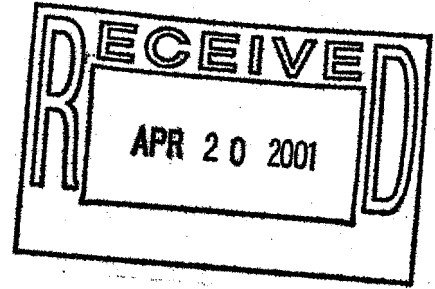


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Partners in Health and Beauty



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

April 19, 2001

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of Thyro-Tek™ Capsules (dietary ingredients: vitamin B-6, magnesium, phospholipid complex (soy lecithin), gum guggul extract, Citrimax™ (*Garcinia cambogia*), L-tyrosine, uva ursi & dandelion.). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

Thyro-metabolic. THYRO-TEK™ helps support normal thyroid function and helps promote appetite control and metabolic response. This unique and powerful formula is very effective for the dieting athlete.

Sincerely,

Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.

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