



# Presumptive Transfusion Transmission of Variant CJD: Implications for the Safety of Blood and Blood Products

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# Presumptive Transfusion Transmission of Variant CJD: Implications for the Safety of Blood and Blood Products

- Case description
- Negative epidemiological evidence for association of CJD with blood exposure
- Evidence suggesting that blood of humans or animals with TSE may be infectious; basis for increased concern over vCJD
- Current safeguards for blood products

# A Case of Presumptive Transfusion-Transmission of vCJD Reported in the UK

(from R Will and others, UK CJD Surveillance Unit,  
announced to UK Parliament on 17 Dec 2003)

## March 1996

- A clinically healthy young blood donor donated Whole Blood to the UK National Blood Service.
- Packed RBC—not leukoreduced—were transfused into an older surgical patient (later found to be PRNP met 129-homozygous).

## About March 1999 (three years post donation)

- The donor developed signs of variant CJD and later died; the diagnosis of vCJD was confirmed after autopsy.
- The UK Transfusion Medicine Epidemiology Review (TMER) enrolled recipient (with 14 other recipients of vCJD-implicated blood components) in an on-going “look-back” type of study.

## December 2003 (about 6.5 years post transfusion)

- The recipient died; postmortem diagnosis was typical vCJD.
- The recipient's age-adjusted food-borne risk of vCJD was estimated by UK authorities to have been ~ 1:40,000

# Presumptive Transfusion-Transmission of vCJD Reported in the UK: Evidence for Transmission

Transfusion-transmission cannot be proved in this case because the recipient is assumed to have had concurrent risk of BSE exposure from UK beef. However, transfusion–transmission is presumed because:

- The random risk of vCJD is estimated at only 1:40,000
- The recipient was far older than the median case of vCJD (second eldest known case) making the case less likely to be food-related
- The incubation period post-transfusion was compatible with transfusion as the exposure event
- The recipient had the expected Met/Met polymorphism

# Epidemiological Studies of Exposure to Blood as a Risk Factor for CJD: No Evidence of Increased Risk (Adapted from Schonberger L [CDC]. Presentation to PHS AC BSA Jan 1998)

- Case reports of sporadic CJD attributable to blood: None
- National mortality surveillance:  
(CDC: 4,164 cases of CJD during 18 yr from 1979-96)
  - No increasing incidence ( $\sim 1/10^6$ /yr age-adjusted)
  - No Dx hemophilia, thalassemia, sickle cell in cases
  - No CJD Dx in persons < 19 yr old
- **Hemophilia survey**  
(CDC-Hemophilia Treatment Centers)
  - No clinical Dx of CJD in >12,000 patients through 1998
  - No histopathol Dx CJD 30 autopsies (mean age 39 yr)

# Epidemiological Studies of Exposure to Blood as a Risk Factor for CJD: No Evidence for Increased Risk (Adapted from Schonberger L [CDC]. Presentation to PHS AC BSA Jan 1998)

- Case-control studies: All negative for increased risk
  - 6 studies, several large size, different methods used to reduce bias, done in several countries
- **Recipients of blood components from sCJD donors**

ARC-CDC-Nat'l Blood Donor Resource Center

- No CJD Dx in 196 recipients of blood components from 15 CJD donors
- 42 recipients lived > 5 yr after transfusion: no CJD

In a similar European study, 13 recipients lived >10 yr and 8 lived > 15 yr after transfusion: no CJD

# Epidemiological Studies of Exposure to Blood as a Risk Factor for CJD: No Evidence for Increased Risk (Adapted from Schonberger L [CDC]. Presentation to PHS AC BSA Jan 1998)

- Recipients of vaccines containing excipient albumin (followed through 1996):
  - >38 million children aged <5 yr received a vaccine containing excipient albumin at some time between 1967 and 1986.
  - By end of 1996 they were aged 11 to 19 yr.
  - No CJD was diagnosed in any recipient.

# Summary of Evidence Suggesting that Blood of Humans or Animals with TSE May be Infectious

1. Human epidemiological studies: most negative; however one presumptive case of vCJD in RBC recipient
2. Experimental studies: not all reassuring
  - **Human CJD blood**
    - into primates: all negative
    - into rodents: a few positive ( $\pm$ )
    - (spleen, liver, nodes into primates: some positive)
  - **Animal TSE blood**
    - BSE cow, scrapie sheep, goat into rodents: negative
    - Mink encephalopathy into mink: negative
    - Rodent experimental CJD/scrapie/BSE into rodents: several models positive (low titers  $<100$  icLD<sub>50</sub>/ml)
    - **Sheep experimental BSE blood into sheep: positive**
    - **Sheep natural scrapie blood into sheep: positive**



