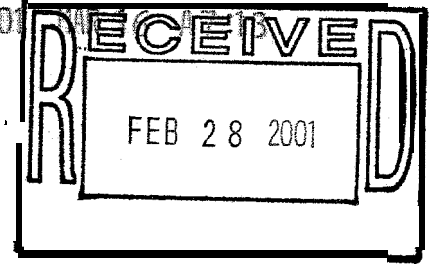


GENERAL VITAMIN CORP

PO Box 1500 Chapel Hill NC 27516
919-929-5785 fax 91 9-929-2458

February 23, 2001



CERTIFIED MAIL
Return Receipt Requested

Office of Special Nutritionals
H FS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

Natural LX	Senna (leaf)	160mg
	Cascara Sagrada (bark)	8mg
	Rhubarb (root)	8mg
	Other ingredients: Whey, microcrystalline cellulose, stearic acid, silicon dioxide, magnesium stearate, pharmaceutical glaze	

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Colon Clean	Calcium (as dicalcium Phosphate)	690mg
	Psyllium (husks)	400mg
	Bentonite	40mg
	Citrus pectin (fruit)	40mg
	Lactobacillus acidophilus	4mg
	Wheat (grass)	20mg
	Aloe vera (whole leaves)	20mg
	Rhubarb (root)	20mg
	Buckthorne (leaf)	20mg
	Goldenseal (root)	20mg
	Gentian (root)	20mg
	Cascara sagrada (bark)	20mg
	Black walnut (hulls)	20mg
	Orange (fruit)	20mg
	Other ingredients: Whey, microcrystalline cellulose, stearic acid, magnesium stearate, croscarmellose sodium, silicon dioxide, pharmaceutical glaze	

The text of the statements that are being made in regards to the above stated product are listed below:

Natural LX

- A natural, mild laxative
- gentle herbal laxative
- for occasional overnight relief

Colon Clean

- for good colon health
- for colon cleansing

Sincerely,

GENERAL VITAMIN CORP.



Megan Joslin

Product Development Coordinator