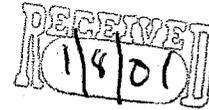


Source Naturals, Inc.
Scotts Valley, CA 95066

3314 '01 MAR 16 A6:55

December 4, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Lutein a dietary supplement. Source Naturals® is the manufacturer of Lutein.

Statements being made in the labeling of Lutein:

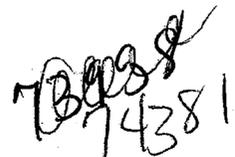
- (1) Antioxidant carotenoid.
- (2) Lutein is a potent antioxidant carotenoid, found in abundance in fruits and green leafy vegetables. Lutein is also one of the dominant pigments found in the macular region of the retina. In the macula, lutein is selectively accumulated from plasma, and filters out visible blue light. Recent studies suggest this filtering process serves to protect the retina from damage from light or oxidation.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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