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GENERAL VITAMIN CORP

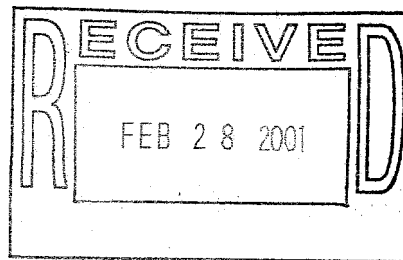
PO Box 1500 Chapel Hill NC 27516
919-929-5785 fax 919-929-2458

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February 26, 2001

CERTIFIED MAIL
Return Receipt Requested

Office of Special Nutritionals
H FS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

| | | |
|----------------|-------------------------------------------------|-------|
| Stress Support | Vitamin C (as ascorbic acid) | 100mg |
| | Thiamin (vitamin B1) (as thiamin Hydrochloride) | 1 0mg |
| | Riboflavin (vitamin B2) | 1 0mg |
| | Niacin (niacinamide) | 20mg |
| | Vitamin B6 (as pyridoxine Hydrochloride) | 1 0mg |
| | Pantothenic Acid (as d-calcium Pantothenate) | 20mg |
| | Valerian (root) | 300mg |
| | Ginger (root) | 160mg |
| | Bayberry (bark) | 140mg |
| | White willow (bark) | 100mg |
| | -White Pine (bark) | 50mg |
| | Passion flower (herb) | 50mg |
| | Cloves (bud) | 50mg |
| | Skullcap (herb) | 50mg |
| | Other ingredients: Gelatin, magnesium stearate | |

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The text of the statements that are being made in regards to the above stated product are listed below:

- stress relief
- Stress can interfere with your natural balance and affect the body in many ways
- better internal balance and external outlook
- stress busting support

Sincerely,

GENERAL VITAMIN CORP.

A handwritten signature in black ink that reads "Megan Joslin". The signature is written in a cursive, flowing style.

Megan Joslin
Product Development Coordinator