED]
Sent:
To: Brodsky, Jason D
Subject: FDA mercury
Auto forwarded by a Rule

bear Commissioner Brodsky:

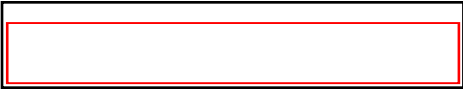
Re: FDA hearing on dental amalgam

I am a dentist and have had the unfortunate experience of being poisoned by mercury from a large spill in my dental office. I speak from experience and much reading on the subject of mercury toxicity. I have heard dentists who are spokesman for the safety of dental amalgam compare the safety of mercury in amalgam with sodium in salt or hydrogen in water. This exemplifies the complete lack of knowledge in understanding chemistry and yet they espouse such nonsense!

Dentists are not qualified to make statements as an expert regarding mercury. Only a person with credentials qualifying to be an expert in mercury toxicology should qualify to make any statements at the FDA hearing on the safety of dental amalgam. Professor Boyd Haley, Phd, for instance, has the necessary qualification to give expert testimony. The hearing should be focused on the subject of the toxicity of dental amalgam and mercury.

Sincerely,

7/25/2006



Adjodha, Michael E

From: [REDACTED]
Sent: 2:36 PM
To: Adjodha, Michael E
Subject: FW: Mercury Toxicity and Dental Amalgams - Thank You

-- Original Message --

From: Brodsky, Jason D
[REDACTED] 006 5:27 PM
icity and Dental Amalgams - Thank You

>From: [REDACTED]
>Sent: Sunday, June 11, 2006 5:27:13 PM
>To: Brodsky, Jason D
>Subject: Mercury Toxicity and Dental Amalgams - Thank You
>Auto forwarded by a Rule

Dear Associate Commissioner Jason Brodsky,

Thank you for your work with the FDA hearings on mercury toxicity from amalgam.

Please keep the focus on mercury toxicity, and remove dentists from being in charge of regulating mercury fillings.

Sincerely,

[REDACTED]

Adjodha, Michael E

From: [REDACTED]
Sent: Friday, July 21, 2006 12:40 PM
To: Adjodha, Michael E
Subject: FW: mercury toxicity

From: Brodsky, Jason D
[REDACTED] 31, 2006 2:53 PM
Subject: FW: mercury toxicity

From: [REDACTED]
Sent: Wednesday, May 31, 2006 2:53:08 PM
To: Brodsky, Jason D
Subject: mercury toxicity
Auto forwarded by a Rule

Dear Commissioner Brodsky,
Thank you for supporting the inquiry and resolution of the mercury toxicity issues related to dentistry. Please consider this note as support for your efforts, as well as an expression of my opposition to any toxic substances being used in any manner in health care of any specialty, unless a patient has been provided full disclosure and given informed consent--consumer protections which should be mandated by law.

[REDACTED]

Adjodha, Michael E

From: [REDACTED]

Sent: Friday, July 21, 2006 12:45 PM

To: Adjodha, Michael E

Subject: FW: FDA hearing dental mercury toxicity

From: Brodsky, Jason D

[REDACTED] 06 5:12 PM

Subject: FW: FDA hearing dental mercury toxicity

From: [REDACTED]

Sent: Sunday, May 14, 2006 5:11:54 PM

To: Brodsky, Jason D

Cc: [REDACTED]

Subject: FDA hearing dental mercury toxicity

Auto forwarded by a Rule

Dear Commissioner Brodsky,

Thank you [REDACTED] for scheduling hearing on the toxic dangers of mercury dental fillings. I am a practicing dentist in [REDACTED] and treat patients everyday who are concerned about the "toxic poison" in their teeth. They wonder why [REDACTED] are still placing mercury fillings in their teeth.

The wide majority of dentists in this country are woefully unaware of the dangers of placing and removing mercury fillings. Most dentists (and I was one of them until 20+ years ago) get ALL of their dental practice information, including scientific studies, from the American Dental Association and their various subsidiaries (e.g. publications, newsletters, accredited dental schools and continuing education courses, etc.).

YOU MUST REMOVE THESE DENTISTS AND THE ADA FROM REGULATING MERCURY FILLINGS AND MERCURY TOXICITY IN THEIR OFFICES!!

An independent, UNBIASED group must be in charge of determining the safety and environmental issue. The dentists and the ADA have too much of a financial and legal stake in mercury fillings to act safely for the public.

