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GENERAL VITAMIN CORP

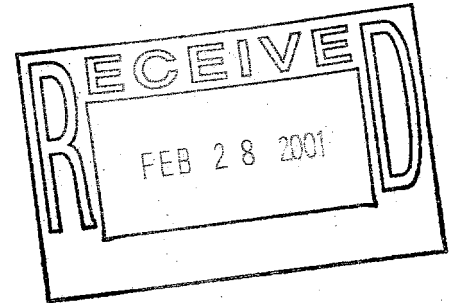
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February 26, 2001

CERTIFIED MAIL
Return Receipt Requested

Office of Special Nutritionals
H FS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

Super Stress B With Zinc	Vitamin C (as ascorbic acid)	600mg
	Vitamin E (as dl-alpha tocopheryl Acetate)	45 IU
	Thiamin (vitamin B1) (as thiamin Hydrochloride)	20mg
	Riboflavin (vitamin B2)	1 0mg
	Niacin (as niacinamide)	100mg
	Vitamin B6 (as pyridoxine Hydrochloride)	1 0mg
	Folate (as folic acid)	400mcg
	Vitamin B12 (as cyanocobalamin)	25mcg
	Biotin	45mcg
	Pantothenic acid (as d-calcium Pantothenate)	25mg
	Calcium (as dicalcium phosphate)	31 mg
	Zinc (as zinc sulfate)	2 2 m g
	Copper (as cupric oxide)	3mg

Other ingredients: Microcrystalline cellulose, gelatin, hydroxypropyl methycellulose, stearic acid, croscarmellose sodium, titanium dioxide, magnesium stearate, silicon dioxide, yellow #6 lake, red #40 lake

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The text of the statements that are being made in regards to the above stated product are listed below:

- Why let stress get you down?
- Stress can actually deplete nutrients needed for healthy functioning
- that the body has depleted

Sincerely,

GENERAL VITAMIN CORP.



Megan Joslin
Product Development Coordinator