



Food and Drug Administration Washington, DC 20204

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AUG 2 4 2001

Mr. Ira L. Goldberg President Source Naturals, Inc. Scotts Valley, California 95066

Dear Mr. Goldberg:

This is in response to your letter to the Food and Drug Administration (FDA), dated August 8, 2001, pursuant to 21 U.S.C. 343(r)(6) (section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (the Act)). Your submission states that Source Naturals, Inc. is making the following claim, among others, for the product **Beta Sitosterol Complex**:

"...maintain normal cholesterol levels when consumed as part of a low cholesterol dietary program."

21 U.S.C. 343(r)(6) makes clear that a statement included in labeling under the authority of that section may not claim to diagnose, mitigate, treat, cure, or prevent a specific disease or class of diseases. The statement that you are making for this product suggests that it is intended to treat, prevent, or mitigate diseases. This claim does not meet the requirements of 21 U.S.C. 343(r)(6). This claim suggests that this product is intended for use as a drug within the meaning of 21 U.S.C. 321(g)(1)(B), and that it is subject to regulation under the drug provisions of the Act. If you intend to make claims of this nature, you should contact FDA's Center for Drug Evaluation and Research (CDER), Office of Compliance, HFD-310, 7520 Standish Place, Rockville, Maryland 20855.

975-0163

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Please contact us if we may be of further assistance.

Sincerely,

John B. Foret

Director

Division of Compliance and Enforcement Office of Nutritional Products, Labeling and Dietary Supplements Center for Food Safety and Applied Nutrition

Copies:

FDA, Center for Drug Evaluation and Research, Office of Compliance, HFD-300 FDA, Office of the Associate Commissioner for Regulatory Affairs, Office of Enforcement, HFC-200 FDA, San Francisco District Office, Compliance Branch, HFR-PA140

Source Naturals, Inc. Scotts Valley, CA 95066

August 8, 2001

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Beta Sitosterol Complex, a dietary supplement. Source Naturals® is the manufacturer of Beta Sitosterol Complex.

Statements being made in the labeling of Beta Sitosterol Complex:

1. Phytosterols are natural components of many vegetables and grains. Preliminary scientific evidence suggests that plant phytosterols may help to maintain normal cholesterol levels when consumed as part of a low cholesterol dietary program.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

Ira L. Goldberg

President, Source Naturals, Inc.