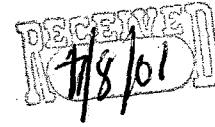


Source Naturals®  
Scotts Valley, CA 95066

December 4, 2000

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Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW.,  
Washington, D.C. 20204

RE: Notification of Nutritional Support Statements


Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Mood Balance™ a dietary supplement. Source Naturals® is the manufacturer of Mood Balance™.

Statements being made in the labeling of Mood Balance™:

- (1) Supports emotional well-being.
- (2) Temporary mood swings are a natural occurrence during a woman's life. Source Naturals Mood Balance™ features St. John's Wort, valerian and kava to help support a positive outlook and mental well-being.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

  
Ira L. Goldberg  
President, Source Naturals, Inc.

975 0162

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A handwritten mark consisting of a circle with a stylized signature or initials inside.

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