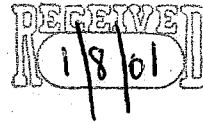


Source Naturals, Inc.
Scotts Valley, CA 95066

December 5, 2000

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

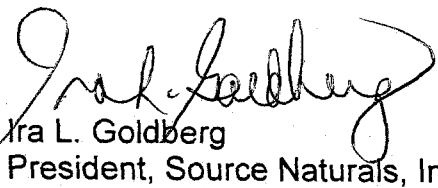
Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of L-Phenylalanine a dietary supplement. Source Naturals® is the manufacturer of L-Phenylalanine.

Statements being made in the labeling of L-Phenylalanine:

- (1) L-Phenylalanine, an essential amino acid, is a precursor for the amino acid tyrosine, as well as for a whole series of neurotransmitters and hormones. Phenylalanine is first converted to tyrosine, which becomes L-dopa, which then converts to norepinephrine, a key neurotransmitter and adrenal hormone. L-Phenylalanine is also a direct precursor to PEA (phenylethylamine), another important neurotransmitter.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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