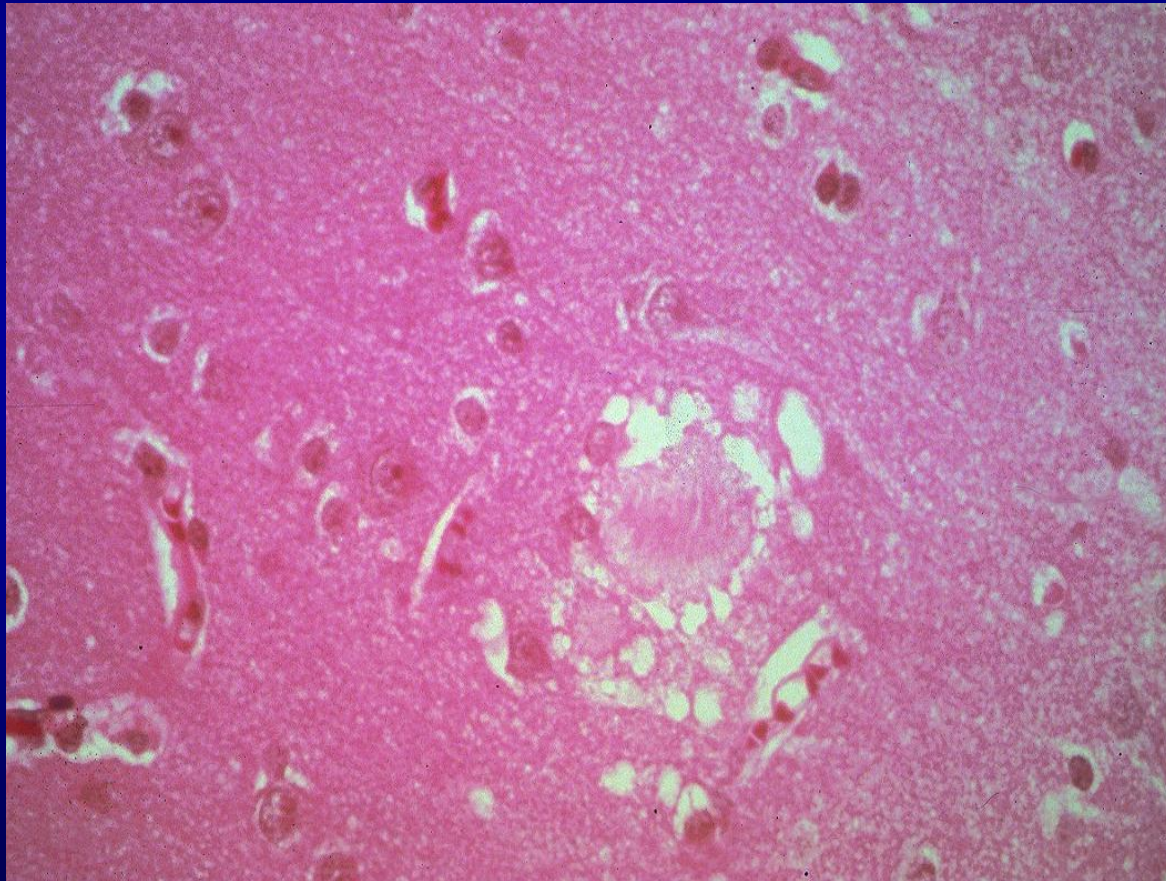
## Variant CJD: Reasons for Greater FDA Concern about Potential Infectivity of Blood

- Lymphoid tissues of patients with vCJD contain much more protease-resistant prion protein than do those of patients with conventional forms of CJD. Infectivity of those tissues is not yet clear. (Note: Lymphoid tissues of some patients with conventional forms of CJD have been infectious [Brown P et al. Ann Neurol 1994;35:513].)

**Implication: Blood, containing lymphoid cells, might be more infectious in vCJD than in other forms of CJD.**

- vCJD differs from sCJD in clinical and histopathological features; distribution of infectivity in patients with sCJD might not be predictive for vCJD.
- vCJD is a new emerging disease not found in the USA except in one long-time UK resident.
- **A presumptive transfusion-transmitted case of vCJD has been reported recently.**

# vCJD: Florid Plaque in Brain (not seen in other forms of CJD)



# Comparison of Sporadic and Variant CJD

(First report, modified from R Will & al. Lancet 1996;347:921)

## ● Sporadic CJD

- Mean age ~65 yr
- Mean duration ~ 4 mo
- Presentation: confusion, sometimes ataxia
- EEG: periodic suppression-burst, slowing
- *PRNP* codon 129 met/met ~80% (vs ~50% gen'l pop.)
- Amyloid plaques ~15% (rarely “florid”)
- PrP<sup>sc</sup> size, glycoform abundance: not BSE type

