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# GENERAL VITAMIN CORP

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FEB 27 2001

February 22, 2001

**CERTIFIED MAIL**  
**Return Receipt Requested**

Office of Special Nutritionals  
HFS-450  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW  
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

Dieter's Formula	Vitamin A (as Vitamin A acetate & Beta carotene)	1400 IU
	Vitamin C (as ascorbic acid)	300mg
	Vitamin D (as cholecalciferol)	30 IU
	Vitamin E (as dl-alpha tocopheryl Acetate)	40 IU
	Thiamin (vitamin B1) (as thiamin Hydrochloride)	1 0mg
	Riboflavin (vitamin B2)	8mg
	Niacin (as niacin and niacinamide)	14mg
	Vitamin B6 (as pyridoxine Hydrochloride)	40mg
	Folate (as folic acid)	200mcg
	Vitaimin B12 (as cyanocobalamin)	60mcg
	Biotin	150mcg
	Pantothenic acid (as d-calcium Pantothenate)	60mg
	Magnesium (as magnesium oxide)	16mg
	Zinc (as zinc chelate)	20mg
	Selenium (as selenium chelate)	80mcg
	Copper (as cupric sulfate)	.4mg

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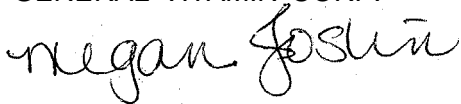
Manganese (as manganese chelate) 8mg  
Chromium (as chromium picolinate) 1 00mcg  
Molybdenum (as molybdenum  
Chelate) 20mcg  
Choline (as choline bitartrate) 100mg  
Inositol 100mg  
PABA (as para-amino benzoic acid) 80mg  
Citrus bioflavonoids (fruit) 100mg  
Octacosanol 300mcg  
L-cystine 40mg  
I-glutathione 1 0mg  
Lactobacillus Acidophilus 30mg  
Other ingredients: Gelatin, microcrystalline cellulose, magnesium  
stearate, silicon dioxide

The text of the statements that are being made in regards to the above stated product are listed below:

- Nature's way to weight loss
- nutritional support during weight loss

Sincerely,

GENERAL VITAMIN CORP.



Megan Joslin  
Product Development Coordinator