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GENERAL VITAMIN CORP

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February 22, 2001

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CERTIFIED MAIL
Return Receipt Requested

Office of Special Nutritionals
H FS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

Osteo Female	Vitamin C (ascorbic acid)	100mg
	Vitamin D-3(cholecalciferol)	200 IU
	Vitamin E (d-alpha Tocopheryl succinate)	30 IU
	Vitamin B-6 (pyridoxine Hydrochloride)	16mg
	Calcium (citrate)	1000mg
	Magnesium (oxide)	300mg
	Manganese (sulphate)	20mg
	Boron (citrate)	3mg
	Betaine HCl	10mg
	Silica (amino acid chelate)	12mg
	Ovarian Substance	75mg
	Natural Mucopolysaccharides (extracted from bovine cartilage)	60mg

Other ingredients: Modified cellulose gum, cholesterol free magnesium stearate and stearic acid.

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The text of the statements that are being made in regards to the above stated product are listed below:

- Special protection for women
- Some experts recommend that women begin calcium supplementation at age 20 to help maintain bone strength
- to protect your bone health

Sincerely,

GENERAL VITAMIN CORP.

A handwritten signature in cursive script that reads "megan joslin".

Megan Joslin
Product Development Coordinator