

Source Naturals
Scotts Valley, CA 95066

December 1, 2000

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 c St. SW.,
Washington, D.C. 20204

JAN - 8 2001

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Cimi-Fem™, a dietary supplement. Source Naturals™ is the manufacturer of Cimi-Fem™.

Statements being made in the labeling of Cimi-Fem™:

(1) May help reduce hot flashes

(2) During premenopause, excess luteinizing hormone is released from the pituitary gland in a futile attempt to raise estrogen levels. Source Naturals Cimi-Fem™ black cohosh tablets contain phytoestrogens and other compounds which may help reduce the frequency of hot flashes.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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