

Source Naturals, Inc.
Scotts Valley, CA 95066

December 5, 2000

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204

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JAN - 8 2001

RE: Notification of Nutritional Support Statements

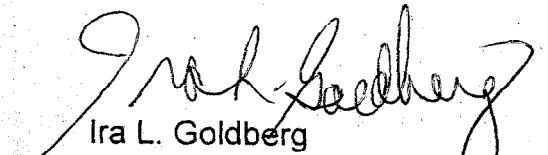
Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Folic Acid a dietary supplement. Source Naturals® is the manufacturer of Folic Acid.

Statements being made in the labeling of Folic Acid

- (1) Folic acid along with vitamin B-12, is required for the synthesis of DNA, the principal genetic material in the body. Because of this function, it is important in cell division and the healthy development and structure of red blood cells. Adequate folic acid may reduce a woman's risk of having a child with a brain or spinal cord birth defect, making it an important nutritional supplement for women who are intend to become pregnant.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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