Sincerely,

[REDACTED]

Adjodha, Michael E

From: [REDACTED]
Sent: Friday, July 21, 2006 12:53 PM
To: Adjodha, Michael E
Subject: FW: Mercury toxicity

-- Original Message

From: Brodsky, Jason D
S [REDACTED] 006 8:53 AM
T [REDACTED]
Subject: FW: Mercury toxicity

>From: [REDACTED]
>Sent: Mond
>To: rflutter@fda.gov; Brodsky, Jason D
>Subject: Mercury toxicity
>Auto forwarded by a Rule

I have just learned of the inquiry into "potential mercury toxicity" from dental amalgams. I am the mother of a mercury-toxic 12 year old "autistic" boy. Please keep the focus on mercury toxicity and remove dentists from being in charge of regulating mercury fillings.

There is no question in my mind that my son would have been typical had he not been exposed to heavy metals. We are currently chelating him, and he is recovering (from autism!).

Thank you.
Sincerely,

[REDACTED]

Adjodha, Michael E

From:

[Redacted]

Sent: Friday, July 21, 2006 2:18 AM

To: Adjodha, Michael E

Subject: Banning ALL Medical/Dental Uses of Mercury!!!! FDA Comments....

On behalf of momsagainstmercury, I'm contacting you with my urgent and sound insistence that ALL medical / dental uses of mercury be banned, and that any violations be met with criminal prosecution. You would also benefit from exploring my own site that details a long history of severe health problems in my family with severe negligence, misrepresentation and even serious criminal fraud by medical providers and others. I am very well educated in the areas of biological, chemical and math, and I know what I'm talking about, even though it took me five decades to break out of my own shell and confront how these things happened, at least in brief. Thank you!

[Redacted]

[Redacted]

Of course, uses of mercury in medicine and dentistry isn't nearly enough - much stricter controls on other uses and power plant emissions are needed badly.

Talk is cheap. Use Yahoo! Messenger to make PC-to-Phone calls. Great rates starting at 10/min.

06-6093 July 21, 2006

Dear Dr. Andrew Von Eschenbach

Thank you for the up
coming hearings scheduled
for September 6, 7, 2006 on
Mercury fillings.

In we can not put
1,44-4-3 mercury in our rivers or
lakes, but we can put
mercury in our mouths. I
had my mercury fillings removed
over 3 - Mercury
fillings should be outlawed
immediately. As always:

People first
Money second

Adjodha, Michael E

From:

[REDACTED]

Sent: Friday, July 21, 2006 6:11 PM

To: Adjodha, Michael E

Subject: Victims of the charade by the FDA

FDA Whomever:

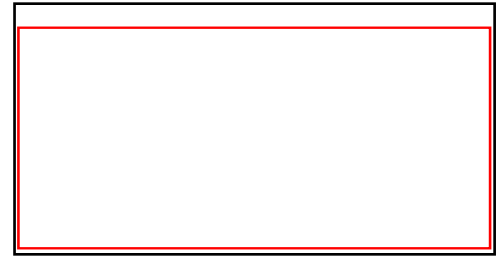
Finally maybe you people at the FDA will face the music about the charade of mercury being in our fillings within millimeters of the brain. This is the most deadly neurotoxin in the world and your outfit saw fit to continue the charade the ADA put forth again and again that there is no problem it is harmless. My own dentist had a brain tumor from the use of mercury? Wouldn't you think that would be a wake up call? Dentists are trying to protect their integrity and their livelihood by lying over and over.

So what is your excuse? Would you like me to send you the stacks of paperwork by scientists who have been warning us for years about mercury poisoning and the lists of diseases and other illnesses it has caused. How about the deaths it has caused? Would you like me to tally that up for you as well? I know the poor medical industry needs the business. They are not smart enough to test for toxic metal in Americans. In Canada that is the first thing they test for. Big surprise there. If they can't use a drug or do surgery they have no clue as to what ails people. Of course they can't make enough money if they actually do some research and find out perhaps there are ways to treat people without drugs or surgery. They have to keep the drug companies happy now don't they? As well as the medical establishment of course. Keep the dough rolling.

All those kickbacks must come in real handy, as people are getting ill or dying from the drugs the FDA approves without much thought. The FDA doesn't protect innocent victims, it protects big business such as the ADA and AMA. It doesn't take a genius to realize that. Our own government has proclaimed mercury as the deadliest neurotoxin in the world, but our wonderful Federal Drug Administration had to let the ADA have their way, it's a big business. Look how much money they would lose. Too bad for the innocent victims now isn't it. Of course there are millions of them who are barely functional due to the toxin in their brain. But what do you care, you get your kickback and the ADA goes on poisoning people everyday.

If you couldn't tell by now, I am an angry victim of this charade played out by the ADA and the FDA. My hope is that both the FDA & the ADA go down in history as the most shocking travesty of justice against USA citizens in our entire history. I hope they have to pay the victims for their losses from being poisoned probably since they were children. I hope they lose everything they own and spend time in jail for the charade they have perpetrated on innocent victims for the last 50 years anyway.

