



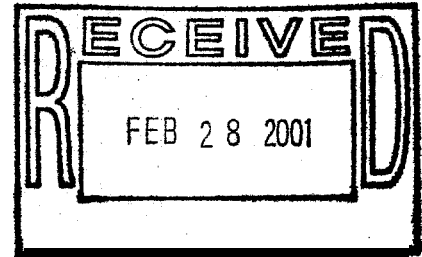
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February 21, 2001

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our **Meno-Ease™** supplements under one or more of the following 'brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- **Meno-Ease™** is a unique blend of ingredients designed to give you the menopausal support you need to help you be your best. (Ingredient: Dong Quai, Black Cohosh).
- St John's Wort helps promote a positive mood, so you can be your tranquil best.
- By combining the power of St. John's Wort with traditional wisdom, Meno-Ease gives you the support you need to manage the emotional changes which occur in a woman's body over time.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

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