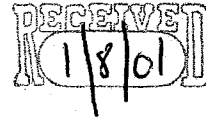


Source Naturals, Inc.
Scotts Valley, CA 95066

3315 '01 MAR 16 A6:55

December 4, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

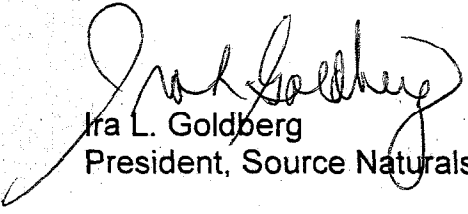
Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Lecithin a dietary supplement. Source Naturals® is the manufacturer of Lecithin.

Statements being made in the labeling of Lecithin:

- (1) A natural emulsifier.
- (2) Lecithin is a natural substance found in cell membranes and is manufactured in the liver from dietary choline. Lecithin is also known as phosphatidyl choline, and is an important precursor to the main neurotransmitter, acetylcholine. In addition, the body utilizes lecithin both for the proper formation of bile (the body's main emulsifying compound), and as an emulsifying agent itself. As an emulsifier, lecithin helps in the absorption and utilization of fat-soluble nutrients, such as vitamins A, D, E and K.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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