

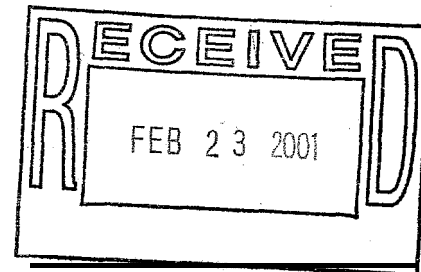
1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886

Fax Numbers
Orders 800/890-8955
General 31 0/204-2520
Administrative 31 0/204-5132

Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS810
200 C Street, S.W.
Washington, DC 20204
202-205-5229

3542 '01 MAR 16 A7:10
February 15, 2001

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Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jar-row Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

'Supports Glucose Metabolism and Antioxidant Status' – Jarrow Formulas' Glucose Optimizer is a comprehensive combination of nutrients that improve glucose metabolism and antioxidant protection:

- Alpha lipoic acid facilitates reduction of blood glucose and supports general metabolism by its effects on energy production.
- Glucosol™ is an extract of Crepe Myrtle, which contains colosolic acid, an activator of glucose transport.
- Other herbal extracts which have glucose regulating properties include Gymnema, Bitter Melon, Fenugreek and Eucalyptus.
- Green Tea Extract (45% Polyphenolics) is added to support strength of capillaries and other blood vessels.
- Magnesium is involved in metabolism of glucose and energy production reactions involving ATP.
- Bilberry promotes healthy eye function and circulation.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Each serving contains 300 mg Vitamin C (Ascorbic Acid), 300 mg Niacinamide, 5 mg B1 (Thiamine Mononitrate), 5 mg B6 (Pyridoxine HCl), 100 mcg B12 (Methylcobalamin), 1000 mcg Biotin, 100 IU Vitamin E (as Tocopheryl Succinate), 400 mcg folic Acid (Folate), 200 mg Magnesium oxide, 2 mg Manganese (from citrate), 50 mcg Selenium (as Selenomethionine), 200 mcg Chromium (Yeast Bound), 200 mg Alpha Lipoic Acid, 48 mg Glucosol (Crepe Myrtle Extract), 300 mg Gymnema Sylvestre (75% Gymnemic acids), Bilberry [Vaccinium myrtillus (24% Anthocyanosides) 40 mg], 200 mg Green Tea 5:1 Extract [Camellia sinensis (45% Polyphenolics)], 200 mg Bitter Melon (Momordica Charantia), 150 mg Fenugreek Fiber Extract (Trigonella graecum), 100 mg Eucalyptus Extract (Eucalyptus globulus) and 300 mg Taurine.

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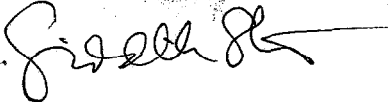
(4) Name of the dietary supplement(s)

Glucose Optimizer (120 Tablets)

- (5) The following disclaimer appears on the label in bold: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,



Siddharth Shastri, CCN

Vice President, Product Development

Licensed Dietitian/Clinical Nutritionist #002378

(by the University of the State of New York, State Board of Education)