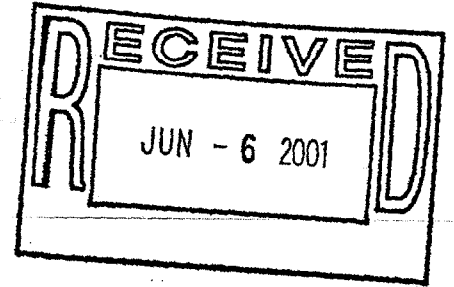


FITNESS LABS™
NUTRITION CORPORATION

May 23, 2001

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Linda S. Kahl, Ph.D.
Office of Special Nutritionals (HFS-450)
Center of Food Safety and Applied Nutrition
Food and Drug Administration
200 "C" St. S.W.
Washington, D.C. 20204

Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is Diet Stack. The dietary ingredients that are the subject of the statement are Citrus aurantium, Ma Huang, Guarana, White Willow Bark, Acetyl-L-Carnitine, L-Tyrosine, Ginger, Pantothenic acid. The statements read as follows.

"Diet Stack is the latest and most scientifically advanced stack (combination) of diet ingredients available. At its heart is an exclusive EC Burn-A-Cal core, comprised of clinically effective ratios of ephedra and caffeine. Plus, get diet ingredients-Citrus aurantium, Willow and more. To maximize fat loss, consume moderate calories, exercise regularly and add Diet Stack to your weight loss regime." "Advanced thermogenic formula for fat loss."

These statements are accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,
Fitness Labs Nutrition Corporation

A handwritten signature in black ink that reads "Daniel R. McFarland".

Daniel R. McFarland
President

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