

P R O C E E D I N G S

PAUL HARVEY NOON NEWS 8/17/03

PAUL HARVEY: From the mailbag: Dear Paul Harvey News, I was starting to get gray lines in my vision five years ago when I went to an eye care specialist and I was told that there were floaters made of protein deposits and nothing could be done. Well, they got worse 'til I had them in both eyes. I thought it was a lifetime thing.

Then I heard you advertising a product called Ocular Nutrition and I thought, what did I have to lose, so I ordered it. And on the first day, my vision became brighter. And now, I've taken them for two days and the dark areas in my vision are nearly gone. I just wanted you to know how well it worked. Thank you very much. Signed, Dorothy Farnum (phonetic), Kearney, Nebraska.

The nutritional supplements now prescribed in three responsible medical journals are Flora Glo Lutein and Vitamins A and C and E and zinc, and you get them all in one capsule from Hi-Health Ocular Nutrition. You can order as I do with a phone call to 1-800-686-2299. Again, the 800 number is 686-2299.

(The taping was concluded.)

EXHIBIT A

PROCEEDINGS

PAUL HARVEY NOON NEWS 8/7/03

PAUL HARVEY: From the mailbag. Mr. Harvey, my mother is 84; has been to four different eye doctors and bought the strongest eyeglasses that she could get, but her eyesight was fading. We were not going to renew our newspaper or magazine subscriptions because she could not see. But then we got the vitamins you recommended and she started taking them Tuesday, and by Thursday, she was reading our county paper and by Friday, she was reading our Singing News Magazine, which she hadn't been able to read for more than six months. Thank you for telling us about Ocular Nutrition. Signed, Joanne Menshaw (phonetic) of Brighton, Georgia.

There are now several nutritional studies in three responsible medical journals reporting that Flora Glo Lutein and Vitamins A and C and E and zinc can help some individuals with macular degeneration and you can get all of these in one capsule from Hi-Health Ocular Nutrition.

You can order with a phone call as I do to 1-800-686-2299 or go online at www.hihealth.com. Ocular Nutrition from Hi-Health. Again, the 800 number is 686-2299.

P R O C E E D I N G S

PAUL HARVEY NOON NEWS 8/20/03

PAUL HARVEY: Page four. Mr. Harvey -- I'm reading from the mailbag -- I'm a man of 83. I have had macular degeneration for four years. I was beginning to think that I'd have to spend the rest of my life in the dark. And then we heard you talking about Ocular Nutrition. My wife said, let's try it. Thank God, Paul Harvey, we did.

We ordered the Premier Formula Ocular Nutrition on March of this year. I stepped out on the porch the other night and I could see a beautiful sky filled with millions of stars and I can see my beautiful wife's face again. Thanks to you and your associates I'll not have to spend the rest of my life in the dark.

P.S. I had been to four eye doctors. They all said there was no cure until I found yours, end quote.

Well, Americans, there are now several nutritional studies confirming, three responsible medical journals confirming that Flora Glo Lutein and Vitamins A and C and E and zinc may help some individuals with macular degeneration and/or with cataracts. And you can get all this nutrition in one capsule from Hi-Health. It's called Ocular Nutrition. You order it with a phone

1 call as I do to 1-800-686-2299 or online at
2 www.hihealth.com.

3 By the way, a doctor in Chula Vista, California
4 says, with Ocular Nutrition the floaters in his eyes that
5 had been there for two years vanished in two weeks with
6 Ocular Nutrition from Hi-Health. Again, that 800 number
7 is 686-2299. 686-2299.

8 (The taping was concluded.)

P R O C E E D I N G S

PAUL HARVEY SAT. NOON 8/23/03

PAUL HARVEY: Page three. Macular degeneration, MD, it used to a terrifying prognosis. Go home and go blind.

We've come a long way. Today's newest nationwide study of ophthalmologists reveals that 93 percent of these professional ophthalmologists are now recommending nutrition therapy.

Now, this is the fourth published study in three years recommending that patients with macular degeneration and/or cataracts should try a combination of vitamins and minerals, A, C, and E and zinc and Flora Glo lutein. This newest study was financed by Hi-Health which makes and markets these vitamins and minerals in a single capsule. They call it Ocular Nutrition and 83 percent of the specialists, the ophthalmologists or anybody with age-related cataracts and/or macular degeneration, 83 percent of them specifically prescribe Ocular Nutrition.

You can get yours as I do with a phone call to 1-800-686-2299 or online at hihealth.com. You can get a copy of this newest research if you'd like to have it by asking for it. But let's start with a phone call to 1-

1 800-686-2299. And for further information, you can go
2 online at hihealth.com. That's hi spelled H-I-,
3 hihealth.com.

4 (The taping was concluded.)

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P R O C E E D I N G S

PAUL HARVEY NOON NEWS 8/28/03

PAUL HARVEY: This is from the mailbag. Dear Paul Harvey News: Two years ago, I was diagnosed with macular degeneration and no chance of improvement. I couldn't read the newspaper. But my loving wife heard you touting the benefits of Hi-Health on radio. Immediately she called and ordered some Hi-Health Ocular Nutrition.

My vision has steadily improved. I can read the paper again. What a marvelous feeling. I want everybody to know that there is help for macular degeneration. My thanks to you and to Hi-Health and my wonderful wife for the fact that I can see again. Signed, Jeff Holland of Belle Verde, Texas.

There are several nutritional studies now in three responsible medical journals reporting that certain nutrients may help individuals with macular degeneration and/or cataracts and/or those little floaters that get in your eyes sometimes, and all of those vitamins and minerals, all of them are available in one capsule, if you'll make a phone call to 1-800-686-2299. Ask for Ocular Nutrition. 1-800-686-2299.

If you want to go out and purchase all of those

For The Record, Inc.
Waldorf, Maryland
(301)870-8025

EXHIBIT E

1 minerals and vitamins and such separately, they're
2 Vitamins A and C and E and zinc and Flora Glo Lutein.
3 But if you want them all in one capsule, just make a
4 phone call as I do to 1-800-686-2299. 1-800-686-2299.

5 (The taping was concluded.)

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P R O C E E D I N G S

PAUL HARVEY NOON NEWS 9/9/03

PAUL HARVEY: In Denton, Texas, Harold Reed is a dental doctor, and when his mother was diagnosed with macular degeneration, when she was told there is no treatment for her blurred vision, Dr. Reed remembered that you and I had been talking about a special vitamin formula for Ocular Nutrition and he ordered some for his mother.

Within one month, she reported the dark spot -- the dark spot in her field of vision was gone. Gone. Her vision was back to normal. Dr. Reed says he's always been skeptical of testimonials, but he would never doubt his mother. Well, the nutritional supplements, since prescribed in three responsible medical journals, are Flora Glo Lutein and Vitamins A and C and E and zinc, and you can get them all in one capsule if you like from Hi-Health Ocular Nutrition.

You order with a phone call as I do to 1-800 then 686-2299 or online at www.hihealth.com, www.hihealth.com. Or you can always contact any client of this program through paulharvey.com.

By the way, a doctor in Chula Vista, California says, with Ocular Nutrition, the floaters in his eyes for

1 two years vanished in two weeks. Ocular Nutrition from
2 Hi-Health. Again, the 800 number is 686-2299.

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