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April 11, 2001

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Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 c St. SW., Washington, D.C. 20204

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Super Kava 80[™], a dietary supplement. Planetary Formulas is the manufacturer of Super Kava 80[™].

Statements being made in the <u>labeling</u> of Super Kava 80™:

(1) Kava's amazing ability to promote relaxation and create a peaceful state of mental well-being has been demonstrated for centuries. This activity is associated with a group of constituents known as kavalactones.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

Ira L. Goldberg

President, Planetary Formulas