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GENERAL VITAMIN CORP

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February 22, 2001

CERTIFIED MAIL
Return Receipt Requested

FEB 27 2001

Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

- | | | |
|-----------------|---|-------|
| Super B Complex | Vitamin C (as ascorbic acid) | 300mg |
| | Thiamin (Vitamin B1) (as
Thiamin hydrochloride) | 50mg |
| | Riboflavin (Vitamin B2) | 20mg |
| | Niacin (as niacinamide) | 25mg |
| | Vitamin B6 (as pyridoxine
Hydrochloride) | 4mg |
| | Vitamin B12 (as cyano-
Cobalamin) | 15mcg |
| | Pantothenic acid (as d-
Calcium pantothenate) | 5mg |
| | Calcium (as dicalcium
Phosphate) | 105mg |
| | Iron (as ferrous sulfate) | 10mg |
| | Desiccated liver | 100mg |
| | Brewer's yeast | 100mg |
| | Other ingredients: Stearic acid, hydroxypropyl methycellulose,
croscarmellose sodium, magnesium stearate, silicon dioxide, red
#40 lake, titanium dioxide | |

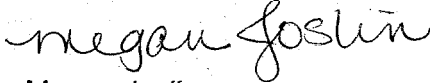
97S 0162 LET 7359

The text of the statements that are being made in regards to the above stated product are listed below:

Super B Complex
-support from within and strength throughout

Sincerely,

GENERAL VITAMIN CORP.

A handwritten signature in cursive script that reads "Megan Joslin".

Megan Joslin
Product Development Coordinator