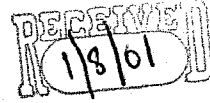


Source Naturals, Inc.  
Scotts Valley, CA 95066

December 5, 2000

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Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW.,  
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

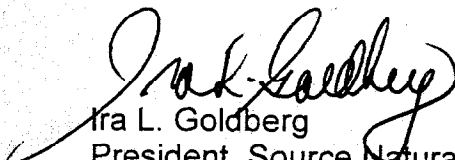
Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Inositol a dietary supplement. Source Naturals® is the manufacturer of Inositol.

Statements being made in the labeling of Inositol:

- (1) Inositol, an essential component of the phospholipids that make up cellular membranes, is found in virtually every cell in the body. Recent research indicates that inositol helps establish healthy cell membranes which facilitate nerve impulses.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

  
Ira L. Goldberg  
President, Source Naturals, Inc.

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