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March 29, 2001

Robert Moore, Ph. D.
Center for Food Safety and Applied Nutrition
Food & Drug Administration
200 C Street, SW (HFS-450)
Washington, D. C. 20204

Re.: DSHEA - Section 6 Notification

Dear Dr. Moore,

Nature's Formulary, LLC has, within the past 30 days commenced marketing the following products which bear, on their **label** or labeling, statements of Nutritional Support (Structure/function claims) as follows:

- Arjuna - Cardiac Function
- Shankpushpi - Anxiousness and Mood Support

These statements are accompanied by the required disclaimer, and we **are in possession of** substantiation which, in our judgement, establishes these statements as truthful and **non-misleading**.

Sincerely,

P. K. Dave
President

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PITTA • KAPHA

In Ayurveda, Arjuna is used to support normal cardiac functions.* This product pacifies *Pitta* and *Kapha* doshas, counteracting forces that increase the workload on the heart and decrease fat metabolism.

Ayurveda believes good health can be achieved by balancing (or correcting imbalances) the elements of nature (*doshas*) present within us: *Vata* (air), *Pitta* (fire), *Kapha* (water). Our dietary supplements play an important role in balancing the *doshas*, when used as part of a holistic regimen including diet, exercise, massage, meditation, and life-style changes.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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www.naturesformulary.com

AYURVEDIC DIETARY SUPPLEMENT

NATURE'S FORMULARY™



Arjuna

*Cardiac Function**

50 VEGETARIAN CAPSULES

Pronunciation: *ar-ü-nah*

Supplement Facts
Serving Size: 2 Capsules
Servings Per Container: 25

Amount per serving
Arjuna (*Terminalia arjuna*) 60 mg.*
(Bark extract synergistically combined with 500 mg. bark powder)

*Daily value not established.

Other ingredients: Capsule (plant-derived Cellulose), Wheat powder, Silicon dioxide.

Suggested use: Up to 2 capsules twice a day, with meals.

Distributed by: Nature's Formulary, LLC, Guilderland, NY 12084. Packaged in the USA.

Avoid using if you have weak or ailing kidneys. Keep away from children and refrain from using during pregnancy or while nursing.



Vcaps™ is a trademark of Capsugel, a division of Warner-Lambert Co.

Call 800-923-9238, receive a free dosha test, product info.

VATA • PITTA

In Ayurveda, anxiousness and mood changes are said to be a result of *Vata* or *Kapha* imbalances. This product pacifies *Vata* and *Pitta* doshas.

Ayurveda believes good health can be achieved by balancing (or correcting imbalances) the elements of nature (*doshas*) present within us: *Vata* (air), *Pitta* (fire), *Kapha* (water). Our dietary supplements play an important role in balancing the *doshas* when used as part of a holistic regimen including diet, exercise, massage, meditation, and life-style changes.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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AYURVEDIC DIETARY SUPPLEMENT

NATURE'S FORMULARY™



Shankhpushpi

*Anxiousness & Mood Support**

50 VEGETARIAN CAPSULES

Pronunciation: *shānk-ā-push-pee*

Supplement Facts
Serving Size: 1 Capsule
Servings Per Container: 50

Amount per serving
Shankhpushpi (*Convolvulus pluricaulis*) (whole plant extract synergistically combined with 25 mg. Shankhpushpi whole plant powder) 275 mg.*

*Daily value not established.

Other ingredients: Capsule (plant-derived Cellulose), Wheat powder, Silicon dioxide.

Suggested use: 1 capsule twice a day, with meals.

Distributed by: Nature's Formulary, LLC, Guilderland, NY 12084. Packaged in the USA.

Avoid driving, using machinery, after use. Do not use when consuming alcohol. Keep away from children and refrain from using during pregnancy or while nursing.



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