February 15, 2001



Quality Uncompromised"

## **VIA UPS OVERNIGHT 1Z29EW582210005932**

Office of Special Nutritionals, HFS-450 Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street SW. Washington, District of Columbia 20204

74648

21 U.S.C. Section 343 (r) (6), Notification of Statements on Dietary Supplements Re:

Dear Sir or Madam:

On behalf of Natrol, Inc., I hereby notify the Food and Drug Administration of the use of statements of nutritional support for the following dietary supplement products:

1.	Beta Glucans	Stimulates the immune system.
2.	B-100 Complex	Essential for metabolism of protein, carbohydrates & fats into energy. B Vitamins are essential in many steps of conversion of food nutrients into energy.
3.	Black Cohosh	To help promote hormone balance.
<b>4.</b> ]	Borage Oil	N-6 fatty acids play a key role in cardiovascular health.
5.	CetylPure	Lubricate joints, helps to promote mobile joint function, promotes the relief of joint discomfort following exercise, and helps to nourish and maintain the natural lubricating fluid in joints and cartilage.
6.	CholesteSure	Helps maintain cholesterol levels that are within a normal range.
7.	Colostrum	Helps support the immune system.
8.	Cordyceps with Siberian Ginseng	Siberian Ginseng enhances resistance to environmental stress, while fortifying general endurance. Energizing formula helps revitalize and rejuvenate.
9.	Cravex	Supports an overall balanced approach to sugar intake management. Helps to curb cravings and helps maintain healthy glucose and metabolism levels when used as part of the diet.
10.	Damiana	For more than 100 years, Damiana's use has been associated with enhancing sexual activity.
11.	Enada NADH	As a coenzyrne, NADH plays a key role in the energy production of our cells and neurotransmitter processes.

21411 Prairie St. Chatsworth, CA, 91311

Tel: 818.739.6000 Fax: 818.739.6001 www.natrol.com

9780 162 LET 7324

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12.	Ester- C	Can help meet your daily needs of Vitamin C. Vitamin C is an essential nutrient that is involved in key biological processes such as collagen production, neuro transmission production and antioxidant and immune system support. Vitamin C is a key antioxidant that destroys harmful free radicals in the body.
13.	Ester-C/Elderberry	Supports the immune system.
14.	<b>Evening Primrose Oil</b>	Provides essential fatty acids.
15.	Fat Intercept	Absorption of up to 20 times its weight in fat. Supports healthy weight management.
16.	GlucoChews	Combines the cartilage-building supplements of. Glucosamine and Chondroitin to promote healthy joints and cartilage. Helps maintain and boost the amounts of Glucosamine and Chondroitin. Chewing three GlucoChews daily provides 1,500 mg of Glucosamine for joint nutrition. Help support joint health and maintain healthy joints.
17.	Glucosamine Complex	Glucosamine and N-Acetyl Glucosamine (NAG) are small, vital components for building and repairing connective tissue, joints, skin and internal organs. Protective mucus secretions and coating on every cell in the body come from Glucosamine and NAG.
18.	Glucosamine Sulfate	Is a small, vital component for building and repairing connective tissue, joints, skin and internal organs. Protective mucus secretions and coating on every cell in the body come from Glucosamine. Helps Maintain Healthy Connective Tissue
19.	<b>Horse Chestnut</b>	Promotes optimum vein functioning and capillary health.
20.	Hot Flashex	Provides: Black Cohosh for hormonal support, Vitamin E to enhance benefits, and Kava to help calm and relieve body stress.
21.	Maca	To enhance the fertility and sexual performance of men & women.
22.	Melatonin	Helps promote sleep. Supports healthy sleep patterns. Helps promote sleep. Helps establish normal sleep patterns.

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23.	Memory/Attention Formula	Enhance a child's attention and memory.
24.	Menopause Formula "	For Whole Body, Support with Black Cohosh and Genistein.
25.	MetaboFirm 365	Formulated to create a thermogenic response which in turn raises energy levels and speeds up metabolism.
26.	MetaboFirm 365, MA HUANG FREE	Formulated to create a thermogenic response which in turn raises energy levels and speeds up metabolism.
27.	MSM	Helps Maintain Healthy Tissues & Cells.
28.	MSM with Gelatin	To maximize joint health and mobility. MSM is a compound that is rich in sulfur - a crucial component of the tissues. Provides a complex of proteins and amino acids, found in bones and connective tissues.
29.	MSM with Glucosamine	Promotes bones, joints and tissues.
30.	Noni – Hawaiian	Health-promoting properties.
31.	NutraFlora	NutraFlora FOS has been shown to increase, balance and maintain beneficial bacteria, such as Bifidobacteria beneficial bacteria, such as Bifoidobacteria and Lactobacillus, to offer optimum gastrointestinal support. Helps Promote & Maintain Healthy Bacteria for Optimum Gastro Intestinal Functioning
32.	Oat Bran	To promote and maintain optimum health.
33.	PC Care	For optimal prostate health.
34.	Prostate Excel	Helps promote normal urination patterns and maintenance of prostate health.
35.	Serotain	Help naturally increase the brain's production of Serotain, the chemical involved with keeping you steadiness and calm. Serotain supports weight-loss by natural mood enhancement.
36.	Soy with Green Tea	A revolutionary health formula containing powerful phytonutrients that support overall health. Isoflavones support cardiovascular health, hormon balance, and bone density. Green Tea standardized extract has been shown to promote long-term health. Resveratrol and Quercetin are key compounds in the formula for overall wellness.

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37.	St. John's Wort	Plays a role in mood enhancement and maintaining a healthy, positive mental outlook.
38.	StimuMAX	Supports sexual drive and performance.
39.	Thera-C	Provides immune system support.
40.	Vitamin E	Natural Vitamin E preserves the integrity of cellular membranes throughout the body by scavenging free radicals that break down membrane lipids. Antioxidant protection for heart & all body tissues.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Prolab nutrition, inc. possesses substantiation that the statements are truthful and not misleading.

Sincerely,

NATROL, INC

Maria Solomon Legal Assistant

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cc:

Elliott Balbert, President/CEO — Natrol, Inc.