## ● Variant CJD (1<sup>st</sup> 10 cases)

- Mean age ~29yr (19 to 52)
- Mean duration ~ 12 mo
- Presentation: abnormal behavior, dysesthesia
- EEG: slowing without periodic suppression-burst
- *PRNP* codon 129 met/met 100%
- Amyloid plaques 100% (“florid”)
- PrP<sup>sc</sup> size, glycoform abundance=BSE type

# Cases of vCJD Worldwide

(as of Dec 2003)

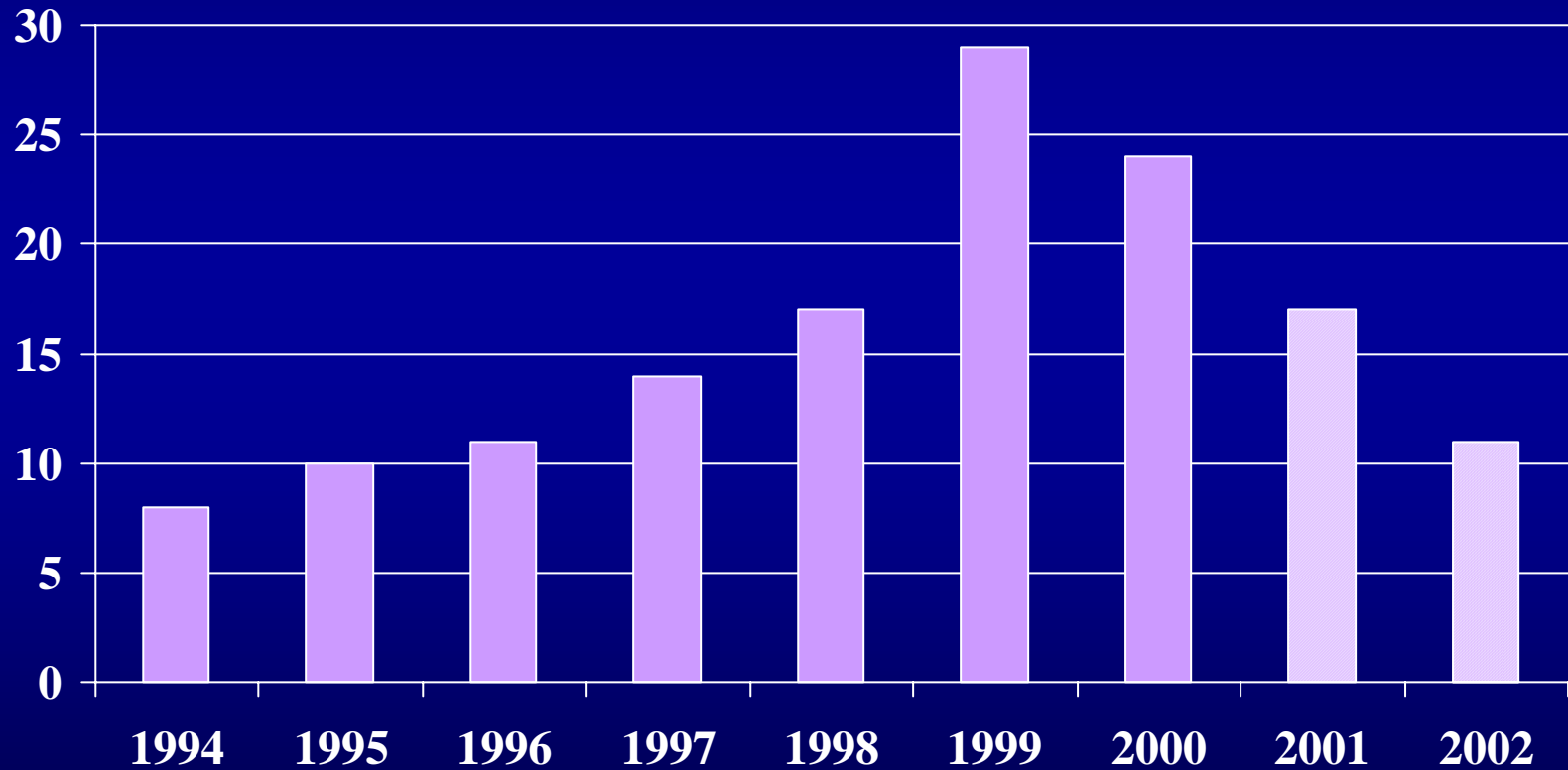
UK	143
France	6
Republic of Ireland	1
Italy	1
USA	1
Canada	1

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Cases of vCJD in France and Italy had no history of travel to UK. All others were current or former UK residents.

