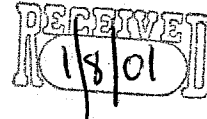


Source Naturals, Inc.
Scotts Valley, CA 95066

December 22, 2000

3411 '01 MAR 16 A7:02

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

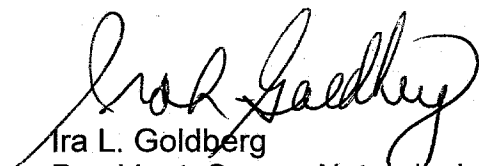
Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Kava Gold, a dietary supplement. Source Naturals® is the manufacturer of Kava Gold.

Statements being made in the labeling of Kava Gold:

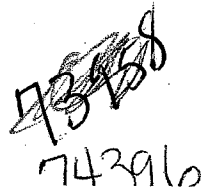
(1) For centuries, South Pacific islanders have relied upon the root of the kava plant for physical as well as mental relaxation. The power of kava comes from the kavalactones, the active compounds identified by researchers.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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