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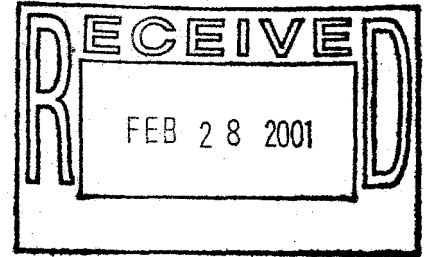


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February 21, 2001

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on our Ginseng supplements Korean, Manchurian, Siberian, Chinese Red, American and Panax under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, HealthWatchers, Heartland, Herbal Authority, Herbal Harvest, Herbal Sure, Home Health, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition, Vitamin World:

- Ginseng helps maintain physical performance.

The above statement is accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/je

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