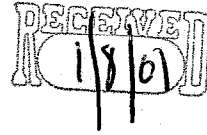


Source Naturals, Inc.
Scotts Valley, CA 95066

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December 5, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements


Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of L-Arginine a dietary supplement. Source Naturals® is the manufacturer of L-Arginine.

Statements being made in the labeling of L-Arginine:

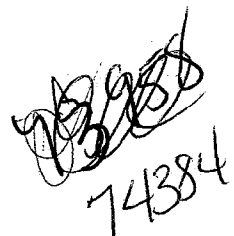
- (1) Supports muscle metabolism.
- (2) L-Arginine is a crystalline free-form amino acid. It is an important factor in muscle metabolism and works to transport, store, and excrete nitrogen. It is also a precursor of guanidine-phosphate, phosphoarginine, and creatine phosphate, which are high-energy compounds found in muscles.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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