

1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936. 800/726-0886

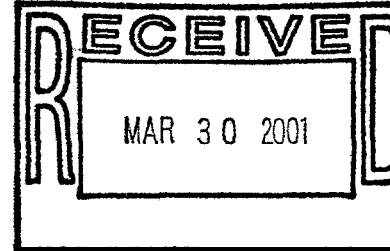
Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

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Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, SW.
Washington, DC 20204
202-205-5229

March 27, 2001

75201



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

L-Carnitine is essential for the production of energy from fatty acids by virtue of its role in the transport of fatty acids into the mitochondria where energy is produced in a process called fatty acid oxidation. L-Carnitine enhances the rate of ATP production (also called oxidative phosphorylation) which is a key step in energy production throughout the body.

By enhancing fatty acid oxidation, carnitine can reduce triglyceride levels. Major body tissues, particularly the heart and skeletal muscles, depend on fatty acid oxidation as their primary source of energy. L-Carnitine helps regulate the rhythm of the heartbeat. L-Carnitine is also involved in sperm motility.

L-Carnitine is a vitamin-like molecule produced in the body from the essential amino acids lysine and methionine. One gram of L-Carnitine is equivalent to the amount of carnitine found in 3.5 lbs of steak. Pantothenic Acid (Vitamin B5) is also involved in the transport of fatty acids into the mitochondria.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Combination of L-Carnitine and Pantothenic Acid

(4) Name of the dietary supplement(s)

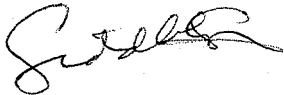
Liquid Carnitine 1000 (12 fluid ounces)

(5) The following disclaimer appears on the label in bold: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

97S 0162 LET 7567

These claims are limited to, and a result of, **what** we believe to be a substantial body of scientific evidence supporting the functional **role** of these nutrients. A compendium of relative published research substantiating the **above** statement(s) is on file at the corporate office.

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'Siddharth Shastri', written in a cursive style.

Siddharth Shastri, CCN

Vice President, Product Development

Licensed Dietitian/Clinical Nutritionist, **#002378**

(by the University of the State of New York, State Board of Education)