8/1/2006



July 11, 2006

ATTN: Michael E. Adjodha
Center for Devices and Radiological Health (HFZ-480)
Food and Drug Administration
9200 Corporate Blvd.
Rockville, MD 20850

Dear Mr. Adjodha;

Please enter the following comments into the public record for the Sept. 6 & 7, 2006 JOINT MEETING OF THE DENTAL PRODUCTS PANEL OF THE MEDICAL DEVICES ADVISORY COMMITTEE OF THE CENTER FOR DEVICES AND RADIOLOGICAL HEALTH AND THE PERIPHERAL AND CENTRAL NERVOUS SYSTEM DRUGS ADVISORY COMMITTEE OF THE CENTER FOR DRUG EVALUATION AND RESEARCH.

Dear Advisory Committee Members;

Thank you for taking up the issue of dental amalgams. I am writing to you as a member of the public who has suffered decades of ill health due to the placement of mercury amalgam fillings in my teeth. After experiencing years of seemingly unrelated physical symptoms, I finally connected with a doctor who ordered a hair and blood test which confirmed high levels of mercury in my body and that I was reactive to mercury. I had all my root canals (some of which had amalgam build-ups over gold crowns), dental amalgam and other metals removed two years ago, as I had become so fatigued, depressed and environmentally sensitive that I was virtually unable to work. .

I'd had a rash above my lip since 1979 that had been diagnosed by dermatologists as everything from photosensitivity to *Lupus*. The rash disappeared within a month of amalgam removal. Painful TMJ I had experienced for years stopped several months after mercury removal and has not returned. After one particular root canal was removed, a chronic pain in my chest stopped and my energy level soared. A • reoccurring sore throat, oddly painful only on the right side, and which resulted in the removal of my tonsils, disappeared along with my sinus and ear problems after the mercury was removed. I found out later there is a homeopathic remedy for sore throats on the right side: *Mercurius Vivus*. My mouth lost its sour metallic taste. The chemical and electrical sensitivities I have experienced most of my adult life are improving, slowly. These are just the physical symptoms; the mental, social and financial impacts could fill a book. With all that is known now about the human health and environmental impacts of mercury it is unconscionable that mercury is still being used in any dental or medical products.

Prior to the dental revision, I researched mercury related health issues for a year and made another big connection. I am Rh- and received RhoGam injections during and after all of my pregnancies in my twenties. At the time I received them, these injections contained Thimerosal, a preservative containing mercury. Rh

negative women who receive these injections during pregnancy are less than 10% of the population, but have 50% of all children diagnosed with autism (*Ref Dr. Stephanie Cave, Baton Rouge, Louisiana*). This doesn't just damage the unborn child: both myself and other Rh- women I know personally, became so ill after receiving these injections we had to drop out of school for a year. Tampering with a women's immune system at the fundamental level of blood type compatibility can have profound and unintended consequences and is not at all the same as inducing a mild case of measles or the flu to develop immunity. Most doctors are very unknowledgeable about Rh factors and are still telling Rh- women they are a "tragic recent mutation," despite the fact that physical anthropologists have confirmed that the very oldest human remains found in Europe have been O- blood types. The fact that Rh- women have problems reproducing with Rh+ men might have prompted a medical authority somewhere to revisit the *very definition of a species*. The correlation between RhoGam with Thimerosal (ethyl mercury) given during pregnancy and autism is so strong that the government, the industry that manufactures it, and ill-informed doctors are essentially knowingly negligent with respect to their duties to protect members of the public.

Aside from the human health impacts, dental amalgams and other medical products for both external and internal use should not be continued because of the increasing levels of mercury we are finding in our air, our water and our food. All that dental amalgam, a hazardous waste, ultimately finds its way back to humans and causes increasing levels of environmental damage and bioaccumulation in the process. To continue amalgam use is basically allowing environmental pollution, and given that much more benign substances are available and used in countries all over the world, why continue using a toxic material? There is simply no good reason to continue amalgam use, and if the industry wants to continue its use, then they should accept financial liability for the damage it causes. If the FDA continues to allow amalgam use, the public will have no faith or trust in the government's intention to protect the public because people are speaking out directly to each other and doing their own research. There have been more than enough studies all over the world to confirm harmful health impacts of amalgams; this really isn't about science at all, as if it were, amalgam use would not be banned in other countries. What all this foot-dragging and waffling is about is industry profits, potential financial liability and the loss of professional credibility. The question is: Do any of you have the strength of character and integrity to stop this really evil experiment on a deliberately misinformed public?

Respectfully Submitted,

