



**Alva-Amco Pharmacal Companies, Inc.**

Fine Pharmaceuticals Since 1904

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March 5, 2001

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
200 C Street, SW.  
Washington, D.C. 20204

Re: **Thinz® All-Natural™** Dietary Supplement Timed Release  
Capsules & Diet Plan

Ladies/Gentlemen:

This letter notifies the Food and Drug Administration pursuant to 21CFR101.93, that within the past 30 days our company has begun to market **Thinz® All-Natural™** Dietary Supplement Time Release Capsules & Diet Plan, with the following statements of nutritional support included on the label and/or in labeling for the product:

Help control hunger, Help metabolize fat, Help you feel more energetic, when used in conjunction with the Thinz Reducing Plan for sensible reduced calorie eating and healthy exercise.

The dietary ingredients of the product that are the subject of the above statements are: Chromium (as chromium nicotinate) and Green tea leaf standardized extract, timed release (naturally occurring caffeine).

It is hereby certified that the information in this notification is complete and accurate and that our company has substantiation that the above statements are truthful and not misleading.

Very truly yours,  
Alva-Amco Pharmacal Cos., Inc.

Grace Burbulys  
Technical Affairs Manager

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