# Variant CJD: UK Cases with Onset by Year

(R Will, unpublished Oct 2003)



FDA Recommended Safeguards for Minimizing  
Risk of vCJD from Blood Products:  
Deferral of donors based on risk of BSE exposure

- Guidance to Industry 1999
  - Donor deferrals undertaken concurrent with a commitment to monitor the blood supply (estimated loss 2%)
  - Donor deferrals recommended for:
    - travel/residence in U.K. for  $\geq$  six months between 1980- 1996
    - Receipt of bovine insulin sourced in the U.K. after 1980
  - Product retrieval recommended if donor later discovered to have vCJD

FDA Recommended Safeguards for Minimizing  
Risk of vCJD from Blood Products:  
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- Guidance to Industry 2002
  - Added donor deferrals for risk of BSE exposure in Europe
  - Tightened U.K. donor deferral
  - Called for implementation in two phases by 5/02 and 10/02
  - Estimated 90% reduction in risk with cumulative loss of 7% of donor base

# FDA Recommended Safeguards for Minimizing Risk of vCJD from Blood Products:

## Deferral of donors based on risk of BSE exposure

- Donor currently are deferred based on the following criteria:
    - ≥ 3 months residence/travel in U.K. 1980 - 1996
    - ≥ 5 years residence/travel in Europe
      - For donors of Source Plasma this criterion applies only to France (5-10% consumption of UK beef)
    - ≥ 6 months on certain US military bases in Europe between 1980-1990 or 1980-1996 (up to 35% UK beef consumed)
- Transfusion in the U.K. 1980 – present
- Receipt of bovine insulin sourced in the U.K. after 1980



# FDA Recommended Safeguards for Minimizing Risk of vCJD from Blood Products:

## Validation of TSE Clearance for Plasma Derivatives

- Several plasma derivative manufacturers have demonstrated significant clearance of model TSE agents at a number of steps used in manufacturing different products
- Questions remain how to assess the significance of these data, e.g.
  - How should clearance be assayed (in vitro vs. in vivo?)
  - How much reduction of infectivity (or prion protein) is “enough” to assure safe products?
  - Which clearance steps are additive and which are not?
  - How many “orthogonal” clearance steps are necessary?

# Methodological Challenges in Studies of Clearance of TSE Agents

- What source of infectivity should be used?
  - Animal model (characterized; not known to have different properties from human infectious agent-evidence of similarities; precedent for models (HCV))
  - Human
- What “form” of infectious agent is most relevant to blood transmission?
  - Brain
  - Subcellular membrane fractions
  - Acellular material (fibrils)
  - Blood (very low infectivity)
- Limits of assay sensitivity

# FDA Recommended CJD Risk Labeling for Plasma Derivatives

Current recommended labeling (See Guidance 01/09/02; <http://www.fda.gov/cber/gdlns/cjdvcjd.htm>)

**“Because this product is made from human blood, it may carry a risk of transmitting infectious agents, e.g. viruses, and theoretically, the Creutzfeldt-Jakob disease agent.”**

In February 2003, TSEAC endorsed FDA consideration of labeling claims for TSE clearance in plasma derivatives based upon specific demonstration of TSE removal during manufacturing

# Cautionary Notes about vCJD Risk Reduction in Blood Products

- Deferral of all donors who have potentially been exposed to BSE would make blood and plasma supplies unsustainable
- People with coagulation disorders and primary immune deficiencies have lifelong exposure to products
- While the vCJD epidemic is diminishing, it is still not known whether
  - Additional presumptive transfusion cases will arise
  - Whether people with Met/val or val/val at prion protein codon 129 will manifest vCJD with a longer incubation period and/or different clinical/pathological presentation

# Additional FDA Actions to Address Product Risks from BSE

- Maintains updated lists of bovine materials used to make medical products
- Encourages manufacturers to eliminate use of bovine-derived materials where possible
- Conducts research on methods to remove and/or inactivate TSE's on surfaces
  - TSEAC review of facility cleaning methods  
7/18/03
- Will examine its current policies with TSEAC in light of the recent presumptive case of transfusion transmission of vCJD, and the first U.S. case of BSE (February 12-13, 2004)

# TSEAC February 12-13, 2004

<http://www.fda.gov/cber/advisory/tse/tse0204.htm>

- Informational presentations on risk of transfusion-transmission of vCJD
- Update on BSE in the U.S.
- Models for risk-based sourcing of bovine materials in FDA-regulated medical products
- Discussion of current methods to minimize risks of TSE agents in FDA regulated medical products