

Student Name: \_\_\_\_\_

## Medicines in My Home: *Home Project*

Share what you have learned about the safe use of medicines in your home. Together with your family, complete the following worksheet.

(Signature of adult family member): \_\_\_\_\_

1. Read and talk about *Medicines in My Home, A guide to safe over-the-counter medicine use*. List three things that were helpful from the booklet.

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2. Gather the prescription and over-the-counter medicines (OTC) in your home. Look at the **Drug Facts** label on one OTC medicine. Find the headings **Active Ingredient(s)**, **Warnings**, and **Directions**. Write one fact listed under each heading.

- Active Ingredient(s) –
- Warnings –
- Directions –

3. Do you have two or more different medicines that have the same active ingredient?

If you do, what is the active ingredient they share? \_\_\_\_\_

Write the names of two medicines that have the same active ingredient.

\_\_\_\_\_

Discuss why medicines with the same active ingredient should not be used together and write your responses below.

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4. Separate the liquid medicine from the other medicines you have gathered. Give an example of a liquid medicine that can be measured for each of these tools:

**Measuring Tool**

**Example**

Measuring cup

\_\_\_\_\_

Measuring spoon

\_\_\_\_\_

Medicine dropper or syringe  
(for infant medicine)

\_\_\_\_\_

Do you have all the medicine tools you need to measure your medicine correctly? Are there any tools your family needs to find or buy? If so, list the tools you need.

5. Find the safest place in your home for storing medicines. All prescription and OTC medicines should be stored:
- So they are not mixed in with non-medicine products (cosmetics, personal care items, household cleaning supplies, etc.)
  - Away from small children and pets
  - In a place where the temperature and humidity stay the same
  - On a high shelf or in a locked box
  - With their package, so you will have the complete label information
6. The telephone number for the Poison Control Center can be found in the Medicines and My Home booklet or your local telephone book. Write the Poison Control Center telephone number here. Put the number on all telephones in your home.