

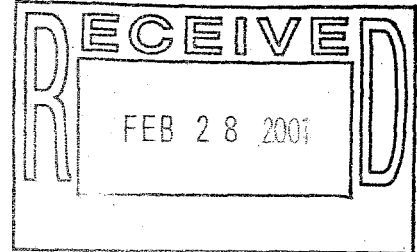
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GENERAL VITAMIN CORP

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919-929-5785 fax 91 g-929-2458

February 26, 2001

CERTIFIED MAIL
Return Receipt Reauested



Office of Special Nutritionais
H FS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

Stay Healthy	Vitamin A (66% palmitate, 33% beta Carotene)	7500 IU ^m
	Vitamin C (as ascorbic acid)	150mg
	Vitamin D (as cholecalciferol)	400 IU
	Vitamin E (as dl-alpha tocopheryl acetate)	45 IU
	Vitamin B-1 (as thiamine mononitrate)	15mg
	Vitamin B-2 (as riboflavin)	17mg
	Niacin (as niacinamide)	30mg
	Vitamin B6 (as pyridoxine hydrochloride)	5mg
	Folic acid	400mcg
	Vitamin B12 (as cyanocobalamin)	25mcg
	Biotin	45mcg
	Pantothenic acid (as calcium pantothenate)	20mg
	Calcium (as calcium carbonate)	160mg
	Iron (as ferrous fumarate)	1 Omg
	Iodine (as potassium iodide)	150mcg
	Magnesium (as magnesium oxide)	80mg
	Zinc (as zinc sulfate)	22.5mg
	Selenium (as sodium selenate)	25mcg
	Copper (as cupric oxide)	3mg
	Manganese (as manganese sulfata)	7.5mg

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Chromium (as chromium chloride)	25mcg
Molybdenum (as sodium molybdate)	25mcg
Chloride (as potassium chloride)	9.1 mg
Potassium (as potassium chloride)	1 Omg

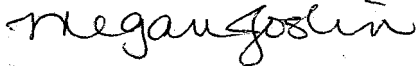
Other ingredients: Di-calcium phosphate, microcrystalline cellulose, magnesium stearate, silica and pharmaceutical glaze

The text of the statements that are being made in regards to the above stated product are listed below:

-Stay healthy

Sincerely,

GENERAL VITAMIN CORP.



Megan Joslin

Product Development Coordinator