



Alva-Amco Pharmacal Companies, Inc.

Fine Pharmaceuticals Since 1904

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March 5, 2001

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C Street, SW.
Washington; D.C. 20204

MAR 8 2001

**Re: Ultra-Fiber® Cholesterol Balance™
Soluble Fiber Supplement**

Ladies/Gentlemen:

This letter notifies the Food and Drug Administration pursuant to 21CFR101.93, that within the past 30 days our company has begun to market Ultra-Fiber® Cholesterol Balance™ Soluble Fiber Supplement with the following statements on the label and/or in labeling for the product.

Help maintain healthy cholesterol levels in persons who already have cholesterol levels within the normal healthy range, especially when used as part of a regimen that consists of regular exercise and includes reduced consumption of food high in saturated fat and cholesterol.

Health professionals agree that increasing daily fiber promotes both natural regularity as well as overall better health.

The dietary ingredient of the product that is the subject of the above statements is: Dietary Fiber (as natural chicory fiber, citrus fiber, microcrystalline cellulose from natural plant sources, black currant fiber and cranberry fiber).

It is hereby certified that the information in this notification is complete and accurate and that our company has substantiation that the above statements are truthful and not misleading.

Very truly yours,
Alva-Amco Pharmacal Cos., Inc.

Grace Burbulys
Technical Affairs Manager

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